

Check www.pamprow.com for cuesheet updates

This is Your Song November, 2008 v1.2 CHOREO: Mark & Pam Prow, 1322

Falling Leaf Lane, Seabrook, TX 77586 281-326-1921 email: pam@pamprow.com SONG: This is Your Song, Ronan Keating, CD – “When You Say Nothing at All” -Track 4 or “Turn it On” - track 12 or “10 Years of Hits track 12” (see last time through part B for mods) RHYTHM: Hesitation Canter Waltz Phase IV TEMPO: As on CD. 6/8 time 6 beats per measure. SEQUENCE: Intro, A, B, Interlude, A, B, C, B, End

INTRO

1-4 TANDEM WALL HND ON W'S HIPS L FOOT FREE WAIT 2; ; SD L W/ARM SWEEP ; SD R W/ARM SWEEP; 1-2 wait 2 meas tandem fcgng WALL L foot free & hnds on W's hips wait 2 meas; ; **13 sd L w/arm sweep** sd L, raise L arm up along body and out over entire measure looking LOD, -, -, -, -; **14 sd R w/arm sweep** sd R, raise R arm up along body and out over entire measure looking RLOD, -, -, -, -; SHDWDLW **5-8 SWAY L & R; CANTER CL & SWAY L; LUNGE R REC W TRN TO FC M CL; SWAY L & R;** ¹⁴5 **sway L&R** sd L, -, -, sd R, -, -; ¹³⁴6 **canter cl & sway L** sd L, -, cl R, sd L, -, -; ¹⁴⁶⁽¹⁴⁾7 **lunge R rec W trn to fc M cl** lunge R, -, -, rec L, -, cl R (W lunge R, -, -, rec L trn LF to fc M, -, -); BFLY/WALL ¹⁴⁸ repeat intro meas 5

A

1-4 WALTZ AWAY WITH LOCK; OPEN IN AND OUT RUNS (OPT W ROLL); ; MANEUVER SD CL; ¹⁴⁶1 **waltz away** trn LF to LOD fwd L, -, -, fwd R slight LF trn, -, lock Lib; ¹⁴⁶2 **op in & out runs** fwd R start RF turn, lower Rhnd and release ld W to spin LF, -, sd L across LOD cont turn to L1/2OP, -, cl R shaped toward W (W fwd L, -, -, fwd R, -, fwd L fc DLW); *opt w roll(W fwd L start LF turn, -, -, bk R, -, sd&fwd L fc DLW)* ¹⁴⁶3 xLif, lead W across LOD, -, fwd R, -, fwd L trn RF shaping to W (W fwd R start RF turn, -, -, sd L across LOD cont turn, -, fwd R); ¹⁴⁶4 **maneuver** fwd R start RF turn, -, -, sd L, -, cl R (W fwd L, -, -, fwd R, -, cl L); CP/RLOD **5-8 2 RIGHT TURNS; ; CANTER CLOSE 2X; SWAY L AND R;** ¹⁴⁶5 **2 right turns** start RF trn bk L, -, -, sd R, -, cl L; CP/DLC ¹⁴⁶6 fwd R cont RF turn, -, -, sd L, -, cl R; CP/WALL ¹³⁴⁶7 **canter cl 2x** sd L, -, cl R, sd L, -, cl R; 8 repeat intro meas 5 **9-12 WALTZ AWAY WITH LOCK; OPEN IN AND OUT RUNS (OPT W ROLL); ; MANEUVER SD CL; 13-16 2 RIGHT TURNS; ; CANTER CLOSE 2X; SWAY L AND R; 17-20 SIDE PROM SWAY; CHANGE SWAY TO DEVELOPE; BACK TO O/S SWIVEL; SLOW SIDE LOCK DLW;** ¹17 **sd prom sway** sd L develop sway to LOD, -, -, -, -, -; ¹18 **chg sway to develop** lose sway with LF rotation to oversway, -, -, (W develop L), -, -; ¹⁴19 **bk to O/S swivel** bk R, -, -, bk L with slight RF rotation (W fwd R outside M swivel RF), -, -; SCP/LOD ¹⁴⁶20 **slow sd lock** fwd R, -, -, fwd&sd L, -, cl R (W fwd L start LF turn, -, -, sd R, -, xLif) CP/DLW

