

WALTZ FOR NADINE -Valse Pour Nadine

Music : Rose Room Orchestra - Cd. A touch of classic - Track # 5 - Time  
2:18 Slow Down the Music w/ 7%

Rhythm : Waltz

Phase:V+1 +U (Chckg Reverse + lace Box)

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Footwork : Opposite , except where noted .

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SEQUENCE : INTRO A BRIDGE B AA(1-8) END

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INTRO

CP DLC - Start after a few beats.

01-04 : DIAMOND TURN ; ; ;

01-04 : [Diamond Trn] Fwd L start LF trn, sd R cont LF trn, XLIBR CBJO  
DRC ; Bk R cont LF trn, sd L cont LF trn  
, XRIFL CBJO DRW ; Fwd L cont LF trn, sd R cont LF trn XLIBR CBJO DW ;  
Bk R cont LF trn, sd L cont LF  
trn XRIFL CBJO DC ;

PART A

01-04 : CHECKING REVERSE & SLIP ; CURVED FEATHER CHKG ; BK BK/LCK BK ;  
OP IMPETUS ;

01-04 : [Chck Rev & Slip] Fwd L comm LF trn rising strongly, fwd &  
around R checking (W cl),trng RF slip L bk  
sml stptoend CPDW; ( Crvd Feather Check) Staying in BJO thruout fwd R  
stg to trn RF, w/ L sd  
stretch contg RF trn sd & fwd L, contg upper bdy trn w/ L sd stretch fwd  
R (WbkLstg to trn RF,bkR  
bhd L contg to trn RF w/ strong R sd ld, bk L) ckg to BJO DRW & Checking  
; [Bk Bk/Lck Bk] Bk L, Bk  
R/XLIFR, Bk R ; [Op Impetus] BkL trng RF, cl R toL heel trnRF, sd& fwdL  
to SCP (W fwd R beside M,  
sd & fwd around M trng RF brush R to L, cont. RF trn twd LOD fwd R) to  
SEMI LOD ;

05-08 : WEAVE 6 BJO ; ; FWD FWD/LCK FWD ; OP NATURAL ;

05-08 : [Weave 6 Bjo] ThruR,fwdL toCP (W trn LF to PU),trng LFsd& bkR  
toendBJO RLOD ; Bk L, cont LF  
trnbkR,sd &fwdL cont trnto SCPDW; [Fwd Fwd/Lck Fwd] Fwd R, fwd L/XRIBL,  
fwd L ; [Op  
Natural] Fwd R, fwd & sd L turn RF, cont sd & bk R to contra bjo backing  
DW w/rt shoulder lead  
(W heel turn) ;

09-12 : OUTSIDE SPIN to a TURNING LOCK BJO ; ; NATURAL HOVER CROSS ; -W/  
SYNCOP.ENDING ;

09-12 : [Outs.Spin & Trng Lock Bjo] Trn body RF toe in bk L small stp,  
fwd R cont trn outsd ptr, sd & bk L (W  
Trn Body RF fwd R outsd ptr, cl L to R cont trn, fwd R CP) toCPDRC ; Bk  
R with right sd lead and right  
sd stretch/XLIFR, bk & slightly sd R trn 1/4 LF, sd & fwd L to CBMP (W  
fwd L with left sd lead and left  
sd stretch/XRIBL, fwd & slightly sd L trn 1/4 LF, sd & bk R to CBMP) end  
BJO DLW ; [Nat.Hov.Cross w/  
Sync.End] M fwd R comm RF trn,-, sd & bk L cont RF trn (W heel trn), sd  
& fwd R complete RF trn  
contra SDCR DW ; [1,2&3] Fwd L ckg outside ptrn contra SDCR, rec R  
slight LF body rotation, sd & fwd  
L, fwd R LF rotation to contra BJO DC ;

13-16 : 2 LEFT TURNS ; to WALL ; WHISK ; PICK UP SD CL ;

13-16 : [2 Left Trns] FwdL stg LF trn, sdR cont LF trn, cl L ; Cont  
LFtrnbk R, sd L cont LF trn, cl R to CPDLW;  
[Whisk] Fwd L, fwd & sd R comm rise, XLIBR cont to full rise end in  
tight SCP ; [PU Sd Cl] FwdR, sd &  
fwd L, cl R leading W in front (Wfwd L, fwd R turn ½LFto fcM, clL ) to  
endCPLD ;

BRIDGE

01-04: LACEBOX ; ; ; ;

