

PORTRAIT\_OF\_MY\_LOVE

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Record: Special Pressing (flip of I Just Need Your Lovin') (205)853-4616

sequence: Intro-A-B-B(1-12)-Ending SPEED FOR COMFORT Rhythm: Foxtrot

RoundALab Phase V + 2 (Cont Hover Cross and Running Spin & Weave)

INTRO

A\_ -\_ 4 WAIT ; THRU \_ TO \_ REV \_ and \_ CHASSE ; CHAIR \_ and \_ REC , SD ; THRU \_ TO \_ LOD \_  
and \_ CHASSE ;

1-2 In Bfly/Wall with lead feet free wait 1 meas; (count S /& )

S /& Step thru in Bfly on L twd RLOD,-,sd R/cl L,sd R;

S 3-4 Chair thru in Bfly on L twd RLOD,-,rec on R,sd L twd LOD; Step

S /& thru in Bfly on R twd LOD,-,sd L/cl R,sd L;

5\_ -\_ 9 LILT \_ TO \_ CHAIR , REC \_ TO \_ BK \_ WHISK , STEP \_ FWD ; PROM \_ SWAY , CHANGE  
\_ SWAY , RISE ;

BK \_ CHASSE \_ PICKUP ; SYNC \_ ZIG \_ ZAGS ;;

5-6 Step thru in Bfly on R twd LOD/cl L on toes,chair thru on R,

/& /& /& rec on L/bk R,cross LIB/step fwd on R(W thru L/cl R,chair thru

on L,rec on R/bk L,cross RIB/step fwd on L)to SCP/LOD; Sd &

fwd L stretch body upward look over jnd lead hands,-,chg sway

S & body stretch,rise on lead foot to CP/Wall; (think 1,2,3,4/&);

(Prom Sway on 1, hold 2,chg sway on 3,rise on 2 notes)

7-9 Step bk twd COH on R,sd L/cl R,sd L,step thru on R picking up W

/& to CP/LOD; Fwd L trng LF,sd R,step beh on L to Bjo-DRC/sd R

trng RF,fwd L(W bk R trng LF,sd L,step in front on R to Bjo/sd

/& L trng RF,bk R)to CP/LOD; Fwd R trng RF,sd L,step beh on R to

SCar-DRW/sd L trng LF,fwd R(W bk L trng RF,sd R,step in front

/& on L to SCar/sd R trng LF,bk L)to CP/DW;

## P A R T \_ A

A\_ \_ 4 R E V E R S E \_ T U R N ; ; T H R E E \_ S T E P ; S T A R T \_ C O N T I N U O U S \_ H O V E R \_ C R O S S ;

1-2 Fwd L start LF trn,-,sd R cont trn,bk L LOD(W bk R start LF

S heel trn,-,cl L to R cont trn,fwd R)to CP/RLOD; Bk R cont LF

S trn,-,sd & fwd L,fwd R(W fwd L cont trn,-,sd R,bk L)to Bjo/DW:

S 3-4 Fwd L,-,fwd R,fwd L; Fwd R DW start RF trn,-,cont trn sd L,with

strong RF trn on L small sd step on R to fc DC(W bk L start RF

S heel trn,-,cont trn & chg wgt to R,sd L);

5\_ \_ 8 F I N I S H \_ C O N T \_ H O V E R \_ C R O S S ; , , C H E C K \_ T O \_ O U T S I D E \_ S W I V E L ; P R O M \_  
W E A V E ; ;

5-6 Fwd L across R to SCar,cl R to L,bk L in Bjo,bk R(W bk R to

SCar,sd L to CP,fwd R to Bjo,fwd L)to CP; Sd & fwd L with L sd

lead,fwd R(W sd & bk R,bk L)to Bjo/DC(ck action here-this is

S the end of the Cont Hover Cross),step bk on L(W step fwd R

outside M swivel RF on ball of R ft)to SCP/DC,-;

