MEASURES

INTRO

1-4

WAIT 1; ROCK RECOVER HIP BUMPS; ROCK RECOVER HIP BUMPS; ROCK RECOVER & PICKUP TO LINE;

[WAIT SS] very lose semi LOD ld hnds jnd low trail hands lose on partnr free foot fwd & sd wait 1,-,-,-;
[ROCK RECOVER HIP BUMPS QQQQ] rk sd L, rec R, lightly bump hips twice,-;
[ROCK RECOVER HIP BUMPS QQQQ] rk sd L, rec R, lightly bump hips twice,-;
[ROCK RECOVER PICKUP QQQQ] rk sd L, rec R LF to pickup lady, cl L, slghtly bk R opn fcng fc

PART A

1-8

LEFT SIDE PASS DOUBLE WHIP;;;; MAN'S UNDERARM TURN 2 KICK BALL CHANGES

KICK BALL CROSS TO UNDERARM TURN;;;;;

[KICK BALL CHANGES QaQ QaQ] kick L fwd pt toe rght hip out/press ball of L to instep of R flex knees fc COH (kick R fwd pt toe lft hip out/press ball of R to instep of L flex knees, step on L flexed knees fc COH),

[KICK BALL CROSS TO UNDERARM TURN QaQ QaQ] kick L fwd pt toe rght hip out/press ball of L knees, XLIFR slght trn LF undr jnd lead hnds; sd R/XLIFR, trn LF bk R fc RLOD; chasse inplace L/R, L over trn fc COH),

PART B

1-4

TUMMY WHIP ;; KICK BALL CHANGE

PASSING TUCK & SPIN;;

[TUMMY WHIP QQ Q&Q QQ Q&Q] Bk L, fwd & sd R to lady's R sd trn RF rght hnd to ladys rght hip, sd & bk R; bk L, bk R join lead hnds fc RLOD; chasse inplace L/R, L;

YOU'RE STILL NO GOOD (continued)
[KICK BALL CHANGE  QaQ] kick L fwd pt toe rght hip out/press ball of L to instep of R flex knees, step

[PASSING TUCK & SPIN  QQ QQ Q&Q] Bk L sght trn LF, fwd & sd R to lady’s L sd trn LF jnd trail RF undr lead hnds fwd R; trng chasse RF L/R, L fc LOD),

5-8 TUMMY WHIP;; KICK BALL CHANGE   PASSING TUCK & SPIN;;

[REPEAT 1-4 EXCEPT REVERSE ALL FACING DIRECTIONS END FACING LOD] [to bfly 2nd time for C]

PART C

1-8 BACK 2 ROCK RECOVER; TOE HEEL SWVELS;; ROCK TO WRAPPED WHIP;; SUGAR PUSH SUGAR TUCK & SPIN;;;

[BACK 2 ROCK RECOVER  QQQQ] bfly bk L, bk R brng lady closer, rk bk L, rec R bfly LOD (fwd R, fwd
[TOE HEEL SWVELS  QQQQQQQQ] swvl RF on R tap L toe to instep, slght swvl LF on R tap L heel sd & LF on L tap R toe to instep, slght swvl RF on L tap R heel sd & fwd, swvl on LF XIRF, swvl RF on R tap L toe to instep; slght swvl LF on R tap L heel sd & fwd, swvl RF on R XLIF, swvl LF on L tap R toe to instep, slght swvl RF on L tap R heel sd & fwd);

[ROCK TO WRAPPED WHIP  QQ Q&Q QQ Q&Q] bfly rk bk L, rec fwd & sd R to lady’s R sd raise lead R; bk L release trail hnds, bk R, chasse inplace L/R, L);

[SUGAR PUSH  QQ Q&Q Q&Q] Bk L, bk R to tight bfly, tap L fwd, fwd L; chasse inplace R/L, R fc LOI hnds, chasse inplace R/L, R join right hnds fc LOD (fwd R, fwd L sght trn RF to tight bfly; tap RIBL no wght, trn RF under jnd lead hnds fwd R & spin RF, chasse inplace L/R, L complete spin fc man);

END

1-3 WHIP;; POINT HOLD;

[WHIP  QQQ&Q QQQ&Q] Bk L, fwd & sd R to lady’s R sd trn RF lady into R arm, sd & fwd L trng RF/rec R trng RF, sd & fwd L fc RLOD; XIRBL, trn RF sd L release lady fc RLOD, chasse inplace R/L, R fc LOD (fwd R, fwd L trn RF, bk R/cl L, fwd R betwn man’s feet; fwd L trn 1/2 RF, bk R, chasse inplace L/R, L);

[POINT HOLD SS] point L to side as music fades,-,-,- (point R to side as music fades,-,-,-);