

SABROSA CHA

COMPOSERS: Jack & Judy DeChenne, E. 3624 Ferry, Spokane, WA 99202 (509)535-2756
RECORD: ROPER 125-A Sabrosa Guajira
PHASE RATING: Cha Cha Phase IV+2 (Stop & Go Hockey Stick) & (Double Cuban Breaks)
RECOMMENDED SPEED: 42 RPM
SEQUENCE: Intro, A, B, A (Mod 1), C, A (Mod 2), Tag
RELEASE DATE: April 1995

INTRO

- 1-4 OPEN FACING LOD LOOKING AT PARTNER & HOLD., LOOK LOD & HOLD.; ROCK BACK, RECOVER, POINT SIDE,-; BACK BASIC; SPOT TURN TO FACE;
- SS 1 (Look at Partner & Hold Look LOD & Hold) Open fc LOD M's L ft (W's R ft) pointed sd look at ptrn & hold,, look LOD & hold,;
- QQS 2 (Rock Back Recover Point Side) Rk bk L, rec R, pt L sd,-;
- QQQ&Q 3 (Back Basic) Rk bk L, rec fwd R, fwd L/clo R, fwd L;
- QQQ&Q 4 (Spot Turn to Face) XRIF of L trn LF (XLIF of R trn RF), rec L cont LF trn, fc Wall & ptrn step sd R/clo L, sd R;

PART A

- 1-14 1/2 BASIC; FAN; HOCKEY STICK TO TRIPPLE CHA'S FORWARD & BACK;;;; UNDERARM TURN TO A LARIAT;;; SHOULDER TO SHOULDERS A PAIR;;; FLIRT TO A FAN;
- QQQ&Q 1 (1/2 Basic) Fwd L (W bk R), rec R, sd L/clo R, sd L;
- QQQ&Q 2 (Fan) Bk R, rec L, sd R/clo L, sd R (W fwd L, trn 1/4 LF step bk R, bk L/lk RIF, bk L);
- QQQ&Q 3-7 (Hockey Stick to Tripple Cha's Forward & Back) Fwd L, rec R, in pl L/R, L (W clo R, fwd L, fwd R/clo L, fwd R); Bk R, rec L, in R hnd star fwd R/clo L, fwd R follow W (W fwd L, fwd R trng LF to fc ptrn, in R hnd star sd & bk L/lk RIF, sd & bk L); Trn to L hnd star fwd L/lk RIB (W lk LIF), fwd L, trn to R hnd star fwd R/lk LIB (W lk RIF), fwd R; Fwd L (W bk R), bk R, bk L/lk RIF (W lk LIB), bk L; Trn to L hnd star bk R/lk LIF (W lk RIB), bk R, trn to R hnd star bk L/lk RIF (W lk LIB), bk L fc Wall;
- QQQ&Q 8-10 (Underarm Turn to a Lariat) W's R hnd in M's L hnd bk R, rec L, sd R/clo L, sd R (W XLIF of R trn RF under joined hnds, fwd L, trn to fc ptrn sd R/clo L, sd R); In pl L, R, L/R, L (W fwd R, L, R/L, R circle clockwise); In pl R, L, R/L, R (W fwd L, R, L/R, sd L cont circle end fc M);
- QQQ&Q 11-12 (Shoulder to Shoulders a Pair) Fwd L twd R sd of W (W bk R), bk R to fc W, sd L/clo R, sd L; Fwd R twd L sd of W (W bk L), rec L to fc W, sd R/clo L, sd R;
- QQQ&Q 13-14 (Flirt to a Fan) Fwd L, rec R, bk L/clo R, bk L (W bk R, fwd L trng LF 1/2 to Varsouvienne, sd R/clo L, sd R); Bk R, fwd L, in pl R/L, R (W bk L, fwd R, sd L/clo R, sd L travel to M's L sd trng to a Fan Pos);

