Nice Work If You Can Get It
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MUSIC: Nice Work If You Can Get It (Doris Day – Best Of Ballroom Music 9
Track 17)
RHYTHM: Foxtrot
PHASE (+): V (version 1.1 correct alignments in Part A)

FOOTWORK: Opposite unless indicated [W's footwork in square brackets]
SEQUENCE: WAIT A A (MOD) B C D B BRIDGE D B ENDING

Part A

1 – 10
Side / Cross, Look, Unwind, -; Side, Touch, Side, Touch; Side / Cross,
Look, Unwind, -; Side to Face,
touch, Side, Touch; Hover Telemark to SCP; Forward Hover to Banjo; Back
Twisty Vine 4; Back,
Swivel, Run 2; Quick Thru Vine 4; Pickup, Forward, Explode to LOP facing
WALL, -;

Second Time (Measure 10): Pickup, Forward, Side, Draw to CP-DLW;

0
Wait in Left Open Position facing WALL with Lead Feet free and pointed
towards each other for 3 and ¾
beats, then…. On the pickup note side L towards partner knees soft;

1
[(Side) Cross, Look, Unwind (SS)] (Having taken the side step on the
pickup note continue with) Cross R
loosely in front of L with partial weight knees soft, look at partner,
over counts 3 and 4 unwind turning LF
leaving weight on L to end facing WALL with full weight on L and R
crossed deeply behind L knees very
soft;

2
[Side Touch Twice (QQQQ &)] Side R, touch L, side L, touch R / side R
away from partner knees soft;

3
[(Side) Cross and Look, Unwind (SS)] Having taken the side step on the
pickup note continue with Cross
L loosely in front of R with partial weight knees soft, look away from
partner, over counts 3 and 4 unwind
turning RF leaving weight on R to end facing WALL with full weight on R
and L crossed deeply behind
knees very soft;

4
[Side Touch Twice (QQQQ)] Side L turning LF to face Partner and LOD, touch R, side R toward WALL, touch L ending in CP facing DLC;

5
[Hover Telemark to SCP (SQQ)] Forward L, -, side R, side and forward L turning to SCP facing DLC;

[W: Back R, -, side and slightly back L then brush R to L, side and forward R turning to SCP;]
6
[Forward Hover to Banjo (SQQ)] Thru R, - turning to CP facing DLC forward and slightly side L, turning body slightly RF side and back R preparing for Banjo backing RLOD;

[W: Thru L, -, side and back R rising and turn to CP then brush L to R, side and forward L with left side leading preparing for Banjo;]
7
[Back Twisty Vine 4 (QQQQ)] Back L in Banjo, side R turning to Sidecar, forward L in Sidecar, side R turning to Banjo still backing RLOD;

8
[Back, Swivel, Run 2 (QQQQ)] Back L in Banjo, hold R forward allowing Woman to swivel to SCP, thru R in SCP toward LOD, forward L down LOD in SCP;

[W: Forward R in Banjo, swivel RF to SCP with L still behind, thru L in SCP, forward R down LOD;]
9
[Quick Thru Vine 4 (QQQQ)] Thru R, side L turning to face partner and WALL, R XIB to LOP, side L to face;

10
[Pickup, Explode to LOP (SS)] Thru R in SCP picking up to CP facing LOD, forward L toward LOD turning to CP facing LOD, releasing trail hand from Woman’s back and turning to face WALL side R toward RLOD exploding to LOP facing WALL, -;

[W: Having commenced a pickup at the end of the previous step side and back R turning LF, -, continue LF turn stepping side L toward LOD to end in LOP facing WALL;]
REPEAT PART A modified as shown below.

10-Mod [Pickup, Forward, Side, Draw (QQQQ)] Thru R picking up to CP facing DLW, forward L facing DLW, side R, draw L near R to end in CP facing DLW;
1 -8
Reverse Wave; ; Quick Heel Pull & Curved Feather; Hesitation Change;
Open Telemark; Thru Lilt
4; Natural Hover Cross; ;

1 -2
[Reverse Wave (SQQ; SQQ)] Forward L toward DLW rising commence LF turn,
-, side and around
partner R [W: heel turn], back L towards DLW; Back R in CP, -, back L
curving to back LOD, back R still
in CP;

[W: Back R toe to heel and nearly straighten legs leaving feet flat, -, close L without weight then turn LF
on heel of R to face LOD then transfer weight to the flat of the L foot, forward R; Forward L heel lead in
CP, -, forward R between Man’s feet heel then toe, forward L toe then
heel still in CP;]
3
[Quick Heel Pull & Curved Feather (QQQQ)] Back L commence RF turn, side
R small step and sway
to left, turn body RF then step side L down LOD and change sway to
right, continue RF turn forward R in
Banjo facing DRW;

