

WHEN I GROW TOO OLD TO DREAM

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MUSIC: Song: When I Grow Too Old To Dream Music Media Source: Album "Forgotten Dreams", also available as download from Music.yahoo.com
Artist: Phil Coulter
Music Modified: Slowed 3.1% BPM/MPM: 93 TIME@BPM: 3:22@93

FOOTWORK: Opposite unless indicated (Woman's footwork in parentheses)

RHYTHM: Waltz **RAL Phase:** IV + 1 [Double Reverse]

SEQUENCE: INTRO ABCD ABCD END

MEAS:

INTRODUCTION

1-4 LOOK UP; RAISE ARMS; SLOW SIDE THRU; RECOVER SIDE CLOSE;

- 1 {LOOK UP} M fcg wall bth w/ trail ft free & heads lowered start raising head, cont raising head, look at ptr ;
- 2 {RAISE ARMS} Start raising arms, cont raising arms, comp raising arms to rounded pos in front of chest ;
- 3 {SLO SD THRU} Slo sd R, -, cross lun thru L (W Slo sd L, -, cross lun thru R) ;
- 4 {REC SD CL} Rec R, sd L, cl R (W Rec L, sd R, cl L) ;

5-8 ROLL 3; FRONT VINE 3; ROLL 3; THRU FACE CLOSE;

- 5 {ROLL 3} Sd L commence trng LF w/ each stp progressing down LOD, sd & bk R contg LF trn, sd & bk L comp LF trn to fc ptr (W Sd R commence trng RF w/ each stp progressing down LOD, sd & bk L contg RF trn, sd & bk R comp RF trn to fc ptr) ;
- 6 {FRONT VIN 3} XRif, sd L, XRib (W XLif, sd R, XLib) ;
- 7 {ROLL 3} Same as Introduction meas 5
- 8 {THRU FC CL} Fwd R between ptrs w/ a reaching stp trng RF to fc ptr & wall, sd L, cl R (W Fwd L between ptrs w/ a reaching step trng LF to fc ptr & COH, sd R, cl L) ;

9-12 MAN PRESENT LEAD HAND; LADY JOIN LEAD HAND; TOGETHER TOUCH; BOX FINISH;

- 9 {M PRESENT LEAD HND} Raise lead hnd inviting W to dance, -, - (W Hold, -, -) ;
- 10 {W JOIN LEAD HAND} Hold, -, - (W Place lead hnd into M's lead hnd, -, -) ;
- 11 {TOG TCH} Fwd L, tch R to L, - (W fwd R, tch L to R, -) ;
- 12 {BOX FIN} Bk R trng 1/4 LF to LOD, sd L, cl R (W Fwd L commence LF trn, sd R, cl L) ;

PART A

1-4 FORWARD WALTZ; MANEUVER; IMPETUS TO SCP; FORWARD HOVER TO BJO;

- 1 {FWD WZ} In CP fwd L, fwd & slightly sd R, cl L ;
- 2 {MANUV} Fwd R between W's ft commence RF upper bdy trn, cont RF trn to fc ptr & RLOD sd L, cl R (W bk L commence RF upper bdy trn, cont RF trn to fc ptr & LOD sd R, cl L) ;
- 3 {IMP TO SCP} W/ soft or flexed knees throughout commence RF upper bdy trn bk L, cl R [heel turn] cont trn to LOD, fwd L in tight SCP (W w/ soft or flexed knees throughout commence RF upper bdy trn fwd R, between M's ft heel to toe pvtg 1/2 RF, sd & fwd L cont trn around M brush R to L, fwd R) ;
- 4 {FWD HVR TO BJO} Fwd L, sd & fwd R w/ a slight rise, rec on L blending to BJO (W Bk R, sd L & bk w/ a slight rise, rec on R blending to BJO) ;

5-8 SLOW OUTSIDE SWIVEL; THRU FACE CLOSE BFLY; TWIRL VINE 3; PICKUP SIDE LOCK;

- 5 {SLO OUTSD SWVL} Bk on L, XRif of L w/ no weight, - (W Fwd on R, swvl RF on ball of R ft ending in SCP, -) ;
- 6 {THRU FC CL BFLY} Fwd R between ptrs w/ a reaching step trng RF to fc ptr & wall, sd L, cl R blending to BFLY (W Fwd L between ptrs w/ a reaching step trng LF to fc ptr & COH, sd R, cl L blending to BFLY) ;

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- 7 {TWRL VIN} M's L & W's R hnds jnd sd L, XRib, sd L (W Sd & fwd R trng 1/2 RF undr jnd hnds, sd & bk L trng 1/2 RF, sd R) ;
- 8 {PU SD LK} Thru R, sd & fwd L to CP LOD, XRib of L trng slightly LF to DLC (W Thru L commencing LF trn, sd & bk R cont LF trn to CP LOD, XLif of R trng slightly LF to DRW ;

