

YOU ARE NOT THE FIRST ONE - DU BIST NICHT DER ERSTE

Music: Arno Flor - Cd.: Zärtliche Musik und du - Track # 7 - Time 3:37

Available from Choreographer - Increase the Music w/ 5%

Rhythm : Foxtrot Phase : IV+ 1 (Curved Feather)

Footwork : Opposite , except where (Noted)

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SEQUENCE : A BB A BB A END

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INTRO

CP DLC Ld Ft Free Wait 3 notes

PART A

01-04 DIAMOND TURN 3/4;;; BK SD FWD TO SCAR;

{Diamond Trn to SCAR} Fwd L, -, trng ¼ LF sd R, bk L to fc DRC ; Bk R, -, trng ¼ LF sd L, fwd R to fc DRW ;
Repeat meas 1 Intro to fc DLW ; Bk R, -, sd L, fwd R to SCAR DLW ;

05-08 CROSS HOVER to BJO ; CROSS HOVER to SCAR ; CROSS HOVER to SCP ; PICK UP & DRIFT APART ;

{Cross Hover x 3} XLif, -, sd R rise trn LF, rec L to BJO DLC ; XRif, -, sd L rise trn RF, rec R to SCAR DLW ;
XLif, -, sd R rise (W strong RF trn), rec L to SCP LOD ; {PU & drift Apart} Small fwd R trng to fc LOD, -, sd &
fwd L, cl R (W Fwd L trng to fc ptrn & RLOD, -, bk R, bk L) to LOP-FCG LOD ;

09-11 THRU TWINKLE to SCP COH ; THRU FC CL to CP LOD ; DIP BK & REC DLW ;

{Thru Twinkle to SCP} Thru L twd WALL, -, trng ½ LF sd & fwd R, fwd L to SCP COH ; {Thru Fc Cl to LOD}
Thru R twd COH, -, sd & fwd L trn ¼ RF to CP LOD, cl R ; {Dip Bk & Rec} [SS] Dip bk L w/ knee relaxed, -,
rec R to CP DLW, -;

PART B

01-04 THREE STEP ; CURVED FEATHER CHECKING ; OUTSIDE SWIVEL TWICE ; WEAWE ENDING ;

{Three Step} Three passing steps fwd L, -, fwd R, fwd L ; {Crv feather Chkg} Fwd R stg RF trn, -, cont RF
trn sd & fwd L, cont RF trn fwd R ckg to BJO DRW ; {Outsd Swivel x 2} [S,S] Bk L, brush R across L (W fwd R,
swivel RF on R to SCP DRW), fwd R, touch L (W fwd L, swivel LF on L) to BJO DRW ; {Weawe Ending}[QQQQ]
Bk L, bk R trng LF to CP, cont LF trn sd & fwd L, fwd R to BJO DLW ;

05-08 THREE STEP ; NATURAL TURN ½ ; CLOSED IMPETUS ; FEATHER FINISH ;

{Three Step} Repeat meas 1 Part B ; {Nat Trn ½} Fwd R, -, fwd & sd L trn RF, cont sd & bk R (W heel turn) to
CP RLOD ; {Cl Impetus} Stg RF trn bk L, -, pvtg RF fwd R rise, cont RF trn sd & bk L (W brush R & fwd R
btw M's ft) to CP DLW ; {Feather Finish} Bk R stg LF trn, -, sd L trng LF, fwd R to BJO DLC ;

09-12 CLOSED TELEMAR ; CROSS PIVOT to SCAR ; HOVER TELEMAR ; OP NATURAL ;

{CL Telemark} Blendg to CP Fwd L stg LF trn, -, sd R cont strong RF trn (W heel trn), fwd L to BJO DLW ;
{Cross Pvt to SCAR} Fwd R strg RF trn, -, sd & fwd L around W (W fwd R btw M's ft), sd & fwd R to SCAR
DLW ; {Hover Tele} Fwd L, -, sd & fwd R risg sltly w/ 1/4 RF trn, fwd L on toe SCP DLW ; {OP Nat} Fwd
R stg RF trn, -, sd L contg trn to CP, bk R to BJO RLOD ;

13-16 BACK FEATHER ; HOVER CORTE ; BACK WHISK ; PICK UP SD CL ;

{Bk Feather} Bk L, -, bk R with right shoulder lead, bk L ; {Hov Corte} Bk R stg ½ LF trn, -, cont trn sd & fwd L
rising & compg trn, rec R to BJO LOD ; {Bk Whisk} Bk L, -, bk & sd R, XLib (W XRib) to SCP LOD ; {PU Sd Cl}
Sm fwd R, -, sd L, cl R (W trng LF fwd L in frt of M, -, cont trn sd R, cl L) to CP LOD ;

ENDING

01 FORWARD to RIGHT LUNGE & W QUICK EXTEND ;

{Fwd to R Lunge & W Qk Extend} Fwd L, -, lunge fwd & sd R, -/ W quickly stretches upper body farther

away from ptr.