

YOU'RE AN OLD SMOOTHIE

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Record: Grenn 14032 Smoothie (flip w/ Mozart Waltz)

Rhythm: Ph II +1 TS (Strolling Vine)

Speed: Slow

considerably Recommended Speed: 2:14@-36

Footwork: Opposite,(except when W part in parentheses)

Sequence: Intro-AB-AB AB(1-14)-End

Intro: 1-4: ; ; Apt Pt ; BFLY Tch ;

1-4: in Opn Fcg wait ; wait ; Bk L, Pt R, -; Rec R, Tch L, -; [BFLY/Wall]

A: 1-4: Rock Side Recover ; Cross Side Cross; Rk Sd Rec; X Sd X to Open ;

1-4: Sd L, rec R, XLIFR, Sd R, XLIFR ; Sd R, rec L, XRIFL, Sd L, XRIFL ; Repeat meas 1-2 Part A ; ;

5-8: Hitch 6 ; ; Slo Open Vin 4 to CP/Wall ; ;

5-8: Fwd L, Cl R, Bk L; Bk R, Cl L, Fwd R ; Sd L, Sd & Awy f ptnr R twd COH; Sd L, Thru R to fc [CP/Wall] ; ;

9-12: Strolling Vine ; ; ;

9-12: Sd L, XRIBL (W XLIFR) trng 1/4 to 3/8 LF prog. Down LOD; Sd L, Cl R, Sd

L cont LF trn to fc COH or beyond; Sd R, XLIBL (W XRIFL), trng 1/4 to 3/8 RF twd

LOD; Sd R, Cl L, Sd R cont RF trn to CP/Wall ;

13-16: Hitch 6 ; ; Twrl 2; Walk 2 to Open ;

13-16: Repeat meas 5-6 Part A ; ; Sd L, XRIBL (W comm RF Trn und jnd lead hnds R, L) ; Fwd L, R ;-[OP/LOD]

B: 1-4:[OP/LOD] Circle Awy 2 & a TS ; ; Together 2 & a TS to BFLY ;

1-4: Awy f/ ptnr & twds COH Fwd L, Fwd R ; Fwd L, Cl R, Fwd L trng to fc ptnr ; Twds ptnr Fwd R, Fwd L ; Fwd R, Cl L, Fwd R ; [BFLY/Wall]

5-8: Basketball Trn 4 to Open ; ; Hitch 6 to BFLY ; ;

5-8: Fwd L trng 1/4 RF twd ptnr, rec R fcg RLOD ; Fwd L trn 1/4 RF twds COH, rec R to OP/LOD ; Repeat meas 5-8 Part A trng on last stp to BFLY/Wall ; ;

9-12: Vine 2 & a Face to Face; ; Vin 2 & a Bk to Bk to Open ; ;

9-12: Sd L, XRIBL ; Sd L, Cl R, Sd L & awy f ptnr to Bk to Bk pos ; Sd R, XLIBL ; Sd R, Cl L, Sd R twds ptnr to OP/LOD ;

13-16: Circle Awy 2 TS ; ; Strut Tog. 4 to BFLY

13-16: Awy f/ ptnr & twds COH Fwd L, Cl R, Fwd L; Fwd R, Cl L, Fwd R trng to fc ptnr; Twds ptnr Fwd L, Fwd R ; Fwd L, Fwd R ; [BFLY/Wall];

End: 1-4: Strut Tog 3 & Bow to your partner

Fwd L, Fwd R, Fwd L & Bow ;