

# The Way You Do

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MUSIC: Available from choreographers on Mini-Disc (same Mini-Disc as "La Mer")  
 PHASE: RAL VI SPEED: 25 BPM as on Mini-Disc  
 RHYTHM: West Coast Swing RELEASED: November 2003  
 FOOTWORK: Opposite, directions for man (lady as noted) Version 1.01  
 [Note: Timing indicates weight changes only]

SEQUENCE: **Intro A A B Modif-A End**

## INTRO

### 1-4 CHASSE FWD 2; SWIVEL WALK 4; TUCK TRN; SD BREAK & FREEZE (W SIT & HIP ROLL);

.... Wait pickup notes in SCP fcg LOD

1a23a4 1 **{Chasse Fwd 2}** Chasse fwd L/R, L, R/L, R in SCP fcg LOD;

1234 2 **{Swivel Walk 4}** Swiveling RF on R fwd L, swiveling LF on L fwd R, swiveling RF on R fwd L, swiveling LF on L fwd R;

-23a4 3 **{Tuck Trn}** Swiveling RF on R tch L to R leading W trn LF, slightly trng LF to fc LOD step L in pl raising jnd lead hnds to lead W trn RF under jnd lead hnds, anchor stp R/L, R (W swiveling LF on L to fc M tch R, fwd R comm trng RF under jnd lead hnds, cont trn RF L/R, L to fc M) end LOP Fcg Pos M fcg LOD;

a1--- 4 **{Sd Break & Freeze (W Sit & Hip Roll)}** Sd L/sd R, freeze, -, - (W bk R/cl L bending both knees, roll hips CW, -, -) end LOP Fcg Pos M fcg LOD;

## PART A

### 1-8 UNDERARM TRN TO R-HND STAR - WIGWAG - 4 SD TCHES - WIGWAG - R SD PASS W/ TUCK & SPIN;,,,,; L CIRCLE PASS;:

123a45a6 1-6 **{Underarm Trn to R-hnd Star}** LOP Fcg Pos M fcg LOD bk L, rec R trng RF to fc WALL leading W pass under jnd lead hnds, sd L/cl R, sd L joining R-R hnds; Anchor stp R/L, R (W fwd R, fwd L comm trng LF 3/4 passing under jnd lead hnds, sd R/XLIF, sd R cont trng LF under jnd lead hnds to fc COH; Anchor stp L/R, L) end in R-hnd STAR Pos M fcg WALL (W fcg COH) R-hnds jnd,

1234 **{Wigwag}** Traveling twd LOD swivel LF on heels, swivel RF on balls; Swivel LF on heels, swivel RF on balls shifting wgt to R (W swivel RF on heels, swivel LF on balls; Swivel RF on heels, swivel LF on balls shifting wgt to L),

1234 **{4 Sd Tches}** Sd L/tch R, sd R/tch L; Sd L/tch R, sd R/tch L,

12-45a6 **{Wigwag}** Repeat the above end R-hnd STAR Pos M fcg WALL (W fcg COH) leading ft free;,,,

12-45a6 **{R Sd Pass w/ Tuck & Spin}** Sd L, rec R leading fwd twd LOD; Tch L to R leading W swivel LF, sd L trng LF 1/4 to fc LOD leading W spin RF & release hnds, anchor R/L, R (W sd R trng RF to fc LOD, fwd L; Swiveling LF on L to fc M tch R, sd R comm spin RF one full trn, cont spin RF L/R, L to fc M) end LOP Fcg Pos M fcg LOD;

123a4567a8 7-8 **{L Circle Pass}** Bk L slightly across body joining trailing hnds, sd & fwd R leading W fwd to M's L sd, raising jnd lead hnds over M's head sd L/cl R, sd small steps twd COH passing under jnd lead hnds (W fwd R, fwd L twd M's L sd, trng LF 1/2 to fc LOD sd R bhnd M/XLIB, sd & fwd R) end in M's WRAPPED Pos both fcg LOD W slightly bhnd & to his R sd lead hnds across M's body trailing hnds at M's L-hip; Releasing trailing hnds bk R leading W fwd, rec L raising jnd lead hnds to lead W trn LF, keep leading W trn LF under jnd lead hnds anchor R/L, R (W fwd L comm trng LF 1-1/2, small step bk R cont trng LF, step almost in pl L/R, L cont trng LF under jnd lead hnds to fc M) end in LOP Fcg Pos M fcg LOD;

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### PART A (CONT'D)

