

WRAP YOUR TROUBLES IN DREAMS

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RECORD: STAR 107 (available from choreographers or Palomino Records) **RHYTHM:** Cha Cha
PHASE: IV+1 (dbl Cuban) + 1 unphased (tummy check) **FOOTWORK:** Opposite unless indicated
SEQUENCE: INTRO, A,B, A(1-8), C, B, A(1-7), END March, 1999

INTRODUCTION

1-4 BUTTERFLY/WALL - WAIT;; CUCARACHA WITH ARMS 2x;;

1-4 Bfly/wall - wait;; circling ld arms up, arnd & bk dwn push sd L, rec R, in place L/R, L;
circling trl arms up, arnd & bk dwn push sd R, rec L, in place R/L, R;

PART A

1-4 1/2 BASIC TO A FAN;; PREPARATION TUMMY CHECK TO A FAN;;

1-4 Bfly/wall - fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R (W - fwd L, sd R trng LF to fc RLOD, bk L/lk R, bk L;); to end fan pos; fwd L, rec R, in place L/R, L (W - cl R, fwd L, fwd R/lk L, fwd R);; placing Rhnd on W's tummy (about the R hip area) strong X check R, rec L, sd R/cl L, sd R (W - bringing Lhnd up & Rhnd check fwd L, rec R, bk L/lk R, bk L;); to end in fan pos;

5-8 HOCKEY STICK;; FENCE LINE; DOUBLE CUBAN BREAK;

5-8 Fwd L, rec R, in place L/R, L (W cl R, fwd L, fwd R/lk L, fwd R);; sm bk R, rec L trng 1/8 RF, fwd R/lk L, fwd R (W fwd L, fwd R trng 5/8 LF undr jnd ld hnds, bk L/lk R, bk L;); to end Bfly/wall; X lunge thru L, rec R, sd L/cl R, sd L; XRIF/rec L, sd R/rec L, XRIF/rec L, sd R;

9-12 BASIC;; NYer in 4; NYer;

9-12 Bfly/wall - fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R; trng to LOP/RLOD thru L, rec R to fc ptr, sd L, rec R; trng to LOP/RLOD thru L, rec R to Bfly, sd L/cl R, sd L;

12-16 KICK TO A 4 & CHA - 2x;; SPOT TURN (BFLY); MERENGUE 2x (RHshake);

12-16 in Bfly kick R thru twds LOD, lift & cross R knee in front while swiveling twds RLOD so that your legs make the number "4", sd R/cl L, sd R; still in Bfly kick L thru twds RLOD, lift & cross L knee in front while swiveling twds LOD so that your legs make the number "4", sd L/cl R, sd L; thru R trng LF, rec L cont trn to fc ptr, sd R/cl L, sd R to Bfly/wall; sd L, cl R, sd L, cl R to end RHshake/wall;

PART B

1-8 1/2 BASIC; WHIP TO SHADOW/LOD; SHADOW NYer; WHIP TO SHADOW/RLOD; SHADOW NYer; AIDA; SWITCH CROSS; CUCARACHA;

1-4 (keep Rhnds jnd during meas 1-5) fwd L, rec R, sd L/cl R, sd L; bk R start LF trn, rec fwd L cont trn to fc LOD, fwd R/lk L, fwd R (W fwd L outsd M, fwd R trn LF to fc LOD, fwd L/lk R, fwd L);; thru L to LOD, rec R to fc COH, sd L/cl R, sd L; bk R start LF trn, rec fwd L cont trn to fc RLOD, fwd R/lk L, fwd R (W fwd L outsd M, fwd R trn LF to fc RLOD, fwd L/lk R, fwd L);;

5-8 thru L to RLOD, rec R to fc wall, sd L/cl R, sd L; thru R, sd L trng RF & chng to ld hnds jnd, bk R/lk LIF, bk R to aida pos; trng LF to fc ptr sd L, rec R in Bfly, thru L/sd R, thru L; push sd R, rec L, in place R/L, R;

PART C

1-4 1/2 BASIC TO SKIRT SKATERS/LOD; WALK & CHA 2x;; SPOT TURN;

1-4 jn ld hnds fwd L, rec R, sd L/cl R, sd L trng to skirt skaters/LOD; fwd R, L, R/L, R; fwd L, R, L/R, L; fwd R trng LF, rec L cont trn to fc ptr/wall, sd R/cl L, sd R end no hnds jnd;

4-8 TOUCH, STEP/TCH & CHA; SPOT TURN; TOUCH, STEP/TCH & CHA; SPOT TURN;

1-4 tch L toe by instep of R ft, small sd L/tch R toe by instep of L ft, sd R/cl L, sd R; thru L trng RF, rec R cont trn to fc ptr/wall, sd L/cl R, sd L; tch R toe by instep of L ft, small sd R/tch L toe by instep of R ft, sd L/cl R, sd L; thru R trng LF, rec L cont trn to fc ptr/wall, sd R/cl L, sd R;

9-16 REPEAT MEASURES 1-8 PART C TO END IN RIGHT HANDSHAKE/WALL;;;;;;;

END

1 THRU, APT, ACK;

1 thru R, apt L, pt R twds ptr,-;

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WRAP YOUR TROUBLES IN DREAMS ph. IV+1+1 unphased

SEQUENCE: INTRO, A, B, A(1-8), C, B, A(1-7) END

INTRO: Bfly/wall -wait;; cucaracha w/arms 2x;;

**PART A: 1/2 basic to a fan;; prep tummy check to a fan;;
hockey stick;; fence line; double Cuban;**

basic;; NYer in 4; NYer;
kick to a 4 & cha - 2x;;
spot turn; merengue 2x; (to RH shake)

**PART B: 1/2 basic; whip to shadow/LOD; shadow NYer;
whip to shadow/RLOD; shadow NYer; aida;
switch cross; cucaracha;**

**PART C: 1/2 basic to skirt skaters/LOD; walk & a cha - 2x;;
spot turn; (no hands) tch, step/tch & cha;
spot turn; (no hands) tch, step/tch & cha; spot turn; (Bfly)
REPEAT;;;;;;; (to RH shake)**

END: thru, apt, ack,-;