7-8 Fwd R,-,fwd L trng LF to CP,sd & bk R(W fwd L,-,sd & bk R to

S CP,cont trn sd & fwd L); Bk L,bk R trng LF to CP,sd & fwd L,fwd

R(W fwd R,fwd L trng LF,sd & bk R,bk L)to Bjo/DW;

9\_ \_ A 2 R E V \_ W A V E ; ; B A C K \_ T I P P L E \_ C H A S S E \_ P I V O T ; H E S I T A T I O N \_ C H A N G E ;

9-10 Fwd L start LF trn,-,sd R,bk L(W bk R start LF heel trn,-,cont

S trn cl L to R,fwd R)to CP/DRC; Bk R,-,bk L,bk R curving LF(W

S fwd L,-,fwd R,fwd L curving LF)to CP/RLOD;

11-12 Bk L start RF trn,-,cont trn sd R/cl L,fwd R with a RF pivoting

S /& action(W fwd R start RF trn,-,cont trn sd L/cl R,bk L pivoting

S action)to CP/RLOD; Bk L trn RF,-,sd R,dr L to R to CP/DC;

A3\_ - A6 C O N T R A \_ C H E C K \_ and \_ R E C \_ T O \_ C P ; R E V \_ T U R N \_ C H E C K \_ and \_ W E A V E ; ; ;

13-14 Lower & step fwd L with R shoulder lead look at top of W's head

SS (W lower & step bk with R shoulder fwd look well to L),-,rec on

R(W rec on L)to CP/DC,-; Fwd L start LF trn,-,sd R cont trn,bk

S L(W bk R start LF heel trn,-,cont trn on L,fwd R)to CP/RLOD;

15-16 Ck bk on R,-,rec fwd L,sd R(W ck fwd L,-,rec bk R,sd L); Bk L

S to Bjo,bk R trng LF,cont trn sd & fwd L,fwd R(W fwd R to Bjo,

fwd L trng LF,cont trn sd & bk R,bk L)to Bjo/DW;

P O R T R A I T \_ O F \_ M Y \_ L O V E

P A R T \_ B

A\_ - 4 W H I S K ; R I P P L E \_ C H A S S E ; T H R U \_ R I S I N G \_ L O C K ; D O U B L E \_ R E V E R S E ;

1-2 Blend to CP fwd L,-,fwd & sd R start rising to ball of ft,XLIB

S of R to full rise to SCP/DC; Thru R,-,blend to CP step sd L

trng head to R with R sway/cl R,sd & fwd L(W thru L,-,blend to

S /& CP step sd R trng head to L with L sway/cl L,sd & fwd R)

straighten sway to SCP/DC;

3-4 Thru R,-,sd & fwd L trng LF,lock RIB of L(W step thru L,-,sd

S and fwd R trng LF,lock LIF of R)to CP/DC; Fwd L trng LF,-,fwd

& sd R around W spinning on ball of R ft,cont LF spin on R

S bringing L to R no wgt(W bk on R start LF heel trn,-,cont heel

(W S /& ) trn chg wgt to L/fwd & sd R trng LF,lock LIF of R)to CP/LOD;

5\_ - 8 T R N \_ T O \_ R I G H T \_ C H A S S E ; B K \_ T O \_ H O V E R \_ C O R T E ; R O Y A L \_ S P I N ; H A L F \_ N  
A T \_ T U R N ;

5-6 Fwd L trng LF and blend CP/COH,-,sd R/cl L,sd R to Contra Bjo/

S /& DRC; Step bk L DW in Bjo,bk R trng LF and blend to CP/RLOD,sd &

fwd L with hovering action,rec bk R(W fwd R in Bjo,fwd L trng

LF,sd & fwd R with hovering action,rec L)to Bjo/DW;

