

ONLY A WOMAN

Choreography: Barbara Morgan bjmalaska@yahoo.com (907) 277-3269

Music: *Only a Woman* Michael Bolton from his album, *Only a Woman*, Track 3

Rhythm: Slow Two Step Phase: IV Timing: SQQ except as noted

Footwork: Woman opposite except as noted

Sequence: **Intro A B A B Interlude C Interlude B(Mod) Ending**

1-4 INTRO

1-3 1M WAIT; SHADOW CRAB WALKS RIGHT; LEFT;

QQS Facing the wall, Shadow position, right foot free for both;

QQS Wait; Sd R, xif L, sd R, -; Sd L, xif R, sd L, -;

4 LADY TURN TO FACE;

S (SS) Sd R, -, hold , -; (W XRIF trng RF to face partner, -, sd L, -;)

1-12 PART A

1-3 UNDERARM TURN; REV UNDERARM TURN; UNDERARM TRN;

CP Wall Sd L, -, R xib of L, recover L; Sd R, -, L xib of R, recover R;

(W sd R, -, xLif of R trng RF under joined ld hds, fwd R finishing RF trn to face partner;)

Sd L, -, R xib of L, recover L; (W sd R, -, xLif of R trng RF under joined ld hds, fwd L facing RLOD, fwd R;)

4-7 HALF LARIOT; TURN TO FACE IN 3; CRAB WALK(COH); ROCK APART;

[4] Sd R, -, L xib of R, recover R; (W fwd L, -, R, L circling cw around the Man;)

[5] M trn L under his own arm in 3 small steps to fc partner L, -, R, L (COH);

(W fwd 3 to fc partner R, -, L, R;)

[6] Sd R, -, xLif of R, sd R (COH);

[7] Bk L, -, rec R, cl L; (W bk R, -, rec L, fwd R;)

8-12 XBODY LEAD; BASIC; OPEN BASICS; ; BASIC TO SEMI (HOLD);

[8] Bk R, - & trng left, fwd L, side R; (W Fwd L, - trng left, R fwd & trng L, L sd;)

[9] Sd L, -, R xib of L, recover L;

[10] Sd R, -, to ½ open, rk bk L, rec R ; (W sd L, -, to ½ open, rk R, rec L;)

[11] Sd L, -, to ½ open, xLib, rec R; (W sd R, -, to ½ open, rk L, rec R;)

[12] Sd L, -, R xib of L, recover L to **SEMI (hold)**;

1-8 PART B 4 CORNERS; ; ; ; ; ; ; ;

1-4 RUN 3 TO FC; M HOOK-LADY UNWIND; RUN 3 TO FC; M HOOK-W UNWIND;

QQS In SCP-DLW Fwd L, R, L trng to face ptr in BJO;

QQS In BJO-DRW XRIB of L, rec L trng RF, rec R trng RF, - (W fwd L curving RF around man, fwd R continue RF around man, fwd L trng RF into SCP, -);

QQS In SCP-DLC Fwd L, R, L trng to face ptr in BJO;

QQS In BJO-DLW XRIB of L, rec L trng RF, rec R trng RF, - (W fwd L curving RF around man, fwd R continue RF around man, fwd L trng RF into SCP, -);

5-8 RUN 3 TO FC; M HOOK-LADY UNWIND; RUN 3 TO FC; M HOOK-W UNWIND;

QQS In SCP-DRC Fwd L, R, L trng to face ptr in BJO;

QQS In BJO-DLC XRIB of L, rec L trng RF, rec R trng RF, - (W fwd L curving RF around man, fwd R continue RF around man, fwd L trng RF into SCP, -);

QQS In SCP-DRW Fwd L, R, L trng to face ptr in BJO;

QQS In **BJO-DRC** XRIB of L, rec L trng RF, rec R trng RF, - (W fwd L curving RF around man, fwd R continue RF around man, fwd L trng RF into **CP**, -);

1-12 PART A

1-8 PART B 4 CORNERS; ; ; ; ; ; ; ;