B

1-4 2 VIENNESE TURNS; ; DRAG HESITATION; IMPETUS TO SCP; ¹⁴⁶1 **viennese trns** fwd L start LF turn, -, -, fwd&sd R, -, lock Lif (start LF trn bk R, -, -, bk&sd L, -, cl R); CP/DRC ¹⁴⁶2 **viennese trns** cont trn bk R, -, -, bk&sd L, -, cl R (W fwd L trn LF, -, -, fwd&sd R, -, lock Lif); CP/DLW ¹⁴3 **drag hesitation** fwd L start LF trn, -, -, sd R trn to BJO, -, -; BJO/RDC ¹⁴⁶4 **impetus SCP** bk L start RF trn, -, -, cl R cont turn, -, fwd L (W fwd R turn RF, -, -, fwd L cont turn, -, fwd R); SCP/LOD **5-8 CHAIR REC; CANTER CL 2X TO RLOD; R LUNGE REC; BK LEFT TURN DLW;** ¹⁴5 **chair recover** lowering fwd R release L foot, -, -, rec L, -, -; CP/WALL ¹³⁴⁶6 **canter cl 2x** trn to CP sd R, -, cl L, sd R, -, cl L; CP/WALL ¹⁴7 **R lunge rec** slight trn RF sd&fwd R, -, -, rec sd&bk L, -, -; ¹⁴⁶8 **bk L trn** start LF trn bk R, -, -, sd L, -, cl R (W fwd L, -, -, sd R, -, lock Lif); CP/LOD **9-12 2 VIENNESE TURNS; ; DRAG HESITATION; IMPETUS TO SCP;** 9-12 repeat meas 1-4 **13-16 CHAIR REC; CANTER CL 2X TO RLOD; R LUNGE REC; BK LEFT TURN DLW;** 13-16 repeat meas 5-8 This is Your Song Page 2

INTERLUDE

1-4 OPEN REVERSE TURN; CLOSED FINISH; CANTER CL 2X; SWAY L & R; ¹⁴⁶ 1 **op rev trn** fwd L comm. LF turn, -, -, fwd&sd R, -, bk L (start trn bk R, -, -, bk&sd L, -, fwd R outside M); ¹⁴⁶ 2 **cl finish** bk R, -, -, bk&sd L, -, cl R (fwd L start LF turn, -, -, fwd&sd R, -, cl L); CP/WALL 3-4 repeat part A meas 7-8

REPEAT A

1-4 WALTZ AWAY WITH LOCK; OPEN IN AND OUT RUNS (OPT W ROLL); ; MANEUVER SD CL; 5-8 2 RIGHT TURNS; ; CANTER CLOSE 2X; SWAY L AND R; 9-12 WALTZ AWAY WITH LOCK; OPEN IN AND OUT RUNS (OPT W ROLL); ; MANEUVER SD CL; 13-16 2 RIGHT TURNS; ; CANTER CLOSE 2X; SWAY L AND R; 17-20 SIDE PROM SWAY; CHANGE SWAY TO DEVELOPE; BACK TO O/S SWIVEL; SLOW SIDE LOCK DLW;

REPEAT B

1-4 2 VIENNESE TURNS; ; DRAG HESITATION; IMPETUS TO SCP; 5-8 CHAIR REC; CANTER CL 2X TO RLOD; R LUNGE REC; BK LEFT TURN DLW; 9-12 2 VIENNESE TURNS; ; DRAG HESITATION; IMPETUS TO SCP; 13-16 CHAIR REC; CANTER CL 2X TO RLOD; R LUNGE REC; BK LEFT TURN DLW;