PART B

1-4 VIENNESE TURNS TWICE:::

- 1-2 {VIEN TRNS} Fwd L commencing LF trn, sd R contg LF trn, XLif of R (W Bk R commencing LF trn, sd L contg LF trn, cl R to L) ; Bk R contg LF trn, sd L contg LF trn, cl R to L (W Fwd L cont LF trn, sd R contg LF trn, XLif of R) ;
- 3-4 Same as Part B meas 1-2

5-8 TELEMARK TO SCP; IN & OUT RUNS;; PICKUP SIDE CLOSE:

- 5 {TELE TO SCP} Fwd L commencing to trn L, sd R contg trn, sd & slightly fwd L to end in tight SCP (W bk R commencing to trn L bringing L beside R w/ no weight, trn LF on R heel (heel turn) & chg weight to L, stp sd & slightly fwd R to end in tight SCP) ;
- 6-7 {I/O RUNS} Fwd R starting RF trn, sd & bk DLW on L to CP, bk R to CBMP (W Fwd L, fwd R between M's ft, fwd L in CBMP) ; Bk L trng RF, sd & fwd R between W's ft contg RF trn, fwd L to SCP LOD (W Fwd R starting RF trn, fwd & sd L contg trn, fwd SCP) ;
- 8 {PU SD CL} Fwd R [short step], sd L, cl R to L (W fwd L stpg in front of M trng LF to end CP, sd R, cl L to R) ;

PART C

1-4 DIAMOND TURN:::

{DIAM TRN} Fwd L trng on the diag, cont L trn sd R, bk L to BJO ; Staying in BJO & trng LF stp bk R, sd on L, fwd R ; Still in BJO stp fwd L trng on the diag, sd R, bk L ; Bk R cont trn, sd L, fwd R to CP ;

5-8 DRAG HESITATION; BACK BACK/LOCK BACK; IMPETUS TO SCP; CHAIR AND SLIP:

- 5 {DRG HES} Fwd L commencing LF trn, sd R contg LF trn, draw L twd R ending in BJO (W Bk R commencing LF trn, sd L contg LF trn, draw R twd L ending in BJO) ;
- 6 {BK BK/LK BK} Bk L, bk R/lk Lif of R, bk R (W Fwd R, fwd L/lk Rib of L, fwd L) ;
- 7 {IMP TO SCP} Same as Part A meas 3
- 8 {CHR & SLP} Ck thru R w/ lun stp, rec L [no rise], w/ slight LF upper bdy trn slip R bhd L contg trn to end fcg LOD (W ck thru L w/ lun stp, rec R [no rise], swvl LF on R & stp fwd L outsd M's R ft to CP) ;

PART D

1-4 DOUBLE REVERSE; DOUBLE REVERSE TO WALL; WHISK; THRU CHASSE TO SCP:

- 1 {DBL REV SPN} Fwd L commence LF trn, sd R [3/8 LF trn between steps1 and 2], spin 1/2 LF between steps 2 and 3 on ball of R bringing L ft under bdy beside R no weight flexed knees to end fcg LOD (W Bk R commence to trn LF, L ft cl to R heel trn trng 1/2 LF between steps 1 and 2/sd & slightly bk R cont LF trn, XLif of R) ;
- 2 {DBL REV SPN} Fwd L commence LF trn, sd R [3/8 LF trn between steps1 and 2], spin 3/8 LF between steps 2 and 3 on ball of R bringing L ft under bdy beside R no weight flexed knees to end fcg wall (W Bk R commence to trn LF, L ft cl to R heel trn trng 1/2 LF between steps 1 and 2/sd & slightly bk R cont LF trn, XLif of R) ;
- 3 {WSK} In CP fwd L, fwd & sd R commencing rise to ball of ft, XLib of R contg to full rise to ball of ft ending in tight SCP (W in CP bk R, bk & sd L commencing to rise to ball of ft, XRib of L contg to full rise to ball of ft ending in a tight SCP) ;
- 4 {THRU CHASSE TO SCP} Thru R commence trn to fc, sd L/cl R, sd L to SCP (W Thru L commence trn to fc, sd R/cl L, sd R to SCP) ;

5-8 WEAVE TO BJO;; FORWARD FORWARD/LOCK FORWARD; MANEUVER:

- 5-6 {WEV TO BJO} Fwd R, fwd L trng LF to CP, sd & slightly bk R to DLC (W Fwd L, trng LF sd R to CP, cont trng on R to fc LOD fwd L DLC) ; Bk L DLC trng W to CBMP, bk R trng

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bdy LF to CP, sd & fwd L DLW trng W to CBMP (W fwd R to CBMP DLW, fwd L to DLC trng bdy L fc to CP, sd & bk R to CBMP) ;