[W: Forward R between Man’s feet commence RF turn, side and around Man L
and sway to right, side R
pointing DLC and change sway to left, continue RF turn back L in Banjo;]
4
[Hesitation Change (SS)] Back L commence LF turn, -, side R blending to
CP facing DLC, draw L near
R;

5
[Open Telemark (SQQ)] Forward L rising commence LF turn, -, side and
around partner R [W: heel
turn] now backing LOD, continue LF turn side and forward L toward DLW
left side leading turning to
SCP;

[W: Back R toe to heel and nearly straighten legs leaving feet flat, -, close L without weight then turn on
heel of R to face DLW then transfer weight to the flat of the L foot, continue LF turn step side and forward
R towards DLW right side leading in SCP;]
6
[Thru Lilt (S&S&)] Thru R rising, - / forward L in SCP, thru R rising, -
/ forward L in SCP;
7 -8
[F Hover Cross (SQQ; QQQQ)] Thru R almost towards WALL in SCP commence RF turn, -, side L
turning to CP backing almost DLW, continue RF turn so that body faces LOD stepping side R with
foot pointing DLW; Forward L small step high on toes in Sidecar checking, recover R, cushioning
in R knee and blending briefly to CP forward L on toes with left side leading toward DLC, forward
R in Banjo;

[W: Thru L allow Man to ‘cut’ across you in SCP, -, forward R towards DLW blending to CP,
continue RF turn side and slightly back L backing LOD and turning to back DLW; Back R small
step high on toes in Sidecar checking, recover L, cushioning in L knee and blending briefly to CP
side and back R, back L in Banjo;]
Part C

1 - 8
Reverse Turn; ; Hover to SCP; Open Natural; Open Impetus; Semi Chasse; Promenade Weave; ;

1 -2
[Reverse Turn (SQQ; SQQ)] Forward L toward DC rising commence LF turn,
-, side and around partner R [W: heel turn], back L towards LOD; Back R commence LF turn, -, side
and forward L pointing DW
body turns less, forward R left side leading and outside partner in Banjo;

[W: Back R toe to heel and nearly straighten legs leaving feet flat, -, close L without weight then turn LF
on heel of R to face LOD then transfer weight to the flat of the L foot, forward R; Forward L down LOD
and commence LF turn, -, side and back R, back L in Banjo;]
3
[Hover Telemark (SQQ)] Forward L rising, -, side and forward R, turning
to SCP facing DLW side and
forward L;

[W: Back R, -, side and back L then brush R to L, turning to SCP side and forward R;]
4
[Open Natural (SQQ)] Thru R commence RF turn, -, side L across LOD and
blending to CP, side and
back R with right side leading preparing for Banjo;

[W: Thru L, -, allowing Man to cross in front of you forward R between Man’s feet, side and forward L
with left side leading;]
5
[Open Impetus (SQQ)] Back L in Banjo commence RF turn, -, close R
turning RF on L heel and blending
to CP then transfer weight to flat of R foot then rise, continue RF body
turn step side and forward L toward
DLC;

[W: Forward R in Banjo commence RF turn, -, side L across LOD blending
to CP, brush R to L continuing
RF turn side and forward R in SCP toward DLC;]

6
[Semi Chasse (SQ&Q)] Thru R, -, side and forward L / close R, side and
forward L in SCP facing DLC;

7 -8
[Promenade Weave (SQQ; QQQQ)] Thru R, -, forward and slightly side L
commence LF turn and
blending to CP facing DLC, continue LF turn back and slightly side R
backing LOD and preparing to
Banjo; Back L in Banjo, back R down LOD and blending to CP, side and
forward L pointing DLW body
turns less, forward R left side leading and outside partner in Banjo \DLW;

[W: Thru L, -, commencing LF turn side and back R blending to CP backing
DLC, side and forward L with
left side leading preparing for Banjo; Forward R in Banjo, forward L
down LOD and blending to CP, side
and back R, back L in Banjo;]

Part D

1 -8
Drag Hesitation; Outside Swivel, -, Quick Whiplash; Back Twisty Vine 4;
Closed Impetus; Feather
Finish; Three Step; Natural Weave;

1
[Drag Hesitation (SS)] Forward L commence LF turn no rise with strong
sway to left, -, side and back R
in Banjo backing DLW correct sway, -;

[W: Back R commence LF turn no rise then turn head to R, -, side and
forward L in Banjo then correct
sway and head position, -;]