**9-16 CRAZY WHIP;;; R SD PASS W/ TUCK & SPIN - CHEEK TO CHEEK;;; BHND THE BK WHIP W/ SPIN ENDING;;**

- 123a4 9-11 **{Crazy Whip}** LOP Fcg M fcg LOD bk L, rec R trng RF, sd L twd LOD/rec R comm trng RF,  
1a-3a-5a-7a8 sd & fwd L cont trng RF to fc RLOD (W fwd R, fwd L trng RF to fc M, bk R/cl L, fwd R) end CP M fcg RLOD; Trng RF 1/4 on L dropping R-shoulder down sd R twd LOD/straightening body cl L, dropping L-shoulder down extend R twd LOD, dropping R-shoulder down sd R twd LOD/straightening body cl L, dropping L-shoulder down extend R twd LOD; Dropping R-shoulder down sd R twd LOD/straightening body cl L, dropping L-shoulder down extend R twd LOD, XRIB/ sd L, XRIF joining R-hnds (W trng RF 1/4 on R dropping L-shoulder down sd L twd LOD/straightening body cl R, dropping R-shoulder down extend L twd LOD, dropping L-shoulder down sd L twd LOD/straightening body cl R, dropping R-shoulder down extend L twd LOD; Dropping L-shoulder down sd L twd LOD/straightening body cl R, dropping R-shoulder down extend L twd LOD, anchor L/R, L trng RF 1/4 to fc RLOD) end L-Shape Pos M fcg COH (W fcg RLOD) R-hnds jnd;
- 12-45a6 12-14 **{R Sd Pass w/ Tuck & Spin}** Sd L, rec R leading fwd twd LOD; Tch L to R leading W swivel LF, sd L trng LF 1/4 to fc RLOD leading W spin RF & release hnds, anchor R/L, R (W sd R trng RF to fc LOD, fwd L; Swiveling LF on L to fc M tch R, sd R comm spin RF one full trn, cont spin RF L/R, L to fc M) end LOP Fcg Pos M fcg RLOD;
- 12-45a6 **{Cheek to Cheek}** Bk L, rec R (W fwd R, fwd L); Swivel RF 1/2 on R lifting L-knee and bumping hips, fwd L twd RLOD, swiveling LF 1/2 on L to fc LOD anchor R/L, R end LOP Fcg Pos M fcg RLOD;
- 123a4567a8 15-16 **{Bhnd The Bk Whip w/ Spin Ending}** Bk L, rec R raising R-hnd straight up leading W twd his R-sd jnd lead hnds at M's R-waist, XLIF joining R-hnds/sd R, XLIF joining L-hnds (W fwd R, fwd L twd M's R-sd, run R/L, R circling CW bhnd to M's L-sd) end momentary M's SKATERS Pos both fcg RLOD; Releasing R-hnds bk R, rec L leading W spin RF w/ jnd L-hnds, anchor R/L, R joining lead hnds (W fwd L, fwd R comm spin RF one full trn, cont spin RF L/R, L to fc M) end LOP Fcg Pos M fcg RLOD;

**17-24 WRAPPED WHIP HALF; WHEEL 2 & UNWRAP; LUNGE APT & W ROLL IN; W X RONDE & X; CIRCULAR KICK SWIVELS 3 TIMES M TRANS & PUSH AWAY;;;**

- 123a4 17 **{Wrapped Whip Half}** LOP Fcg Pos M fcg RLOD bk L joining trailing hnds, rec R trng RF raising jnd lead hnds, sd L twd LOD/rec R comm trng RF, sd & fwd L cont trng RF to fc LOD lowering jnd hnds (W fwd R, fwd L, fwd R passing under jnd lead hnds/cl L, bk R) end WRAPPED Pos both fcg LOD;
- 123a4 18 **{Wheel 2 & Unwrap}** Fwd R comm wheel RF, fwd L cont wheel RF to fc RLOD, step in pl R/L, R releasing L-hnd to lead W roll out RF (W bk L comm wheel RF, bk R cont wheel RF to fc RLOD, roll out twd COH L/R, L) end OP Pos both fcg RLOD;
- 1234 19 **{Lunge Apt & W Roll In}** Sd L flexing knee, rec R leading W roll LF, releasing trailing hnds swivel RF 1/2 to fc LOD sd L, rec R joining both hnds at waist level (W sd R flexing knee, rec L comm roll LF one full trn, cont rolling LF sd R, cont rolling LF to M sd L) end BFLY Pos M fcg LOD;
- 1--- (W 1--4) 20 **{W X Ronde & X}** Shift wgt to L, hold, - - (W XRIF, comm rond L CW, cont ronde L CW, XLIF); (now same footwork)
- 2-4 -2-4 21-24 **{Circular Kick Swivels 3 Times M Trans Push Away}** BFLY Pos M fcg LOD kick R fwd  
-2-- (W -2-4) across body, swiveling RF on L sd R, swiveling LF on R tap L-heel sd & fwd, swiveling RF

