

ONCE UPON A DEMBER

RELEASED: June 2009

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RECORD: Once Upon A December, by Deana Carter – CD music from Anastasia the movie
Available from WalMart as Karaoke in the style of Deana Carter Time: 3:32
RHYTHM: Waltz, RAL Phase IV + 1 (Chg Sway) Level: Moderate (fast)
FOOTWORK Opposite (Woman's footwork in parentheses) Speed: 25 RPM
SEQUENCE: Intro, A, A(mod), B, Inter, A(mod), B, Ending

Meas: INTRODUCTION

1-4 (CP-LOD) WAIT 2 MEAS;; SWAY L; SWAY R;

1-2 closed position – line of dance, wait; wait;;

3-4 sd L stretch body on L side,-,-; sd R stretch body on R side,-,-;

5-8 DIAMOND TURN 3/4;;; 1/2 BOX BK;

5-8 fwd, sd, bk; bk, sd, fwd; fwd, sd, bk; bk, sd, cl (CP-DLW);

9-12 HOVER; PICKUP; 2 LF TURNS;;

9-12 fwd, sd & rise, rec SCP; fwd turn, sd, cl; fwd trn, sd trn, cl; bk trn, sd trn, cl;

13-16 WHISK; MANUV; SPIN TURN; BOX FINISH;

13-14 fwd, fwd & sd rise, XIB; fwd turn, fwd turn, cl;

15-16 bk pivot, fwd rise, sd & bk; bk turn, sd, cl;

PART A

1-4 DIAMOND TURN;;;;

1-4 fwd, sd, bk; bk, sd, fwd; fwd, sd, bk; bk, sd, fwd;

5-8 TELEMARK BJO; MANUV; OUTSIDE CHANGE BJO; DEVELOPE;

5-6 fwd turn, fwd & sd turn, fwd & sd; fwd turn, fwd turn, cl;

7-8 bk, bk turn, sd & fwd; fwd check (bk, foot up, extend foot);

9-12 OUTSIDE SWIVEL; WEAVE 6 BJO;; MANUV;

9-10 bk, XIF(no weight) (fwd, swivel – no weight); fwd, fwd turn, sd & bk;

11-12 bk, bk turn, sd & fwd; fwd turn, fwd turn, cl;

13-16 IMPETUS; WEAVE 6 SCP;; CHAIR, REC, SLIP;

13-14 bk, cl turn, fwd; fwd, fwd turn, sd & bk;

15-16 bk, bk turn, sd & fwd; fwd lunge R, rec L, bk (woman fwd L, rec R,
fwd L turning to CP);

(Modify – 2nd & 3rd time – change Chair, rec, slip to a Maneuver)

PART B

1-4 PIVOT 3 SCP; MANUV; PIVOT 3 SCP; MANUV;

1-2 bk pivot, fwd, fwd; fwd turn, fwd turn, cl;

3-4 repeat meas. 1 & 2

5-8 1 RF TURN (LOD); FWD WALTZ; 1 LF TURN; HOVER CORTE;

5-7 bk turn, sd turn, cl; fwd, fwd, fwd; fwd turn, sd turn, cl;

8 bk & turn, sd & fwd rise, rec;

9-12 BK, BK/LK, BK; BK HOVER SEMI; FWD, CHASSE SCP; WING;

9-10 bk, bk/lk, bk; bk, sd & bk rise, rec (SCP-LOD);

11-12 thru turn, sd/cl, sd; fwd, draw, tch (fwd, fwd turn, fwd turn to SCar);

13-16 TELEMARK SCP; MANUV; OUTSIDE CHANGE SCP; PICKUP;

13-14 fwd turn, fwd turn, sd & fwd; same as meas. 2 of Part B;

15-16 bk, bk turn, sd & fwd; repeat meas 10 of Intro;

INTERLUDE

1-4 DIAMOND TURN;;;;

1-4 repeat meas. 1-4 of Part A

5-8 FWD WALTZ; MANUV; SPIN TURN; BOX FINISH;

5-6 fwd, fwd, fwd; same as meas. 2 of Part B;

7-8 bk pivot, fwd rise, sd & bk; bk turn, sd, cl (DLC);

9-12 DRAG HESITATION; BK, BK/LK, BK; IMPETUS; THRU, FC, CL;

9-10 fwd turn, sd turn, draw (Bjo RLOD); same as meas. 9 of Part B;

11-12 same as meas. 13 of Part A; thru, sd, cl (to Bfly-wall);

13-16 BALANCE L & R;; SOLO TURN 6;;

13-16 sd, XIB, in place; sd, XIB, in place; fwd turn, sd turn, cl; bk turn, sd turn, cl;

17-20 STEP, SWING; SPIN MANUV; SPIN TURN; BOX FINISH;

17-18 step, swing, -; fwd turn, fwd turn, cl (spin in place, in place, in place) to CP-RLOD);

19-20 bk pivot, fwd rise, sd & bk (DLW); bk turn, sd, cl (DLC);

ENDING

1-4 2 LF TURNS;; HOVER TELEMARK; MANUV;

1-4 same as meas. 11-12 in Intro;; fwd, sd & fwd rise & turn, fwd; same as meas. 2 of Part B;

5-8 2 RF TURNS;; TWISTY VINE 3; FWD, FC, CL;

5-8 bk turn, sd turn, cl; fwd turn, sd turn, cl; sd, XIB, sd; fwd, fc, cl;

9-12 HOVER; WEAVE 6 SCP;; CHAIR, REC, SLIP;

9-12 fwd, sd & rise, rec; same as meas. 14-15 of Part A; same as meas. 16 of Part A;

13-16 DIAMOND TURN 3/4;;; 1/2 BOX BK;

13-16 same as meas. 5-8 of Intro;;;;

17-20 HOVER; PICKUP; 2 LF TURNS;;

17-20 same as meas. 9-12 of Intro;;;;

21-24 WHISK; MANUV; OVERSPIN TURN; BOX FINISH;

21-22 same as meas. 13-14 of Intro;;

23-24 bk pivot, fwd rise, sd & bk (DLR); bk turn, sd, cl (CP-DLW);

25-26 PROMENADE SWAY; CHANGE SWAY;

25-26 sd & fwd turn, relax knee;