



VILJA RUMBA

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Music: Special Pressing Vilja (flip Fur Elise) or contact choreographer

Sequence : INTRO – A – A - B – A - C – END

PHASE VI RUMBA 12/08

Footwork: Opposite, Unless noted (W's footwork & timing in parentheses) 1.4

Timing: Standard Rumba QQS except where noted

MEAS.

INTRO

1 – 4

OP FAC WALL WT 1 MS TRAIL FT FREE; DIAG BK CUCARACHA; DIAG BK CUCARACHA X ; UNWIND to FC;

SS

1 – 2 OP FC W NO HDS M's R & W's L ft free WAIT 1 MS; [cuca] Rk sd & bk R, rec L, cl R to L,- ;
3 – 4 [cuca x] Rk sd & bk L, rec R,XLIF of R, - ; [unwind] slowly unwind M R fc (W L fc), - , fwd R to fc ptr WALL join lead hds, - ;

PART A

1-4

SIDE WALK; THRU SD LUNGE APT (fc rlod); STRETCH to OBLIQUE LINE; ROLL 3 (bfly);

1-2 [sd wk 3] Lead hds jnd sd L, cl R, sd L, - ; [thru lunge apt] Thru R, sd L trn RF (W LF), lunge apt R fc RLOD, - ;

3-4 [oblique ln] Continue stretch and hold entire meas while looking at W maintain strong L arm to give W support for her line (W using the complete measure rise over L leg while pulling R ft to cross IF of L with pressure on toes of both feet stretching L oblique muscles and using a strong R hnd for support while leaning upper body twd M and sweeping L arm up and then down and out to side); [roll 3] roll LF LOD L, R, L (W RF R, L, R) to BFLY WALL, - ;

5-8

AIDA; HIP RK to fc bfly; CHK THRU & UNWIND; LATIN WHISK (scp);

5-6 [aida] Bfly wall thru R trn, sd L comm RF trn, cont RF trn release M's R & W's L hds bk R end "V" bk to bk aida pos, - ; [hip rk] Rk L, rec R, fwd L trn LF (W rk R, rec L, fwd R trn RF) to fc ptr BFLY WALL, - ;

SS

7-8 [ck thru & unwind] XRIF of L, - , release hands slow unwind LF (W XLIF of R, -, slow unwind RF) to fc ptr, - ; [latin whisk] XLIB of R, rec R, sd L SCP LOD, - ;

9-12

FAN; CIRCULAR THREE ALEMANAS;;

9 – 10 [fan] Thru R, cl L to R, sd & slightly fwd R (W thru L, fwd R trn LF, sd & bk L to fan pos fc rlod), - ; [3 circular alemanas] Fwd L, rec R, comm. RF trn sd & slightly fwd L raising lead hds palm to palm (W cl R, fwd L, fwd R comm trn RF) to end LOP fc M fc DRW, - ;

11-12[cont 3 circular alemanas] Cont RF trn XRIB of L, cont RF trn sd L, cont RF trn XRIF of L (W fwd L LOD trn RF under joined lead hds, fwd R RLOD, fwd L LOD) to end LOP FC M FC COH; Cont RF trn sd & fwd L leading W to trn under, cont RF trn XRIB of L, cont RF trn sd & slightly bk L (W fwd & across R trn LF under joined lead hds, fwd L RLOD trn LF under joined ld hds, fwd R COH) end lead hds high M fc WALL;

13-16

FINISH 3 CIRCULAR ALEMANAS; (cp wall) CUDDLE TWICE;; HIP ROCK 2 SLS;

13-14 [fin 3 circular alemanas] Bk R, rec L, small fwd R (W fwd L DLC trn RF under joined ld hds, fwd R cont RF trn to fc M, fwd L) to fc CP WALL, - [cuddle] cp/wall Sd & slightly fwd L shape twd ptr, rec R, cl L (W trn RF ½ bk R, trn LF ½ rec L, sd R) to fc ptr, - ;

15-16 [cuddle] Sd & slightly fwd R shape twd ptr, rec L, cl R (W trn LF ½ bk L, trn RF ½ rec R, sd L) to fc ptr, - ; [sl hip rk] Rk L, - , R, - ;

REPEAT A**PART B****1 – 4 FC WALL BASIC W CURL M TRANS(ss) TO SHAD; SHAD WK 3 TIMES & SWITCH;;;**

1-2 [basic curl m trans] Fwd L, -, cl R lead W LF curl (W bk R, fwd L, fwd R curl LF) to shad pos fc LOD both have L ft free; [shad wk] Fwd L LOD, fwd R, fwd L, -;

3-4 [shad wk 2 times & switch] Fwd R, fwd L, fwd R, -; fwd L, fwd R, fwd L swivel RF ¼ shad pos fc WALL;

5 – 8 SD WK 3; FENCE LN; HIP RK 3; W FAN M 2 SLS TRANS:

5-6 [sd wk] shad wall sd R, cl L, sd R, -; [fence ln] XLIF of R DRW, rec R, sd L,

7-8 [hip rk] Sd R, rec L, sd R, -; [fan M trans] Bk L, -, rec R shape twds ptr (W swvl ¼ LF fwd L, fwd R trn ½ LF, bk L) to fan pos, -;

9-12 ALEMANA ROPE SPIN;;;

9 – 10 [alemana] Fwd L, rec R, cl L (W cl R, fwd L, fwd R slight RF trn),-; Bk R, rec L, cl R (W fwd L M's left sd trn ½ RF under joined lead hds, fwd R trn ½ RF, fwd L M's right sd), -

