### **RETURN A MI'**

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Record: Columbia 3-10673 Flip: More Than Anything I Miss You Opposite (lady as noted) Time @ 2:55 Released: 1-5 2001 Footwork:

Phase: VĪ RUMBA

**Sequence:** INTRO:A-B-A1-8-C-B-A1-8-END

### INTRODUCTION

1 -4 WAIT: ARMS: W SYNC ROLL OUT M FC RLOD: CK FWD REC BKIW ARMS:

**QQS** 1 [Wait] I meas shadow fifth position variation fcg WALL woman infront of man slightly to the Man's left side R ft free for both pointed bk slightly behind left toe to heel preasure no weight, right arm up

with left arm out to side [M's and W's right wrist bent down with fingers in a C position W's right hand just

under M's right hand];

[ARMS] Stretch up arching slightly back bringing hands almost together palms out,-, bring arms down in

caressing manner,-;

[WSYNC ROLL OUT M FC RLOD] Sd and fwd R trng right fc RLOD taking OOS woman's right wrist leading

her into right tm, bk L, fwd R RLOD,-;

(Sd and fwd R comm right tm/sd and bk L cont right tm, fwd R cont tm, cont tm (Q&QS)bk L fc LOD

completing 1 3/4 tm,-;) **OPTION:** (3/4 tin)

55 4 Ck fwd L bring both arms into body and up,-, rec bk R bring both arms down and out in front of

woman

palms toward partner join lead hands (Bk R bring right arm just over head as if combing left

side of hair

with left arm in front of body,-, ck fwd L bring arms down join lead hands),-;

### A

### 1 -4 HALF BASIC W SPIRAL: BK UP THREE to BOLERO BJO: SYNC PIVOT to

### RUDOLPH

### RONDEIW ARMS FC COH: BEHIND SD CL W REV UNDER ARM TRN:

**QQS** [FWD BASIC W SPIRAL] Ck fwd L, rec bk R, ci L release hnds (fwd R spiral left to fc M),-;

**QQS** 

**IBK UP THREE to BOLERO** BJO] Bk R, bk L, bk R with right side lead to BL BJO

(right arm Q&QS 3

around M's neck left arm in dance position shape to ptr left sd lead),-; [SYNC PIVOT to RUDOLPH RONDEIw ARMS FC COH] Shaping toward ptr toe in L

comm to tm

right (BJO sd and fwd R around ptr comm right pivot)/ fwd R between W feet cant pivot, bk L cant pivot, cant body tm Sd and fwd R with right side stretch between W's feet soft knee keep left leg

back releasing W with left arm to open her up both fc COH sweep left arm towards ptr up and around CCW (ronde R CW sweep right arm toward ptr up and around CW at same time),-;

QQS 4 [BEHIND SD CL W REV UNDER ARM TRN] Comm upper body tm right bk L shaping top~

raise left arm leading W into rev under arm tm, cant right tm sd and fwd R toeing out

toward DRW, cont right tm fc DRC close L,-; (Comm to tm left shaping to ptr behind R, sd and fwd L toward RLW, fwd R upper thighs crossed cant left tm fc DLC left foot next to right no weight,-;)

5-8 <u>W SWIVELS with ARMS QQS TO FC: M ROLL IN W LARIAT FC DC: FWD WLKS:</u>

SYNC HIP

**RKS:** 

QQS 5 [W SWIVELS with ARMS QQS TO FC] Sd R tmg body away from ptr sweep right arm to right out and

up CCW, rec L tm body toward ptr sweep right arm down toward ptr passing hands as if to touch or reach

out to each other Sd R tmg body away from ptr sweep right arm to the right out and up CCW end fc DLC,-;

(With weight on R foot swivel left 1/2 passing left foot under body  $\sim$ d L sweep left arm fwd out and up CW,

swivel R 1/2 towards ptr passing right foot under body fwd R swivel left 1/2 passing left foot under body fwd

L swivel to fc ptr end fcg DC,-,) OPTON: **Woman** can **replace** swivels with hip rocks;

