

THE FIRST DAY OF SPRING

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Record: STAR-131B (Flip "Amapola") Available thru Palomino Records

Sequence: INTRO AB AB(meas 1-12) ENDING

Phase Rating: Waltz, Phase V

Recommended speed: 42-43 RPM's



INTRO

1 - 4 WT; SLO CONTRA CK; SYNC PIV TO SCP; SLO SD LK;

1. In CP DRW wt 1 meas w/ ld ft free;
- 1-- 2. Flex R knee step fwd L w/ R shldr ld look at W (W flex L knee bk R w/ R sd fwd and look well to L),-, -;
- 1&23 3. Rec R commence to piv RF leaving L ft in plc/step in plc L cont RF piv, small fwd R between W's ft cont RF piv to CP DW brushing L to R and rising, fwd & sd L DC (W rec L commencing to piv RF/fwd R between M's ft cont RF trn, sd L arnd M cont RF trn brushing R to L & rising, trng to SCP DC step fwd & sd R) to SCP DC;
4. Thru R, fwd & sd L rising and trng slightly LF, XRIB of L (W thru L, sd R trng LF, XLIF of R) to CP DC;

PART A

1 - 4 OP REV TRN; BK & CHASSE TO BJO; CRVD FTHR; OUTSD SWVL, LILT PIV;

1. Fwd DC L commencing LF trn, sd DC R cont RF trn, bk LOD L to BJO DRC;
- 12&3 2. Bk R blending to CP trng LF to fc Wall, sd LOD L/cl R, sd & fwd L (W sd & bk R) to BJO DW;
3. Fwd R outsd ptr commence RF trn, fwd & sd L, w/ strong RF bdy trn ck fwd R (W bk L, sd R, bk L) to Contra BJO RLOD;
4. Bk L leaving R fwd (W fwd R outsd M swvl RF) to SCP, fwd R heel to toe (W fwd L swvl LF to CP), fwd L on toe w/ small step pivoting LF & lowering in CP to fc Wall;

5 - 8 BK TIPPLE CHASSE PIV; BK TO HINGE; REC TO SAMEFT LUNGE; SLO SD LK;

- 12&3 5. Bk R cont LF trn to fc DW, sd DC L/cl R (W sd DC R/XLIF of R), fwd L pivoting LF to CP RLOD;
- M: 12-
W: 123 6. Bk R commence LF trn, sd & slightly fwd L w/ ¼ trn swvl L 1/8 ld W to XLIF of R keep L sd twd ptr, relax L knee to sway R look at W (W fwd L commence LF trn, sd R trn ¼ swvl LF, XLIF of R keep L sd twd ptr head to L);
- M: -2 -
W: 12- 7. Rise w/ no wt cg while leading W out of Hinge, cl R, lower on R while extending L twd LOD (W rec R commencing to swvl RF, cont to swvl RF on R to fc LOD, lower on R while extending L fwd LOD in Sameft Lunge);

- M: -23
W: 123 8. Hold, fwd & sd L rising and trng slightly LF, XRIB of L (W thru L, sd R trng LF, XLIF of R) to CP DC;

9 -12 OP TELE; OP NAT; BK & CHASSE TWIRL TO SCAR; FWD CK, W DEVELOPE;

9. Fwd DC L commencing LF trn, sd R cont trn, sd & slightly fwd L (W bk R commencing LF trn bringing L beside R w/ no wgt, cont LF trn on R heel and cg wgt to L, sd & slightly fwd R) to SCP DW;
10. Fwd R DW commencing RF trn, sd & bk L cont trn, bk R (W fwd L, fwd R between M's feet,

- 12&3 11. Bk L trng RF to fc COH, sd LOD R raising M's L & W's R hnds to ld W's RF twirl/cl L, sd & fwd LOD R (W fwd R trng RF to fc Wall, progressing dwn LOD twirl 1 1/8 RF undr jnd ld hnds L/R, L) to BFLY SCAR DC;
- 1-- 12. Ck fwd outsd ptr L and hold for rest of meas (W stp bk R, lift L ft up sd of R leg, xtnd L leg fwd w/ toe pointed dwn);
- 12&3 **13-16 BK TO QK TOP SPN; OP FINISH; WSK; SLO SD LK;**
13. Bk R trng LF to fc COH in BFLY, sd RLOD L cont LF trn preparing to close ptr up/fwd R DRC in BJO ckng fwd motion then swvl ¼ LF on R to BJO DRW, bk L in BJO DRW;
14. Bk R blending to CP trng LF, sd & fwd L LOD, fwd R DW to BJO;
15. Fwd L to CP DW, fwd & sd R commencing rise to ball of ft, XLIB of R (both XIB) cont rise;
16. Thru R, fwd & sd L rising and trng slightly LF, XRIB of L (W thru L, sd R trng LF, XLIF of R) to CP DC;

