

Trapeze Quickstep

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190 Hillway Cir, Ventura, CA 93003, 805-658-1191

MUSIC: "Over The Waves" - Artist: Pete Fountain

For availability, please see Notes at the end of the cue sheet

SPEED: 2:32 @ unmodified speed [50 MPM] or 2:42 @ 94% [47 MPM] as presented at Denver 2004 National Convention

PHASE: RAL IV RELEASED: June 26, 2004

RHYTHM: Quickstep

FOOTWORK: For M, W opposite except as (noted)

SEQUENCE: **Intro, A, Amod, Bridge, B, C, B, Cmod, End**

INTRO

1-4 WAIT;; CIRCLE 4 CP DLC;;

1-2 Bk to bk DLC (W DRW) M \ddot{O} s L & W \ddot{O} s R ft free wt 2 meas;;

SSSS 3-4 Full LF circ fwd L, -, R, -; L, -, R, - (W full LF circ fwd R, -, L, -; R, -, fwd L & swvl LF in p.u.action, -) to CP DLC;

PART A

1-4 FORWARD HOVER ~ BACK HOVER;;; WALK 2;

SSSSSSSS 1-4 CP DLC fwd L, -, fwd R w/ rise, -; rec L, -, bk R, -; bk L w/ rise, -, rec R, -; fwd L, -, fwd R, -;

5-8 TELEMAR BJO DLW ~ CLOSED WING SCAR DLC;;; TWIST 2 BJO DRC;

SSSSSS 5-7 Fwd L, -, trng LF fwd & sd R around ptr BJO brush L to R, -; fwd L DLW, -, fwd R, -; drw L to R w/ LF upper bdy trn, -, -, - SCAR DLC; (*W bk R, -, heel turn & cl L, -; bk R BJO DRC, -, bk L, -; sd R across M, -, fwd L to M's L sd w/ LF upper bdy trn, -;*)

SS 8 Trng LF fwd L, -, sd & bk R, - BJO DRC;

9-11 SLOW OUTSIDE CHANGE TO BJO DLW ~ NATURAL TURN 1/2 CP RLOD;;;

SSSSSS 9-11 Bk L prepg LF trn, -, bk R trng LF, -; sd & fwd L compg LF trn BJO DLW, -, trng RF fwd R, -; sd L, -, bk R CP RLOD, -; (*W fwd R, - fwd L trng LF, -; sd & bk R compg LF trn, -, comm RF trn bk L, -; heel trn & sd & fwd R contg RF, -, fwd L CP LOD, -;*)

12-16 CLOSED IMPETUS ~ BACK HOVER;;; WALK & MANEUVER; HEEL PULL DLC;

SSSSSS 12-14 Comm RF trn bk L, -, heel trn & cl R, -; sd & bk L CP DLW (*W trng RF fwd R btw M \ddot{O} s ft, -, sd & fwd L contg trn & brush R to L, -; fwd R btw M's ft), -, bk R, -; bk L w/ rise, -, rec R, -;*

SSSS 15-16 Fwd L, -, fwd R trng RF to fc RLOD, -; bk L trng RF, -, draw R heel twds L & take wgt, - CP DLC; (*W fwd R btw M \ddot{O} s ft trng RF, -, sd L contg RF trn, draw R;*)

PART AMODIFIED

1-7 FORWARD HOVER ~ BACK HOVER;;; WALK 2; TELEMARK BJO DLW ~ CLOSED WING SCAR DLC;;;

8-11 TWIST 2 BJO DRC; SLOW OUTSIDE CHANGE TO BJO DLW ~ NATURAL TURN 1/2 CP RLOD;

12-16 BACK WHISK ~ OPEN NATURAL TURN BJO DLC;;; OUTSIDE SWIVEL SCP DLC; PICKUP CP LOD;;

SSSSSS 12-14 Bk L, -, bk & sd R, -; XLib SCP RLOD, -, trng RF fwd R, -; sd L contg RF trn, -, bk R w/ R sd ld, - (*W fwd L, -; fwd R, -, fwd L, -*) BJO DLC;