7 {FWD FWD/LK FWD} In BJO fwd R, fwd L/lock Rib of L, fwd L ;

8 {MANUV} Same as Part A meas 2

9-10 IMPETUS TO SCP; PICKUP SIDE CLOSE;

9 {IMP TO SCP} Same as Part A meas 3

10 {PU SD CL} Same as Part B meas 8

REPEAT ABCD

END

1-4 DIAMOND TURN:::

1-4 {DIAM TRN} Same as Part C meas 1-4

5-8 TELEMARK TO SCP; NATURAL HOVER FALLAWAY; SLIP PIVOT; MANEUVER;

5 {TELE SCP} Fwd L commencing to trn L, sd R contg trn, sd and slightly fwd L to end in tight SCP (W bk R commencing to trn L bringing L beside R w/ no weight, trn LF on R heel (W heel turn) and chg weight to L, stp sd and slightly fwd R to end in tight SCP) ;

6 {NAT HVR FALWY} Fwd R w/ slight bdy trn to R, fwd L on toe trng to R w/ slo rise, rec back on R (W Fwd L, fwd R on toe trng Rf w/ slo rise, rec bk on L) ;

7 {SLP PVT} Bk L, bk R commence LF trn [keeping L leg extended], fwd L (W Bk R commence LF trn pvt on ball of ft [thighs locked L leg extended], fwd L comp L trn placing L ft near M's R fo, bk R) ;

8 {MANUV} Same as Part A meas 2

9-12 SPIN TURN OVERTURNED; BACK AND CHASSE TO BJO; CROSS HOVER TO SCAR BFLY; FORWARD CHECK LADY DEVELOPE;

9 {SPN TRN OVRTRND} Commence RF upper bdy trn bk L pvtg 1/2 RF to fc LOD, fwd R between W's feet heel to toe cont trn leaving L leg extended bk & sd, comp trn to fc DRW rec sd & bk L (W Commence RF upper bdy trn fwd R between M's feet heel to toe pvtg 1/2 RF, bk L toe cont trn brush R to L, comp trn sd & fwd R) ;

10 {BK & CHASSE TO BJO} Bk R commence LF trn to fc, sd L/cl R, sd L to BJO (W Fwd L commence LF trn to fc, sd R/cl L, sd R to BJO) ;

11 {X HVR SCAR} XRif of L, sd L w/ a slight rise commence R trn, rec R comp trn to SCAR (W XLib of R, sd R w/ a slight rise commence R turn, rec L comp trn to SCAR) ;

12 {FWD CK LADY DEVELOPE} In SCAR fcg DLW fwd L outsd ptr ckg, -, - (W Bk R, bring L ft up R leg to inside of R knee, extend L ft fwd) ;

13-16 ROLL LADY ACROSS LOP; THRU SIDE BEHIND; ROLL 3 TO LOD; ROLL LADY ACROSS SCP;

13 {ROLL LADY ACRS} Release trail hnd bk R leading W fwd, bk & sd L short stp trng LF to fc LOD, cl R to L ending in LOP fcg LOD (W Release trail hnd fwd L twd DLC Xif of M commencing LF trn, fwd & sd R comp trn to fc LOD in LOP, cl L to R) ;

14 {THRU SD BHD} Fwd L between ptrs w/ a reaching step trng LF to BFLY fcg ptr & COH, sd R, XLib of R (W Fwd R between ptrs w/ a reaching step trng RF to BFLY fc ptr & wall, sd L, XRib of L) ;

15 {ROLL 3 TO LOD} Releasing BFLY pos roll RF (W LF) LOD R, L, R to LOP fcg LOD ;

16 {ROLL ACRS TO SCP} Fwd LOD L, R, L trng bdy RF to end fcg SCP DLW (W roll RF Xif of M R, L, R to SCP DLW) ;

17-21 IN AND OUT RUNS;; THRU TO PROMENADE SWAY; CHANGE TO OVERSWAY; EXTEND;

17-18 {I/O RUNS} Same as Part B meas 6-7

19 {THRU TO PROM SWAY} Fwd R between ptrs w/ a reaching step trng to fc ptr, sd & fwd L trng to SCP & stretching L sd of bdy slightly upward to look over jnd lead hnds, relax L knee (W fwd L between ptrs w/ a reaching step trng to fc ptr, sd & fwd R trng to SCP & stretching R sd of bdy slightly upward to look over jnd lead hnds, relax R knee) ;

20 {CHG TO OVRSWAY} Chg to L sd stretch w/ slight LF trn leaving R leg extended RLOD,

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cont lowering on L leaving R extended RLOD, extend ovrsway line (W Chg head L, slo
lower on R leaving L extended RLOD, extend ovrsway line) ;

21 -, -, - ;