

## YOU MAKE ME FEEL SO YOUNG

By: Al and Jane Krol, 913 Noridge Trail, Port Washington, WI 53074  
(630)-605-8743 al\_krol@hotmail.com

Record: Special Pressing or Frank Sinatra, CD: Frank Sinatra, The Capitol  
Years, Disk One

Sequence: Intro, A, B, C, A, B, C, Ending Phase V (old 45 RPM or CD above)

### Intro

- 1-4 Wait 2 Meas;-; Whisk; Feather;  
1-2 Wait 2 measures in CP DW M's L ft free (W's R ft);-;  
SQQ 3 Fwd L,-, diag sd & fwd R, XLIB of R on toes knees relaxed trn head to  
Left to SCP;  
SQQ 4 Fwd R,-, fwd L (W turning LF sd & bk R), fwd R in C/BJO DC;

### Part A

- 1-8 Rev Trn;-; Three Step; Half Natl Trn; Closed Impetus; Feather Finish;  
Reverse Wave;-;
- SQQ 1 Fwd L start L fc body turn,-, sd R cont turn (W cl L to R heel  
turn), bk L LOD CP;  
SQQ 2 Bk R cont L fc turn,-, sd & slightly fwd L DW, fwd R BJO;  
SQQ 3 Fwd L to CP,-, fwd R heel to toe, fwd L;  
SQQ 4 Fwd R start R fc turn,-, sd DW on L (W close R to L heel turn), Bk  
R LOD CP;  
SQQ 5 Bk L commence R fc turn,-, cl R to L heel turn to DW (W sd & fwd L  
around M turn R fc brush R to L), bk L CP;  
SQQ 6 Bk R turn L fc,-,sd & fw L, fwd R to BJO DC;  
SQQ 7 Fwd L DC commence L fc turn,-, fwd & sd R turn L to fc DRC (W  
close L to R heel turn), bk L;  
SQQ 8 Bk R slight curve L fc,-, bk L curve to fc RLOD, bk R;
- 9-16 Back Feather; Back Three Step; Hesitation Change; Telemark Semi;  
Curved Feather Check; Back Bounce Feather; Weave Ending; Change of  
Direction;
- SQQ 9 Bk L, bk R with R shoulder lead, bk L in BJO;  
SQQ 10 Bk R to CP,-, bk L, bk R;  
SQQ 11 Bk L starting R fc turn,-, sd R to CP DLC, draw L to R;  
SQQ 12 Fwd L,-, sd & fwd R commence L fc turn (W close L to R), fwd L  
LOD SCP;  
SQQ 13 Fwd R DW,-, fwd L turning RF left side leading (W sd & fwd R), fwd  
R to C/BJO DRW;  
S&S& 14 In C/BJO bk L DC,-/R, L,-/R rising up slightly on the & counts;  
QQQQ 15 In C/BJO bk L, bk R blend to CP, turn LF sd & fwd L DW (W sd & bk  
R), fwd R in C/BJO DW;  
SQQ 16 Fwd L turning LF (W bk R),-, sd R to fc DLC, draw L to R;

## Part B

- 1-8 Diamond Turns;-;-; Telemark Semi; Overturned Hover Fallaway, Zig Zag variation; Hesitation Change;
- SQQ 1 Fwd L turning 1/4LF to fc DNC,-, sd R, bk L (W fwd R outside M);
- SQQ 2 Bk R turning 1/4LF to fc DRW,-, sd LF, fwd R outside W;
- SQQ 3 Fwd L turning 1/4LF to fc DLW,-, sd R, bk L (W fwd R outside M):
- SQQ 4 Bk R turning ¼ LF to fc DLC,-, sd LF, fwd R outside W;
- SQQ 5 Fwd L blending to CP,-, sd & fwd R commence L fc turn (W close L to R) fwd L DW SCP;
- SQQ 6 Fwd R commence R fc turn,-, fwd L rise & Hover leave feet apart & continue turn to RLOD, bk R toward LOD;
- SQQ 7 Bk L (W bk R starting L fc turn), bk R (W sd L to LOD), bk L (w fwd R starting R fc turn), bk R (W sd L to LOD), bk L (W fwd R starting R fc turn), bk R (W sd & bk L to SCP to fc RLOD);
- SQQ 8 Bk L starting R fc turn (W bk R starting L fc turn),-, sd R to CP DLC, draw L to R;