QQS 6 [M ROLL IN W LARIAT FC DC] Raise might arm straight up comm body tm to left toward ptr placing W

hand on your waist fwd L (fwd R), cant left tm bring right arm down raise left arm straight up Sd and bk R,

(fwd L) bk L end fcg DLC 1 full tm (fwd R tm right to fc ptm fc DRW) bringing arms dawn,-;

QQS 7 [FWD **WLKS**] Fwd R with right side lead, fwd L, fwd R to closed position DC,-;

Q&QS 8 **[SYNC HIP RKS]** Bk L/fwd R, bk L, fwd R,-;

# 9-12 <u>NATURAL OPENING OUT to CURL ENDING: OVER TRN FAN WITH HAND</u>

CHANGE:

M HOLD W FWD SWIVEL DEVELOPE; LEAD W SKATERS LOD:

QQS 9 [NATURAL OPENING OUT to CURL ENDING] With slight left side lead right side stretch sd L (with

slight left side stretch swivel right 1/2 bk R), rec R with slight right side stretch (rec L with slight left side

stretch), close L raising left arm straighten sway leading W to curl left into right arm DRC (rec L with slight

left side stretch pt right foot fwd across in front of man fwd R trng left curling into M's right arm) curl ending

to fc DRC~-;

QQS 10 [OVER TRN FAN WITH HAND CHANGE] Sd and bk R toeing in slightly comm to tm upper body left

 ${}_{leading} \ W \ past, \ fwd \ L \ DRW, fwd \ R \ trn \ left \ with \ right \ side \ lead \ placing \ Ws \ right \ hnd \ into \ right \ hand \ right$ 

lunge line position,-; (Comm to tm left sd and fwd L DRW, shaping to ptr fwd R thighs crossed with spiraling

action cont to tm left to fc DRW, fwd L,-;)

Hold 11 [M HOLD W FWD SWIVEL DEVELOPE] Hold in right lunge line position maintaining right hand hold

(SS) arms length; (Fwd R small step swivel right on soft knee left leg passes under body to fc ptr,-,

draw L up R leg inside of R knee extend L fwd,-;)

QQS 12 [LEAD W SKATERS LOD] Bk L leading W (fwd L), comm left tm sd and bk R toeing in slightly fc WALL

(fwd R tm left with spiral action to skaters WALL), cont body tm left sd and fwdL LCD (sd and fwd L LCD)

## end skaters LCD,-;

side

	end skaters LCD,-,
13-16	FWD WLKS: SWITCH CROSS: FWD WLKS: HOCKEY STICK ENDING M
QQS 13 QQS 14 RLOD, cross	TRANS: [FWD WLKS] In skaters LCD fwd R, fwd L, fwd R,-; [SWITCH CROSS] Skaters LCD fwd L swivel 1/2 right to fc RLOD, fwd R L in front of right end skaters RLOD,-;
QQS 15 Q_S 16	[FWD WLKS] Skaters RLOD fwd R, fwd L, fwd R,-; [HOCKEY STICK ENDING M TRANS] Raise right arm fwd L DRW to lead W into left
tm (fwd L DRY (QQS) end fcg DRW	M hold (fwd R tm left on ball of right foot to fc ptr), fwd R change hands (bk L)
В	
1 -8 QQS 1 head,-; (Bk R	ALEMANA TRN:: THREE CUDDLES TO CURL ENDING::: [START ALEMANA TRN] Fwd L, Rec R cl L to R bring Id hnds just above lady's
QQS 2 (fwd L comm	L, fwd R straight into man),-; [FINISH ALEMANA TRN] Bk R raising left arm leading W into right tm, rec L, CL R,-;
fc tm allowin	
QQS 3 arm to	to pass under body, fwd L to M's right side blending to CP WALL, -;) [CUDDLE 1] With slight left side lead right side stretch leading W to swivel right sd L sweep left
arm to	left side change to left side stretch half OP fc WALL, rec R with slight right side stretch bring left
through	ptr under W right arm, ci L straighten sway placing woman on right foot causing her to pass
stretch	CP,-; (With slight left side stretch tm right 1/2 bk R sweep right arm to side change to right side
across in fron	rec L with slight left side stretch bring right arm to ptr on M's left shoulder pt right foot fwd
QQS 4	of man fwd R swivel left closed cuddle position,-;) [CONT CUDDLE 2] Cont left side stretch leading W to swivel left sd R sweep right arm to
ptr under	change to right side stretch half LOP WALL, rec L with slight left side stretch bring right arm to
-	W left arm, cl R straighten sway placing woman on left foot causing her to pass through CP,-; (With slight right side stretch tm left 1/2 bk L sweep left arm to side change to
left side stretch, rec R with slight right side stretch bring left arm to ptr on M's right shoulder pt left foot	
fwd across in front of	
QQS 5 right sd L	man, fwd L swivel R straighten sway closed cuddle position,-;) [CONT CUDDLE 3 to CURL ENDING] With slight right side stretch lead W to swivel
side	sweep left arm to left side change to left side stretch half OP fc WALL, rec R with slight right
into right	stretch raise left arm join hands leading W into curl action, close L straighten sway as W curls

