

PORTRAIT

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MUSIC: CD: Prandi Sound "Balls of Fire" Rimini Open Ballroom 7 Track #17

"If I Were A Painting"

Release Date: 6/1/09 v1.0

FOOTWORK: _____ Opposite unless noted (Woman's footwork in parentheses)

TIME: _____ 2:26 at CD

speed MODIFICATIONS: None

RHYTHM: Waltz PHASE: VI DEGREE OF DIFFICULTY: Average

SEQUENCE: **INTRO A B INTLD C B A1-8 ENDING**

MEAS**INTRODUCTION**

1-4 SCP DLW BOTH TRAIL FT FREE WAIT; RIPPLE CHASSE; [NATURAL] HOVER CROSS;

[1] SCP DLW M's R & W's L ft free Wait 1 ms;

[2] {Ripple Chasse} Thru R trng to fc, sd & slightly fwd L w/slight L sd stretch/cont L sd stretch into R sway looking to R cl R, losing sway sd & fwd L w/R sd stretch to SCP DLW (W thru L, sd R w/slight R sd stretch/cl L looking well L, losing sway sd & fwd R w/L sd stretch to SCP);

123 [3-4]] {Nat Hvr X} Fwd R commence RF trn, cont ¼ RF trn sd L w/L sd stretch, cont trn sd
1&23 R to DLC; Fwd L w/R sd stretch o/s partner on toe to SCAR/rec R w/slight L sd lead, sd & fwd L, w/L sd stretch fwd R o/s partner on toe to BJO DLC (W fwd L commence RF trn, fwd & sd R cont trn w/R sd stretch, cont trn sd L; Bk R w/L sd stretch to SCAR/rec L w/slight R sd lead, small sd & bk R, w/R sd stretch bk L to BJO);

PART A

1-4 REVERSE FALLAWY SLIP; CHANGE OF DIRECTION; TELESPIN TO SCP;

123& [1] {Rev Falwy Slp} Fwd L leading W to CP commence LF trn, sd & bk R in fallaway position, bk L under body/trng LF slip small bk R to CP DLW (W bk R, bk L, bk R well under body trng LF/cont LF trn slip L fwd to CP);

[2] {Chg Dir} Fwd L, fwd R w/R shldr leading trn ¼ LF, drw L to R to CP DLC;

[3-4] {Teleospn SCP} Fwd L commence LF trn, fwd & sd R cont LF trn, sd & bk L w/partial weight/commence LF body trn; Taking full weight on L spin LF, sd R cont LF trn, cont LF trn sd & fwd L to SCP DLW (W bk R commence LF trn, heel turn cl L/fwd R, keeping R sd in toward M fwd L; Fwd R commence LF toe spn, cont spn cl L, sd & fwd R to SCP);

5-8 SYCOPATED VINE; OP NATURAL; OUTSIDE SPIN [DRW]; RISING LK;

[5] {Sync Vin} Thru R, sd L to fc/XRIB, sd & fwd L to SCP DLW;

[6] {OP Nat} Thru R commence RF upper body trn, sd L X LOD backing DLW, cont slight RF upper body turn leading W to step o/s bk R w/R sd lead to BJO fcg DRC (W fwd L, fwd R to CP, fwd L to BJO);

[7] {O/S Spn} Commence RF 3/8 trn small bk L, fwd R o/s partner cont RF trn, bk & sd L to CP fcg DRW (W commence RF trn fwd R o/s partner, cl L cont RF trn, fwd R to CP);

[8] {Rising Lk} Bk R commence LF trn, sd & fwd L DLC, XRIB to CP (W fwd L commence LF trn, sd & bk R, XLIF to CP);

MEAS

PART A (CONT)

9-12 OP REVERSE; HOVER CORTE; BACK RIGHT CHASSE; CONTRA CHECK RECOVER TO BJO [DLW];

- [9] {OP Rev Trn} Fwd L trng LF, cont LF trn sd & slightly bk R, bk L to BJO DRC;
- [10] {Hvr Corte} Bk R, bk & sd L w/rise trng LF, rec bk R to BJO DLW (W fwd L, fwd & sd R rising trng LF, rec bk L to BJO);
- [11] {Bk R Chasse} Bk L commence RF trn, sd R cont trn/cl L, sd R cont trn to CP DRW (W fwd R commence RF trn, sd L cont trn/cl R, sd L to CP);
- [12] {Contra Ck Rec BJO} Commence LF upper body trn flexing knees w/strong R sd lead fwd L, rec R, sd & fwd L w/L sd stretch to BJO DLW (W commence LF upper body trn flexing knees w/strong L sd lead bk R looking well to L, rec L, bk & sd R w/R sd stretch to BJO);

