

WITH LOVE V

Choreography: **Ray & Virginia Walz** - 2410 Lancaster SE - Sp #353 - Salem, OR 97301-6260 (503) 364-4977
Record: Chinook 1102 "My Cup Runneth Over" 2:35 @ 43 RPM walzdancer@aol.com
Footwork: Opposite, Directions for Man (Woman's Special Footwork In Parenthesis) June, 1998
RAL Phase V+2 Rhythm: Waltz Sequence: INTRO-A-B-A-B-C-B-ENDING

-INTRO-

1 - 4 [BFLY/WALL] WAIT; WAIT; SYNCOPATE REV TWIRL VINE [SCP]; QK OPEN REVERSE;
[1-2] BFLY/WALL/TRAILING FOOT FREE wait two measures;; [3] Thru R, side L/XRIB, side L (W thru L, side R tng left face/back L continue turn under joined lead hands fwd R) to SCP; [4] Fwd R, fwd L commence to turn left/side and bk R cont. turn, bk L (W fwd L, fwd R commence to turn left/side and fwd L, fwd R outside M) to CBJO/RL0D;

5 - 8 HOVER CORTE; BK & CHASSE [SCAR]; CROSS CHECK REC SIDE [SCP]; SLOW SD LK;
[5] Bk R commence to turn left, side & fwd L with hovering action, recover back R (W fwd L commence to turn left, side & fwd R with hovering action, recover fwd L) to CBJO; [6] Back L blending to CP/WALL, side R/close L, side R; [7] XLIF (W XRIB) checking, recover R, side L SCP; [8] Thru R, fwd and side L rotating left lock RIB (W thru L commence to turn left, side & back R continue turn, XLIF) to CP/DLC;

-A-

1 - 4 TELEMARK [SCP]; NATURAL WEAVE;; MANEUVER;
[1] Fwd L commencing to turn left, side R continue turn, side & slightly fwd L (W back R commencing to turn left bring L beside R with no weight, turn left on R (heel turn) chg weight to L, side & fwd R) to SCP/DLW; [2-3] Fwd R commence to turn right, side L, back R CBJO/DRW; Back L, back R turning left face, side & fwd L (W fwd L, fwd R, fwd L; fwd R commence to turn left, fwd L continue turn, side & back R) [CBJO/DLW]; [4] Fwd R commence to turn right, side L to CP/RL0D, close R (W back L commence to turn right, side R to CP, close L) CP/RL0D;

5 - 8 SPIN & TWIST;; BOX FINISH; CHANGE OF DIRECTION;
[5-6] Back L pivoting right face, fwd R continue turn, side left toward DLW; XRIB pressure step/unwind right face changing weight to R, continue turn, side & back L (W fwd R between M's feet commence to turn right, back L continue turn, close R to L; fwd L/R around M, fwd L turning right face, side & fwd R between M's feet) [CP/DLW]; [7] Bk R, side L turning 1/8 left face, close R (W fwd L, side R turning 1/8, close L); [8] Fwd L, fwd R turning 1/4 left, draw L (W bk R, bk L turning 1/4 left, draw R) to CP/DLC;

9 - 12 MINI TELESPIN;; CONTRA CHECK & SWITCH; CURVED FEATHER;
[9-10] Fwd L commence to turn left, side R 3/8 turn, bk & side L no weight light pressure keeping left side in toward W/turn body left leading W to CP commence to spin; Fwd L continue spin left face drawing right, close R flexing knees, hold (W bk R commence to turn left, close L to R turning 1/2, fwd R keeping right side in toward M/fwd L turning left face toward partner head to right; Fwd R tp CP head left spinning left draw L to R, close L flexing knees, hold) to CP/COH; [11] Commence upper body turn to left flexing knees with strong right side lead check fwd L in CBMP, recover R commence right face turn leaving left foot almost in place, continue right turn slip left back soft knees throughout (W commence upper body turn to left flexing knees with strong left side lead check back R in CBMP looking well to left, rec L commence right face turn leaving right foot almost in place, continue right face turn fwd R between M's feet with soft knees throughout) to CP/DLW; [12] Fwd R commence to turn right, with left side stretch continue right turn side and fwd L, continue upper body turn with left side stretch fwd R outside partner (W bk L commence to turn right. staying well in M's right arm with right side stretch continue right turn side and bk R, continue upper body turn to right bk L) to CBJO/DRW;

13 - 14 SYNCOPATED OUTSIDE CHG [BJO]; HOVER TELEMARK;
[13] Back L, back R turning left face, side & fwd L/fwd R (W fwd R, fwd L turning left face, side & back R/back L) to CBJO/DLW; [14] Fwd L, side & fwd R with slight rise and body turning slightly right face, recover fwd L (W back R, side & back L with slight rise body turning slightly right face, recover fwd R) to SCP/DLC;

