

YOU'RE STILL NO GOOD



Composers: Brent & Mickey Moore,

Record: Eric 170 (Betty Everett)(flip "It's In His
Footwork: Opposite, directions for man (lady as noted)
Phase & Rhythm: Phase IV+2 West Coast Swing
Sequence: Intro A B A B C B A(1-4) B(1-4) End

Kiss")

2000

MEASURES

INTRO

1-4

WAIT 1; ROCK RECOVER HIP BUMPS; ROCK
RECOVER HIP BUMPS; ROCK RECOVER &
PICKUP TO LINE;

[WAIT SS] very lose semi LOD ld hnds jnd low trail hands lose on partnr free foot fwd & sd wait 1,-,-,-;
[ROCK RECOVER HIP BUMPS QQQQ] rk sd L, rec R, lightly bump hips twice,-;
[ROCK RECOVER HIP BUMPS QQQQ] rk sd L, rec R, lightly bump hips twice,-;
[ROCK RECOVER PICKUP QQQQ] rk sd L, rec R LF to pickup lady, cl L, slightly bk R opn fcng fc LOI

PART A

1-8

LEFT SIDE PASS DOUBLE WHIP;;; MAN'S
UNDERARM TURN 2 KICK BALL CHANGES
KICK BALL CROSS TO UNDERARM TURN;;;

[LEFT SIDE PASS QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's L sd trn LF, trng LF cl L/inplace R, fwd L R
[DOUBLE WHIP QQ Q&Q QQQQ Q&Q] Bk L, fwd & sd R to lady's R sd trn RF lady into R arm; sd & fwd
RF, bk R; fwd L trn 1/2 RF, bk R, chasse inplace
L/R, L);
[MAN'S UNDERARM TURN QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's L sd trn RF undr jnd lead hnds,
sd & fwd L trng RF/rec trng RF R, fwd L fc
RLOD; chasse inplace R/L, R ovtrn RF fc COH
(fwd R, fwd L slght trn LF, sd R/XLIFR, trn LF bk R
fc LOD; chasse inplace L/R, L over trn fc COH),
[KICK BALL CHANGES QaQ QaQ] kick L fwd pt toe rght hip out/press ball of L to instep of R flex kne
flexed knees fc COH (kick R fwd pt toe lft hip
out/press ball of R to instep of L flex knees, step on
L flexed knees fc COH),
[KICK BALL CROSS TO UNDERARM TURN QaQ Q&Q Q&Q] kick L fwd pt toe rght hip out/press ball of L
knees, XLIFR slght trn LF undr jnd lead hnds; sd
R/XLIFR, trn LF bk R fc RLOD; chasse inplace L/R,
L);

PART B

1-4

TUMMY WHIP ;; KICK BALL CHANGE
PASSING TUCK & SPIN;;

[TUMMY WHIP QQ Q&Q QQ Q&Q] Bk L, fwd & sd R to lady's R sd trn RF rght hnd to ladys rght hip, sd &
bk R; bk L, bk R join lead hnds fc RLOD, chasse
inplace L/R, L);

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(continued)

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[KICK BALL CHANGE QaQ] kick L fwd pt toe rght hip out/press ball of L to instep of R flex knees, step
[PASSING TUCK & SPIN QQ QQ Q&Q] Bk L slght trn LF, fwd & sd R to lady's L sd trn LF jnd trail hand
RF undr lead hnds fwd R; trng chasse RF L/R, L fc
LOD),

5-8 TUMMY WHIP;; KICK BALL CHANGE PASSING
TUCK & SPIN;;

[REPEAT 1-4 EXCEPT REVERSE ALL FACING DIRECTIONS END FACING LOD] [to bfly 2nd time for
C]

PART C

1-8 BACK 2 ROCK RECOVER; TOE HEEL
SWIVELS;; ROCK TO WRAPPED WHIP;;
SUGAR PUSH SUGAR TUCK & SPIN;;;

[BACK 2 ROCK RECOVER QQQQ] bfly bk L, bk R brng lady closer, rk bk L, rec R bfly LOD (fwd R, fwd
[TOE HEEL SWIVELS QQQQQQQQ] swvl RF on R tap L toe to instep, slght swvl LF on R tap L heel sd &
LF on L tap R toe to instep, slght swvl RF on L tap
R heel sd & fwd, swvl on L LF XRIFL, swvl RF on R
tap L toe to instep; slght swvl LF on R tap L heel sd
& fwd, swvl RF on R XLIFR, swvl LF on L tap R toe
to instep, slght swvl RF on L tap R heel sd & fwd);

[ROCK TO WRAPPED WHIP QQ Q&Q QQ Q&Q] bfly rk bk L, rec fwd & sd R to lady's R sd raise leac
R; bk L release trail hnds, bk R, chasse inplace L/R,
L);

[SUGAR PUSH QQ Q&Q Q&Q] Bk L, bk R to tight bfly, tap L fwd, fwd L; chasse inplace R/L, R fc LOI
hnds, chasse inplace R/L, R join right hnds fc LOD
(fwd R, fwd L slght trn RF to tight bfly; tap RIBL no
wght, trn RF under jnd lead hnds fwd R & spin RF,
chasse inplace L/R, L complete spin fc man);

END

1-3 WHIP;; POINT HOLD;

[WHIP QQQ&Q QQQ&Q] Bk L, fwd & sd R to lady's R sd trn RF lady into R arm, sd & fwd L trng
RF/rec R trng RF, sd & fwd L fc RLOD; XRIBL, trn
RF sd L release lady fc RLOD, chasse inplace
R/L, R fc LOD (fwd R, fwd L trn RF, bk R/cl L, fwd
R betwn man's feet; fwd L trn 1/2 RF, bk R, chasse
inplace L/R, L);

[POINT HOLD SS] point L to side as music fades,-,-; (point R to side as music fades,-,-;);