arm curl ending fc WALL,-; (With slight left side stretch tm right 1/2 bk R sweep right arm to

change to right side stretch ,rec L with slight left side stretch bring right arm up join hands pt right

head,-;)

right fc tm

## 6-8 <u>SEND HER TO FAN OVER TRNED: HIP RKS</u> <u>with ARMS QQS: HOCKEY STICK ENDING:</u>

QQS 6 [SEND HER TO FAN OVER TRNED] bk R leading W to fan, rec fwd L, sd and fwd R sweeping right

arm sd and up,-; (Comm to tm left Sd and fwd  $L\ LOD$ , shaping to ptr fwd R thighs crossed with spiraling

action cont to tm left to fc LOD, fwd L bring left arm into body and up over

 $\mathbf{QQS}$  7 [HIP RKS with ARMS  $\mathbf{QQS}$ ] cont arm sweep up  $\mathbf{CCW}$  (OW) toward ptr rk sd L tm body toward

ptr sweep right arm down toward ptr passing hands as if to touch or reach out to each other, sd R trng

body away from ptr sweep right arm to the right out and up CCW, cont arm sweep up COW (CW)

toward ptr rk sd L tm body toward ptr sweep right arm down toward ptr passing hands as if to touch or

reach out to each other,-;

**QQS** 8 [HOCKEY STICK ENDING] Raising left arm bk R, fwd L, fwd R end fcg DRW,-; (Fwd L DRW, fwd R

tm left on ball of right foot to fc ptr, bk L,-;)

### REPEAT A-I-S

1 -8

HALF BASIC W SPIRAL: BK UP THREE to BOLERO BJO: SYNC PIVOT to
RUDOLPH RONDEIW ARMS FC CON: BEHIND SD CL W REV UNDER ARM TRN: W
SWIVELS with ARMS QQS TO FC: M ROLL IN W LARIAT FC DC: FWD WLKS:
SYNC HIP RKS:

C

- 1 -4 <u>CROSS BODY:: THREE ALEMANAS:::: HAND TO HAND both SPIRAL: FWD FC</u> CLOSE:
- QQS 1 [START CROSS BODY]Fwd L, rec bk R bring lead arms down trng body left DRW, Sd L (fwd R),-;
- QQS 2 [FINISH CROSS BODY] Bk R, rec L commence left fc tm, sd and fwd R tmng to fc ptr DRW (Fwd L,

fwd R tmng L, Sd and bk L to fc ptr),-;

QQS 3 [START THREE ALEMANAS FWD BASIC] Fwd L Rec R ci L to R bring lead hands just above

lady's head,-; (Bk R, rec L, fwd R straight into man),-;

QQS 4 [FIRST ALEMANA IS OVER TRNED] Bk R raise left arm leading W to tm right, rec L, ci R over tm