PART B

- M:12-
W:12&3 **1 – 4 DBL REV; DRG HES; BK, BK/LK, BK; BK HVR TELE;**
- 12-
12&3 1. Fwd L DC, trng LF swing R fwd twd DC past ptr, drawing L to R spn LF on R (W bk R toe to heel, cl L to R for LF heel trn rising to toes/ fwd & sd R LOD, cont LF trn draw L to XIF of R) to CP DC;
2. Fwd L DC commencing LF trn, sd R cont trn, draw L to R to BJO DRC;
3. Bk L LOD, bk R/lk LIF of R (W lk IB), bk R;
4. Bk L DW commence RF trn, sd & fwd R DW between ptr's ft cont RF trn to fc DW brushing L to R and rising, sd & fwd L DC (W fwd R DW outsd M commencing to trn RF, sd L Wall cont RF trn brushing R to L and rising, sd & fwd R DC) to SCP DC;
- 12- & **5 – 8 THRU TO HI LINE & SLP; TELE TO BJO; MANUV; IMP SCP;**
5. In SCP step thru DC R, sd L leading w/ M's L sd (W's R sd) while rising & stretching M's R sd (W's L sd) leaving free M's R & W's L ft extended twd DRW, hold/small bk R trng W LF to CP DC (W trn bdy LF stepping fwd L into M to CP);
6. Fwd L commence LF trn, fwd & arnd W R cont LF trn, sd & fwd L DW (W bk R, cl L to R heel trn rising to toes, sd & bk R DW) to BJO DW;
7. Fwd R outsd ptr, fwd & sd L trng RF, cl R to CP RLOD;
8. Bk L bringing R beside L w/ no wgt commencing RF heel trn, cg wgt to R cont RF trn, fwd L (W fwd R pivoting 1/2 RF, sd & fwd L around M cont pivoting action brushing R to L, fwd R) to SCP DC;
- 123& **9 –12 VIEN X; BK HVR CORTE; CK BK, REC, NAT PIV; RT TRNG LK;**
9. Thru DC R, trng ptr to CP fwd L commence LF trn, sd & bk R/XLIF of R (W thru DC L, trng LF step bk & sd R to CP, sd & fwd L/cl R) to CP RLOD;
10. Bk LOD R trng LF, sd & fwd L LOD cont LF trn, rec R RLOD to BJO DW;
11. Ck bk L in BJO keeping wt fwd on ft, rec R outsd ptr commencing RF trn, cont trn stepping sd & bk L to CP pivoting RF to fc RLOD;
12. Bk R LOD w/ R shldr ld/lk LIF of R (W lk RIB of L), trng RF sd & fwd R twd LOD still in CP, trng to SCP DC step sd & fwd L;
- 1&23 **13-16 WEV 6;; NAT HVR X W/ SYNC ENDING;;**
- 13-14. Thru R DC, blending to CP fwd L DC trng LF, sd & bk R LOD; Bk L LOD in BJO, bk R cont LF trn blending to CP, sd & fwd L DW to BJO;
- 123
1&23 15-16. Fwd R DW outsd ptr commencing RF trn, sd DW L cont RF trn, trng strongly RF on L step sd R DW to CP DC (W bk L commencing RF trn, close R no wgt for heel trn and continue trn changing wgt to R, sd L to CP); Fwd L across R to SCAR/rec R, sd & fwd L to BJO DC, fwd R DC;

ENDING

1 - 5 WEV 6 (TO SCP); THRU, SLO SYNC VIN 4; TWIRL 2 & APT; PT,-,-;

12&3&

- 1-2. Thru R DC, blending to CP fwd L DC trng LF, sd & bk R LOD; Bk L LOD in BJO, bk R cont LF trn blending to SCP, sd & fwd L DW in SCP;
3. Retarding to match the music step thru LOD R, sd L/XRIB of L (both XIB), sd L/XRIF of L (both XIF);
4. Sd LOD L twirling W RF undr M's L & W's R hnds, XRIB of L finishing W's twirl to fc, cg hnds to M's R & W's L while stepping apt from ptr;
5. Pt R (W's L) twd ptr & hold,-,-;