Y.M.C.A.  V

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RECORD: Y.M.C.A. by Southern Storm  Lou Mac Records LM-206

FOOTWORK: Opposite unless noted (Woman’s footwork in parenthesis)  44 rpm

RHYTHM: Jive / Merengue RAL PHASE V + 1 +Unphased Merengue


INTRO

1 – 4 : : CHICKEN WALKS 2 SLOWS; 4 QKS TO SCP;
1-2 In LOP/FC RLOD and WALL wait 2 meas ;;
3-4 Bk L swiveling LF,*, bk R swiveling RF,*; Bk L, bk R, bk L, bk R to fc LOD SCP pos;

A (Jive)

1-8 2 FWD TRIPPLES; SWIVEL 4; THROWAWAY; CHG HANDS BEH BACK – CHG L TO R (COH),;; LINK RK (FC WALL) – RK REC,;;
1-2 Fwd L/cl R, fwd L, fwd R/cl L, fwd R; fwd L, R, L, R;
3 Sd L/cl R, sd L, sd R/cl L, sd R turning ¼ LF fc LOD (PU R/L, R, sd & bk L/cl R, sd L to fc ptrn/RLOD);
4-6 Rk bk L, rec R, fwd L/cl R, fwd L trng ¼ LF changing W’s R hand to his R hnd; sd & bk R/cl L, sd R cont trn to fc ptrn changing W’s R hand back to his L hand beh his bk to fc RLOD, (bk R, rec L, fwd L/cl R, fwd R trng ¼ RF; sd L/cl R, sd & bk L trng ¼ RF fc ptrn) Rk bk L, rec R; sd L/cl R leading W to trn under jnd M’s L and W’s R nds to chg sds, sd L trng ¼ RF, sd R/cl L, sd R to OP FC/COH (Rk bk R, rec L; fwd R/cl L, fwd R trning up to ¼LF under joined lead hnds, sd L/cl R, sd L continuing LF trn to fc ptrn & WALL);
7-8 Rk apt L, rec R trng RF, chasse L/R, L cont trn RF; sd R/L, R to SCP/LOD, rk bk L, rec R,;

9-16 2 FWD TRIPPLES; SWIVEL 4; THROWAWAY; CHG HANDS BEH BACK – CHG L TO R (COH),;; LINK RK (FC WALL) – RK REC,;;
9-16 Repeat meas 1-8;;;;;;;

B (Jive)

1-8 NO-ROCK PRETZEL TRN – DBL ROCK,;; NECK SLIDE,;; ROLLING OFF THE ARM,;; DBL RK (SCP);
1-3 Chasse sd & fwd L/R, L trng ¼RF keeping M’s L and W’s R hnds joined, chasse sd & fwd R/L, R trng ¼RF [end sd by sd with M’s L and W’s R hnds joined beh bk]; rk fwd L with R hnd extended fwd, rec R, rk fwd L, rec R;
chasse sd & fwd L/R, L trng ¼LF still retaining hnds sd R/cl L, sd R;
4-5 (Neck Slide) Rk bk L, rec R, sd L/cl R, sd L raising jnd hnds up and over ptrn’s head release hold R hnds rest on ptrn’s R shoulder ending W on M’s R sd; wheel ¼RF fwd R, fwd L, fwd R trns ¼RF LOD/cl L, sm step fwd R allow M’s and W’s R hnd to slide down ptrn’s arm to join R hnds;
6-7 (Rollin Off The Arm) Rk bk L, rec R, sm fwd L/R, L trng ¼RF; fwd R, fwd L trng ¼RF, sm step R/L, R trng ¼RF; (bk R, rec L, fwd L/R, L trng ¼LF; bk L, R trng RF ½in place L/R, L trng RF 1 full trn) W will end first measure in the crook of the M’s R arm facing same way as M. W will roll out of M’s arm on last 3 steps of figure. M makes full trn to R over figure.
8 (BFLY) Rk bk L, rec R, rk bk L, rec R (SCP);
9-16 NO ROCK PRETZEL TRN – DBL RK;;; NECK SLIDE;;
ROLLING OFF THE ARMS;; DBL RK (BFLY);
9-16 Repeat meas. 1-8 ending in BFLY;;;;;;

C (Merengue)

1-8 SNAKE;;; BASIC; SNAKE;;; BASIC;
4 (Basic) Assuming CP M fcg WALL sd L, cl R, sd L, cl R;
5-8 Repeat measure 1-4;;;

D (Merengue)

1-4 OP BREAK TO MAN’S WRAP & UNWIND;; STOP & GO;;
1-2 Releasing trailing hnds rk apt L, rec R raising R hnd straight up, fwd L, rotating RF sd & bk R (W apt R, rec L, fwd R twd M’s R sd, rotating RF around M fwd L) end in M’s WRAPPED Pos fcg RLOD WALL lead hnds jnd at M’s R hip free hnd extended sd; Cont trng RF bk L, XRB, unwind RF on both ft, complete unwind RF end wtg on R (W cont rotating around M fwd R, L, R sd L fcg M & COH) end LOP M fcg WALL;
3-4 (Stop & Go) Rk apt L, rec R, leading W trn LF under jnd lead hnds fwd L, fwd R checking W’s L shoulder with R hnds look at W (W rk apt R, rec L, fwd R trng LF under jnd lead hnds, completing trn ¼LF sd L twd COH with checking motion); Rec L trng W RF under jnd lead hnds, cl R, in CP sd L, cl R (W rec R com trng RF cl L to fc M & COH, sd R, cl L);

5-8 OP BREAK TO MAN’S WRAP & UNWIND (BFLY);; PROG RK 8 (SCP);
5-6 Repeat measures 1-2 to BFLY WALL;;
7-8 Progressing Rk apt L, XRIF, apt L, XRIF; Apt L, XRIF, apt L, XRIF;

ENDING
1 SD CL TWICE ; QK OP BRK
1 + Sd L, cl R, sd L, cl R; Rk apt L to LOP FC while extending free arm up with palm out and hold
Y.M.C.A. V
Kathy & Jim Oliver

OP/FC LOD 2 MEAS WT
PH V+I JIVE /
UNPH MERENGUE

INTRO

1-4 ;; CHICKEN WALKS 2 SLOWS; 4 QKS TO FC (SCP);

A

B 1-4 2 FWD TRIPPLES; SWIVEL 4; THROWAWAY;
CHG HNDS BEH BK - L TO R (CTR);;; LINK RK –
RK REC;;

C 5-8 REPEAT;;;;;

D 1-8 Into PRETZEL TRN – DBL RK ;; NECK SLIDE;;
ROLLING OFF THE ARM;; DBL RK (SCP) ;

A 9-16 REPEAT - (BFLY);;;;;;

C (MERENGUE)

B 1-8 SNAKE;;; BASIC; SNAKE;;; BASIC (BFLY);

D (MERENGUE)

C 1-4 OP BRK TO MAN’S WRAP & UNWIND;; STOP & GO;;

D 5-8 OP BRK TO MAN’S WRAP & UNWIND;;
BFLY RK 8 (SCP) ;

A

ENDING

END 1 SD CL TWICE; QK OP BRK