PART B

- 1-10 STOP & GO HOCKEY STICKS A PAIR;;;; ALEMANA;; CHASE WITH PEEK-A-BOO;;;;
- QQQ&Q 1-4 (Stop & Go Hockey Sticks a Pair) Fwd L, rec R, in pl L/R, L catch W's L shoulder with R hnd (W clo R, fwd L, fwd R/L, R trng 1/2 LF under joined hnds); Fwd R, rec L, in pl R/L, R (W bk L, rec R trng 1/2 RF under joined hnds, bk L/R, L end in Fan Pos); Fwd L, rec R, in pl L/R, L catch W's L shoulder with R hnd (W clo R, fwd L, fwd R/L, R trng 1/2 LF under joined hnds); Fwd R, rec L, in pl R/L, R (W bk L, rec R trng 1/2 RF under joined hnds, bk L/R, L end in Fan Pos);
- QQQ&Q 5-6 (Alemana) Fwd L, rec R, in pl L/R, L (W clo R, Fwd L, fwd R/L, R to fc ptrn); Bk R, rec L, sd R/clo L, sd R (W XLIF of R trng RF, fwd R, fc ptrn sd L/clo R, sd L);
- QQQ&Q 7-10 (Chase with Peek-A-Boo) Fwd L trng 1/2 RF fc COH, rec fwd R, fwd L/clo R, fwd L (W bk R, rec L, fwd R/clo L, fwd R); Sd R look over L shoulder (W sd L), rec L, in pl R/L, R; Sd L look over R shoulder (W sd R), rec R, in pl L/R, L; Fwd R trng 1/2 LF fc Wall, rec fwd L, fwd R/clo L, fwd R (W fwd L, rec R, bk L/clo R, bk L);

PART A (MOD 1)

- 1-14 1/2 BASIC; FAN; HOCKEY STICK TO TRIPPLE CHA'S FORWARD & BACK;;;; UNDERARM
TURN TO A LARIAT;;; SHOULDER TO SHOULDERS A PAIR;; FLIRT MAN TRANSITION;;
- QQQ&Q 1 (1/2 Basic) Repeat meas 1 Part A;
QQQ&Q 2 (Fan) Repeat meas 2 Part A;
QQQ&Q 3-7 (Hockey Stick to Tripple Cha's Forward & Back) Repeat meas 3-7 Part A;;;;
QQQ&Q
Q&QQ&Q
QQQ&Q
Q&QQ&Q
QQQ&Q 8-10(Underarm Turn to a Lariat) Repeat meas 8-10 Part A;;;
QQQ&Q
QQQ&Q
QQQ&Q 11-12(Shoulder to Shoulders a Pair) Repeat meas 11-12 Part A;;
QQQ&Q
QQQ&Q 13-14(Flirt Man Transition) Fwd L, rec R, bk L/clo R, bk L (W bk R, fwd L trng LF 1/2 to
Varsouvienne Pos, sd R/clo L, sd R); Bk R, fwd L, in pl R, L (W bk L, fwd R, sd L/clo R,
sd L moving to L Varsouvienne Pos fc Wall);

