You Light Up My Life

CHOREO: Mark & Pam Prow, 1322 Falling Leaf Lane, Seabrook, TX  77586, 281-326-1921  email:  cuesheet@pamprow.com
SONG: You Light Up My Life - Debby Boone WB K17043 or 8455 flip of Hasta Manana also other CD’s and LP’s
Contact Choreographer for more info.
RHYTHM: Waltz Phase IV  speed up by 5% (47rpm)  produces about 29 mpm - try amazing slow downer at  www.ronimusic.com
SEQUENCE: Intro, A, B, A, B, END

INTRO (2 MEAS)
1-2
WAIT;  W ROLL TO CP;
1 wait dance starts in apart point position trailing foot free pointed to ptnr trailing hands joined lead hands outstretched wait one measure; CP/VEE/DLW
2 W roll to CP rec R, small sd L, cl R adjusting to W (W start LF trn fwd L, sd R cont trn, cl L approx 1¼ trn total); CP/DLC

PART A (16 MEAS)
1-4
ONE LEFT TURN; HOVER CORTE; BACK BACK/LOCK BACK; BACK WHISK;
1 one left turn fwd L start LF trn, sd R, cl L; CP/RLOD
2 hover corte start LF trn bk R, sd L, bk R (W start LF trn fwd L, sd R, fwd L); BJO/LOD
12&3 bk bk/lk bk l, bk R/XLIF, bk R (W fwd R outside M, fwd L/XLIB, fwd L);
4 back whisk bk l, bk R trn RF to W, XLIB (W fwd R, sd L trn RF, XRIB); SCP/DW

5-8
CHASSE BJO; MANUVER SD CL; SPIN TURN; BK BOX;
12&3 5 chasse BJO fwd R, sd L/cl R slight LF trn, sd&fwd L; BJO/DLW
6 manuver sd cl fwd R outside W start trn, sd L, cl R (W bk L, sd R, cl L); CP/RLOD
7 spin turn start RF trn bk L, cont trn fwd R heel to toe, bk L (W fwd R start RF trn, sd L, rec R); CP/DLW
8 box finish start LF trn bk R, sd L, cl R; CP/DLC ;

9-12
TELEMARK SCP; CHASSE BJO; FWD FWD/LOCK FWD; MANUVER SD CL;
12&3 9 telemark SCP fwd L start LF trn, fwd R cont trn, fwd L (W bk R, heel turn cl L, fwd R); SCP/DW
10 chasse BJO fwd R, sd L/cl R slight LF trn, sd&fwd L; BJO/DLW
12&3 11 fwd fwd lk/fwd L start RF trn, sd L, cl R (W bk L, sd R, cl L); SCP/LOD
12&3 12 semi chasse fwd R, sd L/cl R, sd L; SCP/LOD
13-16
IMPETUS TO SCP; SEMI CHASSE; SYNC VINE; CHAIR HOLD REC;
13 impetus to SCP start RF trn bk L, cl R heel turn, fwd L (W fwd R start RF trn, fwd & sd L, fwd R); SCP/DLC
12&3 14 semi chasse fwd R, sd L/cl R, sd L; SCP/LOD
12&3 15 sync vine fwd R, sd L/XRIB, sd L;
1 & 3 16 chair hold recover Xrif, hold, rec L trn slight RF to W; note: music slows slightly here

PART B (14 MEAS)
1-4
RIGHT LUNGE & HOLD; OUTSIDE CHANGE BJO; FWD CHK W DEVELOPE; OUTSIDE SWIVEL AND PICKUP;
1 - 1 -
1 right lunge & hold with LF rotation fwd & sd R toward DRW, extend line,- ;
2 outside chng BJO slight RF rotation rec L, start LF trn bk R, sd L preparing to step to BJO/DLW (W rec R, fwd L trn LF, sd R); note: the M may lead W to step in SCAR on the 2nd step depending on how the R lunge is executed.
3 fwd chk W develope fwd R outside W, -, - (W bk L, develope R over two beats, -);
4 outside swivel & pickup bk R to W draw R to L, fwd R (W fwd R, trn RF, fwd L trn LF); CP/DLC

