

COMPOSERS: Jim & Bonnie Bahr, 4420 Tennyson. Denver, CO 80212-2310
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 RECORD; Atlantic OS 13009 Chuck Willis (Flip of "Hang Up My Rock & Roll Shoes")
 Slow to 41 rpm
 PAHSE: Unphased Slow Twostep (Designed for basic work in this rhythm)
 FOOTWORK: Opposite except where noted
 SEQUENCE: Intro; A, B, Intro, A, B 1-15, End
 RELEASE: June, 1993

INTRO

1-4 TAMARA POS DW:: WHEEL 3; LADY UNWIND:

1-2 Wait in Tamara Pos DW L foot free;;

3-4 In Tamara wheel fwd L,-, fwd R, fwd L;

SQQ wheel fwd R,-, fwd L, fwd R (W unwind LF L,-,R,L); maintain hands end
 SQQ in BFLY Wall

PART A

1-4 TWO LUNGE BASICS:. UNDERARM TURN OPEN BASIC

SQQ 1-2 Lunge sd L,-, rec R, XLIF (W XRIF); Lunge sd R,-, rec L, XRIF (W XLIF);

SQQ 3 Sd L,-, XRIB of L, rec L (W sd R,-, XLIF tm RF to fc LOD, rec fwd R cont'
 SQQ trn to face ptrn);

SQQ 4 Sd R trng to LOD take W to 1/2 OP,-, rk bk L, rec R shape upper body twd
 ptrn (W sd L tmg to 1/2 OP,-, rk bk R, rec L shape upper body twd ptrn);

5-8 TWO SWITCHES:: TWO SIDE BASICS::

5-6 Fwd L,-, roll across in front of W R, L to L 1/2 OP shape upper body twd ptrn

SQQ (W fwd R,-, fwd L, R shape upper body twd ptrn); Fwd R,-, fwd L, R shape upper

SQQ body twd ptrn (W fwd L,-, roll across in front of M R, L to shape upper
 body twd ptrn); CP Wall

SQQ 7-8 Sd L,-, XRIB (W XLIB), rec L; Sd R,-, XLIB (W XRIB), rec R starting across in
 SQQ front of W;

9-12 RIGHT SPOT TURN" LADY OUTSIDE ROLL:

SQQ 9 Sd L in front of W fc RLOD,-, XRIB of L comm nat top action tmg RF, sd L cont
 Rf tm (W fwd R to CP,-, sd L, XRIF of L);

SQQ 10 XRIB of L cont RF tm,-, sd L cont RF tm, XRIB of L (W sd L,-, XRIF of L, sd L);

SQQ 11 Sd L,-, XRIB of L, sd L (W XRIF of L,-, sd L, XRIF of L); still tmg RF to end fcg
 about DW 1 7/8 tm thru meas 9-11

SQQ 12 Fwd R, fwd L, fwd R to double hand hold wrists top of waist level (W fwd L, com

SQQ under lead hnds, cont trn LF fc ptrn & Wall R); Sd R blend CP,-, XLIB (W XRIB)
trng body slightly away from ptrn, rec R;

5-8 TWO SIDE BASICS:% LEFT TURN WITH INSIDE ROLL: BASIC ENDING:

5-8 Repeat meas 1 thru 4 of Part B fcg COH;;;;

9-16 RIGHT SPOT TURN::; LADY OUTSIDE ROLL TRAVELING_CHASSES TO FACE
THE WALL::;

9-16 Repeat meas 9-16 of Part A;;;;;;;

INTERLUDE

1-8 TWO SIDE BASICS:: TRIPLE TRAVELER::; TAMARA WHEEL 6:: LADY UNWIND

1-2 Repeat meas 1 & 2 of Part B;;

SQQ 3-5 Fwd L trng LF slightly fc DC,-, sd & fwd R, fwd L LOD (W bk R trng LF,-, sd

SQQ L trn LF under lead arms, con't trn LF to fc Wall R); Fwd R spiral LF under joined
SQQ hands (W trn to fc LOD fwd L),-, fwd L, fwd R lower the out in front of ptrns at
shoulder level; Fwd L begin to bring joined hands down & in front of M (W fwd R
DW to begin to XIF of M),-, fwd R, fwd L (W twirl RF under lead hands L, R to fc
RLOD on wall side of ptrn); TAMARA POS LOD

SQQ 6 Tamara wheel fwd R,-,L,R;

7-8 Repeat meas 3 & 4 of Intro

ENDING

1-5 SWEETHEART WRAP (M TRNS): SWEETHEART CHASSES::; SWEETHEART SIDE
LUNGE & EXTEND ARMS

M-SS 1 Fwd R,-, Fwd L,-; (W in place L,-, wrap LF under lead hands R, into wrapped

W-SQQ pos both same footwork fcg LOD

In sweetheart pos repeat meas 14 of Part A