2
[Quick Outside Swivel and Whiplash (SQQ)] Back L wide step and allow
Woman to swivel RF to SCP
facing DRC, -, thru R, point L toward DRC then allow Woman to swivel LF
to Banjo backing DLW;
[W: Forward R in Banjo then swivel sharply RF to SCP, -, thru L then point R toward DRC, swivel sharply LF to Banjo;]  
3 [Back Twisty Vine 4 (QQQQ)] Back L in Banjo, side R turning to Sidecar, forward L in Sidecar, side and back R turning to Banjo; 
4 [Closed Impetus (SQQ)] Back L in Banjo commence RF turn, -, close R turning RF on L heel and blending to CP then transfer weight to flat of R foot then rise, continue RF body turn step side and back L toward DLC; 
[W: Forward R in Banjo commence RF turn, -, side L across LOD blending to CP, brush R to L continuing RF turn side and forward R in CP toward DLC;]  
5 [Feather Finish (SQQ)] Back R, -, side and forward L with left side leading, forward R in Banjo \ DLW; 
6 [Three Step (SQQ)] Forward L towards DLW, -, forward R between partner’s feet with slight right side leading heel lead and then rising to toe, forward L;  
7 -8 [Natural Weave (SQQ; QQQQ)] Forward R rising commence RF turn, -, side and around partner L [W: heel turn] backing LOD, diagonally back R with right side leading toward DLC preparing for Banjo; Back L in Banjo, back R down LOD and blending to CP, side and forward L pointing DLW body turns less, forward R left side leading and outside partner in Banjo facing DLW; 
[W: Back L toe to heel and nearly straighten legs leaving feet flat, -, close R without weight then turn RF on heel of L to face nearly LOD then transfer weight to flat of R foot, allowing body to continue RF turn forward L with left side leading preparing for Banjo; Forward R in Banjo, forward L down LOD and blending to CP, side and back R, back L in Banjo;]  
REPEAT PART B 

Bridge  
1 -2 Turn Left, Right Chasse; Weave Ending; 
1 [Turn Left, Right Chasse (SQ&Q)] Forward and back R; L commence LF turn, -, side R toward LOD / close L, side
[Weave Ending (QQQQ)] Back L in Banjo, back R down LOD and blending to CP, side and forward L pointing DLW body turns less, forward R left side leading and outside partner in Banjo \ DLW;

[Weave Ending (QQQQ)] Back L in Banjo, back R down LOD and blending to CP, side and forward L pointing DLW body turns less, forward R left side leading and outside partner in Banjo \ DLW;

REPEAT PART D
REPEAT PART B

Ending

1-9
Turn Left, Right Chasse; Weave Ending; Hover to SCP; Open Natural; Open Impetus; Thru to
Lock and Feather; -, -, Reverse Turn; -, -, Slow Hinge; ;

1 – 2
Repeat the action from Measures 1 and 2 of the Bridge

3 -5
Repeat the action from Measures 3 – 5 of Part C.

6 – 7
[Thru to Lock and Feather (SQQ; QQ)] Thru R, -, forward L with left side leading rising over ball of L,
using the rise allow to R XIB of L in Banjo then transfer weight to R and cushion in knees staying on ball
of R without lowering R heel to floor; Pushing out of R forward L with left side leading on ball of foot
rising and preparing for Banjo, forward R in banjo like the last step of a feather,

[W: Thru L, -, commence LF turn side and slightly back R on ball of foot rising, using the rise allow L to
XIF of R in Banjo then transfer weight to L and cushion in knees staying on ball of L without lowering heel
of L to floor; Pushing out of L back R toe then heel preparing for Banjo, back L in Banjo,]
NOTE: the last two quicks are danced like the two quicks of a Feather danced from CP.

7 –8 [Reverse Turn (S; QQ)] Forward L toward DC rising commence LF turn, 
-; Side and around partner R

[W: heel turn], back L towards LOD,
[W: Back R toe to heel and nearly straighten legs leaving feet flat, -;
Close L without weight then turn LF on heel of R to face LOD then transfer weight to the flat of the L foot, forward R,]

8 – 9
[Slow Hinge (S; SS)] Back R toward LOD in CP commence LF turn and rising, -; Side L foot pointing DLW body facing WALL and foot flat, -, Lower into L knee and turn body to face DLW with slight right sway, -.

[W: Forward L down LOD in CP commence LF turn and rising, -; Side and slightly back R turning LF to back WALL high on toes, -, swiveling slightly on ball of R so that toes of L foot can pass under heel of R then place weight on L lowering toe then heel and softening knees and over turning body slightly ending with R leg crossed over L just above the L knee and flick R foot across on the last note of music.]}

NOTE: Try to time the last action so that the Lady’s FLICK hits the last beat, like: ...Da, -; Da, -, ba-Dum, -. Where the "ba" is the placement of the Lady’s left foot in the Hinge position and the “Dum” is the FLICK