

## SEX BOMB

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**RECORD:** STAR 154 **RHYTHM:** Cha Cha **PHASE:** IV+1 [double Cuban break]

**FOOTWORK:** Opposite unless indicated

**SEQUENCE:** INTRO, A, B, INTERLUDE, A, B, B, C, B, END

**RELEASED:** April, 2001

## INTRODUCTION

### **1-8 NO HANDS/WALL - WAIT;; MODIFIED DOUBLE PEEK-A-BOO CHASE;:::;**

1-8 No hands/wall - wait;; fwd L trng 1/2 RF, rec fwd R, fwd L/cl R, fwd L (W-no turn); sd R look over L shoulder, rec L, in place R/L, R; sd L look over R shoulder, rec R, in place L/R, L; fwd R trng 1/2 LF, rec fwd L, fwd R/cl L, fwd R (W trn RF - both fc wall); fwd L, rec R, bk L/cl R, bk L to Bfly/wall (W fwd R trng LF 1/2, rec fwd L, fwd R/cl L, fwd R) to end Bfly/wall; bk R, rec L, fwd R/cl L, fwd R;

## PART A

### **1-4 1/2 BASIC; FAN; HOCKEY STICK;;**

1-2 Bfly/wall [or CP/wall after interlude] - fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R (W - fwd L, sd & bk R trng LF to fc RLOD, bk L/lk R, bk L) to end fan pos;

3-4 fwd L, rec R, in place L/R, L (W cl R, fwd L, fwd R/lk L, fwd R); sm bk R, rec L trng 1/8 RF, fwd R/lk L, fwd R (W fwd L, fwd R trng 5/8 LF undr jnd ld hnds, bk L/lk R, bk L) to end Bfly/wall;

### **5-8 NEW YORKER IN 4; AIDA TO RLOD; SWITCH CROSS; QUICK VINE 7;**

5-6 trng to LOP/RLOD thru L, rec R to Bfly, sd L, rec R; trng to LOP/RLOD thru L, sd R trng LF & chng to ld hnds jnd, bk L/lk RIF, bk L to aida pos;

7-8 trng RF to fc ptr sd R, rec L to Bfly, thru R/sd L, thru R; sd L/XRIB, sd L/XRIF, sd L/XRIB, sd L;

### **9-12 FENCELINE; 1/2 BASIC; OVERTURNED FAN/M TRANS; 1 DOUBLE CUBAN;**

9-10 Bfly/wall - X lunge thru R, rec L, sd R/cl L, sd R; fwd L, rec R, sd L/cl R, sd L;

11-12 bk R, rec L, sd R, rec L (W fwd L, sd & bk R trng LF to fc wall, sd L/cl R, sd L) to end sd by sd pos W on M's L no hnds jnd both with R ft free; XRIF/rec L, sd R/rec L, XRIF/rec L, sd R;

### **13-16 STEP, STEP & CHA - 2x;; W OUT TO FC/M TRANS; MERENGUE 2x;**

13-14 in pl L, R, sd L/cl R, sd L; in pl R, L, sd R/cl L, sd R;

15-16 fwd L, rec R, sd L, rec R (W fwd L, fwd R trng LF [like a hockeystick ending] to fc ptr, sd L/cl R, sd L); sd L, cl R, sd L, cl R to end Bfly/wall;

## PART B

### **1-4 1/2 BASIC; WHIP & TWIRL LOP/LOD; WALK & CHA; SLIDE THE DOOR;**

1-2 Bfly/wall fwd L, rec R, sd L/cl R, sd L; bk R start LF trn, rec fwd L cont trn to fc LOD raising jnd ld hnds for W to trn under, fwd R/cl L, fwd R (W fwd L outsd M, fwd R trng LF under jnd ld hnds to fc LOD, fwd L/cl R, fwd L);

3-4 in LO/LOD fwd L, R, L/cl R, L; sd R, L, XRIF/sd L, XRIF to end OP/LOD (W cross in front of M);

