CHOREO: Denis & Ginny Crapo (360) 438-1236
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RECORD: Roper 270 “Solamente Una Vez” flip of “Begin The Beguine”
FOOTWORK: Opposite, Directions for the man except where noted.
SEQUENCE: INTRO, A, B, C, A(9-16), ENDING
RATING: Phase V
RHYTHM: Rumba
SPEED: 37 RPM

**INTRO**

1-4 ½ WAIT;,;, NEW YORKER; UNDERARM TURN;

1-2 ½] LOFP WALL wait 1 ½ meas;,;, 
3 ½] thru L RLOD to sd by sd pos, rec R to fc ptrn, sd L,-; 
4 ½] bk R, rec L, sd R (W fwd L XIF of R und jnd lead hnds trn RF, fwd R cont trn, sd L),-;

**PART A**

1-8 OPEN BREAK; FULL NAT TOP;;; CL HIP TWIST; FAN; HOCKEY STICK;

1] bk L raise rt hnd, rec R lower rt hnd, blend to CP trn ¼ RF to fc RLOD sd L,-; 
2] XRIX trn RF, sd L trn RF, XRIX (W sd L, XRIX, sd L),-; 
3] cont trn RF sd L, XRIX, sd L (W XRIX, sd L, XRIX),-; 
4] cont trn RF XRIX trn RF, sd L trn RF, cl R (W sd L, XRIX, sd L) to CP WALL,-; 
5] rk sd L, rec R, cl L (W swiv ½ RF on L & rk bk on R, rec L swiv LF, sd R, twist to fc LOD),-; 
6] bk R, rec L trn slightly LF sd L (W fwd L, fwd R trn LF, bk L) to fan pos,-; 
7] fwd L, rec R, cl L (W cl R, fwd L, fwd R),-; 
8] bk R, rec L, sd & fwd R (W fwd L, fwd R trn LF und jnd lead hnds to fc ptr, sd & bk L),-;

9-16 ALEMANA BOTH SPR.L;; ROLL TO WHISK; PROG WKS;; AI DA; SWCH RK; SPT TRN;

9] fwd L, rec R, sd L raise L hnd,-; 
10] bk R, rec L, sd R spiral LF (W fwd L XIF of R trn RF, fwd R cont trn, sd L spiral RF),-; 
11] roll LF (W RF) L, R, L to whisk pos fcg LOD,-; 
14] thru R trn to fc, sd L cont trn to LOP RLOD, bk R to “V” bk to bk pos,-; 
15] swiv LF on R to fc ptr rk sd L, rec R, sd L,-; 
16] thru R, trn LF (W RF) to fc RLOD, fwd L cont trn to fc ptr, sd R to CP WALL,-;

**PART B**

1-8 CROSS BODY;; CRAB WALKS;; AI DA; SWITCH & CROSS; 2 CUCARACHAS;;

1] fwd L, rec R trn ¼ LF, sd L (W bk R, rec L, fwd R) to “L” shape pos,-; 
2] bk R, trn LF small fwd L, sd R (W fwd L, fwd R trn LF ½, sd L) to BFLY COH,-; 
3-4] XLF, sd R, XLF,-; sd R, XLF, sd R,-; 
5] thru R trn to fc, sd L cont trn to LOP RLOD, bk R to “V” bk to bk pos,-; 
6-8] swiv RF on L to fc ptr rk sd R, rec L, XRIX,-; sd L, rec R, cl L,-; sd R, rec L, cl R to CP COH,-;

9-16 CROSS BODY;; CRAB WALKS;; AI DA; SWITCH & CROSS; 2 CUCARACHAS;;

9-16] repeat part B meas 1-8 ending BFLY WALL;;;;;;;
PART C

1-8 OPEN HIP TWIST; FAN; HOCKEY STICK; FWD BASIC; BK WK 6; NAT TOP;
[1] with lead hnds jnd fwd L, rec R, cl L (W bk R, rec L, fwd R, swiv RF on R to fc LOD), -;
[2] bk R trn LF 1/8, rec L, sd R (W fwd L, fwd R trn LF ½, bk L) to fan pos, -;
[3-5] repeat meas 7-8 part A; fwd L, rec R, bk L bring hnds palm to palm low & IF of body, -;
[6-7] while slowly raising hnds up out & down bk R, L, R, -; bk L, R, L to CP RLOD, -;
[8] XRIB trn RF, sd L trn RF, cl R (W sd L, XRIF, sd L) to CP WALL, -;

9-12 NATURAL OPENING OUT; 2 CUDDLES/ W SPIRAL; FAN;
[9] sd L, rec R, cl L (W swiv RF ½ bk R, rec L trn ½ LF, sd R) to cuddle pos, -;
[10] sd R with R hnd cir up & out CW, rec L, cl R (W trn ½ LF bk L with L hnd cir up & out CCW, rec R trn ½ RF, cl L) to cuddle pos, -;
[11] sd L with L hnd cir up & out CCW, rec R, cl L jn leads hnds abv W's head (W trn ½ RF bk R with R cir up & out CW rec L trn ½ LF, sd R spiral RF), -;
[12] bk R, rec L, sd R (W fwd L, fwd R trn LF ½, bk L) to fan pos, -;

13-16 STOP & GO HOCKEY STICK WITH LUNGE; HOCKEY STICK;
[14] XRIF lunge DW with L hnd fwd & R hnd bk, rec L, sd R (W sm stp bk L relax L knee to sit line with L hnd fwd & R hnd bk, fwi R trn ½ RF, bk L) to fan pos, -;
[15-16] repeat meas 7-8 part A, -;

ENDING

1-6 CHASE FULL TURN; OPEN BREAK; FULL NATURAL TOP;
[1] fwd L trn RF, rec R cont RF trn, bk L to fc WALL (W bk R, rec L, fwi R), -;
[2] bk R, rec L, fwi R (W fwi L trn RF, rec R cont RF trn, bk L to fc COH), -;
[3-6] repeat meas 1-4 part A, -;

7-10 NATURAL OPENING OUT; 2 CUDDLES; EXPLODE TO REVERSE;
[7-8] repeat meas 9-10 part C, -;
[9] sd L with L hnd cir up & out CCW, rec R, cl L (W trn ½ RF bk R with R cir up & out CW rec L trn ½ LF, sd R) to cuddle pos, -;
[10] with sharp movement away from ptnr sd R trn RF to LOP RLOD insd hnds jnd & outsd hnds up & out.