S - - S - - 15-16 Bk L, XRif no wgt, (*W fwd R, swvl on ball of R to SCP DLC*), -, -; sm fwd R CP LOD (*W fwd L & swvl LF to CP*), -, -, -;

BRIDGE

1-4 CROSS CHASSE BJO & HOLD ~ DOUBLE LOCKS ~ FORWARD;;; CLOSE, FLICK;

SQQS - Q 1-2 Fwd L, -, fwd & sd R, cl L; fwd R BJO, -, -, fwd L;

QQQQSS 3-4 Lk Rib, fwd L, lk Rib, fwd L; cl R, -, flick L bhd, -;

PART B

1-4 QUARTER TURNS AND PROGRESSIVE CHASSE BJO DLW;;;

1-2 Fwd L, -, fwd R stg RF trn, -; sd L trng $\frac{1}{8}$ RF, cl R trng $\frac{1}{8}$ RF, sd & bk L, -;

3-4 Bk R stg LF trn, -, sd L trng $\frac{1}{8}$ LF, cl R trng $\frac{1}{8}$ LF, sd & fwd L, -, fwd R, - BJO DLW;

5-8 FORWARD, LOCK, FORWARD; MANEUVER, SIDE, CLOSE CP RLOD; IMPETUS SCP LOD ~ PICKUP;;

QQSSQQ 5-6 Fwd L, lk Rib, fwd L, -; fwd R trng RF, -, sd L cont RF, cl R CP RLOD;

SSSS 7-8 Comm RF trn bk L, -, heel trn & cl R, -; fwd L SCP LOD, -, fwd R, - CP LOD; (*W trng RF fwd R btw MÖs ft, -, sd & fwd L cont RF trn brush R to L, -; fwd R SCP LOD, -, fwd L & swvl LF to CP, -;*)

9-12 WALK & MANEUVER; SIDE, CLOSE ~ OVERTURNED SPIN TURN DRW;; BOX FINISH DLW;

SSQQS 9-10 Fwd L, -, fwd R stg RF trn, -; sd L cont RF trn, cl R CP RLOD, pvtg RF bk L, -;

SS 11 Fwd R w/ rise contg RF trn, -, sd & bk L CP DRW, - (*W bk L w/ rise contg RF trn brush R to L, -, fwd R, -;*)

SQQ 12 Bk R trng $\frac{1}{4}$ LF, -, sd L, cl R CP DLW;

13-16 HOVER 4 BJO LOD;; FISHTAIL; FC CP WALL CHASSE 4 SCP LOD;

SSSS 13-14 Fwd L, -, fwd & sd R rise, -; rec L BJO LOD, -, fwd R, -;

15-16 XLib, sd R trng RF, fwd L w/ L shldr ld, lk Rib; trng RF to CP WALL sd L, cl R, sd L, cl R to SCP LOD;

PART C

1-4 FORWARD, RUN 2; IN & OUT RUNS;; FORWARD, RUN 2 BJO;

1 Fwd L, -, fwd R, fwd L;

2 Comm RF trn fwd R, -, sd & bk L cont RF trn to CP RLOD, bk R BJO (*W fwd L, -, fwd R btw MÖs ft, fwd L*);

3 Comm RF trn bk L, -, sd & fwd R btw WÖs ft cont RF trn SCP, fwd L (*W comm RF trn fwd R, -, fwd & sd L cont RF trn SCP, fwd R*);

4 Fwd R, -, fwd L, fwd R BJO (*W fwd L, -, trng $\frac{1}{4}$ LF sd R, cont LF trn $\frac{1}{4}$ bk L*);

5-8 RUNNING FORWARD LOCKS;; MANEUVER & STEP BACK CP DRW; BACK HITCH 3 SCAR DRW;

5-6 Fwd L, lk Rib, fwd L, fwd R; fwd L, lk Rib, fwd L, -;

7-8 Fwd R trng RF, -, bk L contg RF trn to CP DRW, -; bk R, cl L, fwd R SCAR DRW, -;

9-12 DEVELOPE; PROGRESSIVE CHASSE ~ FORWARD DLC;; DOUBLE LOCKS;

S---(S&S) 9 W/ slight RF bdy trn fwd L outsd ptr ckg, -, -, - (W bk R, -/bring L up along R leg to knee, xtend L fwd, -); [Develope timing altered to fit the music. Extension of foot to coincide with cymbal crash.]

