

THEME IN MY HEAD

Choreographers: Music: Casa Musica Ballroom Classic 5, Track 2, Theme Annette & Frank Woodruff **Footwork:** Opposite except where indicated (*W's footwork in parentheses*)

Rue du Camp, 87 **Rhythm:** Waltz **Teaching tip:** Review of Chasse*

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Tel: 00 32 65 73 19 40 **Release date:** January 2008

Fax: 00 32 65 73 19 41 **Time & Speed:** Shortened to 2:44 – Speed unchanged

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INTRODUCTION

1 Wait; SCP LOD trl ft free wt 1 meas;

2 Thru to a Left Whisk; Thru R, sd L to fc ptr, XRib to RSCP RLOD;

3 - 4 Unwind in 6 to CP LOD;;

Unwind on heel of L foot & toe of R foot (*W arnd M fwd R, L R*); cont

unwinding (*W arnd M fwd L, R, L*) to CP LOD;

PART A

1 - 2 Viennese Turn;;

Fwd L com LF trn, sd R cont trn, XLif fc RLOD (*W bk R com LF trn, sd L cont trn, cl R*); Bk R cont LF trn, sd L cont trn, cl R to CP LOD (*W fwd L cont LF trn, sd R cont trn, XLif*);

3 Turn Left Chasse to BJO; Fwd L trn LF, contg LF trn sd R/cl L, sd & slightly bk R to BJO DRC;

4 Back Back Lock Back; Bk L, w/ R sd ld bk R/ lk Lif, bk R;

5 Impetus to SCP;

Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R to L & fwd R*) to SCP DLC;

6 Weave 3 to BJO;

Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD*) to BJO DRC;

7

Turn Right Chasse to

SCAR;

Bk L com trn RF, contg RF trn sd R/cl L, sd R to SCAR DLW;

8

Forward Forward Lock

Forward;

Fwd L, fwd R/lk Lib, fwd R;

9 Hover;

Fwd L, fwd & sd R hvrg & leavg L leg ip, rec L (*W bk R, bk & sd L hvrg, brush R to L & fwd R*) to SCP DLC;

10-11 Weave;;

Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*); bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R*) to BJO DLW;

12 Curved Feather;

Staying in BJO thruout fwd R stg to trn RF, w/ L sd stretch contg RF trn sd & fwd L, contg upper bdy trn w/ L sd stretch fwd R (*W bk L stg to trn RF, bk R bhd L contg to trn RF w/ strong R sd ld, bk L*) ckg to BJO DRW;

13 Back Back Lock Back; Bk L, w/ R sd ld bk R/ lk Lif, bk R;

14 Outside Change to SCP;

Bk L, trng LF bk & sd R, contg LF trn sd & fwd L (*W fwd R, fwd L, fwd R*) to SCP LOD;

15 Thru Semi Chasse; Thru R to SCP DLC, fwd L/cl R, fwd L;

16 Chair & Slip;

Ck thru R w/ lun action, rec L, w/ slight LF upper bdy trn slip R bhd L contg trn (*W swvl LF on R ft & fwd L outsd M's R ft*) to CP DLC;

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PART B

1 1 Left Turn; Fwd L trng LF, sd R contg LF trn, cl L to CP RLOD;

2

Hover Corte; Bk R, trng LF sd & fwd L LOD hvrg & leavg R leg ip, compg ½ LF trn rec R (*W brush L to R & fwd L*) to BJO DLW;

3 Back Chasse to SCAR; Bk L, trng RF sd R/cl L, sd R to SCAR DRC;

4 Forward Lady Develope;

Fwd L leave R pt bk, -, - (*W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd*);

5 Back Chasse to BJO; Bk R, trng LF sd L/cl R, sd L to BJO DLW;

6 Maneuver; Fwd R trng RF, sd L in front of W, cl R to CP RLOD;

7

Back to Tipple Chasse

Pivot;

Bk L com RF trn, contg RF trn sd R/cl L, sd & fwd R pvtg ½ RF;

8 Hesitation Change; Trng upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC;

9 Telemark to SCP;

Fwd L stg LF trn, sd R contg LF trn, sd & slightly fwd L (*W bk R stg LF trn, cl L [heel trn] contg LF trn, sd & slightly fwd R*) to SCP DLW;

10 Thru Ripple Chasse;

Thru R, sd & slightly fwd L w/ slight L sd stretch/cont L sd stretch into a R sway as you cl R looking to R holding sway, sd & fwd L loosing sway blending to SCP LOD;

11 Manuver;

Fwd R trng RF, sd L in front of W, cl R (*W fwd L, fwd R, cl L*) to CP RLOD;

12 Outside Change to SCP;

Bk L, trng LF bk & sd R, contg LF trn sd & fwd L (*W fwd R, fwd L, fwd R*) to SCP LOD;

13 Syncopated Vine; Thru R, sd L/XRib (*W xib*), sd L to SCP LOD;

14 Forward Hover to BJO; Fwd R, fwd L w/ rise (*W trns LF*), rec R to BJO LOD;

15 Back Hover to SCP; Bk L, bk R w/ rise (*W trns RF*), rec L to SCP LOD;

16 Chair & Slip;

Ck thru R w/ lun action, rec L, w/ slight LF upper bdy trn slip R bhd L contg trn (*W swvl LF on R ft & fwd L outsd M's R ft*) to CP DLC;

ENDING

1 - 3

Diamond Turn ¾; Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO; staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R; staying in BJO & trng LF fwd L, compg ¼ LF trn sd R, bk L to BJO DLW;

4 Back Half Box; Bk R, sd L, cl R to CP DLW;

5

Whisk; Fwd L, fwd & sd R stg rise to ball of ft, XLib cont to full rise to tight SCP LOD;

6 Thru to a Left Whisk; Thru R, sd L to fc ptr, XRib to RSCP RLOD;

7

Unwind in 6 to CP DLW; Unwind on heel of L foot & toe of R foot (*W arnd M fwd R, L R*);
cont

unwinding (*W arnd M fwd L, R, L*) to CP DLW;

8 Apart Point; Apt L, -, pt R twd ptr & hold till end of music;

* Chasse, Semi Chasse, Locks, Back Locks, Ripple Chasse, Tipple Chasse, Syncopated Vine.