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RECORD: Roper 270 "Solamente Una Vez" flip of "Begin The Beguine"

FOOTWORK: Opposite, Directions for the man except where noted.

SEQUENCE: INTRO,A,B,C,A(9-16),ENDING

RATING: Phase V

RHYTHM: Rumba

SPEED: 37 RPM

INTRO

1-4 ½ WAIT;;; NEW YORKER; UNDERARM TURN;

- [1-2 ½] LOFP WALL wait 1 ½ meas;;;,
 [3 ½] thru L RLOD to sd by sd pos, rec R to fc ptr, sd L,-;
 [4 ½] bk R, rec L, sd R (W fwd L XIF of R und jnd lead hnds trn RF, fwd R cont trn, sd L),-;

PART A

1-8 OPEN BREAK; FULL NAT TOP;;; CL HIP TWIST; FAN; HOCKEY STICK;;

- [1] bk L raise rt hnd, rec R lower rt hnd, blend to CP trn ¼ RF to fc RLOD sd L,-;
 [2] XRIB trn RF, sd L trn RF, XRIB (W sd L, XRIF, sd L),-;
 [3] cont trn RF sd L, XRIB, sd L (W XRIF, sd L, XRIF),-;
 [4] cont trn RF XRIB trn RF, sd L trn RF, cl R (W sd L, XRIF, sd L) to CP WALL,-;
 [5] rk sd L, rec R, cl L (W swiv ½ RF on L & rk bk on R, rec L swiv LF, sd R, twist to fc LOD),-;
 [6] bk R, rec L trn slightly LF sd R (W fwd L, fwd R trn LF, bk L) to fan pos,-;
 [7] fwd L, rec R, cl L (W cl R, fwd L, fwd R),-;
 [8] bk R, rec L, sd & fwd R (W fwd L, fwd R trn LF und jnd lead hnds to fc ptr, sd & bk L),-;

9-16 ALEMANA BOTH SPRL;; ROLL TO WHISK; PROG WKS;; AIDA; SWCH RK; SPT TRN;

- [9] fwd L, rec R, sd L raise L hnd,-;
 [10] bk R, rec L, sd R spiral LF (W fwd L XIF of R trn RF, fwd R cont trn, sd L spiral RF),-;
 [11] roll LF (W RF) L, R, L to whisk pos fcg LOD,-;
 [12-13] fwd L, fwd R, fwd L,-; fwd R, fwd L, fwd R,-;
 [14] thru R trn to fc, sd L cont trn to LOP RLOD, bk R to "V" bk to bk pos,-;
 [15] swiv LF on R to fc ptr rk sd L, rec R, sd L,-;
 [16] thru R, trn LF (W RF) to fc RLOD, fwd L cont trn to fc ptr, sd R to CP WALL,-;

PART B

1-8 CROSS BODY;; CRAB WALKS;; AIDA; SWITCH & CROSS; 2 CUCARACHAS;;

- [1] fwd L, rec R trn ¼ LF, sd L (W bk R, rec L, fwd R) to "L" shape pos,-;
 [2] bk R, trn LF small fwd L, sd R (W fwd L, fwd R trn LF ½, sd L) to BFLY COH,-;
 [3-4] XLIF, sd R, XLIF,-; sd R, XLIF, sd R,-;
 [5] thru R trn to fc, sd L cont trn to LOP RLOD, bk R to "V" bk to bk pos,-;
 [6-8] swiv RF on L to fc ptr rk sd R, rec L, XRIF,-; sd L, rec R, cl L,-; sd R, rec L, cl R to CP COH,-;

9-16 CROSS BODY;; CRAB WALKS;; AIDA; SWITCH & CROSS; 2 CUCARACHAS;;

- [9-16] repeat part B meas 1-8 ending BFLY WALL;;;;;;;;;

PART C**1-8 OPEN HIP TWIST; FAN; HOCKEY STICK;; FWD BASIC; BK WK 6;; NAT TOP;**

- [1] with lead hnds jnd fwd L, rec R, cl L (W bk R, rec L, fwd R, swiv RF on R to fc LOD),-;
- [2] bk R trn LF 1/8, rec L, sd R (W fwd L, fwd R trn LF 1/2, bk L) to fan pos,-;
- [3-5] repeat meas 7-8 part A;; fwd L, rec R, bk L bring hnds palm to palm low & IF of body,-;
- [6-7] while slowly raising hnds up out & down bk R, L, R,-; bk L, R, L to CP RLOD,-;
- [8] XRIB trn RF, sd L trn RF, cl R (W sd L, XRIF, sd L) to CP WALL,-;

9-12 NATURAL OPENING OUT; 2 CUDDLES/W SPIRAL;; FAN;

- [9] sd L, rec R, cl L (W swiv RF 1/2 bk R, rec L trn 1/2 LF, sd R) to cuddle pos,-;
- [10] sd R with R hnd cir up & out CW, rec L, cl R
(W trn 1/2 LF bk L with L hnd cir up & out CCW, rec R trn 1/2 RF, cl L) to cuddle pos,-;
- [11] sd L with L hnd cir up & out CCW, rec R, cl L jn leads hnds abv W's head
(W trn 1/2 RF bk R with R cir up & out CW rec L trn 1/2 LF, sd R spiral RF),-;
- [12] bk R, rec L, sd R (W fwd L, fwd R trn LF 1/2, bk L) to fan pos,-;

13-16 STOP & GO HOCKEY STICK WITH LUNGE;; HOCKEY STICK;;

- [13] fwd L, rec R, sd L release lead hnds (W cl R, fwd L, fwd R trn 1/2 LF brng hnds in frnt),-;
- [14] XRIF lunge DW with L hnd fwd & R hnd bk, rec L, sd R (W sm stp bk L relax L knee
to sit line with L hnd fwd & R hnd bk, fwd R trn 1/2 RF, bk L) to fan pos,-;
- [15-16] repeat meas 7-8 part A;;

ENDING**1-6 CHASE FULL TURN;; OPEN BREAK; FULL NATURAL TOP;;;**

- [1] fwd L trn RF, rec R cont RF trn, bk L to fc WALL (W bk R, rec L, fwd R),-;
- [2] bk R, rec L, fwd R (W fwd L trn RF, rec R cont RF trn, bk L to fc COH),-;
- [3-6] repeat meas 1-4 part A;;;

7-10 NATURAL OPENING OUT; 2 CUDDLES;; EXPLODE TO REVERSE;

- [7-8] repeat meas 9-10 part C;;
- [9] sd L with L hnd cir up & out CCW, rec R, cl L
(W trn 1/2 RF bk R with R cir up & out CW rec L trn 1/2 LF, sd R) to cuddle pos,-;
- [10] with sharp movement away from ptrn sd R trn RF to LOP RLOD insd hnds jnd & outsd
hnds up & out