

You Light Up My Life

CHOREO: Mark & Pam Prow, 1322 Falling Leaf Lane, Seabrook, TX 77586, 281-326-1921 email: cuesheet@pamprow.com
 SONG: You Light Up My Life- Debby Boone WB K17043 or 8455 flip of Hasta Manana also other CD's and LP's
 Contact Choreographer for more info.
 RHYTHM: Waltz Phase IV speed up by 5% (47rpm) produces about 29 mpms - try amazing slow downer at www.ronimusic.com
 SEQUENCE: Intro, A, B, A, B, END

INTRO (2 MEAS)

1-2 WAIT; W ROLL TO CP:

- 1 wait dance starts in apart point position trailing foot free pointed to ptrn trailing hands joined lead hands outstretched wait one measure; OP/VEE/DLW
- 2 **W roll to CP** rec R, small sd L, cl R adjusting to W (W start LF trn fwd L, sd R cont trn, cl L approx 1¼ trn total); CP/DLC

PART A (16 MEAS)

1-4 ONE LEFT TURN; HOVER CORTE; BACK BACK/LOCK BACK; BACK WHISK:

- 1 **one left turn** fwd L start LF trn, sd R, cl L; CP/RLOD
- 2 **hover corte** start LF trn bk R, sd L, bk R (W start LF trn fwd L, sd R, fwd L); BJO/LOD
- 12&3 3 **bk bk/lk bk** bk L, bk R/XLIF, bk R (W fwd R outside M, fwd L/XLIB, fwd L);
- 4 **back whisk** bk L, bk R trn RF to W, XLIB (W fwd R, sd L trn RF, XRIB); SCP/DW

5-8 CHASSE BJO; MANUEVER SD CL; SPIN TURN; BK BOX:

- 12&3 5 **chasse BJO** fwd R, sd L/cl R slight LF trn, sd&fwd L; BJO/DLW
- 6 **manuever sd cl** fwd R outside W start RF trn, sd L, cl R (W bk L, sd R, cl L); CP/RLOD
- 7 **spin turn** start RF turn bk L, cont trn fwd R heel to toe, bk L (W fwd R start RF trn, sd L, rec R); CP/DLW
- 8 **box finish** start LF trn bk R, sd L, cl R; CP/DLC ;

9-12 TELEMARK SCP; CHASSE BJO; FWD FWD/LOCK FWD; MANUEVER SD CL:

- 9 **telemark SCP** fwd L start LF trn, fwd R cont trn, fwd L (W bk R, heel turn cl L, fwd R); SCP/DW
- 12&3 10 **chasse BJO** fwd R, sd L/cl R slight LF trn, sd&fwd L; BJO/DLW
- 12&3 11 **fwd fwd lk/fwd** fwd R outside W, fwd L/XRIB, fwd L;
- 12 **manuever sd cl** start RF trn fwd R outside W, sd L, cl R (W start RF trn bk L, sd R, cl L); CP/RLOD

13-16 IMPETUS TO SCP; SEMI CHASSE; SYNC VINE; CHAIR HOLD REC:

- 13 **impetus to SCP** start RF turn bk L, cl R heel turn, fwd L (W fwd R start RF trn, fwd & sd L, fwd R); SCP/DLC
- 12&3 14 **semi chasse** fwd R, sd L/cl R, sd L; SCP/LOD
- 12&3 15 **sync vine** fwd R, sd L/XRIB, sd L;
- 1 - 3 16 **chair hold recover** XRIF, hold, rec L trn slight RF to W; note: music slows slightly here

PART B (14 MEAS)

1-4 RIGHT LUNGE & HOLD; OUTSIDE CHANGE BJO; FWD CHK W DEVELOPE; OUTSIDE SWIVEL AND PICKUP:

- 1 - - 1 **right lunge & hold** with LF rotation fwd & sd R toward DRW, extend line,- ;
- 2 **outside chng BJO** slight RF rotation rec L, start LF trn bk R, sd L preparing to step to BJO/DLW (W rec R, fwd L trn LF, sd R); *note: the M may lead W to step in SCAR on the 2nd step depending on how the R lunge is executed.*
- 3 **fwd chk W developpe** fwd R outside W, -, - (W bk L, developpe R over two beats, -);
- 1 - 3 4 **outside swivel & pickup** bk L, trn RF to W draw R to L, fwd R (W fwd R, trn RF, fwd L trn LF); CP/LOD

