

PICARDY FOXTROT

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RECORD: SPECIAL PRESSING 205-967-3686

FOOTWORK: Opposite except where noted.

SEQUENCE: INT,A,B,A,B,B(1 thru 15), ENDING.

TIMING: SQQ unless otherwise noted.

PHASE VI FOXTROT.

INTRO

1-4 WAIT; WAIT; TOG-TCH-; FEATHER FINISH;

1-2 Op pos fcg DW with lead hnds joined;;

Ss 3 Fwd L,-, tch R to L with slight RF upper body turn,-;

4 Bk R turn LF,-, sd & fwd L DC, fwd R to contra bjo DC;

PART A

1-4 OPEN REV TURN; BK & CHASSE TO SCP; NATL HOVER CROSS;;

1 Fwd L comm. LF turn,-, cont. LF turn sd R(W bk,-, sd,

thru) to fc RLOD, bk L blend to contra bjo with R

shoulder lead;

SQ&Q 2 M bk R comm. LF turn,-,sd L/cl R to L, sd L blend to

SCP fcg DW;

3 Fwd R comm. RF turn,-, sd & fwd L around W, sd & fwd R

to fc DW in contra scar;

QQQQ 4 Chk fwd L, rec R, sd L, xRiF of L to contra bjo DC;

5-8 REVERSE TURN;; THREE STP; NATL TURN;

5-6 M fwd L comm. LF turn,-, sd R twd COH, bk L LOD(W bk

R heel turn,-, cl L to R, fwd R); Bk R turn 14LF,-, sd

& fwd L DW, fwd R in contra bjo DW;

7 Fwd L blend to CP,-, fwd R, fwd L;

8 Fwd R comm. RF turn,-, sd L(W heel turn), bk R CP fcg

RLOD;

9-12 CLOSED IMPETUS; HINGE; REC TO SAME FOOT LUNGE; REC- CLOSE-;

9 M bk L LOD turn RF,-, cl R to L cont. RF turn, bk L

DRC(W fwd R turn RF,-, sd L cont. RF turn, brush R to

L fwd R DRC);

10 M bk R comm. LF turn,-, sd & bk L, cont. turn relax L

knee leave R leg extended & rotate upper body LF M

look past W(W fwd L,-, **sd & fwd R turn** LF, bk L well

under body);

SS 11 M rise on L & comm. RF body turn allowing W to rec &

come fwd before extending R down LOD(W rec R bring L to

R swvl RF on R),-, extend R sd LOD trans wgt to R

stretch R sd(W lower on R & extend L leg **fwd no wgt**)

M look over W's hd & W look to L,-;

SS 12 Correct body sway rec L to fc DRC rise,-, cl R to L

(W rec L with slight LF turn rise,-, cl R to L) CP fcg

DRC,-;

13-16SPLIT RONDE; REV WAVE CHK & WEAWE;;;

SQQ 13 Flex R knee ronde L ccw toe pointing twds floor comm.

(SQ&Q) LF turn,-, xLiB cont. LF turn, bk R sml stp(W flex R

knee ronde L ccw toe pointing twds floor comm. LF turn

,-, xLiB/ sd R, sml stp fwd L bet M's feet) end CP DW;

14 Fwd L,-, sd R(W heel turn), bk L fcg DRC;

15 Chk bk R,-, rec L, sd & bk R DC;

QQQQ 16 Bk L contra bjo, bk R CP turn LF, sd L
LOD, fwd R DW in contra bjo;

PART B

1-4 CHANGE OF DIRECTION; CONTRA CHK REC SWITCH; CURVED FEATHER;

COMM OUTSIDE SPIN & TWIST;

SS 1 Fwd L DW turn LF,-, sd R DW draw L to R(no wgt) in CP
fcg DC,-;

2 Lowering on R fwd L chk with R sd fwd hd to R,-, rec R
turn RF on R, sml stp bk L(W rec L, fwd R bet M's feet)
CP fcg DW;

3 Fwd R DW,-, fwd L turn RF with L sd lead, fwd R blend
to contra bjo DRW;

4 Cl L with L toe to R heel & L **heel turned out pivot** RF
,-, strong stp fwd R outside ptr cont. RF turn, sml
stp sd & slightly bk on L(W strong stp fwd R outside ptr
turn RF,-, cl L on toe for RF toe spin, sd & fwd R bet
M's feet) end CP DRW;

5-8 FINISH OUTSIDE SPIN & TWIST; FEATHER FINISH; WHISK; FEATHER;

&QQS 5 On &/1 count quickly xRiB of L, unwind RF on counts 2
& 3 on ball of R & L heel, sd & bk L fcg DRW(as M hooks
W runs fwd around M L/R, L unwind M to CP, fwd R bet M's
feet) end CP fcg DRW;

6 Bk R turn LF,-, sd & fwd L DW, fwd R to contra bjo DW;

7 Fwd L,-, fwd & sd R sway L(W sway R), xLiB of R on toes

fcg DC in SCP;

8 M thru R,-, fwd L, fwd R to contra bio DC(W thru L turn

LF,-, bk R, bk L);

9-12 CLOSED TELEMAR; NATL WEAVE;; THREE STP; Fwd L to CP DC comm. LF turn,-, sd R cont. LF turn(W heel turn), fwd L DW to contra bjo;

10 Fwd R comm. RF turn,-, sd & bk L fcg DRW,(W heel turn) bk R with R shoulder lead in contra bj*o;

QQQQ 11 Bk L, bk R blend to CP, sd & fwd L DW, fwd R to contra bjo;

12 Repeat meas 7 in PART A;

13-16 NATL TURN; BK TIPPLE CHASSE TO SCAR DC; HOVER CROSS ENDING DRC;

TOP SPIN;

13 Repeat meas 8 in PART A;

SQ&Q 14 Bk L comm RF turn,-, sd R/cl L to R(on toes), sd R to fc DC blending to contra scar on last stp(stay on toes);

QQQQ 15 Starting in contra scar fcg DC repeat meas 4 in PART A ending contra bjo fcg DRC;

QQQQ 16 Turn strong LF on R toe bk L, bk R blend to CP cont. LF turn, sd & fwd L DC, fwd R to contra bjo DC;*

ENDING

1-2 OPEN IMPETUS; CHAIR;

F Bk L turn RF,-, cl R to L cont. RF turn(W fwd around M brush R to L), fwd L DC SCP;

SS 2 M thru R with R knee relaxed chk looking at W(W thru L

with L knee relaxed chk looking at M),-,-,-;

2nd time thru part B end TOP SPIN fcg DW in contra bjo.