

NIGHTTRAIN

Composer: Richard and Jo Anne Lawson, 237 Mamie Lane, Birmingham, AL 35215

Record: Belco #370 (205)853-4616

Rhythm: Jive SLOW MUSIC FOR COMFORT

Footwork: Opposite, Directions for Man except where noted.

Sequence: Intro-A-B-A-B-Ending

RoundALab Phase Rating: Phase IV (easy Phase IV)

THIS DANCE IS WRITTEN FOR AN INTRODUCTION TO EASY PHASE IV JIVE STEPS.

INTRO

1-4 WAIT ; WAIT ; PT , STEP , PT , STEP ; PT , STEP , PT , STEP ;

1-2 Standing about 8 feet apart wait 2 meas;;

3-4 Pt L ft fwd,step in place on L,pt R ft fwd,step in place on R;

Repeat; (Note: These 2 meas move twd ptr. When ptg L ft fwd trn

body slightly LF with R arm fwd and when ptg R ft fwd trn body

slightly RF with L arm fwd.)

PART A

1-4 FALLAWAY _ ROCK - CHANGE _ RIGHT _ TO _ LEFT - CHANGE _ LEFT _ TO _ RIGHT

1-2 (Fall Rk)Blend to CP/Wall sd L/R,L,sd R/L,R; Rk bk to SCP on L,

rec R,(Chg R to L)sd L/R,L trng 1/4 LF(W rk bk R,rec L,sd R/L,R);

3-4 (Cont Chg R to L)Sd R/L,R to fc DC,rk apt L,rec R(W trn under RF

L/R,L to fc M,rk apt R,rec L); (Chg L to R)Sd L/R,L,sd R/L,R(W

trn under LF sd R/L,R,sd L/R,L)to Left Open Fcg Pos M fcg Wall;

5-8 CHANGE _ HANDS _ BEHIND _ BACK ; RIGHT _ TURNING _ FALLAWAY - RK _ SCP , REC , RUN , 2

5-6 (Chg Hands Beh Bk)Rk apt L,rec R,slightly fwd L/R,L trng 1/4 LF(W

rk apt R,rec L,fwd R/L,R trng 1/4 RF); Slightly bk R/L,R trng 1/4

LF,rk apt L,rec R(W sd L/R,L trng 1/4 RF,rk apt R,rec L)to Left

Open Fcg Pos M fcg COH; (Note: In a count of 1,2,3/&,4,5/&,6,7,8

M chgs W's R hand from his L to his R on count of 3 and chgs it

bk to his L hand on count 5.)

7-8 (R Trng Fall)Sd L/R,L trng 1/2 RF,sd chasse R/L,R(W sd R/L,R trng

1/2 RF,sd chasse L/R,L)to CP/Wall; Rk bk to SCP on L,rec R,fwd

down LOD L,R;

9-12 T H R O W A W A Y - L I N K _ T O _ S C P - K I C K / B A L L _ C H A N G E _ T W I C E

9-10 (Throwaway)Sd L/R,L,sd R/L,R trng 1/4 LF(W fwd R/L,R pickup on

last step and chasse bk L/R,L to fc ptr); Rk apt L,rec R(Link to

SCP)fwd L/R,L trng 1/4 RF(W rk apt R,rec L,fwd R/L,R trn 1/4 RF);

11-12 (Cont Link to SCP)Sd R/L,R to SCP,rk bk L,rec R(W sd L/R,L,rk bk

R,rec L); (Kick/Ball Chg)Kick L ft fwd/tk wgt on ball of L ft,

step on R,kick L ft fwd/tk wgt on ball of L,stp on R (W kick R ft

fwd/tk wgt on ball of R ft,stp on L).

P A R T B

1-4 J I V E _ W A L K S ; S W I V E L _ 4 ; P T , S T E P , P T , S T E P ; P T , S T E P , P T , S T E P ;

1-2 (Jive Walks)Fwd L/R,L,fwd R/L,R; Swivel walk L,-,R,-; L,-,R,-;

3-4 In loose SCP pt L ft fwd,step on L,pt R ft fwd,step on R(W pt R

fwd,step on R,pt L ft fwd,step on L); Repeat; (Note: Look in

direction of foot on 1st 2 beats and look opposite direction on

beats 3 and 4.)

5-8 J I V E _ W A L K S ; S W I V E L _ 4 ; P T , S T E P , P T , S T E P ; P T , S T E P , P T , S T E P ;

5-6 Repeat action of meas 1-2 of Part B;;

7-8 Repeat action of meas 3-4 of Part B;;

9-12 JIVE_WALKS; SWIVEL_4; PT, STEP, PT, STEP; PT, STEP, PT, STEP;

9-10 Repeat action of meas 1-2 of Part B;;

11-12 Repeat action of meas 3-4 of Part B;;

ENDING

After last point step with M's R and W's L foot pointed twd LOD freeze

and hold position.

int step with M's R and W's L foot pointed