01-04 : [Lace Box] FwdLtrng LFtoCOH, sdR, cl Lto R ; Bk R trng LFto  
RLOD, sd L, cl R to L (W fwd L, R, L  
under ld arm) ; Fwd L trng LF toWALL, sdR, cl L totR (Wfwd R & ½RFunderld  
armto fcsd Lcl R to L)  
; Bk R trng LF to LOD, sd L, cl R toL endingCPLD;

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PART B

01-04 : TURN LEFT & R. CHASSE BJO ; OUTSIDE CHANGE SEMI ; THRU & SEMI CHASSE ; SLOW SD LOCK ;  
01-04 : [Trn L & R Chasse Bjo] Fwd L to DLC com to trn LF, contg LF trn sd R/cl L, sd & bk R to BJO RLOD;  
[Outs.Chng Semi] BkL,bkR trngLF,sd & fwdL to SCP DLW (WFwd R,fwd L trng LF,sd & fwdR to SCP) ; [Thru Semi Chasse 1,2&3] ThruR, sd& fwdL/cl R,sd& fwdL,inSEMI DLC ; [Slow Sd Lck] Thru R, fwd & sd L rising trng LF, XRIBL (W Thru L, sd R turning LF, XLIFR to CP DC) ;

05-08 : OP TELEMARCK ; NATURAL HOVER FALLAWAY ; BK CHECK to a WHIPLASH BJO ; HESITATION CHANGE ;  
05-08 : [OP Telemark] Fwd L comm LF trn, sd R cont LF trn, sd & slightly fwd L to tight SCP DLW (W Bk R comm to trn L Bringing L beside R w/ no wgt, trn LF on R heel (heelturn) & chg wgt to L, sd & slightly fwd R to tight SCP) ; [Nat Hov Fallaway] Fwd R, fwd L with rise & turn RF, rec bk R in fallaway backing DLC (W bk L, bk R with rise & trn RF to SEMI, rec bk L in fallaway backing DLC ) ; [Bk Chck to a Whiplash Bjo] Bk L in fallaway ck, thru R no rise pnt L to DRW trn body LF to swivel lady to bjo, shape to right sway slght rise in bjo DRW (W bk R fallaway ck, thru L swivel LF ronde R ccw to bjo, shape with man slght rise in bjo w/shape) ; [Hes.Chng] Trng upper bdy RF bk L, sd R contg RF trn, draw LttoCPDLC ;

09-12 : VIENNESE TURNS ; ; HOVER TELEMARCK ; THRU CHASSE BJO ;  
09-12 : [Viennese Turns] Fwd L comm LF trn, sd R cont LF trn, XLIFR (W Bk R comm LF trn, sd L cont LF trn, cl R) ; Bk cont LFtrn,sd L cont LF trntofc DLC, cl R to L (W fwd L cont LF trn, sd R cont LF trn, XLIFR ) ;  
[Hover Telemark] Fwd L, fwd R between W's feet rising trng RF, sd & fwd L to SCP DLW ; [Thru Chasse Bjo] ThruR,sd L/cl R,sd & fwd L (W trng LFsd R/cl L,sd & bkR) to BJODLW ;

13-16 : OP NATURAL ; TIPPLE CHASSE PIVOT to a SPIN TURN ; ; BOX FINISH ;  
13-16 : [Op Natural] Repeat Meas 8 Part A ; [Tipple Chasse Pivot to a Spin Trn] Bk L comm RF trn, w/ slight R sway cont RF trn sd R/cl L to R then lose sway, cont slight RF trn fwd R between W's ft and pvt ½ RF to CP almost LOD ; Smbk L pivoting RF ½ to fc LOD, sm fwd R cont trn to fc DLW, rec L (WFwd R pivoting Rf ½ to fc RLOD, sm bk L cont trn to fc DRC, rec R) ; [Box Finish] Bk R, trng LF tofc DLCsd L, cl R ;

ENDING

01-04 : OVER SPIN TURN ; BK & L -CHASSE to SEMI ; THRU to a PROMENADE  
SWAY ; CHANGE SWAY ;

01-04 : [Over Spin Trn] Bk L piv  $\frac{1}{2}$  RF to fc LOD, fwd R cont RF trn to fc  
DRW rising on ball of ft leaving L leg  
extended Bk, rec sd & bk L DLC to CP DRW ; [Bk & L-Chasse Semi] BkR cont  
LF trn, sdL/cl R to L, sd  
& fwd L trng to SCP LOD ; [Thru to a Prom.Sway] Thru R, sd & fwd L with  
a R sd stretch look over jnd  
ld hnds relax L knee, -; [Chng Sway] Slowly change stretch to L sd  
stretch change head to look the  
Lady

