Once In A While III

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Music: STAR CD: # 518   flip: "Annientamento" available from Palomino Records 1-800-328-3800
Rhythm: Foxtrot / Jive **RAL Phase** III +2[weaves & telemark]   **Timing: SQQ or** as
indicated in left margin
Footwork: Opposite, except where noted for woman in parentheses   **Suggested Speed:** slow for
comfort
Sequence: INTRO, A, A, B, C, B(1-15), ENDING   **Release**: May 2007

INTRODUCTION
1-4   WAIT;; QK ROLL 3 to SCP; THRU SD CLOSE;
        1-2 ld ft free man fcg WALL ld palms tching wait 2 meas ;;
QQS   3   {roll 3} roll fwd & sd L away from ptr, cont roll bk R to fc, sd & fwd L, -; SCP/LOD
        4   {thru sd cl} thru R, -, sd L, sd R to L; (thru L, -, sd R, cl L;) CP/WALL

PART A
1-4   WHISK ; WING [LW]; X HOVER BJO; X HOVER SCAR;
        1   {whisk } fwd L, -, sd & fwd R comm. rise, XLIB of R cont rise to ball of ft leadg W to SCP; SCP/LOD
      {NOTE: The 2nd time thru PART A, meas 1 will start fcg DLW – but still end SCP/LOD}
        2   {wing} fwd R, -, comm. upper body LF trn & draw L twd R, tch L besd R w/left sd stretch; SCAR/DLW
          (W: fwd L comm. LF trn, -, cont trn fwd R arnd ptnr, cont trn fwd L arnd ptnr w/head well left;)
        3   {cross hover bjo} XLIF of R across LOD, -, sd & fwd R w/slight rise trng LF, rec L; BJO/DLC
        4   {cross hover scar}XRIF of L across LOD, -, sd & fwd L w/slight rise trng RF, rec R; SCAR/DLW
5-8   X HOVER SCP/LC; THRU SCP CHASSE; PROMENADE WEAVE ;;
        4   {cross hover scp} XLIF of R across LOD, -, sd & fwd R w/slight rise leadg W to SCP/DLC, sd & fwd L;
         SCP/DLC
SQ&Q   6   {thru chasse} thru R , -,sd L/cl R, sd L; SCP/DLC
        7   {prom weave} fwd R, -, fwd Ltrng LF to CP, cont trn sd & bk R to CBMP; fc DRW
          (fwd L, -, sd & bk trng LF to CP, cont trn fwd L;) CBMP/DRW
QQQQ   8   bk L still in CBMP, bk R trng LF in CP, cont trn sd & fwd L, fwd R; BJO/DLW

REPEAT PART A

PART B
1-4   HOVER SCP; HOVER FALLAWAY;SLIP PIVOT to BJO; MANUV;
        1   {hover scp} fwd L to CP, -, fwd & sd R w/slight rise & trng LF, sd & fwd L; SCP/DLC
        2   {hover fallawy} thru R, -, staying in SCP fwd L rising on ball of ft & checking, rec bk R; SCP/DLC
          (thru L, -, staying in SCP fwd R rising on ball of ft & checking, rec bk L;
        3   {slip pivot} bk L leading W to trn LF, -, bk R passing besd L keepg left leg extd, fwd L outsd W in BJO;
          (bk R comm. LF pivot on ball of right ft, -, cont trng fwd L to CP, bk R;) BJO/DLW
        4   {manuv} comm. RF trn fwd R across LOD, cont trng RF in frnt of W sd L, cl R; CP/RLOD
5-8   2 RIGHT TURNS;;QK TWIST VINE 8;;

5   **{2 r trns}** bk L comm. RF trn , cont trn sd R, cl L; CP/DRC (W: fwd R comm. RF trn, -, cont trn sd L, cl R;)

6   comm. RF trn fwd R, -, cont trng sd L, cl R; CP/WALL

QQQQ   7   **{qk twist vine 8}** sd L, XRIB (W: XLIF), sd L, XRIF (W: XLIB); BJO/DLW

QQQQ   8   repeat meas 7;

9-12   HOVER SCP; WEAVE 6 [SQQ] to SCP;; FWD HOVER BJO;

9   **{hover}** repeat meas 1;

10   **{weave 6 to scp}** fwd R, -, fwd L trng LF to CP, sd & bk R to CBMP; fc DRW
       (fwd L, -, sd & bk trng LF to CP, cont trn fwd L;) CBMP/DRW

11   bk L still in CBMP, -, bk R trng LF to CP, cont trng to SCP sd & fwd L; SCP/LOD
       (fwd R still in CBMP, -, fwd L trng LF to CP, cont trng to SCP sd & fwd R;)

12   **{fwd hover bjo}** fwd R in CP comm. leading W to trn LF, -, fwd & sd L w/rise & LF trn, rec fwd R; (W:
       fwd L comm. LF trn, -, cont trn sd & bk R, bk L;) BJO/DLW

13-16   BK HOVER SCP; FWD PU CLOSE; SCOOT 4; QK TELEMARK SCP & THRU;

13   **{bk hover scp}** bk L comm leading W to CP, -, bk R w/rise trng LF, cont trn to SCP sd & fwd L;
SCP/LOD

14   **{fwd pu cl}** fwd R, -, sm sd & fwd L, cl R; (W: fwd L comm. LF trn, -, cont trn sd R in frnt of M, cl L;)
CP/LOD

QQQQ   15   **{scoot 4}** fwd L w/scoot action, cl R, fwd L w/scoot action, cl R; CP/LOD