1-3 INTERLUDE

1-3 RUN 3 TO FACE; MANUEVER; PIVOT 2 (HOLD);

QQS In **SCP-DLW** Fwd L, R, L trng to face ptr in BJO;

Maneuver R, sd L, cl R, - , to **RLOD**;

SS In **CP** Pivoting R fc to LOD Bac R, -, fwd L, - to **CP LOD to OPEN**;
(W fwd R, -, heel to ball bet/ man's feet pivoting RF on ball, bac L, -)

1-10 PART C

1-4 TRAVELING CROSS CHASSES; ; ; ;

Drift apart to **OPEN** facing, **LOD** Fwd & sd L trng to fc DLC,-, sd R, xLif;

Sd R trng to fc DLW, -, sd L, xRif;

(W arms in & out styling, may use rise hover action like in waltz)

M fwd & sd L trng to fc DLC,-, sd R, xLif;

Sd R trng to fc LOD, -, sd L, xRif to **CP WALL**;

5-6 (CP-WALL)OPEN BASICS; ;

Sd L, -, to ½ open, rk bk R, rec L ; (W sd R, -, to ½ open, rk L, rec R;)

Sd R, -, to ½ open, xLib, rec R; (W sd L, -, to ½ open, rk R, rec L;)

7-10 SLOW SWAY LEFT; SLOW SWAY RIGHT; HIP LIFT; HIP LIFT (HOLD);

SS (**CP-LOD**) Sd L,-, **Hold**, - ; Sd R,-, **Hold**, - ; (**MUSIC SLOWS DOWN**)

Sd L, -, hip lift, , ; Sd R, -, hip lift, **HOLD**;

1M INTERLUDE

1 SLOW HEAD FLICKS;

Trn away fr/ prtner & look at partner on striking beats to **Semi DLC HOLD**;

1-8 PART B Modified with Rondes

1-4 RUN 3 (SEMI-DLC)TO FACE; HE RONDE; WALK 3; HE RONDE;

QQS In semi **DLC** fwd L, R, L, - to **CP**; X R in back of L with Ronde, rec L, rec R, - ;

QQS (W fwd R, L, R, - ; L, R, L, -;)

QQS Fwd L, R, L, - trng R; X R in bk of L with Ronde, rec L, rec R, -, turning R in **CP**;

QQS (W X R in bk of L with Ronde, rec L, rec R, - ; walk fwd curving R small steps L, R, L, - ;)

5-8 SHE RONDE; HE RONDE; SWAY; HOLD(LOD)(CP) ;

QQS Fwd L, R, L, - trng R; X R in bk of L with Ronde, rec L, rec R, -, turning R in **CP**;

QQS (W X R in bk of L with Ronde, rec L, rec R, - ; walk fwd curving R small steps L, R, L, - ;)

SS In **CP LOD** Sd L, -, **Hold**, - ; **Hold**, -, , - ;

1-8 ENDING

1-4 2 SWITCHES; ; MANUVER (RLOD); SLOW SWAY TCH LEFT;

Fwd R trng RF in frt of W, bk L cont RF trn, bk & sd R to 1/2-LOP; (W Fwd L, -, R, L;)

Fwd L, -, R, L; (W Fwd R trng RF in frt of man, bk L cont RF trn, bk & sd R to 1/2-OP;)
Fwd R trng RF in front of W to CP-**RLOD**, -, Sd L, Cl R;

SS Sd L with sway, -, tch R, - ; (W Sd R, -, tch L, -;)

5-6 SLOW SWAY TCH RIGHT; STEP BACK TO HANDSHAKE HOLD (RLOD);

SS Sd R with sway, -, tch L; (W Sd L, -, tch R, -;)

SS Bk L and join R hands, -, Hold, - ;

7-8 WOMAN SOLO ROLL; INTO CORTE (HOLD (CP));

Man walks back 3 stps R, -, L, R, still facing **RLOD**; (W rolls LF twd LOD L, -, R, L;)

SS Back L and lower, -, hold; (W fwd R and lower, look at partner, -, - ;)