**5-8 RK SD, REC CHA TO BFLY; DOUBLE CUBAN 2X;; FENCELINE;**

5-8 rk sd L, rec R to fc ptr/Bfly, sd L/cl R, sd L; XRIF/rec L, sd R/rec L, XRIF/rec L, sd R;  
XLIF/rec R, sd L/rec R, XLIF/rec R, sd L; X lunge thru R, rec L, sd R/cl L, sd R;

**INTERLUDE**

**1-4 ROCK, REC, TRIPLE CHAS IN;; ROCK, REC, TRIPLE CHAS OUT;;**

1-2 **CP/wall** rk fwd L, rec R, [L shoulder ld] bk L/lk RIF, bk L; [R shoulder ld] bk R/lk LIF, bk R,  
[L shoulder ld] bk L/lk RIF, bk L;  
3-4 rk bk R, rec L, [R shoulder ld] fwd R/lk LIB, fwd R; [L shoulder ld] fwd L/lk RIB, fwd L,  
[R shoulder ld] fwd R/lk LIB, fwd R;

**REPEAT A**

**REPEAT B - 2x**

**PART C**

**1-8 [RIGHT HANDSHAKE POS] 1/2 BASIC; UNDERARM TRN TO SHADOW/WALL;  
CROSS CHECK CHA 3X;;; W OUT TO FACE; FULL BASIC;;**

1-2 [in **RHshake pos/wall** W slightly to M's R side] fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd  
R/cl L, sd R (W XLIF of R commencing RF trn undr jnd R hnds, rec R start to go arnd M, cont  
arnd M fwd L/fwd R, sd L) end both fcg wall W behnd M & slightly to M's L side;  
3-5 check bk L crossing slightly behnd R, rec R, sd L/cl R, sd L to end W to M's R sd; check bk R  
crossing slightly behnd L, rec L, sd R/cl L, sd R to end W to M's L sd; check bk L crossing  
slightly behnd R, rec R, sd L/cl R, sd L to end W to M's R sd; (on all cross checks W XIF) [on  
**1st & 3rd** cross check **both** partners bring R hnd up with palm out & L hnd out to the sd with  
palm down - on the "recover" start to bring hnds down end the "cha, cha cha" with hnds crossed  
IF of body - arms rounded - on **2nd** cross check handwork is opposite]  
6-8 [To start this figure the M can have his **R** arm slightly bent and the W as she starts to come  
forward on her 1st step can hook her **L** wrist in the M's R arm to help give her momentum to get  
arnd the M. As she steps bk R the arm hold is released.] bk R, rec L, sd R/cl L, sd R (W fwd L  
start to trn LF in front of ptr, cont trn step bk & sd R, sd L/cl R, sd L) to end Bfly/wall; fwd L,  
rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;

**9-16 SHOULDER TO SHOULDER 2X;; [LH STAR] UMBRELLA TURN (variation\*);;;; [BFLY]  
CUCARACHA 2X;;**

9-10 rk fwd L outsd ptr in Bfly/Scar, rec R trng to fc, sd L/cl R, sd L; trng to Bfly/Bjo rk fwd R outsd  
ptr, rec L trng to fc, sd R/cl L, sd R to LT star M fcg RLOD;  
11-14 fwd L, rec R, bk L/cl R, bk L (W bk R, rec L trng 1/2 LF, bk R/cl L, bk R); bk R, rec L, fwd  
R/cl L, fwd R (W bk L, rec R trng 1/2 RF, bk L/cl R, bk L); fwd L, rec R, bk L/cl R, bk L (W  
bk R, rec L trng 1/2 LF, bk R/cl L, bk R); bk R, rec L trng LF to fc ptr, sd R/cl L, sd R (W bk  
L, rec R trng RF to fcg ptr, sd L/cl R, sd L) to end Bfly/wall;  
15-16 push step sd L, rec R, step in place L/R, L; push step sd R, rec L, step in place R/L, R;