11-12 [rope spn] Lead W spiral RF sd L, rec R, cl L (W spiral RF fwd R, fwd L, fwd R arnd M), -; sd R, rec L, cl R (W cont arnd M fwd L, fwd R, fwd L to fc ptr),-;

13-16 OPEN OUT SPIRAL TO REV TOP 6;;; HKY STK END;

13-14 [op out spiral] Press L fwd, rec R, XLIF of R raising lead hds to cause W to spiral LF (W swvl ½ RF bk R, rec L swvl ½ LF, sd R spiraling LF allowing L to XIF of R w/o weight to CP), -; [start rev top] Sd R trn LF, XLIF of R, sd fwd R cont trn LF (W fwd L with LF trn, sd R, XLIB of R), -;

15-16 [fin rev top] XLIF of R, sd & fwd R, XLIF of R (W sd R, XLIB of R, sd R) end CP/WALL, -; [hky stk end] Bk R, rec L, fwd R (W trn LF fwd L, fwd R trng LF, bk L)end LOP fc WALL, -;

REPEAT PART A**PART C****1 – 4 THREE THREES;;;**

1-2 [3 three's] Fwd L, rec R, cl L release hds (W bk R, rec fwd L, fwd R swvl ½ RF to shad fc DRW), - Pl hds on W's shoulders sd R, rec L, cl R (W in pl L, R, L spin LF full trn), -;

3-4 [fin 3 three's] no hds fwd & sd L, rec R, bk L (W bk R, rec L, fwd R trn ½ RF to fc ptr),-; Bk R, rec L, fwd R (W L trn RF 1/2, fwd R trn RF ½ fc ptr, fwd L) to CP/WALL,-;

5-8 ½ BASIC; CONT NAT TOP 6 FC DLC;; RUDOLPH RONDE BK TO BJO;

5-6 [1/2 basic] Fwd L, rec R, trn RF sd & slightly fwd L (W bk R, rec L, trn RF fwd R),-; [start cont nat top] Trn RF XRIB of L toe to heel, cont RF trn sd L, cont RF trn XRIB of L toe to heel (W trn RF sd L, cont RF trn XRIF of L, cont RF trn sd L) to loose CP DLC, -;

7-8 [fin cont nat top] Cont RF trn sd L leading W fwd, cont RF trn XRIB of L toe to heel, cont RF trn sd L (W fwd R trn LF under jnd lead hds, trn RF sd L, cont R

sqg trn XRIF of L) to loose CP/DLC; [rudolph ronde bjo] Fwd R between W's feet keeping L ft bk flex R knee while turning upper body RF,-, bk L, bk R (W bk L ronde R ft in a CW circular ronde movement while trng RF on L,-, bk R in SCP, trn LF sd & fwd L) to CBJO/DLW

9-12 SL OUTSD SWVL; FAN; STEP TOG M'S NECK WRAP; M SPN TO FAN;

ss 9-10 [sl outsd swvl] Bk L leave R ft fwd trn hips RF, - , - (W fwd R outsd ptr, -, swvl RF on R)to SCP, -; [fan] Bk R, rec L, sd & fwd R (W fwd L LOD, fwd R trn LF, cont LF trn bk L) to fan pos, -;

- s** 11-12 **[tog m's neck wrap]** Sd L twd W raise jnd ld hds w/M's palm up and M's L elbow bent and pointed twd Wall then take jnd hds over M's head slowly lower them to rest on M's R shoulder W places her L hd on M's ribcage and M leaves free R hd down at side, - (W sd & fwd R twd M place L hd on M's ribcage, -), - , - ;
- qqs (s -)** **[m spn to fan]** M in pl spn RF R, L, R, - (W sd L, to fan hold, - , -) to fan;
- 13-16** **HKY STICK W SPIRAL; OUT TO FC; NEW YORKER IN 4, NEW YORKED TO ½ OP;**
- 13-14** **[hky stk w/spiral]** Fwd L, rec R, raising jnd lead hds high cl L to R leading W to spiral LF (W cl R to L, fwd L, fwd R in front of M, spiral LF under jnd lead hds), - ; Bk R, rec L, fwd R (W fwd L, fwd R trn LF, cont LF trn bk L), - ;
- qqqq** **15-16** **[new yorker 4]** Trn RF to LOP RLOD rk thru L, rec R trn LF to fc ptr, rk sd LOD L, rec R; **[new yorker to ½ op]** Trn RF to LOP RLOD rk thru L, rec R trn LF to fc ptr, sd & fwd L to ½ OP/LOD,-;

END

- 1-5** **OPEN IN & OUT RUNS;; THRU TO FAN; HIP RK 2 SL; STEP TOG M'S NECK WRAP HOLD;**
- 1-2** **[op in & out runs]** Fwd R, fwd & across W L to fc RLOD, trn to fc LOD in L ½ OP fwd R (W fwd L, R, L) ,-; Fwd L, R, L (W fwd R, fwd & acrs M L to fc RLOD, trn to fc LOD in L ½ OP fwd R), - ;
- 3-4** **[fan]** Thru LOD R, swvl ½ RF cl L to R, sd RLOD R (W thru LOD L, fwd R trn ½ LF, sd & bk L) to FAN POS WALL, - ; **[sl hip rk]** Rk L, - , R, - ; **[step tog m's neck wrap]** Repeat meas 11 of Part C hold, - , - , - ;