

SITHA

Choreographer:	
	Music : Hugo Strasser : Cd.: Tanzen – Die Standard Tanzen
Jos.Dierickx	Rhythm : Slow Waltz
Beverlosestwg.14b2	Phase : IV + U (<i>L.Trng.Box w/LACE</i>)
3583 – Paal - Belgium	Footwork : Opposite except where noted
Tel.:0033474/67.83.84	Release : Sep.2009
Email:	
Jos.Dierickx@telenet.be	Sequence : INT – A,A – B – A – BRID 2 X - END

INTRO

01-02	Wait 2 Meas.	- Wait in closed position DLW ; - Wait
03	Closed Hover	- Fwd L, fwd & sd R rising w/slightly RF trn, bk L to fc DLW;
04	Feather Finish	- Bk R, -, slight trn LF fwd L, fwd R to Bjo.DLC (W fwd L trn LF,-, sd & bk R, bk L (bjo) ;

PART A

01-04	Diamondturn	- Fwd L start LF trn, sd R cont LF trn, XLIB CBJO DRC; - Bk R cont LF trn, sd L cont LF trn , XRif of LCBJO DRW; - Fwd L cont LF trn, sd R cont LF trn XLIB of R CBJO DW;
05	Feather	- Fwd L,R,L w/slightly RF trn ;
06	Manuver	- Comm RF turn fwd R, cont RF trn sd L to CP/RL0D, cl R ;
07	Over-Spinturn	- Bk L piv ½ RF to fc LOD, fwd R cont RF trn to fc DRW rising on ball
08	Step Back &	- (Timing 1, 2&3) Bk R cont LF trn, sd L/cl R to L , sd & fwd L trng to contra/BJO DLW ;
09	FW,FW/LK,FW	- (timing 1, 2&3) Fwd R, Fwd L/ Lk RIBL (W Lk LIFR), Fwd L ;

10	Manuver	- Repeat maes 6 Part A;
11	BK,BK/LK,BK	- (Timing 1, 2&3) Bk L, bk R/XLIF, bk R;
12	Impetus to ½ Open LOD	- Bk turng. RF, cl R to L heel turng. RF, sd & fwd L to semi (W fwd R beside M, sd & fwd L, around M turng. RF brush R to L, cont. RF turn twd LOD fwd R to
13-14	Man Across Lady Across	- Fwd R twd DLW, sd L across W trng RF, cls R to end Half OP fcg LOD (W small fwd L,R,L); -Small fwd L,R,L lead W to move across in frnt of M (W fwd R, sd L
15	Thru & Semi Chassé	- (Timing 12&3) Thru R, sd & fwd L/cl R ; sd & fwd L, in semi DLC ;
16	Slow Side-Lock	- Thru R comm LF trn, sd & fwd L to fc, XRIBL (W XLIFR) w/slght LF trn to Bjo./DLC ;

Page 2 : Sitha

PART B

01	Telemark to Semi	- Fwd L comm LF trn, sd R cont LF trn, sd & slightly fwd L to tight SCP DLW (W Bk R commencing to trn L bringing L beside R w/ no wgt, trn LF on R
02	Hover-Fallaway	- Fwd R DW in SCP, sd & fwd L DW in SCP rsng on L, bk & sd R
03	Slip-Pivot	- XLIB, bk R turng LF, fwd L contra/bjo/DLW (W XRIB, slip L fwd, sd & bk R) ;
04	Cross-Pivot	- Fwd R DLW, trng rf sd L, cont trn sd & fwd R to SCAR DLW; (W bk L trng
05	Closed-Telemark	- Fwd L start LF turn, fwd & sd R, cont.turn. LF bring L to R to Bjo/RDLC (W bk R,
06	Thru ,Point & Checking	- Thru R, point L fwd to fc RDLC,- CHECKING;
07	Spinturn	- Bk L pvt ½ RF, fwd R trng risg, rec bk L fcg DLW (W fwd R pvt ½ RF, bk
08	Feather Finish	- Repeat meas 4 Part INTRO ;
09-10	2 Left Turns	- Fwd L trng 1/8 LF, sd R cont trn 3/8, cl L ;
11	Whisk	- Fwd L, fwr & sd R comm rise, XLIB of R cont to full rise end in tight SCP ;
12	Thru,Side,Behind	- Thru R, sd L, XRIB;
13	Roll Three to Semi	- Sd L comm LF roll, sd R Cont roll, sd L cont LF turn to semi line ;

14	Chair,Recover & Side	- M thru R w/relaxed Knee (W thru L), Recover L, side R to DLW ;
15	Hover	- Fwd L, sd R, rec fwd L TO SCP/LOD ;
16	Feather	- Repeat meas 5 Part A ;

BRIDGE

01-04	Left Turn.Box w/ LACE	- Fwd L trng LF to LOD, sd R, cl L; - Bk R trng LF to COH, sd L, cl R (W fwd L,R,L to Wall); - Fwd L trng LF to RLOD, sd R, cl L (W fwd R & ½ RF to fc sd L cl R to L);
05	Feather	- Repeat meas 5 Part A ;
06	Manuver	- Repeat maes 6 Part A;
07	Impetus to Semi	- Bk turng. RF, cl R to L heel turng. RF, sd & fwd L to SEMI (W fwd R beside M, sd &
08	Wing	- Fwd R, draw L twd R, tch L to R trng upper bdy LF w/ L sd stretch to SCAR fcg DLC (W Fwd L beginning to Xif of M commence trng slightly LF, fwd R around M cont trng slightly LF, fwd L around M continuing to trn slightly LF to
09-11	3 Cross-Hovers Ending to Semi	- XLIF, sd R rise, rec L BJO ; - XRIF, sd L rise, rec R SCAR ;
12	Pickup,Side,Close	- Fwd R, sd & fwd L, cl R – leading W in front to end CP/LOD (W frw L, fwd R turn

ENDING

01-02	Two Left Turns	- Repeat meas 9 + 10 Part B ; - ;
03	Whisk	- Repeat meas 11 Part B ;
04	Thru & Semi Chassé	- Repeat meas 15 Part A ;
05	Chair & Hold	- M thru R w/relaxed Knee (W thru L), -,- ;