

SHE'S GOT THE RHYTHM

COMPOSERS: Jack & Judy DeChenne, E. 3624 Ferry, Spokane, WA 99202 (509)5352
 RECORD: ARISTA 12463-7 She's Got The Rhythm (And I Got The Blues) by Alan Jackson
 PHASE RATING: West Coast Swing Phase V+1 (Sugar Push Hook Turn) + 2 unphased
 RECOMMENDED SPEED: 46 RPM
 SEQUENCE: Intro, A, B, C, A*, B*, Tag (Anchor Step exit given- Coaster Ste
 RELEASE DATE: April 1995

INTRO

1-4 BACK TO BACK M FACING RLOD SNAP FREEZE & KICK BALL CHANGE; SUGAR PUSH;;;
 QQQ&Q 1 (Snap Freeze & Kick Ball/Change) In Loose Back to Back Pos M fcng R weight on M's R & L's L sharp trn LF fc LOD (W RF fc RLOD) slght s hold, kick L fwd, clo L on ball of ft/clo R;
 QQQQ 2,, (Sugar Push) Bk L, bk R, tch L fwd, fwd L; Anchor in pl R/L, R, Q&Q
 QQQQ 3-4 (Cheek to Cheek) Bk L, fwd R trn 1/4 RF (W fwd R, fwd L trn 1/4 L wall; Lift L knee bumping M's L & W's R hips, XLIF of R trn LF to RF to fc ptrn), anchor in pl R/L, R;

PART A

1-8 LEFT SIDE PASS;;; TUCK & TWIRL;; CLOSED WHIP;; THROWOUT MAN TURN TO TANDEM;;; RIGHT SIDE PASS;;
 QQQ&Q 1,,- (Left Side Pass) Bk L trng LF fc COH, clo R trn LF fc RLOD, fwd L Q&Q (W fwd R, fwd L, fwd R/L, fwd R trng LF to fc ptrn & LOD); Anch
 QQQQ 2-3,, (Tuck & Twirl) Bk L, bk R; Tch L, fwd L (W fwd R, fwd L; Tch R Q&Q under joined lead hnds), anchor in pl R/L, R;
 QQQ&Q 4-5 (Closed Whip) Bk L, fwd R trng 1/4 RF, sd L/rec R trng 1/4 RF, f fwd L trng 1/2 RF, bk R/clo L, fwd R trn 1/2 RF); XRIB of L trn
 QQQ&Q 6,, (Throwout Man Turn To Tandem) Fwd L, rec R; Clo L to R/in pl R, QQQ&Q 7-8 (Right Side Pass) Sd & fwd L, rec R (W fwd R, fwd L pass M's R sd Q&Q M's L hnd clo L/in pl R, fwd L twd LOD (W fwd R/fwd L, fwd R trng RLOD), anchor in pl R/L, R;
 * 2nd time thru - Part A starts facing RLOD & ends facing RLOD

PART B

1-8 SUGAR PUSH HOOK TURN;;;;, DOUBLE WHIP TURN WITH HOOK & SNAP FREEZE;;;;,
 QQQQ 1-4,, (Sugar Push Hook Turn) Bk L, bk R, tch L, fwd L trng 1/4 RF (W f bk R); Hook RIB of L trng 1/4 RF taking joined hnds over head/sd L near R hip chng W's R hnd into M's R hnd, clo R with W in bk & sli
 Q&QQQ RLOD (W anchor in pl L/R, L), Rk fwd L, rec R (W fwd R, fwd L st
 QQQ&Q In pl L/R, L (W twrl LF 1 & 1/2 under joined hnds R/L, R to end f
 Q&Q joined), hook RIB of L trn 1/2 RF taking joined hnds over head/sd joined hnds are near M's R hip, clo R (W anchor in pl L/R, L) W i both fc LOD; Rk fwd L, rec R (W fwd R, fwd L starting past M on twrl LF 1 & 1/2 under joined hnds R/L, R end fc RLOD & ptrn R hnds pl R/L, R chng W's R into M's L hnd,

PART B (CONT)