W lower left arm,-; (fwd L comm right tm allowing right leg to pass under body, fwd R cont

allowing left leg to pass under body, fwd L cont tm allowing R leg to pass under body completing 1.5/8

of a tm with right leg across body pointed DLW, -;)

QQS 5 [SECOND ALEMANA TRNS LEFT] Sd and fwd L raising L arm leading W to tm left under the

raised arms, rec R, close L (fwd R across body toward DLW raising right arm trng left passing right leg

under body fc DRW, fwd L toward DRW trmg left passing right leg under body, fwd R into ptr

completing 13/8 tm to the left),-;

### QQS 6 THIRD ALEMANA TRN SAME AS SECOND MEASURE OF YOUR STANDARD FIGURE

Bk R leading W to tm right under raised arm, rec L, sd R,-; (fwd L comm right tm under raised

allowing right leg to pass under body, fwd R cont right fc tm allowing left leg to pass under body, sd L to

fc ptr wall BFLY,-;

**OPTION FOR W:** The first Alemana can be danced as an Under Arm Tm;

Second

arm

Alemana can be danced as an Reverse Under Arm Tm; Third Alemana can

be danced

as an Under Arm Tm:

**QQS** [HAND TO HAND both SPIRAL] Weight on right foot swivel 1/4 left to fc LOD bk L; rec fwd 7 R, fwd L

spiraling right fc (left fc) one full tm body tins less,-;

QQS 8 [FWD FC CLOSE] Fwd R LOD, swivel to fc ptr WALL, sd L, cl R;

**REPEAT B 1-8** 

I -8 ALEMANA TRN:: THREE CUDDLES TO CURL ENDING::: SEND HER TO FAN

**OVER** 

TRNED: HIP RKS with ARMS QQS: HOCKEY STICK ENDING:

### REPEAT A 1-8

1 -8 HALF BASIC W SPIRAL: BK UP THREE to BOLERO BJO: SYNC PIVOT to RUDOLPH RONDEIW ARMS FC COH: BEHIND SD CL W REV UNDER ARM TRN: W SWIVELS with ARMS QQS TO FC: M ROLL IN W LARIAT FC DC: FWD WLKS: SYNC HIP RKS:

**END** 

FWD BASIC LADY SPIRAL: BK PT BK (W TRN TO TANDEM PT BK): 1 -4 POINT FWD (LADY DEVELOPE) CONTRA OK BODY WAVE: REC. FWD TRN. FWD **TRN.**  $\overline{BK}$  TO FIFTH POSITION:

QQS 1 [FWD LADY **SPIRAL**] SAME AS PART A MEASURE ONE

QQ\_\_ 2 [BK PT BK W TRN TO TANDEM PT BK] Bk R, pt bk L with slight body tm to left, man hold,-;

(Fwd L, fwd R swivel left allowing left to pass under body trng to tandem (OOS) position, point bk L taking left

arm bk at same time,-;) **NOTE:** Man bring his left arm back at the same time as woman.

OS 3 [PT FWD LADY DEVELOPE CONTRA CK TO BODY WAVE] Pt left fwd, M hold], ck fwd L [on the word and] upper body fwd from hip joint arms back palms (QQS)

out sweeping arms

fwd over head [on the word my] bring body with arms up recover bk on R maintaing contra body position [on the word heart],-;

(Draw left up right leg Inside right knee [on the word to], extend leg out [on the word my] and down toward floor pt fwd [on the word lips], ck fwd L [on the word and] upper body fwd from hip joint arms back palms out sweeping arms fwd over head [on the word my] bring body with arms up recover bk on R maintaing contra body position [on the word heart],-;

[FWD, FWD TRN, FWD TRN, BK TO FIFTH POSITION] fwd L on guitar strings QQQQ4

lowering arms, fwd R swivel right passing left under body 1/2 fc RLOD on guitar strings, fwd L swivel right 1/4 passing right under body fc COH pt R foot bk to fifth position on guitar strings shadow position bring arms into body palms in raising right arm up and left arm out to side trng palms out wirst down ending as the horns end the dance with you and your partner back in the same line you started the dance in -)