7-8 Bk L small step start RF trn,-,fwd R outside ptr cont RF trn,

S fwd L(W fwd R outside ptr,-,ronde L CW up,then down with no

wgt)to Bjo/LOD fwd R start RF trn,-,sd L DW,bk R LOD(W bk L

S start RF heel trn,-,cont heel trn cl R,fwd L)to CP/RLOD;

9\_ - \_ A2 R U N N I N G \_ S P I N \_ and \_ W E A V E ;; F W D \_ T O \_ R I G H T \_ L U N G E , R O L L , R E C , S L I P ;  
;

9-10 Bk L pivot 1/2 RD,-,fwd R cont trn/sd L,bk R(W fwd R pivot 1/2

S /& RF,-,bk L cont trn/sd R,fwd L)to Bjo/DRW; Bk L,bk R trng LF,sd

& fwd L,fwd R(W fwd R,fwd L trng LF,sd & bk R,bk L)to Bjo/DW;

11-12 Blend to CP & step fwd L,-,flex L knee & step sd & fwd DW on R

SS keeping L sd in twd ptr & flexing R knee as wgt is taken(W bk

R,-,flex R knee & step sd & bk DW on L keeping R sd in twd ptr

& flexing L knee as wgt is taken),-; Hold R Lunge 1 more beat,

roll upper body RF,rec on L,trng LF step bk on R(W hold 1 beat,

roll upper RF,rec on R,trng LF slip L fwd)to CP/DC;

A3\_ - \_ A6 T E L E M A R K \_ T O \_ B J O ; F W D \_ and \_ F W D / L O C K , F W D ; N A T U R A L \_ W E A V E ;;

13-14 Fwd L start LF trn,-,fwd & sd R around W cont LF trn,sd & fwd

S L(W bk R start LF heel trn,-,cont trn & chg wgt to L,bk & sd R)

S /& to Bjo/DW; Fwd R,-,fwd L/lock RIB,fwd L to Bjo/DW;

15-16 Fwd R start RF trn,-,cont trn sd L,sd & bk R DC(W bk L start RF

S heel trn,-,cont trn cl R,sd & fwd L); Bk L to Bjo,sd & bk R to

CP trn LF,sd & fwd L,XRIF(W fwd R to Bjo,fwd L to CP,sd & bk R,

XLIB)to Bjo/DW;

E N D I N G

A\_ \_ 4 TELEMARK\_TO\_SCP, CHAIR; REC, SLIP, DIP\_BK, REC; 5\_COUNT\_DIAMOND\_TURN;;

1-2 Fwd L start LF trn, sd R cont trn, sd & fwd L, chair thru DW on R

(W bk R start LF heel trn, cont heel trn chg wgt to L, step sd &

fwd R, chair thru DW on L); Rec L, small step bk R to CP, dip bk

L, rec R (W rec R, swivel LF on R & step fwd L to CP, dip fwd R,

rec L) to CP/LOD; S l i g h t \_ P a u s e

/& 3-4 Fwd L trng LF, sd R, bk L/cl R, bk L to Bjo/DRC; Bk R trng LF, sd

/& L, fwd R/cl L, fwd R to Bjo/DRW;

5\_ \_ 9 FINISH\_ 5\_COUNT\_DIAMOND\_TURN;; TELEMARK\_TO\_PROMENADE\_SWAY; CHANGE

SWAY; CHANGE\_BACK\_TO\_PROMENADE\_SWAY;

/& 5-6 In Bjo/DRW repeat action of meas 3-4 of Ending to end Bjo/DC;;

/& (Last diam trn will be slightly retarded.)

7-9 Fwd L start LF trn, sd R cont trn, sd & fwd L to Promenade Sway

S (W bk R start LF trn, cont heel trn chg wgt to L, step sd & fwd R

to Prom Sway),-; Chg sway,-,-,-; On last flurry of notes roll

upper body and chg sway back to Promenade Sway and hold; ack to Promenade Sway and hold; hold;

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