5-8 ONE LEFT TURN; BK CHASSE TO SCP; SLOW WHIPLASH TO BJO; BACK HOVER SEMI:

- 5 **one left turn** start LF trn fwd L, sd R, cl L; CP/RLOD
- 1&23 6 **bk & chasse to semi** start LF trn bk R, sd L/cl R, sd L; SCP/DW
- 7 **slow whiplash BJO** fwd R, point L fwd, cont LF rotation (W fwd L, point R forward, cont LF rotation);
- 8 **back hover SCP** bk L, bk R trn RF to W, fwd L (W fwd R, sd L trn RF, fwd L); SCP/DW

9-12 IN AND OUT RUNS;;SEMI CHASSE; WING:

- 9-10 **in & out runs** start rf trn fwd R across W's line, sd L, bk R (W fwd L,R,L); cont RF trn bk L, fwd R, fwd L (W start RF trn fwd R outside M, sd L, fwd R); SCP/LOD
- 1&23 11 **semi chasse** fwd R, sd L/cl R, sd L; SCP/LOD
- 12 **wing** Fwd R start LF rotation,-,- (W fwd L, sd R, fwd L); SCAR/DC

13-14 DRAG HESITATION; HESITATION CHANGE:

- 13 **drag hesitation** fwd L comm LF trn, sd R cont trn to BJO,- (W bk R, sd L,-); BJO/RDC
- 14 **hesitation change** start RF trn bk L, sd R, draw L to R no weight change (W start RF trn fwd R outside M, sd L, draw R to L no weight); CP/DLC

END (21+ MEAS)**1-4 ONE LEFT TURN; BK AND CHASSE BJO; FWD CHK W DEVELOPE; OUTSIDE SWIVEL AND PICKUP;**

1 repeat part B meas 5

1&23 2 **bk & chasse BJO** start LF trn bk R, sd L/cl R, fwd&sd L; BJO/DW

3-4 repeat part B meas 3-4

5-8 ONE LEFT TURN; BK AND SEMI CHASSE; SLOW WHIPLASH TO BJO; BACK HOVER SEMI;

5-8 repeat part B meas 5-8

9-12 IN AND OUT RUNS;;CHASSE BJO; FWD FWD/LOCK FWD;

9-12 repeat part B meas 9-10;; repeat part A meas 10-11;;

'song' 'it can't be' 'wrong' 'it feels so'

13-16 MANUEVER SD CL; SPIN TURN; BOX FINISH; TWO LEFT TURNS;

13-15 repeat part A meas 6-8

16 repeat part A meas 1

'right' 'you'

17-20 CONT LEFT TURNS; HOVER; WEAVE TO SCP;;17 **cont left trn** trn LF bk R, sd L, cd R; CP/DLW18 **hover** fwd L, sd R, rec L; SCP/DLC19-20 **weave to SCP** on the words 'cause you' fwd R start LF trn, fwd L cont trn, sd R; bk L, start LF trn bk R, sd L; SCP/DLW

'you' 'light' 'up' 'my'

21+ CHAIR AND HOLD – BACK VINE 3 AND RONDE - THRU VINE 5

Note: music will change to melody only with no distinct timing rest of dance is done to words and music in your heart

chair & hold on long note fwd R, -, -; SCP/DLC**back vine 3 and ronde** stepping on the three words 'you light up' rec L to RLOD start RF trn to ptrn - turning RF side R releasing CP still with lead hands joined - fwd L to RLOD ronde R foot CCW (W CW) to SCP/LOD**thru vine 5** with the drawn out word 'my' fwd R, sd L, xRIB, sd L, XRIF SCP/LOD

'life'

last note

PROM SWAY - CHANGE TO OVERSWAY - CHANGE BACK TO PROM SWAY – R LUNGE & EXTEND;**prom sway** on the word 'life' sd L look to LOD change to oversway (W look L) change back to prom sway about 6counts of music total **R lunge** as last note is struck fwd & sd R with LF rotation then place W's R hnd on M's shoulder and extend L arms and your line as music fades