

# RAINBOW 'ROUND MY SHOULDER

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**CD Music:** The Best of Slowfox Music CD, Casa Musica Code: CGVASFOX, Track 19 "There's A Rainbow 'Round My Shoulder" by Bobby Darin  
Columbia "Wild, Cool & Swinging: The Artist Collection CD" by Bobby Darin, Track 4 "There's A Rainbow 'Round My Shoulder"

**Rhythm/Phase:** Foxtrot. ROUNDALAB Phase III+1 (Weave)

**Position:** INTRO – CP DLW, DANCE – CP DLC

**Footwork:** Opposite, directions for M (except where noted)

**Sequence:** INTRO, A, A\*, B, A\*\*, C, B, END

**Released:** March 2005  
**Time:** 2:46 @ 100% CD Speed

## INTRO

[CP DLW] WAIT; HOVER; WEAVE to SCP [SCP DLW];;

- 1 CP DLW wait one measure;
- 2 CP DLW fwd L,-, fwd and sd R rising to ball of foot, rec L to tight SCP DLC;
- 3-4 SCP DLC fwd R,-, fwd L trng LF to CP, sd and bk R (W fwd L,-, sd and bk R to CP, cont trng on R until fcg LOD then fwd L) to DRW; Bk L trng W to CBJO POS,-, bk R trng body to CP, sd and fwd L trng W to SCP DLW;

[SCP DLW] THRU, CHASSE to SCP; MANUV, SD, CLOS; SPIN TURN [CP DLW]; BOX FINISH [CP DLC];

- 5 SCP DLW thru R trng to CP WALL,-, sd L/cl R, sd L to SCP LOD;
- 6 SCP LOD fwd R comm RF trn,-, sd L cont RF trn to CP RLOD, cl R;
- 7 CP RLOD bk L pivoting 1/2 RF,-, fwd R cont trn rising on ball of R foot with L leg extended bk and sd, rec sd and bk L (W fwd R pivoting 1/2 RF,-, bk L cont trn brushing R to L, fwd R) to CP DLW;
- 8 CP DLW bk R trng 1/4 LF to fc LOD, sd L, cl R to CP DLC;

## PART A

[CP DLC] 2 LEFT TURNS [CP WALL];; HOVER to BJO [BJO DLW]; FWD, FWD/LK, FWD [BJO DLW];

- 1-2 CP DLC fwd L trng 1/4 LF to CP COH,-, sd R, cl L; Bk R trng 1/4 LF to CP RLOD,-, sd L cont 1/4 LF turn, cl R to CP WALL;
- 3 CP WALL fwd L,-, fwd and sd R rising to ball of ft, rec L trng to BJO DLW;
- 4 BJO DLW fwd R,-, fwd L/lk RIB (W lk LIF), fwd L;

[BJO DLW] MANUV, SD, CLOS [CP RLOD]; IMPETUS [SCP DLC]; THRU, CHASSE to SCP; PICK UP, RUN 2\* [CP DLC];

- 5 BJO DLW fwd R (W bk L) comm RF trn,-, sd L cont RF trn to CP RLOD, cl R;
  - 6 CP RLOD bk L bringing R to L (no weight) beginning RF heel trn,-, chg weight to R cont turn, fwd L (W fwd R pivot 1/2 RF,-, sd and fwd L around M cont pivoting action bringing R foot bk to brush L, fwd R) to SCP DLC;
  - 7 SCP DLC repeat action Meas 5 INTRO to SCP LOD;
  - 8 SCP DLC fwd R (W fwd L trng 1/2 LF) leading W in front to CP LOD,-, fwd L, fwd R;
- \*Note: Change 2<sup>nd</sup> time thru Meas 8 Part A to: PICK UP to SCAR; 8 Fwd R (W fwd L trng 1/2 LF) leading W in front,-, fwd and sd L, cl R to end SCAR DLW;*

*\*\*Note: Change 3<sup>rd</sup> time thru Meas 8 Part A to: THRU, SD, BEH; 8 Thru R,-, sd L, XRIB;*

## PART B

[SCAR DLW] CROSS HOVER – 3X to SCP [SCP DLC];; begin WEAVE to SCP;

- 1-2 SCAR DLW XLIF (W XRIB),- , sd R with slight rise comm LF trn, rec L to BJO DLC; XRIF (W XLIB),- , sd L with slight rise comm RF trn, rec R to SCAR DLW;
- 3 SCAR DLW XLIF (W XRIB),- , sd R with slight rise comm LF trn, rec sd and fwd L to SCP DLC;
- 4 SCP DLC repeat action Meas 3 INTRO;

[BJO DRW] finish WEAVE to SCP [SCP DLW]; PICK UP, SD, CLOS [CP LOD]; PROGRESSIVE BOX [CP DLC];;