## Part C

- 1-8 Curving 3 step; Feather Finish; Hover Semi; Natural Weave;-; Hover Telemark Semi; Open Natural Trn; Outside Swivel 2 SLOWS;
- SQQ 1 Fwd L DLC CP curve L fc,-, fwd R curve L fc, turning L fc fwd L RLOD CP;
- SQQ 2 Back R,-, side & fwd L slight L fc turn, fwd R in C/BJO DLW;
- SQQ 3 Fwd L,-, diag sd & fwd R rising slowly to toe brush L to R (W brush R to L) fwd L to SCP LOD;
- SQQ 4 Fwd R,-, fwd L turning R fc, sd & bk R fc DRW with R shoulder lead;
- QQQQ 5 Bk L in BJO, bk R commence L fc turn, sd & fwd L turning L fc, fwd R to BJO DW;
- SQQ 6 Fwd L blending to CP,-, fwd R rising & turning W to SCP, fwd L to SCP DLW;
- SQQ 7 Fwd R commence R fc turn,-, sd & bk L continue R fc turn to fc DRC (W fwd R between M's feet), bk R to C/BJO;
- SS 8 Bk L turn body toward W (W fwd R),-, XRIF of L no weight (W swivel R fc on ball of foot to SCP DRC);
- 9-16 Promenade Weave;-; Three Step; Open Natural Turn; Closed Impetus; Feather Finish; Telemark Semi; Chair recover & slip;
- SQQ 9 Fwd R SCP DRC,-, fwd L turn L fc to CP, sd & bk R to BJO DRW (Notice that direction and amount of turn is less);
- QQQQ 10 Bk L in BJO, bk R commence L fc turn, sd & slightly fwd L, fwd R in BJO DLW;
- SQQ 11 Fwd L to CP,-, fwd R heel to toe, fwd L;
- SQQ 12 Fwd R commence R fc turn,-, sd & bk L continue R fc turn to fc RLOD (W fwd R between M's feet), bk R to C/BJO;
- SQQ 13 Bk L commence R fc turn,-, close R to L heel turn to DLW (W sd & fwd around M turn R fc brush R to L), bk L to CP;
- SQQ 14 Bk R turn L fc,-, sd & fwd L, fwd R to BJO DC;
- SQQ 15 Fwd L,-, sd & fwd R commence L fc turn ( W close L to R), fwd L DW SCP:

SQQ 16 Check thru R,-, recover L, bk R on toe to CP DLC (W swivel L fc on R to step fwd L to CP);

### Ending

1-6 Telemark Semi; Natural Hover Cross;-; Reverse Turn;-; Forward to Right Lunge;

SQQ 1 Fwd L,-, sd & fwd R commence L fc turn (W close L to R), fwd L DW SCP;

SQQ 2 Fwd R (W fwd L),-, sd & fwd L around W (W close R to L turning R fc on ball of foot), sd & fwd R to SDCAR fc DLC;

QQQQ 3 XLIF of R outside W (W XRIB of L), recover R, sd L, XRIF of L outside W to BJO DLC (W XLIB of R);

SQQ 4 Fwd L start L fc body turn,-, sd R cont turn (W cl L to R heel turn), bk L LOD CP;

SQQ 5 Bk R cont L fc turn,-, sd & slightly fwd L DW, fwd R BJO;

SS 6 Fwd L into CP,-, fwd & sd R into W with L side stretch,-;