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### PART A (CONT'D)

1a23a4 on R XLIF; Swiveling LF on L kick R fwd across body, swiveling RF on L sd R, swiveling LF on R tap L-heel sd & fwd, swiveling RF on R XLIF; Swiveling LF on L kick R fwd across body, swiveling RF on L sd R, swiveling LF on R tap L-heel sd & fwd, tch L fwd (W swiveling RF on R XLIF) end BFLY Pos M fcg LOD; Step in pl L/R, fwd L pushing W away twd LOD, anchor R/L, R (W step in pl R/L, bk R, Anchor L/R, L) end LOP Fcg Pos M fcg LOD; (now opposite footwork)  
**[Note: While doing Circular Kick Swivel 3 times, rotate one full trn CCW gradually.]**

### PART B

#### 1-8 WHIP W/ INSIDE UNDERARM TRN INTO TRIPLE TRAVEL W/ ROLL;;;; SUGAR TOE HEEL SWIVELS - TUCK & SPIN ENDING;;;

123a4567a8 1-5 {Whip w/ Inside Underarm Trn into Triple Travel w/ Roll} LOP Fcg Pos M fcg LOD bk L,  
 123a45a67a8 rec R trng RF, sd L twd LOD/rec R comm trng RF, sd & fwd L cont trng RF to fc RLOD (W  
 123a4 fwd R, fwd L trng RF to fc M, bk R/cl L, fwd R) end momentary CP M fcg RLOD; XRIB trng RF raising jnd lead hnds to lead W trn LF under jnd lead hnds, cont trng RF to fc COH sd L w/ checking motion, joining R-hnds chasse twd LOD R/L, R swiveling RF to comm roll RF 1-1/2 (W fwd L comm trng LF 3/4 und lead hnds, sd R cont trng LF to fc WALL, chasse twd LOD L/R, L swiveling RF to comm roll RF 1-1/2); Sd L cont roll RF, sd R con roll RF to fc WALL, joining L-hnd chasse twd LOD L/R, L swiveling LF 1/2 to fc COH; Joining R-hnds chasse twd LOD R/L, R swiveling RF 1/2 to fc WALL, joining L-hnds chasse twd LOD L/R, L swiveling LF to comm roll LF 1-1/4; Sd R cont roll LF, sd L cont roll LF to fc LOD, anchor R/L, R end LOP Fcg Pos M fcg LOD;  
 12--5--8 6-7 {Sugar Toe Heel Swivels} Bk L, rec R joining trailing hnds (W fwd R, fwd L), swiveling RF on R tch L-toe inward, swiveling LF on R tap L-heel sd & fwd; Swiveling RF on R XLIF, swiveling LF on L tch R-toe inward, swiveling RF on L tap R-heel sd & fwd, swiveling LF on L XRIF;  
 -23a4 8 {Tuck & Spin Ending} Swiveling RF on R tch L fwd bracing lead hnds, fwd L leading W spin RF & release hnds, anchor R/L, R joining lead hnds (W swiveling LF on L to fc M tch R fwd, trng RF on L sd & bk R comm spin RF one full trn, cont spin RF L/R, L to fc M) end LOP Fcg Pos M fcg LOD;

