YOU MAKE ME FEEL SO YOUNG

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Record: Special Pressing or Frank Sinatra, CD: Frank Sinatra, The Capitol
Years, Disk One
Sequence: Intro, A, B, C, A, B, C, Ending Phase V (old 45 RPM or CD above)

Intro
1-4 Wait 2 Meas; Whisk; Feather;
1-2 Wait 2 measures in CP DW M's L ft free (W's R ft);
SQQ 3 Fwd L, diag sd & fwd R, XLIB of R on toes knees relaxed trn head to
Left to SCP;
SQQ 4 Fwd R, fwd L (W turning LF sd & bk R), fwd R in C/BJO DC;

Part A
1-8 Rev Trn; 3 Step; Half Natl Trn; Closed Impetus; Feather Finish;
Reverse Wave;
SQQ 1 Fwd L start L fc body turn, sd R cont turn (W cl L to R heel
turn), bk L LOD CP;
SQQ 2 Bk R cont L fc turn, sd & slightly fwd L DW, fwd R BJO;
SQQ 3 Fwd L to CP, fwd R heel to toe, fwd L;
SQQ 4 Fwd R start R fc turn, sd DW on L (W close R to L heel turn), Bk
R LOD CP;
SQQ 5 Bk L commence R fc turn, cl R to L heel turn to DW (W sd & fwd L
around M turn R fc brush R to L), bk L CP;
SQQ 6 Bk R turn L fc, sd & fw L, fwd R to BJO DC;
SQQ 7 Fwd L DC commence L fc turn, fwd & sd R turn L to fc DRC (W
close L to R heel turn), bk L;
SQQ 8 Bk R slight curve L fc, bk L curve to fc RLOD, bk R;
9-16 Back Feather; Back Three Step; Hesitation Change; Telemark Semi;
Curved Feather Check; Back Bounce Feather; Weave Ending; Change of
Direction;
SQQ 9 Bk L, bk R with R shoulder lead, bk L in BJO;
SQQ 10 Bk R to CP, bk L, bk R;
SQQ 11 Bk L starting R fc turn, sd R to CP DLC, draw L to R;
SQQ 12 Fwd L, sd & fwd R commence L fc turn (W close L to R), fwd L
LOD SCP;
SQQ 13 Fwd R DW, fwd L turning RF left side leading (W sd & fwd R), fwd
R to C/BJO DRW;
S&S&S 14 In C/BJO bk L DC/R, L/R rising up slightly on the & counts;
QQQQ 15 In C/BJO bk L, bk R blend to CP, turn LF sd & fwd L DW (W sd & bk
R), fwd R in C/BJO DW;
SQQ 16 Fwd L turning LF (W bk R), sd R to fc DLC, draw L to R;
Part B

1-8

Diamond Turns; Telemark Semi; Overturned Hover Fallaway, Zig Zag variation; Hesitation Change;

SQQ 1  Fwd L turning 1/4LF to fc DNC, sd R, bk L (W fwd R outside M);
SQQ 2  Bk R turning 1/4LF to fc DRW, sd LF, fwd R outside W;
SQQ 3  Fwd L turning 1/4LF to fc DLW, sd R, bk L (W fwd R outside M);
SQQ 4  Bk R turning ¼ LF to fc DLC, sd LF, fwd R outside W;
SQQ 5  Fwd L blending to CP, sd & fwd R commence L fc turn (W close L to R) fwd L DW SCP;
SQQ 6  Fwd R commence R fc turn, fwd L rise & Hover leave feet apart & continue turn to RLOD, bk R toward LOD;
SQQ 7  Bk L (W bk R starting L fc turn), bk R (W sd L to LOD), bk L (w fwd R starting R fc turn), bk R (W sd L to LOD), bk L (W fwd R starting R fc turn), bk R (W sd & bk L to SCP to fc RLOD);
SQQ 8  Bk L starting R fc turn (W bk R starting L fc turn), sd R to CP DLC, draw L to R;

Part C

1-8

Curving 3 step; Feather Finish; Hover Telemark Semi; Natural Weave; Hover Telemark Semi; Open Natural Trn; Outside Swivel 2 SLOWS;

SQQ 1  Fwd L DLC CP curve L fc, fwd R curve L fc, turning L fc fwd L RLOD CP;
SQQ 2  Back R, side & fwd L slight L fc turn, fwd R in C/BJO DLW;
SQQ 3  Fwd L, diag sd & fwd R rising slowly to toe brush L to R (W brush R to L), fwd L to SCP LOD;
SQQ 4  Fwd R, fwd L turning R fc, sd & bk R fc DRW with R shoulder lead;
QQQQ 5  Bk L in BJO, bk R commence L fc turn, sd & fwd L turning L fc, fwd R to BJO DW;
SQQ 6  Fwd L blending to CP, fwd R rising & turning W to SCP, fwd L to SCP DLW;
SQQ 7  Fwd R commence R fc turn, sd & bk L continue R fc turn to fc DRC (W fwd R between M’s feet), bk R to C/BJO;
SS 8  Bk L turn body toward W (W fwd R), XRIF of L no weight (W swivel R fc on ball of foot to SCP DRC);

9-16

Promenade Weave; Three Step; Open Natural Turn; Closed Impetus; Feather Finish; Telemark Semi; Chair recover & slip;

SQQ 9  Fwd R SCP DRC, fwd L turn L fc to CP, sd & bk R to BJO DRW (Notice that direction and amount of turn is less);
QQQQ 10  Bk L in BJO, bk R commence L fc turn, sd & slightly fwd L, fwd R in BJO DLW;
SQQ 11  Fwd L to CP, fwd R heel to toe, fwd L;
SQQ 12  Fwd R commence R fc turn, sd & bk L continue R fc turn to fc RLOD (W fwd R between M’s feet), bk R to C/BJO;
SQQ 13  Bk L commence R fc turn, close R to L heel turn to DLW (W sd & fwd around M turn R fc brush R to L), bk L to CP;
SQQ 14  Bk R turn L fc, sd & fwd L, fwd R to BJO DC;
SQQ 15  Fwd L, sd & fwd R commence L fc turn (W close L to R), fwd L DW SCP:
SQQ 16 Check thru R,*, recover L, bk R on toe to CP DLC (W swivel L fc on R
to step fwd L to CP);

Ending

1-6 Telemark Semi; Natural Hover Cross; Reverse Turn; Forward to Right
Lunge;

SQQ 1 Fwd L*, sd & fwd R commence L fc turn (W close L to R), fwd L DW SCP;
SQQ 2 Fwd R (W fwd L)*, sd & fwd L around W (W close R to L turning R fc on
ball of foot), sd & fwd R to SDCAR fc DLC;
QQQQ 3 XLIF of R outside W (W XRIB of L), recover R, sd L, XRIF of L outside
W to BJO DLC (W XLIB of R);
SQQ 4 Fwd L start L fc body turn*, sd R cont turn (W cl L to R heel turn),
bk L LOD CP;
SQQ 5 Bk R cont L fc turn*, sd & slightly fwd L DW, fwd R BJO;
SS 6 Fwd L into CP*, fwd & sd R into W with L side stretch,*