- 5 BJO DRW repeat action Meas 4 INTRO to SCP DLW;
- 6 SCP DLW fwd R (W fwd L trng 1/2 LF) leading W in front to CP LOD,-, sd L, cl R;
- 7-8 CP LOD fwd L,-, sd R, cl L; Fwd R,-, sd L trng slightly to DLC, cl R;

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## PART C

[CP WALL] ROLL 3 to SCP; THRU, CHASSE to BJO [BJO DLW]; FWD, FWD/LK, FWD; FWD, FC, CLOS [CP WALL];

- 1 CP WALL trng LF (W RF) roll L,-, R, L to SCP LOD;
- 2 SCP LOD repeat action Meas 5 INTRO blending to BJO DLW;
- 3 BJO DLW repeat action Meas 4 PART A;
- 4 BJO DLW fwd R,-, fwd and sd L trng 1/4 RF to CP WALL, cl R;

[CP WALL] TWISTY VINE 8 [BJO DLW];; FWD, RUN 2; FWD, RUN 2 to CP [CP DLW];

- 5-6 CP WALL sd and bk L commencing slight RF upper body turn, XRIB (W XLIF), sd and fwd L commencing slight LF upper body turn, XRIF (W XLIB); Repeat action Meas 5 PART C to end BJO DLW;
- 7-8 BJO DLW fwd L,-, fwd R, fwd L; Fwd R,-, fwd L, fwd R trng 1/8 to CP DLW;

[CP DLW] WHISK; WING [SCAR DLC]; TRN L & CHASSE to BJO [BJO DRC]; BK, BK/LK, BK [BJO DRC];

- 9 CP DLW fwd L,-, fwd and sd R comm rise to ball of foot, XLIB (W XRIB) cont to full rise to ball of foot to SCP DLC;
- 10 SCP DLC fwd R,-, draw L to R, tch L trng LF (W trng LF in front and arnd M fwd L,-, fwd R, fwd L) to tight SCAR DLC;
- 11 SCAR DLC fwd L trng LF to CP COH,-, sd R/cl L, sd R trng to BJO DRC;
- 12 BJO DRC bk L,-, bk R/lk LIF (W lk RIB), bk R;

[BJO DRC] IMPETUS to SCP [SCP LOD]; MANUV, SD, CLOS; SPIN TURN [CP DLW]; 1/2 BK BOX to SCAR [SCAR DLW];;

- 13-14 BJO DRC repeat action Meas 6 PART A; Repeat action Meas 6 INTRO;
- 15-16 CP RLOD repeat action Meas 7 INTRO; Bk R,-, sd L, cl R to end SCAR DLW;

## ENDING

[CP DLC] 2 LEFT TURNS [CP WALL];; HOVER to BJO [BJO DLW]; FWD, FWD/LK FWD [BJO DLW];

- 1-4 CP DLC repeat action Meas 1-4 PART A;;

[BJO DLW] MANUV, SD, CLOS [CP RLOD]; IMPETUS [SCP DLC]; THRU, CHASSE to SCP; PICK UP to SCAR [SCAR DLW];

- 5-7 BJO DLW repeat action Meas 5-7 PART A;;
- 8 SCP DLC fwd R (W fwd L trng 1/2 LF) leading W in front,-, fwd and sd L, cl R to end SCAR DLW;

[SCAR DLW] CROSS HOVER 3X's to SCP [SCP DLC];; THRU, POINT SIDE [CP DLW];

- 9-11 SCAR DLW repeat action Meas 1-3 PART B;;
- 12 SCP DLC thru R,-, point L twds LOD blending to CP DLW,-;

[CP DLW] WHISK; THRU, CHASSE to SCP [SCP DLC]; WEAVE to BJO [BJO DLW];;

- 13 CP DLW repeat action Meas 9 PART C;
- 14 SCP DLC repeat action Meas 5 INTRO;
- 15-16 SCP DLC repeat action Meas 3-4 INTRO blending to BJO DLW;

[BJO DLW] FWD, FWD/LK, FWD [BJO DLW]; MANUV, TWIRL 3 to OP [OP LOD]; HOLD; WRAP & KISS [WRAP POS LOD];

- 17 BJO DLW repeat action Meas 4 PART A;
- 18 BJO DLW fwd R trng RF to fc ptr, fwd L, fwd R, fwd L (W fwd L to fc ptr, trng 1 full RF turn under joined lead hands R, L, R) to OP LOD;
- 19 OP LOD hold,-,-,-;
- 20 OP LOD using small steps fwd R,-, fwd L, fwd R (W trn LF L,-, R, L) to WRAPPED POS LOD and kiss;