PART C

- 1-8 DOUBLE CUBAN BREAKS;; CRAB WALKS;; SHADOW FENCE LINES A PAIR;; TURN 2 TO
TANDEM & CHA; WALK 2 & CHA;
- Q&Q&Q 1-2 (Double Cuban Breaks) XRIF/rec L, sd R/rec L, XRIF/rec L, sd R; XLIF/rec R, sd L/rec R,
Q&Q XLIF/rec R, sd L these are done in shadow with M's R & W's R hnds joined & same ft work
Q&Q&Q for M & W;
Q&Q
QQQ&Q 3-4 (Crab Walks) Fcg Wall & traveling LOD XRIF of L, sd L, XRIF/sd L, XRIF of L; Sd L, XRIF
of L, sd L/XRIF, sd L M's R & W's R hnds joined;
QQQ&Q 5-6 (Shadow Fence Lines a Pair) Lower in L knee & XRIF of L, rec L, sd R/clo L, sd R; Lower
in R knee & XLIF of R, rec R, sd L/clo R, sd L M's R & W's R hnds joined;
QQQ&Q 7 (Turn 2 to Tandem & Cha) Bringing joined hnds over W's head XRIF of L trng LF fc RLOD
leading W to tandem behind M, fwd L, fwd R/lk LIB, fwd R release joined hnds;
QQQ&Q 8 (Walk 2 & Cha) In tandem fwd L, fwd R, fwd L/lk RIB, fwd L;
- 9-18 CIRCLE AWAY 2 & CHA; CIRCLE TOGETHER 2 & CHA MAN TRANSITION; OPEN BREAK;
SPOT TURN; NEW YORKER; WHIP; NEW YORKER; WHIP; 1/2 DOUBLE CUBAN BREAK;
SPOT TURN;
- QQQ&Q 9 (Circle Away 2 & Cha) Fwd R comm RF trn (W comm LF trn), fwd L cont trn, fwd R/clo L,
fwd R fc LOD;
QQQ&Q 10 (Circle Together 2 & Cha Man Transition) Fwd L cont RF trn, fwd R cont trn, fwd L, fwd R fc
ptnr & Wall (W fwd L cont LF trn, fwd R cont trn, fwd L/clo R, fwd L fc ptnr & COH);
QQQ&Q 11 (Open Break) LOF position bk L extending free arm up, rec R lowering free arm, sd L/clo R,
sd L;
QQQ&Q 12 (Spot Turn) XRIF of L trn LF (W XLIF of R trn RF), rec L cont LF trn, fc Wall & ptnr step
sd R/clo L, sd R;
QQQ&Q 13 (New Yorker) Thru L in LOF fc RLOD, rec R fc ptnr, sd L/clo R, sd L;
QQQ&Q 14 (Whip) Bk R trn 1/4 LF, rec fwd L trn 1/4 fc COH, sd R/clo L, sd R (W fwd L outside M, fwd
R trn 1/2 LF, sd L/clo R, sd L);
QQQ&Q 15 (New Yorker) Thru L in LOF fc LOD, rec R fc ptnr, sd L/clo R, sd L;
QQQ&Q 16 (Whip) Bk R trn 1/4 LF, rec fwd L trn 1/4 fc Wall, sd R/clo L, sd R (W fwd L outside M, fwd
R trn 1/2 LF, sd L/clo R, sd L);

PART C (cont)

- Q&Q& 17 (1/2 Double Cuban Break) XLIF (W XRIF)/rec R, sd L/rec R, XLIF (W XRIF)/rec R, sd L;
Q&Q
QQQ&Q 18 (Spot Turn) XRIF of L trn LF (W XLIF of R trn RF), rec L cont LF trn, fc Wall & ptnr step
sd R/clo L, sd R;

PART A (MOD 2)

1-14 1/2 BASIC; FAN; HOCKEY STICK TO TRIPPLE CHA'S FORWARD & BACK;;;; UNDERARM
TURN TO A LARIAT;;; SHOULDER TO SHOULDERS A PAIR;; FLIRT;;

- QQQ&Q 1 (1/2 Basic) Repeat meas 1 Part A;
QQQ&Q 2 (Fan) Repeat meas 2 Part A;
QQQ&Q 3-7 (Hockey Stick to Tripple Cha's Forward & Back) Repeat meas 3-7 Part A;;;;
QQQ&Q
Q&QQ&Q
QQQ&Q
Q&QQ&Q
QQQ&Q 8-10(Underarm Turn to a Lariat) Repeat meas 8-10 Part A;;;
QQQ&Q
QQQ&Q
QQQ&Q 11-12(Shoulder to Shoulders a Pair) Repeat meas 11-12 Part A;;
QQQ&Q
QQQ&Q 13-14(Flirt) Fwd L, rec R, bk L/clo R, bk L (W bk R, fwd L trng LF 1/2 to
Varsouvienne Pos, sd R/clo L, sd R); Bk R, fwd L, in pl R/L, R (W bk L, fwd R, sd L/clo R,
sd L moving to L Varsouvienne Pos fc Wall);

TAG

1 ROCK, RECOVER, PICK LADY UP FOR LEG CRAWL,-;

- QQS 1 (Rock Recover & Pick Lady Up for Leg Crawl) Rk fwd L (W bk R), rec bk R (W fwd L), bk L
leave R ft extended fwd & trn W to CP fc Wall (W fwd R comm RF trn to CP & slowly bring L
leg up outside of M's R leg,-;