

NOWHERE FOXTROT

REVISED: November 7, 1999

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RECORD: You Came To Me Out of Nowhere, Windsor 4768-B. ARTIST: Windsor Band.

Flip of: Mission Bell Waltz

FOOTWORK: Opposite unless noted. Time@RPM: 2:15@44

RHYTHM: Foxtrot RAL PHASE: IV+2[Top Spin, Curved Feather]

SEQUENCE: INTRO A A B B[1-15] ENDING

MEAS:

INTRODUCTION

1-4 OPEN FACING DLW JOIN LEAD HNDS ARMS LENGTH APT WAIT 2 MEAS;; TOG TCH; FEATHER FIN;

[1-2] Wait 2 measures;;

SS [3] Fwd L,-, tch R to L,-;(fwd R,-, tch L to R,-)

SQQ [4] Bk R trng lt fc,-, sd & fwd L, fwd R outside W to CBMP DLC ;

PART A

1-4 REVERSE TURN;; THREE STEP; HALF NATURAL TURN;

SQQ [1] Fwd L start lt fc trn,-,(bk R heel trn) sd R cont trng lt fc, bk L to CP DRC;

SQQ [2] Bk R cont lt fc trn,-, sd & fwd L to DLW, fwd R to CBMP DLW;

SQQ [3] Fwd L,-, fwd R, fwd L to CP DLW;

SQQ [4] Fwd R with rt fc upper body trn toward DRW,-, sd L(cl R to L heel trn), bk R to CP DRW;

5-8 CLOSED IMPETUS; FEATHER FINISH[TO]; TOP SPIN; THREE STEP;

SQQ [5] Bk L with rt fc upper body trn,-,(fwd R between M's feet heel to toe pivot rt fc)cl R to L heel trn, cont trng rt fc sd & bk L to CP DLC;

SQQ [6] Bk R trng lt fc,-, sd & fwd L, fwd R outside W to CBMP DRC;

QQQQ [7] Bk L, Bk R trng lt fc, sd & fwd L, fwd R outside W to CBMP DLW ;

SQQ [8] Repeat measure [3] part A;

9-13 OPEN NATURAL; IMPETUS SCP; FEATHER[DLC]; REVERSE WAVE;;

SQQ [9] Fwd R with rt fc upper body trn toward DRW,-, sd L (cl R to L heel trn), bk R to CBMP DRW;

SQQ [10] Bk L with rt fc upper body trn,-,(fwd R outside M's rt ft heel to toe pivot rt fc)cl R to L heel trn, cont trng rt fc sd & fwd L to SCP DLC;

SQQ [11] Thru R(thru L trng lt fc),- , fwd L(sd & bk R to CBMP), fwd R to CBMP DLC ;

SQQ [12] Fwd L start lt fc trn,-,(heel trn) sd R cont trng lt fc, bk L to CBMP DRC;

SQQ [13] Bk R cont lt fc trn,-, bk L curving slightly lt fc, bk L to end CP RLOD;

14-16 OUTSIDE CHANGE SCP; HALF NATURAL TURN; HESITATION CHANGE;

SQQ [14] Bk L,-, bk R trng lt fc, sd & fwd L to SCP DLW;(fwd R,-, fwd L, fwd R)

SQQ [15] Repeat Measure [4], Part A.

SQQ [16] Bk L comm rt fc upper body trn,-, sd R cont rt fc trn, draw L to R;

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PART B[cont]

1-4 DIAMOND TURN;;;;

- SQQ [1] Fwd L,-, trng 1/4 lt fc sd R, bk L to BJO;
SQQ [2] Bk R,-, trng 1/4 lt fc sd L, fwd R staying in BJO;
SQQ [3] Repeat measure 1 of part B.
SQQ [4] Repeat measure 2 of part B to BJO DLC;

5-8 TELEMARK SCP; CURVED FEATHER; IMPETUS SCP; CHAIR REC HOLD;

- SQQ [5] Fwd L start lt fc trn ,-(heel trn)sd R, cont trng lt fc fwd L to SCP DLW;
SQQ [6] Fwd R comm rt fc trn(fwd L),-, fwd L(sd R)cont rt fc trn, fwd R to CBMP DRW;
SQQ [7] Repeat measure [10] part A;
SS [8] Ck thru R,-, rec L,-;

9-12 PROM WEAVE;; THREE STEP; OPEN NATURAL;

- SQQ [9] Thru R,-, fwd L trng lt fc leading W to CP,(fwd L,-, sd & bk R to CP, cont trng on rt ft, fwd L to DLW) sd & bk R to CBMP DRC;
QQQQ [10] Bk L, bk R cont trng lt fc leading W to CP, sd & fwd L, fwd R to CBMP DLW;
SQQ [11] Repeat measure [3] part A;
SQQ [12] Repeat measure [9] part A;

13-16 BACK FEATHER; FEATHER FINISH; WHISK; CHAIR AND SLIP;

- SQQ [13] Bk L,-, bk R, bk L to CBMP DRW;
SQQ [14] Bk R trng lt fc,-, sd & fwd L, fwd R outside W to CBMP DLW ;
SQQ [15] Fwd L to CP,-, fwd & sd R rising on ball of R ft, XLIB end in tight SCP;
SQQ [16] Ck thru R,-, rec L(rec R swivel lt fc, fwd L to CP)with lt fc upper body trn, slip R to L swiveling slightly lt to CP DLC;

ENDING

1 THRU TO PROM SWAY;

- SS [1] Thru R,-, sd & fwd L stretching upward look over lead hnds relaxed L(R) knee;