#### 9-16 RK WHIP M TRN TRANS TO TANDEM;;; TANDEM SUGAR HOP - SWITCH BK - TANDEM SUGAR HOP;;;; SWITCH BK W TRANS;

123a45678 9-11 {Rk Whip M Trn Trans to Tandem} LOP Fcg Pos M fcg LOD bk L, rec R trng RF, sd L twd  
 1234 (W 123a4) LOD/rec R comm trng RF, sd & fwd L cont trng RF to fc RLOD (W fwd R, fwd L trng RF to fc M, bk R/cl L, fwd R) end momentary CP M fcg RLOD; Fwd R comm trng RF, rec L cont trng RF, fwd R cont trng RF, rec L cont trng RF to fc RLOD (W bk L comm trng RF, rec R cont trng RF, bk L cont trng RF, rec L cont trng RF to fc LOD) end momentary CP M fcg RLOD; Fwd R cont trng RF releasing lead hnds, fwd L cont trng RF to fc LOD, step in pl R, L joining both hnds (W Bk L cont trng RF, fwd R cot trng RF to fc LOD, anchor L/R, L) end TANDEM Pos both fcg LOD both hnds jnd M bhnd W R-ft free for both;  
 (now same footwork)  
 12-a45a6 12-15 {Tandem Sugar Hop} Fwd R, fwd L, swing R fwd/slightly hop on L lifting R-knee, bk R; Bk L/cl R, fwd L,

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## PART B (CONT'D)

- 1234 {**Switch Bk**} Fwd R releasing L-hnds, fwd L; Sd R, cl L joining L-hnds (W fwd R comm circle walk CW, fwd L cont circle walk CW; Fwd R cont circle walk CW to M's bk, trng RF on R cl L) end TANDEM Pos both fcg LOD both hnds jnd W bhnd M,
- 12-a45a6 {**Tandem Sugar Hop**} Fwd R, fwd L; Swing R fwd/slightly hop on L lifting R-knee, bk R, bk L/cl R, fwd L;
- 123a4 16 {**Switch Bk W Trans**} Fwd R comm circle walk CW releasing L-hnds, fwd L cont circle walk
- (W 1234) CW, triple step R/L, R cont trng RF to fc LOD joining lead hnds (W fwd R, fwd L, fwd R trng RF 1/2 to fc RLOD, cl L) end LOP Fcg Pos M fcg LOD;

## MODIFIED PART A

### 1-8 UNDERARM TRN TO R-HND STAR - WIGWAG - 4 SD TCHES - WIGWAG - R SD PASS W/ TUCK & SPIN;;;;; SURPRISE WHIP;;

- 1-6 LOP Fcg Pos M fcg LOD repeat Meas 1-6 of Part A end LOP Fcg Pos M fcg LOD;;;;;
- 123a4567a8 7-8 {**Surprise Whip**} LOP Fcg Pos M fcg LOD bk L, rec R trng RF, sd L twd LOD/rec R comm trng RF, sd & fwd L cont trng RF to fc RLOD (W fwd R, fwd L trng RF to fc M, bk R/cl L, fwd R) end momentary CP M fcg RLOD; Leading W trn RF fwd R flexing knee w/ check motion, rec L raising jnd lead hnds to lead W trn RF, anchor R/L, R (W trng RF 1/2 on R bk L twd LOD flexing knee, rec R passing under jnd lead hnds, trng RF 1/2 to fc M anchor L/R, L) end LOP Fcg Pos M fcg RLOD;

### 9-16 WRAPPED WHIP HALF; WHEEL 2 & UNWRAP; LUNGE APT & W ROLL IN; W X RONDE & X; CIRCULAR KICK SWIVELS 3 TIMES M TRANS & PUSH AWAY;;;;;

- 9-16 LOP Fcg Pos M fcg RLOD repeat Meas 17-24 of Part A;;;;;;;

## END

### 1-10 WHIP W/ INSIDE UNDERARM TRN INTO TRIPLE TRAVEL W/ ROLL;;;;; SUGAR TOE HEEL SWIVELS - TUCK & SPIN TO SHADOW M TRANS;;; PT STEP 3 TIMES & PT HOLD;;

- 1-7 Repeat Meas 1-7 of Part-B end LOP Fcg Pos M fcg LOD;;;;;;;
- 234 8 {**Tuck & Spin to Shadow M Trans**} Swiveling RF on R tch L fwd bracing lead hnds, fwd L
- (W -23a4) leading W trn RF & release hnds, step in pl R, L joining L-hnds (W swiveling LF on L to fc M tch R fwd, step R in pl comm spinning RF 1-1/2, cont spin RF to fc LOD L/R, L) end SHADOW Pos both fcg LOD L-hnds jnd M's R-hnd on W's R-shoulder blade W's R-hnd extended sd R-ft free for both;
- (now same footwork)
- 2-4-6-- 9-10 {**Pt Step 3 Times & Pt Hold**} Swiveling RF on L pt R fwd, step R in pl, swiveling LF on R pt L fwd, step L in pl; Swiveling RF on L pt R fwd, step R in pl, swiveling LF on R pt L fwd, hold as music fades out;