C

1-4 OPEN REVERSE TURN; CLOSED FINISH; CANTER CL 2X; SWAY L & R; 1-4 repeat meas interlude meas 1-4 **5-8 WALTZ AWAY W/LK; FWD WALTZ TO SHDW M IN 2; (R FOOT) SOLO TRN 6 (OPT ARM OVER); TO SHDW;** ¹⁴⁶ 5 repeat A meas 1 ¹⁶⁽¹⁴⁶⁾ 6 **fwd waltz to shdw man in 2** fwd R, change to left hds, -, draw L, -, adjusting to W fwd L blending to SHDW/DLW (W fwd L, -, -, fwd R, -, cl L); SHDW/DLW ¹⁴⁶ 7 **solo trn 6** fwd R start RF trn, release hnds, -, cont trn sd L, -, bk R fc RLOD; ¹⁴⁶ 8 bk L cont RF trn, -, -, cont trn sd R, -, fwd L joining Lhnds w/Rhnd on W's back; SHDW/DLW ¹⁴⁶ 7-8 **opt solo trn 6 with arm over** fwd R start RF trn, raise Lhnds over W's head, -, cont trn sd L, release Lhnds, bk R to fc RDC; bk L cont RF trn join Rhnds, -, -, cont trn sd R raise joined Rhnds over W's head, -, fwd R release Rhnds joining Lhnds w/Rhand on W's back; SHDW/DLW **9-12 SHADOW CHAIR REC; CANTER CL 2X RLOD; SHDW R LUNGE REC; BOX FINISH W IN 2 TO FACE;** ¹⁴ 9 **shdw chair rec** lowering xRif, -, -, rec L slight trn RF, -, -; ¹³⁴⁶ 10 **canter cl 2x RLOD** sd R, -, cl L, sd R, -, cl L; ¹⁴ 11 **R lunge rec** lowering sd&fwd R, -, -, rec sd&bk L, -, -; ¹⁴⁶⁽¹⁴⁾ 12 **box finish W in 2 to fc** bk R start LF trn, -, -, lead W to trn LF sm sd L, -, cl R (W bk R start LF trn, -, -, fwd&sd L swivel LF to CP, -, -; CP/DLW

REPEAT B (FOR "WHEN YOU SAY NOTHING AT ALL" VERSION)

1-4 2 VIENNESE TURNS; ; DRAG HESITATION; IMPETUS TO SCP; 5-8 CHAIR REC; CANTER CL 2X TO RLOD; R LUNGE REC; BK LEFT TURN DLW; 9-12 2 VIENNESE TURNS; ; DRAG HESITATION; IMPETUS TO SCP; 13-16 CHAIR REC; CANTER CL 2X TO RLOD; R LUNGE REC; BK LEFT TURN DLW MUSIC SLOWS SLIGHTLY;

REPEAT B (FOR VERSION FROM "TURN IT ON" OR "10 YEARS OF HITS")

1-4 2 VIENNESE TURNS; ; DRAG HESITATION; IMPETUS TO SCP; 5-8 CHAIR REC; CANTER CL 2X TO RLOD; R LUNGE REC; BK LEFT TURN DLW; 9-12 2 VIENNESE TURNS; ; DRAG HESITATION; IMPETUS TO SCP; 13-16 CHAIR REC; CANTER CL 2X TO RLOD; R LUNGE REC; BK AND SD TO SCP; ¹⁴ 16 **bk and sd to SCP** bk R, slight LF trn, -, -, sd L to SCP/LOD, -, -; SCP/LOD **17-20 CHAIR REC; CANTER CL 2X TO RLOD;** MUSIC SLOWS SIGNIFICANTLY **R LUNGE REC; BK LEFT TURN DLW;**

END

1 SLOW CONTRA CHECK ¹ 1 **contra check** slowly lowering fwd L with LF rotation CP/DLW