QQQQ   16   **{qk telemark scp & thru}** fwd L comm. LF trn, cont trng sd R arnd W, sd & fwd L SCP/LOD, thru R trng to fc

       WALL; (W: bk R trng LF bringing L to R no wgt, cont trn on R heel rise & chg wgt to L, sd & fwd R in
       scp, thru L;)

       [blend to loose CP/WALL for JIVE]

PART C [JIVE]

1-4   CHASSE L & R; CHG PLACES R to L ~ L to R;;;

1a2,3a4   1   **{chasse l & r}** [in loose CP/WALL] sd L/cl R, sd L, sd R/cl L, sd R; loose CP/WALL

1,2,3a4   2   **{chg pl r to l}** rk bk L to SCP, rec R, sd L/cl R, sd L trng ¼ LF; LOP/LOD
       (rk bk R to SCP, rec L, sd R/cl L, fwd R trng ¾ RF undr jnd ld hnds to fc RLOD;)

1a2,3,4   3   sd & fwd R/cl L, sd R, (W: sd & bk L/cl R, sd L,) **{chg pl l to r}** rk bk L, rec R; (W: rk bk R, rec L;)
LOP/LOD

1a2,3a4   4   sd L/cl R, sd L trng ¼ RF, sd R/cl L, sd R; (fwd R/cl L, fwd R trng ¾ LF undr ld hnds, sd L/cl R, sd L;)
LOP/WALL

5-8   CHG HNDS BEH the BK ~ CHG HNDS BEH the BK;;; RK BK REC SD CLOSE;

1,2,3a4   5   **{chg hnds beh bk }** rk bk L in LOP, rec R, fwd L/cl R, fwd L trng ¼ LF chg to R-R hndhold beh m's bk;
       (bk R, rec L, fwd R/cl L, fwd R trng ¼ RF;)

1a2,3,4   6   sd R/cl L, sd R cont trng ¼ LF (RF) to fc ptr & COH chg to lead hndhold, **{chg hnds beh bk}** rk bk L, rec R;

1a2,3a4   7   fwd L/cl R, fwd L trng ¼ LF (RF) chg to R-R hndhold beh m's bk, sd R/cl L, sd R cont trng ¼ LF (RF);
LOP/ WALL

1,2,3,4   8   **{rk bk, rec sd cl}** rk bk L, rec R, sd L, cl R; CP/WALL

9-12   CHASSE L & R; CHG PLACES R to L ~ L to R to SCP;;

9-12   repeat meas 1-4;;;; but end in SCP

13-16   FALLAWAY THROWAWAY ~ LINK TO CP/WALL;;; RK BK, REC, SD CLOSE;

1,2,3a4   13   **{fallawy throwawy}** rk bk L, rec R, sd L/cl R, sd L comm. ¼ LF trn; (W: rk bk R, rec L, PU R/L, R;)

1a2,3,4   14   cont trn to LOP/LOD sd R/cl L, sd R, (W: sd & bk L/cl R, sd L,) **{link to CP}** rk bk L, rec R; (W: rk bk R, rec L;)

1a23a4   15   sm chasse fwd L/R, L, trng RF to CP sd R/cl L, sd R;(W:sm chasse fwd R/L, R, trng to CP sd L/cl R, sd L;)CP/WALL

1,2,3,4   16   **{rk bk, rec sd cl}** rk bk L, rec R, sd L, cl R; CP/WALL

REPEAT PART B (1-15)

ENDING

1   QK TELEMARK 2 & APT ;

QQS   1   **{qk telemark 2 & apt}** fwd L comm. trng LF, cont trng to SCP/LOD sd R, sd L, ack ptnr; ½ OP/LOD
(W: bk R trng LF heel trn bringing L to R no wgt, cont trn on R heel & rising chg wgt to L, sd R , ack;)
[end with lead hnds extd to sd while looking at ptnr]

Once In A While **III**   Quick Cues   Sequence: Intro- A-A-B-C-B(1-15) -
Ending
INTRO
In OP/WALL, ld palms tchg WAIT;; QK ROLL 3; THRU SD CLOSE;
PART A
WHISK**;** WING to LW; X HOVER to BJO; THEN SCAR;
X HOVER to SCP/LC; THRU SCP CHASSE; PROM WEAVE;; **Repeat PART A**
PART B
HOVER SCP; HOVER FALLAWAY; SLIP PIVOT BJO; MANUV;
2 RIGHT TURNS;; QK TWIST VINE 8;;
HOVER SCP; WEAVE 6[SQQ] to SCP;; FWD HOVER BJO;
BK HOVER SCP; FWD PU CL; SCOOT 4; QK TELEMARK & THRU; **Fc Wall – JIVE**
PART C
CHASSE L & R; CHG PLACES R to L ~ L to R to FC;;;
CHG HNDS BEH the BK ~ CHG HNDS BEH the BK to FC;;; RK APT, REC, SD, CLOSE;
CHASSE L & R; CHG PLACES R to L ~ L to R to SCP;;;
FALLAWAY THROWAWAY ~ LINK TO CP/WALL;;; RK APT, REC, SD, CLOSE; to
FOXTROT
PART B [1-15]
HOVER SCP; HOVER FALLAWAY; SLIP PIVOT BJO; MANUV;
2 RIGHT TURNS;; QK TWIST VINE 8;;
HOVER SCP; WEAVE 6[SQQ] to SCP;; FWD HOVER BJO;
BK HOVER SCP; FWD PU CL; SCOOT 4;
END
QK TELEMARK 2 & APT;