5-8
ONE LEFT TURN; BK CHASSE TO SCP; SLOW WHIPLASH TO BJO; BACK HOVER SEMI;
12&3 5 one left turn start LF trn fwd L, sd R, cl L; CP/RLOD
6 bk & chasse to semi start LF trn bk R, sd L/cl R, sd L; SCP/DW
7 slow whiplash BJO fwd R, point L fwd, cont LF rotation (W fwd L, point R foward, cont LF rotation);
8 back hover SCP bk l, bk R trn RF to W, fwd L (W fwd R, sd L trn RF, fwd L); SCP/DW

9-12
IN AND OUT RUNS;; SEMI CHASSE; WING;
12&3 9-10 in & out runs start rf trn fwd R across W's line, sd L, bk R (W fwd L,R,L); cont RF trn bk L, fwd R, fwd L (W start RF trn fwd R outside M, sd L, fwd R); SCP/LOD
12&3 11 semi chasse fwd R, sd L/cl R, sd L; SCP/LOD
12 wing fwd R start LF rotation,- - (W fwd L, sd R, fwd L); SCAR/DC

13-14
DRAG HESITATION; HESITATION CHANGE;
13 drag hesitation fwd L comm LF trn, sd R cont trn to BJO,- (W bk R, sd L,-); BJO/RLDC
14 hesitation change start RF trn bk L, sd R, draw L to R no weight change (W start RF trn fwd R outside M, sd L, draw R to L no weight); CP/DLC
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END (21+ MEAS)

1-4  ONE LEFT TURN; BK AND CHASSE BJO; FWD CHK W DEVELOPE; OUTSIDE SWIVEL AND PICKUP:
     1  repeat part B meas 5
     1&23 bk & chasse BJO start LF trn bk R, sd L/cl R, fwd & sd L; BJO/DW
     3-4  repeat part B meas 3-4

5-8  ONE LEFT TURN; BK AND SEMI CHASSE; SLOW WHIPLASH TO BJO; BACK HOVER SEMI;
     5-8  repeat part B meas 5-8

9-12  JUMP WORK; CHASSE BJO; FWD FWD/LOCK FWD:
     9-12  repeat part B meas 9-10; repeat part A meas 10-11;

     ‘song’                                ‘it can’t be’    ‘wrong’        ‘it feels so’

13-16  MANUVER SD CL; SPIN TURN; BOX FINISH; TWO LEFTTurnS:
     13-15  repeat part A meas 6-8
     16  repeat part A meas 1

     ‘right’                                  ‘you’

17-20  CONT LEFT TURNS; HOVER; WEAVE TO SCP;:
     17  cont left trn LF bk R, sd L, cd R; CP/DLW
     18  hover fwd L, sd R, rec L; SCP/DLC
     19-20 weave to SCP on the words ‘cause you’ fwd R start LF trn, fwd L cont trn, sd R; bk L, start LF trn bk R, sd L; SCP/DLW

     ‘you’  ‘light’  ‘up’  ‘my’

21+  CHAIR AND HOLD – BACK VINE 3 AND RONDE – THRU VINE 5
     Note: music will change to melody only with no distinct timing rest of dance is done to words and music in your heart
     chair & hold on long note fwd R, -, -; SCP/DLC
     back vine 3 and ronde stepping on the three words ‘you light up’ rec L to RLOD start RF trn to ptnr - turning RF side
     R releasing CP still with lead hands joined - fwd L to RLOD ronde R foot CCW (W CW) to SCP/LOD
     thru vine 5 with the drawn out word ‘my’ fwd R, sd L, xRIB, sd L, XRIF SCP/LOD

     ‘life’  last note

     PROM SWAY – CHANGE TO OVERSWAY – CHANGE BACK TO PROM SWAY – R LUNGE & EXTEND;
     prom sway on the word ‘life’ sd L look to LOD change to oversway (W look L) change back to prom sway about 6
     counts of music total  R lunge as last note is struck fwd & sd R with LF rotation then place W’s R hnd on M’s shoulder and
     extend L arms and your line as music fades

Cuesheet Version 1.1

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