

SAN ANTONIO CHA**PHASE 4+1 (OPEN HIP TWIST)**

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Record: MCA 60188 (San Antonio Stroll), Artist: Tanya Tucker

Footwork: Directions for man, lady opposite footwork except as otherwise noted.

Level: Roundalab Phase 4+1. (Open Hip Twist)

Sequence: Intro, AB AB END

INTRODUCTION1-8 WAIT 4 MEAS;;; TWIRL VINE & CHA BOTH WAYS;; CIRCLE AWAY & TOG 2CHAS;;

- 1-4 In LOP facing wait 4 meas;;;;
5-6 Sd L, XRIB, sd L/clo R, sd L; Sd R, XLIB, sd R/clo L, sd R;
(W: Sd R trng 1/2 RF, sd & bk L trng 1/2 R to fc, sd R/ clo L, sd R;
Sd L trng 1/2 LF, sd & bk R trng 1/2 LF, sd L/clo R, sd L);;
7-8 Circle away LF (W: RF) L, R, L/R, L; Circ tog R,L, R/L, R to BFY/Wall;

PART A1-4 FULL BASIC;; FENCE LINE TWICE;;

- 1-2 Step fwd L, rec R, sd L/clo R, sd L(W: Bk R, rec L, sd R/clo L, sd R); Bk R, rec L, sd R/clo L, sd R (W: fwd L, rec R, sd L/clo R, sd L);
3-4 X thru RLOD L in slight lunge, rec R, sd L/clo R, sd L; Xthru LOD R in slight lunge, rec L, sd R/clo L, sd R;

5-8 BACK BREAK TO OPEN; AIDA; SWITCH CROSS; CUCARACHA;

- 5 Step bk L to OP/LOD, rec R, fwd L/clo R, fwd L(W: Bk R, rec L, fwd R/clo L, fwd R);
6 Fwd R trng RF, sd L cont trn, bk R/lk LIF, bk R (W: Fwd L trng LF, sd R conti trn, bk L/lk RIF, bk L);
7-8 Fd L trng LF, sd R to fc, sd L/clo R, sd L; Sd R, rec L, clo R/L/R;

9-12 OPEN BREAK; SPOT TURN; SHOULDER TO SHOULDER TWICE;;

- 9 Rk apt L to LOFP ext free arm up, rec R lower arm, sd L/clo R, sd L (W: Apt R, rec L, sd R/clo L, sd R);
10 XRIF (W: XIF) release hands trng 1/2 LF (W: RF), rec L conti trn to fc ptr, sd R/clo L, sd R;
11-12 Trng slight RF XLIF (W: XIB), rec R to fc ptr, sd L/clo R, sd L; Trng slight LF XRIF (W: XIB), rec L to fc ptr, sd R/clo L, sd R;

13-16 ALEMANA;; HAND TO HAND TWICE;;

- 13-14 Rk fwd L, rec R, sd L/clo R, sd L; Rk bk R, rec L trng slight LF to fc DW, sd R/clo L, sd R (W: XLIF trng RF under joined hnds, conti RF trn fwd R, fwd L/clo R, fwd L to bfy);;
15-16 Trn LF (W: RF) to OP fcg LOD bk L, rec R trng RF (W: LF) to BFY, sd L/clo R, sd L; Trn RF (W: LF) to LOP fcg RLOD bk R, rec L trng LF (W: RF) to BFY, sd R/clo L, sd R;

PART B

1-8 CHASE;;; OPEN HIP TWIST; FAN; HOCKEY STICK;;

- 1-4 Fwd L trng RF 1/2, rec fwd R, fwd L/clo R, fwd L; Fwd R trng LF 1/2, rec fwd L, fwd R/clo L, fwd R; Fwd L trng rf, rec R, bk L/clo R, bk L; Bk R, rec L, fwd R/clo L, fwd R; (W: Bk R, rec L, fwd R/clo L, fwd R; Fwd L trng RF 1/2, rec fwd R, fwd L/clo R, fwd L; Fwd R trng LF 1/2, rec fwd L, fwd R/clo L, fwd R; fwd L, rec R, bk L/clo R, bk L);
- 5 Lead hnds joined Fwd L, rec R, bk L/clo R, bk L pushing arm fwd gently to trn W: (W: Rk bk R, rec L, fwd R/fwd L, fwd R/swivel 1/4 RF on R);
- 6 Bk R lead W: twd LOD, rec L, sd R/clo L, sd R (W: Fwd L, fwd R trng LF to fc RLOD, diag bk L/clo R, bk L);
- 7-8 Fwd L (W: clo R to L) rec R, (W: fwd L) in pl L/R, L; (W: fwd R/L, R end in front of M); Bk R, rec L diag RLOD/wall, (W: trn LF under joined hnds L, R to fc diag COH/LOD, bk L/R, L;) M follow W fwd R/L, R;

9-16 TRIPPLE CHAS BACK & FORWARD;; SHOULDER TO SHOULDER TWICE TO LOP;; CIRCLE AWAY AND TOGETHER 2 CHAS;;

- 9-12 Rk fwd L, rec R, bk L leading with L shoulder (W R shoulder)/lk RIF (W: lk IB), bk L; joining L hnds and leading with R shoulder (W: L shoulder) bk R/lk LIF (W: lk IB), bk R, joining R hnds and leading with L shoulder (W: R shoulder) bk L/lk RIF (W: lk IB), bk L; Repeat in opposite direction commencing Rk bk R, rec L, -----;
- 13-14 Repeat measure 11 and 12 of Part A blending to LOP facing RLOD;
- 15-16 Circle away RF (W: LF) L, R, L/R, L; Circ tog R,L, R/L, R to BFY;

ENDING

1-8 ALEMANA;; LARIAT ;; FENCE LINE; SPOT TURN; HAND TO HAND; PT THRU

- 1-2 Rk fwd L, rec R, sd L/clo R, sd L; Rk bk R, rec L trng slight LF to fc DW, sd R/clo L, sd R (W: XLIF trng RF under joined hnds, conti RF trn fwd R, fwd L/clo R, fwd L) to M's R sd;
- 3-4 Sd L, rec R, clo L/R/L; sd R, rec L, clo R/L/R (W: circ around M: R,L, R/clo L, R; L, R, L/clo R, L to fc ptrn);
- 5 Repeat measure 3 of Part A.
- 6 Repeat measure 10 of Part A.
- 7 Repeat measure 15 of Part A.
- 8 Point thru raising lead hnds. _