

TARA JEANNE

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PHASE & RHYTHM: ROUNDALAB Phase IV + 2 SLOW TWO STEP
(TRIPLE TRAVELER, CHANGE OF SWAY) **SPEED:** 47 RPM

FOOTWORK: Opposite unless indicated, Directions given for man, woman's directions in [].

SEQUENCE: INTRO, A, B, INT1, C, BRG, A, INT2, B, END

INTRODUCTION

1-4 WAIT ; ; 2 LUNGE BASICS ; ;

(1-2) in BFLY fcg WALL wait 2 meas ; ; (3) stp sd with slight lunge L, -, rec R, xLif ; <T>(4) stp sd with slight lunge R, -, rec L, xRif ;

PART A

1-4 UNDERARM TURN ; OPEN BREAK ENDING ; RIGHT TURN OUTSIDE ROLL ;

BASIC ENDING (BFLY/COH);

(1) sd L, -, xRib, rec L [W sd R tng rgt fc under joined lead hds, -, xL over R cont tng rgt fc, rec fwd on R cont tng to fc partner] ; (2) sd R, -, rk bk L, rec R starting a manuv action in frt of W ; (3) sd & bk L endg fc rlod, -, sd & bk R almost xib tng 1/4 rgt fc leading W under joined lead hds, xLif of R to fc [fwd R commencing rgt fc twrl, -,fwd L, fwd R] ; (4) sd R, -, xLib of R, rec R endg BFLY/COH ;

5-8 UNDERARM TURN ; OPEN BREAK ENDING ; RIGHT TURN OUTSIDE ROLL ;

BASIC ENDING (CP/WALL);

(5 - 8) repeat measures 1 thru 3 part A endg CP/WALL; ; ;

9-12 2 OPEN BASICS ; ; LEFT TURN INSIDE ROLL ; BASIC ENDING (CP/COH) ;

(9) sd L opg out catch W in HALF OPEN, -, xRib of L, rec L; (10) sd R opg out catch W in HALF OPEN, -, xLib of R, rec R ; (11) fwd L commencing 1/4 lft fc tn, -,sd R, xLif of R to fc [W bk R commencing 1/4 lft fc tn, -,sd L tng lft fc under lead hds, cont tng lft fc sd R to fc] ; (12) repeat measure 4 part A endg CP/COH;

13-16 OPEN BASICS ; ; LEFT TURN INSIDE ROLL ; WING ENDING (SCAR/DLW) ;

(2nd time change measure 16 to: BASIC ENDING (CP/WALL) ;

(13 - 15) repeat measures 9 thru 11 part A ; ; ; (16) sd R, -, drw L twd R, tch L to R tng upper body lft fc [W sd L, -,fwd R crossing in frt of M tng slightly lft fc, fwd L cont tng lft fc] endg tight SCAR/DLW ;

(2nd time change measure: (16) repeat measure 4 Part A endg CP/WALL ;

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PART B

1-4 CROSS HOVER (BJO) ; CROSS HOVER (SCAR) ;

CROSS HOVER (SCP/LOD) ; PICKUP,-,SD,CL (CP/LOD) ;

(1) xif L, -, sd R with rise & tn, rec L; (2) xif R, -, sd L with rise & tn, rec R; (3) repeat measure 13 Part B ending tight SCP/LOD; (4) small stps fwd R, -, fwd L, fwd R [W fwd R tng lft fc in frt of M, -, bk & sd L, bk L] endg CP/LOD ;

5-8 TRIPLE TRAVELER ; ; ; TURNING BASIC ENDING (CP/RL0D) ;

(2nd time change measure 8 to: BASIC ENDING (BFLY/COH) ;

(5) fwd L commencing lft fc 1/8 tn, -, sd & fwd R, fwd & xLif R [W bk R commencing 1/8 lft fc tn, -,sd L tng lft fc under lead hds, cont tng lft fc sd R] to fc DLW ; (6) fwd R spiral lft fc under lead hds [W fwd L], -, lowering joined hds out in frt of ptr at waist level fwd L, fwd R ; (7) fwd L begin to bring jnd hds down between ptrs [W fwd R commence rgt fc twirl], -, tng lft fc on L 1/4 sd R , <T>xLif of R [W finish twirl under lead hds L, R] endg CP/WALL ; (8) sd R, -, xLib of R, rec L tng lft fc 1/4 endg CP/RL0D ;

(2nd time do not slow measures 5-8 down, change measure: (8) repeat measure 4 Part A endg CP/COH ;

INTERLUDE 1

1 2 S LOW HIP ROCKS/LADY WRAP TRANSITION (RL0D) ;

(1) sd L pushing hip out to lft, -, sd R pushing hip out to rgt leading W to tn lft fc, - [W sd R pushing hip out to rgt, -, sd L tng 1/2 lft fc on ball of foot, sd R] ending in WRAP/RL0D ;

PART C

1-4 2 SWEETHEART RUNS ; ; CURVING SWEETHEART RUN(LOD) ;

BACKUP SWEETHEART RUN:

(1) same footwork in wrapped position twd RL0D fwd L, -, fwd R, fwd L; (2) fwd R, -, fwd L, fwd R; (3) fwd L tng 1/8, -, fwd R tng 1/8 to fc LOD, fwd L ; (4) bk R, -, bk L, bk R ;

5-8 <T>2 SWEETHEART RUNS ; ; FWD, UNWRAP TRANSITION (BFLY/WALL) ; FENCING LINE ;

(5 & 6) repeat measures 1 & 2 part C twd LOD ; ; (7) fwd L, -, fwd R tng 1/4 rgt fc, sd L [fwd L, -,fwd R commencing rgt fc tn/cont tn sd & bk L, sd R] endg BFLY/WALL ; (8) lunge thru R looking in direction of lunge, -, rec L, sd R ;

BRIDGE

1-3 2 LUNGE BASICS ; ; 2 SLOW HIP ROCKS (BFLY/WALL) ; ;

(1-2) repeat measures 3 and 4 of INTRODUCTION ; ; (3) sd L pushing hip out to lft, -, sd R pushing hip out to rgt, - ending BFLY/WALL ;

INTERLUDE 2

1-2 SLOW TURNING HIP ROCKS (SCAR/DLW) ; ;

(1) sd & bk L tng 1/8 lft fc pushing hip out to lft, -, sd R pushing hip out to rgt, - ending SCAR/DLW ;

END

1-4 2 LUNGE BASICS ; ; SLOW LEFT TURN INSIDE ROLL(CP/WALL);

PROM SWAY END'G & CHANGE SWAY ;

(1-2) repeat measures 3 & 4 of INTRODUCTION; ; (3) as music retards repeat measure 11 of part A; (4) sd R, -, sd & fwd L tng to SCP stretching body upward to look over joined lead hds, relax lft knee & without changing weight change stretch of body with slight lft fc upper body rotation tng head to look toward RLOD as music fades ;