

TURN IT LOOSE

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RECORD: RCA 5329-7-R "Turn It Loose" by the Judds

FOOTWORK: Opposite, Directions for the man except where noted

SEQUENCE: A,B,A,B,C,B,C,C,TAG

RATING: Phase III + 2 (Change of places Right to Left and Left to Right)

RHYTHM: Jive/Two Step

INTRODUCTION

1-4 WAIT; WAIT; APT,-, PT,-; TOG,-, TCH SCP LOD,-;

[1-4] in OFP WALL wait 2 meas;; std intro to SCP;;

5-8 2 FWD TWO STEPS; ROCK THE BOAT 2X; 2 FWD TWO STEPS; SWIV WK 4;

1a,2,3a,4; [5] 2 quick fwd two steps L, R/L, R, L/R;
1,2,3,4; [6] keeping R leg rigid step fwd L with knee relaxed bending body fwd at waist & lowering lead hds, cl R relaxing R leg & straightening body to upright position while raising lead hds to normal level, repeat rocking action L, R;
1a,2,3a,4; [7] 2 quick fwd two steps L, R/L, R, L/R;
1,2,3,4; [8] fwd L, R, L, R with swiveling action to CP WALL;

PART A

1-4 BASIC ROCK; RK,REC,SWIV WK,2; RT TRN FALLAWAY; RK,REC,SWIV WK,2;

1a,2,3a,4; [1] sd L, cl R/sd L, sd R, cl L/sd R to SCP LOD;
1,2,3,4; [2] rk bk L, rec R, fwd L, R with swiveling action to CP WALL;
1a,2,3a,4; [3] sd L, cl R/sd L trn RF ¼, sd R, cl L/sd R trn RF ¼ to SCP RLOD;
1,2,3,4; [4] rk bk L, rec R, fwd L, R with swiveling action to CP WALL;

5-8 BASIC ROCK; RK,REC,SWIV WK,2; RT TRN FALLAWAY; RK,REC,SWIV WK,2;

[5-8] repeat meas 1-4 of part A to RLOD ending CP WALL;;;

9-12 BASIC ROCK; CHG PL R TO L,,, CHG PL L TO R BFLY WALL,,,;

1a,2,3a,4; [9] sd L, cl R/sd L, sd R, cl L/sd R to SCP LOD;
1,2,3a,4; [10] rk bk L, rec R to CP WALL, sd L, cl R/sd L CP LOD;
1a,2,3,4; [11] in place R, L/R (W trns RF under joined lead hds L, R/L) to OFP M fcg LOD, rk apt L,rec R;
1a,2,3a,4; [12] fwd L, cl R/fwd L trn ¼ RF (W trns LF under joined lead hds R, L/R) to BFLY WALL, sd R/cl L, sd R;

13-14 (TRAVELING ROCK 6) RK APT, REC, RK APT, REC; RK APT, REC,

1,2,3,4; [13] traveling twd LOD rk apt L, rec R, rk apt L, rec R;
1,2, [14] rk apt L, rec R,

NOTE: meas 14 is a half measure.

PART B**1-6 SKATE LEFT,-, SKATE RIGHT,-; SD, CL, SD, TCH; SKATE RIGHT,-, SKATE LEFT,-; SD, CL, SD, TCH; BK AWAY, 2, 3, TCH; TOG, 2, 3, TCH;**

- 1,-,3,-; [1] fcg ptr & WALL no hds joined pushing off R slide L twd LOD toeing out,-,
pushing off L slide R twd RLOD toeing out,-;
- [2] sd L, cl R, sd L, tch R;
- 1,-,3,-; [3] repeat skate action RLOD R,-, LOD L,-;
- [4-6] sd R, cl L, sd R, tch L; bk away L, R, L, tch R; tog R, L, R,tch L no hds joined;

7-12 SKATE LEFT,-, SKATE RIGHT,-; SD, CL, SD, TCH; SKATE RIGHT,-, SKATE LEFT,-; SD, CL, SD, TCH; BK AWAY, 2, 3, TCH; TOG, 2, 3, TCH;

[7-12] repeat meas 1-6 to SCP LOD;;;;;

13-16 2 FWD TWO STEPS; ROCK THE BOAT 2X; 2 FWD TWO STEPS; SWIV WK 4;

[13-16] repeat meas 5-8 of intro;;;;;

PART C**1-4 LACE ACROSS TWO STEP; FWD TWO STEP; LACE BK TWO STEP; FWD TWO STEP;**

- [1-2] fwd L, cl R, fwd L (W cross under jnd M's L & W's R hds) to LOP LOD,-; fwd R, cl L, fwd R,-;
- [3-4] fwd L, cl R, fwd L (W cross under jnd M's R & W's L hds) to OP LOD,-; fwd R, cl L, fwd R,-;

5-8 CIRCLE AWAY 2 TWO STEPS;; SKATE TOG 4;;

- [5-6] circle away 2 two steps L, R, L,-; R, L, R,-;
- [7-8] repeating action of meas one part B skate tog L,-, R,-; L,-, R,-;

TAG**1 LUNGE SD;**

- [1] lunge sd L leaving R leg extended twd RLOD arms outstretched with palms down and hold;