13-16 NATURAL WEAVE:: [NATURAL] HOVER CROSS::

- [13-14] {Nat Wev} Fwd R commence RF trn, sd L w/L sd stretch, bk R w/R sd leading slight RF trn backing DLC preparing to lead W to step o/s in BJO; Bk L w/R sd stretch, bk R commence LF trn, cont LF trn sd & fwd L w/L sd stretch to BJO DLW (W bk L w/slight RF trn, cl R heel trn, fwd L w/L sd lead preparing to step o/s partner in BJO; Fwd R w/L sd stretch to BJO, fwd L commence LF trn, sd & bk R w/R sd stretch to BJO);
- [15-16] {Nat Hvr X} Fwd R commence RF trn, cont ¼ RF trn sd L w/L sd stretch, cont RF trn sd R to DLC; Fwd L w/R sd stretch o/s partner on toe to SCAR, rec R w/slight L sd lead/sd & fwd L, w/L sd stretch fwd R o/s partner on toe to BJO DLC (W bk L commence RF trn, cl R heel turn w/R sd stretch trng RF, cont RF trn sd L; w/L sd stretch bk R in SCAR, rec L w/slight R sd lead/small sd & bk R, w/R sd stretch bk L to BJO);

123
12&3
[timing
chg]

PART B

1-4 TELEMARK SCP; THRU CHASSE BJO; MANEUVER 1 PIVOT 2; RUMBA CROSS:

- [1] {Tele SCP} Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L w/R sd stretch to SCP DLW (W bk R commence LF trn, cl L heel trn cont LF trn, sd & slightly fwd R to SCP);
- [2] {Thru Chasse BJO} Thru R commence trn to fc, sd L/cl R, sd L w/L sd stretch to BJO DLW (W Thru L commence trn to fc, sd R/cl L, sd & bk R to BJO);
- [3] {Manuv 1 Pvt 2} Fwd R commence RF trn, sd & bk L pvtg RF, cont RF pvt fwd R to CP LOD (W bk L commence RF trn, cont trn sd & fwd R pvt RF, cont RF pvt sd & bk L to CP);
- [4] {RB X} Fwd L w/L sd lead & L sd stretch/XRIB trng RF on toes, cont RF trn bk L, fwd R LOD w/R sd stretch (W bk R/XLIF trng RF on toes, cont RF trn fwd R between M's feet pvt, bk L w/L sd stretch head to R);

5-8 TRAVELING CONTRA CHECK; CHAIR & SLIP; DOUBLE REVERSE; CHANGE OF DIRECTION;

- [5] {Trav Contra Ck} Fwd L w/contra body motion w/upper body turned to the L w/R sd stretch, cl R rotate RF w/hips well toward W rise to toes without sway, sd & fwd L w/R sd stretch to SCP DLW (W bk R, cl L & rise to toes trng RF, sd & fwd R to SCP);
- [6] {Chair & Slp} Ck thru R w/lunge action, rec L, w/slight LF upper body trn slp R beh L cont trn to CP DLC (W ck thru L w/lunge action, rec R, swvl LF on R fwd L to CP);
- [7] {Dbl Rev Spn} Fwd L commence LF trn, sd R cont trn, spin on ball of R to CP DLW (W bk R commence LF trn, cl L heel trn cont LF trn/sd & slightly bk R keeping R sd twd M cont LF trn, XLIF to CP);
- [8] {Chg Dir} Repeat meas 2 Part A;

MEAS

INTERLUDE

1-4 TELEMARK SCP; RIPPLE CHASSE; [NATURAL] HOVER CROSS;;

- 123 [1] {Tele SCP} Repeat meas 1 Part B;
1&23 [2] {Ripple Chasse} Repeat meas 2 Intro;
[3-4] {Nat Hvr X} Repeat meas 3-4 Intro;;

PART C

1-4 DRAG HESITATION; OUTSIDE SPIN & DOUBLE TWIST TO SCP;;