[\* the variation in the umbrella turn is that the woman turns **4 times** under joined left hands]

**REPEAT B**

**END**

**1-4 OPEN BREAK; WHIP; NYer; WHIP;**

1-2 (**Bfly/wall**) rk apt L to LOFcg pos, rec R to Bfly, sd L/cl R, sd L; bk R trng LF, rec L cont LF trn to fc COH, sd R/cl L, sd R (W fwd L stepping outside M on his L sd commencing LF trn, fwd R cont LF trn to fc prt & wall, sd L/cl R, sd L) to end Bfly/COH;

3-4 trng to LOP rk thru L LOD, rec R trng LF to Bfly, sd L/cl R, sd L; bk R trng LF, rec L cont LF trn to fc wall, sd R/cl L, sd R (W fwd L stepping outside M on his L sd commencing LF trn, fwd R cont LF trn to fc prt & COH, sd L/cl R, sd L) to end Bfly/wall;

**5-8 1/2 BASIC; FAN; HOCKEYSTICK;;**

5-6 Bfly/wall - fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R (W - fwd L, sd & bk R trng LF to fc RLOD, bk L/lk R, bk L) to end fan pos;

7-8 fwd L, rec R, in place L/R, L (W cl R, fwd L, fwd R/lk L, fwd R); sm bk R, rec L trng 1/8 RF, fwd R/lk L, fwd R (W fwd L, fwd R trng 5/8 LF undr jnd ld hnds, bk L/lk R, bk L) to end Bfly/wall;

**9-14 NEW YORKER IN 4; NEW YORKER; SPOT TURN; 1/2 BASIC TO A WRAP; BOTH BACK BASIC; STEP, CLOSE, POINT;**

9-10 trng to LOP/RLOD thru L, rec R to Bfly, sd L, rec R; trng to LOP/RLOD thru L, rec R to Bfly, sd L/cl R, sd L;

11-12 thru R trng LF, rec L cont trn to Bfly/wall, sd R/cl L, sd R; keep both hnds jnd step fwd L, rec R, bk L/cl R, bk L (W bk R, rec L trng LF to wrap pos / M's R side bk R/cl L, bk R);

13-14 staying in wrap pos bk R, rec L, fwd R/cl L, fwd R (W bk L, rec R, fwd L/cl R, fwd L); step slightly fwd L, cl R, pt L to LOD,- (W step slightly fwd R, cl L, pt R RLOD)  
[ld hnds up & out];

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**SEX BOMB**

Phase IV + 1 (double Cuban)

**SEQUENCE:** INTRO, A, B, INTERLUDE, A, B,B, C, B, END

**INTRO:** no hnds - wait;; chase / mod. dbl peek-a-boo (he turn; peek 2x;; both trn; she trn; bk basic;)

**PART A:** (**Bfly or CP**) 1/2 basic; fan; hockeystick;; NYer in 4; aida to RLOD; switch cross; to qk. vine 7; fenceline; 1/2 basic; overtrn fan (sd-sd)/M trans; 1 double Cuban; step, step & cha - 2x;; W out to face/ M trans; merengue 4;

**PART B:** (**Bfly**) 1/2 basic; whip & twirl to LOP/LOD; walk & cha; slide the door; rk sd, rec, cha to Bfly; double Cuban 2x;; fence line;

**INTER:** (**CP**) rk, rec triple chas in;; rk, rec triple chas out;;

**REPEAT A - REPEAT B - 2x**

**PART C:** (**RH shake**) 1/2 basic; underarm turn to shadow/wall; cross check cha 3x;;; W out to face; full basic;; shoulder to shoulder 2x;; LH star - umbrella turn;;; cucaracha 2x;;

**REPEAT B**

**END:** (**Bfly**) open break; whip; NYer; whip; 1/2 basic; fan; hockeystick;; NYer in 4; NYer; spot turn; 1/2 basic to wrap; back basic; step, close, pt; (lead hands up & out)