QQQ&Q 5-7,, (Double Whip Turn with Hook & Snap Freeze) Bk L, fwd & sd R twd W' in R arm; Fwd & sd L trng RF/rec R fc RLOD, sd & fwd L pivot 1/2
 QQQQ fwd L into M's R arm trng RF; Bk R/clo L, fwd R twd LOD pivot 1/2
 Q&QQQ fwd L past ptrn trng RF fc RLOD (W bk L, rec R trng 1/2 RF); XRIB RLOD (W bk L, bk R) release hold with M's R hnd, trng the anchor

LF) hook RIB/L, R to fc LOD (W fc RLOD); Sharp trn RF (W trn LF)
sit action no weight chng, hold,

Q&Q 8 (Kick Ball/Change) Kick L fwd, clo L on ball of ft/clo R;

* 2nd time thru - Part B starts facing RLOD & ends facing LOD

PART C

1-8 UNDERARM TURN TO TRIPPLE TRAVEL WITH ROLLS;;;;;, WRAPPED WHIP;;;;;, UNDE
 QQQ&Q 1-4,, (Underarm Turn to Tripple Travel with Rolls) Bk L comm 1/4 RF trn,
 Q&QQQ clo L/in pl R, in pl L to R hnd star (W fwd R, fwd L, fwd R/fwd
 Q&QQ&Q 3/4 LF in pl R to R hnd star); Sd R/clo L, sd R, roll 1 & 1/2 RF
 Q&Q 1 & 1/8 LF R, L to LOFP fc LOD; Anchor in pl R/L, R,
 QQQ&Q 5-6,, (Wrapped Whip) Bk L, fwd R trn 1/4 RF; Sd L trn 1/4 RF/rec fwd R,
 QQQ&Q (W fwd R, fwd L under joined lead hnds; Fwd R/clo L, bk R), XRI
 Anchor in pl R/L, R (W bk L, bk R; Anchor in pl L/R, L),
 QQQ&Q 7-8 (Underarm Turn) Trn RF 1/4 bk L, fwd R trn 1/4 RF; Fwd L/clo R,
 Q&Q (W fwd R, fwd L; Under joined lead hnds fwd R/L, R trn 1/2 LF),

TAG

1-9 SUGAR PUSH;;;, WHIP TURN & FREEZE;;;;, LADY LOWER & RISE;;;, 2 SLOW CHICKEN
WALKS;;;, 4 QUICK CHICKEN WALKS;;;, WRAPPED WHIP 1/2 TO THE CLOSE POINT &
 QQQQ 1,, (Sugar Push) Repeat meas 2 of Intro;;;,
 Q&Q
 QQQ&Q 2-3,, (Whip Turn & Freeze) Bk L, fwd R trn 1/4 RF; Sd L trn 1/4 RF/rec
 QQ&QQ fwd L trn 1/2 RF; Bk R/clo L, fwd R), XRIB trn 1/2 RF, fwd L/cl
 arm out to sd, hold (W trn 1/2 RF bk L, bk R/clo L; Pt R to sd &
 hold),-;,,
 SS 4,, (Lady Lower & Rise) M compress slightly R knee allowing L leg to ex
 to original position,- (W clo R to L compressing knees while trng s.
 while trng bk to fc ptrn circle L arm in clockwise direction during
 hip);,,
 SS 5,, (2 Slow Chicken Walks) Bk L,-, bk R,- start chicken walks on word E
 ft RF,-, fwd L swiveling ft LF,-);,,
 QQQQ 6,, (4 Quick Chicken Walks) Bk L, bk R, bk L, bk R (W fwd R swivelin
 ft LF, fwd R swiveling ft RF, fwd L swiveling ft LF);,,
 QQQ&Q 7-8 (Wrapped Whip 1/2 to the Close Point & Freeze) Bk L, fwd R trn 1/4
 &QQ fwd R, sd L fc RLOD (W fwd R, fwd L under joined lead hnds; Fwd R
 Clo R to L/pt L sd,-;
 QQSQ 9, (Roll Lady Out & Snap) Sm rk sd L, rec R, sd L trn LF fc Wall in
 intro (W sd R twd COH comm RF trn, sd L cont RF trn, sd R trng to
 position),-; Sharp trn RF fc ptrn & COH (W LF fc ptrn & Wall) slgh