10-12 Bk R, -, trng LF sd L, cl R; sd & fwd L to BJO DLC, -, fwd R, -; fwd L, lk Rib, fwd L, lk Rib;

13-16 VIENNESE TURNS LOD;; CHARLESTON;;
13 Fwd L comm LF trn, -, sd R cont trn, XLif to fc RLOD (W Bk R comm LF trn, -, sd L cont trn, cl R to fc LOD);

14 Bk R cont LF trn, -, sd L cont trn, cl R to fc LOD (W Fwd L cont LF trn, -, sd R cont trn, XLif to fc RLOD);

15-16 Fwd L, -, pt fwd R, -; bk R, -, pt bk L;

PART C (MODIFIED)

1-4 FORWARD, RUN 2; IN & OUT RUNS;; FORWARD, RUN 2 BJO;

5-8 RUNNING FORWARD LOCKS;; MANEUVER & STEP BACK; BACK HITCH 3 SCAR;

9-12 BOTH DEVELOPE; PROGRESSIVE CHASSE ~ FORWARD DLC;; DOUBLE LOCKS;

S&S (S&S) 9 Fwd L outsd ptr checking, -, bring R up along L leg to knee, extend R fwd, - (W bk R, -, bring L up along R leg to knee, extend L fwd, -); [Timing of Developes altered to fit the music. Extension of feet to coincide with cymbal crash.]

13-16 VIENNESE TURNS DOUBLE LOD;;;

13-16 Rpt Part C Meas 13-14;;

17-18 CHARLESTON;;

17-18 Rpt Part C Meas 15-16;;

END

1-4 QUARTER TURNS AND PROGRESSIVE CHASSE BJO DLW;;;

1-4 Rpt Part B Meas 1-4;;;

5-10 TWISTY VINE 8 BJO;; WALK 2; FISHTAIL; WALK 2; FISHTAIL;

5-6 Sd L, xRib, sd L, xRif; sd L, xRib, sd L, xRif BJO;

7-10 Fwd L, -, fwd R, -; XLib, sd R trng RF, fwd L w/ L shldr ld, lk Rib; Rpt Ending Meas 7-8;;

11-14 FC CP WALL 4 RIGHT TURNING CHASSES DRW;;;

11 Blendg to CP WALL trng RF $\frac{1}{2}$ ovr full meas sd L, cl R, sd & bk L to fc COH, -;

12 Trng RF $\frac{1}{2}$ ovr full meas sd R, cl L, sd & fwd R to fc WALL, -;

13-14 Rpt END Meas 11-12 to fc DRW, -;

15-18 BACK, RUNNING BACK LOCKS ~ BACK TO CP DRC, SIDE, TAP BEHIND LOOK DLC;;;

15-17 Bk L, -, bk R, lk Lif; bk R, bk L, bk R, lk Lif; bk R, -, bk L trng RF to CP DRC, sd R; 18 Tap L bhd sharply on L toe w/ no wgt w/ slight upper bdy lean apt w/ L sd stretch trng head DLC;

NOTES: "Over The Waves" is available for legal download at the iTunes Music Store [\$0.99]. "Tunes for Mac and Windows" is free at www.apple.com. The music is also on various commercial CDs, including "The Best Of Pete Fountain" [GRP Records, B000003N4N] and "Mr. New Orleans" [MCA, B000002NWE]. It's speed is an energetic 50 measures/minute. Used vinyl [LP & 45] exists, but finding one might require the services of Indiana Jones. Alternatively, you can contact the choreographer for legal [incl proof of purchase] copies burned onto CDs at teach and dance speeds.

My sincere thanks to Annette Woodruff for her contribution to the quality of this cue sheet.