- 123; [1] {Drg Hes} Fwd L commence LF trn, sd R cont LF trn fcg COH, drw L to R cont slight LF
1&23; trn to BJO DRC (W bk R commence LF trn, sd L cont LF trn, drw R to L to BJO);
1&23; [2-4] {O/S Spn & Dbl Twst SCP} Commence RF 3/8 trn bk L, fwd R o/s partner cont RF
trn, sd L to CP RLOD; XRIB w/partial weight, unwind RF chg weight to R, cont trng RF sd
L to CP RLOD; XRIB w/partial weight, unwind RF chg weight to R, cont trng RF sd & fwd
L to SCP DLC; (W commence RF trn fwd R o/s partner, cl L cont RF trn, cl R; Fwd L/R
around M, fwd L trng RF, cl R; Fwd L/R around M, fwd L trng RF, sd & fwd R to SCP);

5-8 WEAVE;; MANEUVER; HESITATION CHANGE;

- [5-6] {Wev} Fwd R , fwd L commence LF trn, cont trn sd & slightly bk R to fc DRC (W fwd
L commence LF trn, cont trn sd & slightly bk R, cont trn sd & fwd L); Bk L leading W o/s to
BJO, bk R trng LF, w/L sd stretch sd & fwd L to BJO DLW (W fwd R to BJO, fwd L trng LF,
w/R sd stretch bk R to BJO);
[7] {Manuv} Fwd R commence RF upper body trn, cont RF trn X LOD to fc partner sd L, cl
R to CP RLOD (W bk L commence RF upper body trn, cont RF trn to fc partner sd R, cl L
to CP);
[8] {Hes Chg} Commence RF trn bk L, sd R cont trn, drw L to R to CP DLC (W commence
RF trn fwd R, cont trn sd L, drw R to L to CP);

9-12 VIENNESE TURNS;; MINI-TELESPIN DRC;;

- [9-10] {Vien trns} Fwd L commence LF trn, sd R cont trn, XLIF (W bk R commence LF trn,
sd L cont trn, cl R); Bk R cont LF trn, small sd L cont trn, cl R to CP LOD (W fwd L cont
LF trn, sd R cont trn, XLIF to CP);
[11-12] {Mini telespn} Fwd L commence LF trn, fwd & sd R cont LF trn, sd & bk L w/partial
weight/trn body LF to lead W to CP commence LF spn; Fwd taking full weight on L cont
LF spin drwg R under body, cl R, - to CP DRC (W bk R commence LF trn, heel turn cl
L/fwd R keeping R sd in toward M, fwd L trng LF twd M; Fwd R to CP spn LF drwg L
under body, cl L, - to CP);

13-16 CONTRA CHECK & SWITCH; HAIRPIN; IMPETUS SCP; PICKUP DOUBLE LOCKS;

- [13] {Contra Ck & Swch} Commence LF upper body trn w/strong R sd lead ck fwd L, rec R
commence strong RF trn leaving L ft in place, cont RF trn rec L to CP DLW (W commence
LF upper body trn w/strong L sd lead ck bk R looking well to L, rec L commence RF trn
leaving R ft in place, cont RF trn rec R between M's feet to CP);
[14] {Hairpin} Fwd R commence RF trn, w/L sd stretch fwd L trng RF, cont RF trn swvlg
RF fwd R on toes to BJO DRC (W bk & slightly sd L commence RF trn, w/R sd stretch bk
R trng R, cont RF trn swvlg RF bk L on toes to BJO);
[15] {Imp SCP} Commence RF trn bk L, cl R heel turn cont RF trn, complete trn sd & fwd L
w/R sd stretch to SCP DLC (W commence RF trn fwd R pvtg RF, sd & fwd L cont RF trn
brush R to L, complete trn sd & fwd R to SCP);
12&3& [16] {Pu Dbl Lks} Thru R leading W to BJO, fwd L/XRIB, fwd L/XRIB (W thru L trng LF to
BJO, bk R/XLIF, bk R/XLIF);

MEAS

ENDING

1-4+

VIENNESE TURNS;; LEFT PIVOT TO SLOW THROWAWAY OVERSWAY;;+

[1-2] {Vien trns} Repeat meas 9-10 Part C;;

[3-4+] {LF Pvt to SI Thrwy Ovrsway} [See Note] Fwd L pvtg LF, bk R cont LF pvt fc Wall, sd & fwd L leading W to CP; Lower into relaxed L knee keeping R sd fwd toward W w/L sd stretch looking at W, -, - (W bk R pvtg LF, cl L heel turn cont LF trn, sd & fwd R trng LF to CP; Lower into relaxed R knee sliding L ft past R to pt bk looking well L keeping L sd in toward M, -, -); -, -, -; +

[Note: Music slows meas 3-4+, the Throwaway Oversway should be slowed to match the music]