

T H E R A C E I S O N

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Record: Belco 329-A

Footwork: Opposite, Directions for Man, except where noted.

sequence: Intro-A-B-A-B-Ending

M E A S I N T R O

1 - 4 W A I T ; W A I T ; A P T , - , P T , - ; T O G , - , T C H S C P , - ;

1-2 In Bfly/Wall wait 2 meas;;

3-4 Step apt on L, -, pt R, -; Step tog on R to SCP, -, tch L, -;

P A R T _ A

1 - 4 S C P T W O _ F W D _ T W O - S T E P S ; ; V i n e _ O p e n _ 4 S D , - , B E H , - ; S D , - , F R O N T

T o _ S C P , - ;

1-2 (SCP)Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, -;

3-4 Step sd L down LOD, -, step beh on R (WXIB) to LOP/RLOD, -;

Sd L down LOD, -, step in front on R to SCP, -;

5 - 8 H i t c h _ 6 F W D , C L , B K , - ; B K , C L , F W D , - ; S c o o t _ 4 F W D , C L , F W D , C L ;

W A L K , - , 2 , - ;

5-6 In SCP hitch fwd L, cl R, bk L, -; Bk R, cl L, fwd R, -;

7-8 In SCP scoot fwd L, cl R, fwd L, cl R; Walk down LOD

L, -, R, -;

9 - 16 Repeat action of meas 1-8

P A R T _ B

1 - 4 S C P R U N _ 3 _ a n d _ 3 ; ; R K _ F W D , - , R E C , - ; R K _ B K , - , R E C , - ;

1-2 In SCP run down LOD L, R, L, brush R; R, L, R, brush L;

3-4 In SCP rk fwd L,-,rec R,-; Rk bk L,-,rec R to fc ptr

in CP/Wall,-;

5 - 8 H a l f _ B o x S D , C L , F W D , - ; S c i s _ T h r u S D , C L , T H R U , - ; L o c k _ 4

F W D , L O C K , F W D , L O C K ; W A L K , - , 2 , - ;

5-6 (CP/Wall)Sd L,cl R,fwd L,-; Sd R,cl L,step thru on R to

SCP,-;

7-8 (SCP)Fwd L,lock RIB,fwd L,lock RIB; Walk down LOD

L,-,R,-;

9 - 16 Repeat action of meas 1-8

E N D I N G

1 - 3 S C P T W O _ F W D _ T W O - S T E P S ; ; A P T , - , P T , - ;

1-2 (SCP)Fwd L,cl R,fwd L,-; Fwd R,cl L,fwd R,-;

3 Step apt on L,-,pt R twd ptr,-;

CP)Fwd L,cl R,fwd L -; Fwd R,cl L,fwd R,-;

3 Step apt on L,-,pt R twd ptr,-;