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-B-

- 1 - 4 SLOW SIDE LOCK (TRANSITION); SPLIT RONDE & SLIP; DOUBLE REVERSE; HOVER;**
 [1] Thru R DLC, side & fwd L DLC commence to rise and rotate left face, continue rise & rotation lock RIB (W thru L DLC, side & fwd R around M, draw L to R no weight) to CP/COH; [2] Lowering into right knee slide left in a 1/2 circle until under body XIB, step on L with weight on both feet rotate 3/8 left face on the balls of the feet rising to the L, slip R back turning 3/8 (W lowering into right knee slide left in a 1/2 circle until under body XIB, step on L commence left face turn and unwinding M, side R/continue left face turn small step side L rise on R brushing L to R slip L a small step fwd pivot left face 3/8) to CP/DLW; [3] Fwd L commence to turn left, side R 3/8 turn, spin left face 1/2 on the ball of the right foot bringinig left foot to right no weight (W bk R commence to turn left, bring L to R no weight turn left face chg weight (heel turn)/side & back R continue turn, XLIF of R) to CP/DRW; [4] Fwd L, side & fwd R with rise, rec L (W bk R, side & bk L with rise, recover R) to SCP/DLW;
- 5 - 8 OPEN NATURAL; BK BK/LK BK; OUTSIDE CHANGE [SCP]; SLOW SIDE LOCK;**
 [5] Fwd R commence to turn right, side L across line of dance to CP continue turn, bk R (W bk L commence to turn R, side R across line of dance, fwd L outside M) to CBJO/ROD; [6] Bk L, Bk R/lock LIF, Bk R (W fwd R, fwd L/lock RIB, fwd L); [7] Bk L, bk R turning left face, side & fwd L (W fwd R, fwd L turning left face, side & fwd R) to SCP; [8] Thru R, side & fwd L rotating left, XRIB of L (W thru L, commence to turn left face, side & back R continue turn to CP, XLIF of R) CP/DLC;

-C-

- 1 - 4 VIENNESE TURNS;;;;**
 [1-2] Fwd L commence left face turn, side R continue turn, XLIF of R to CP/ROD; Bk R continue turn, side L continue turn close R to L (W back R commence left face turn, side L continue turn, close R to L; fwd L commence left face turn, side R continue turn, XLIF of R) to CP/LOD; [3-4] Repeat measures 1 & 2 of Part C;;
- 5 - 8 TELEMARK [SCP]; OPEN NATURAL; OUTSIDE SPIN; TURNING LOCK;**
 [5] Repeat actions of measure 1 of part A; [6] Repeat actions of measure 5 of part B; [7] Commence body turn to right toeing in with right side lead bk L small step with turn to right, fwd R in CBMP heel to toe continue to turn right, side & back L continue to turn (W commence body turn to right with left side lead staying well in M's right arm fwd R in CBMP outside M heel to toe, L closes to R on toe 5/8 turn between 1 and 2, continuing to turn 1/4 between 2 and 3 fwd R between M's feet 1/8 turn on 3) to CP/WALL; [8] Bk R with right side lead to CBMP/XLIF of R, bk R commence to turn 1/4 left, side & fwd L (W fwd L with left side lead/XRIB of L fwd L commence to turn 1/4 left, side & back R) to CBJO/DLW;
- 9 - 11 FWD, FWD/LK, FWD; FWD (DEVELOPE); BACK (W SWIVEL & DEVELOPE);**
 [9] Fwd R, fwd L/XRIB, fwd L (W bk L, bk R/XLIF, bk R) blending to BFLY/BJO; [10] Fwd R,-,- (W back L bringing right foot up outside left knee, extend R fwd; [11] Back L,-,- (W fwd R, swivel right face on ball of R bringing left foot up inside right knee, extend L fwd);
- 12-14 SYNCOATED REVERSE TWIRL [SCP]; WEAVE [SCP];;**
 [12] Repeat actions of measure 3 of Introduction to SCP; [13-14] Fwd R, fwd L to CP, side & bk R to DLC; Bk L DLC turning W to CBJO, bk R turning to CP, side & fwd L DLW (W fwd L, turning left face side R to CP, continue turn on R to face LOD fwd L DLC; Fwd R to CBJO, fwd L DLC turning to CP, side & fwd R) to SCP/DLC;;
- ENDING-**
- 1 - 4 TELEMARK [SCP]; OPEN NATURAL; OUTSIDE SPIN; TURNING LOCK;**
 [1-4] Repeat actions of measures 5-8 of part C;;;
- 5 - 8 FWD, FWD/LK, FWD; FWD (DEVELOPE); BACK (W SWIVEL & DEVELOPE); CHAIR;**
 [5-8] Repeat actions of measures 9-11 of part C;;; Thru R (W's L) lowering into right knee,-,-;