

“MI VIDA”

CHOREOGRAPHER: **Kay & Joy Read**, 1800 Lawyer Place, College Station, TX 77840, Ph: (979)-696-4073
kread@cvm.tamu.edu 1151 Leisure World, Mesa, AZ 85206, Ph: (480)-361-8647

MUSIC: ?D ss Pimpinela, Casa Musica The Best Vol. 25, *Vivo Latino*, Track #15.
AY ss? YCD 482 [Music edited for length]

PHASE & RHYTHM: Phase IV+2 Rumba (full natural top, opening out)

SEQUENCE: INTRO, A, B, C, A MOD, B, C, END [Contact Choreographer for Availability]

INTRO

1-4 **WAIT (OP FCING / WALL trail ft free); 3 ALTERNATIVE BASICS;;;**

1 _____ [WAIT] OP FCing / WALL no hds trail ft free wait 1 ms;
2 **QQS** [ALTERNATIVE BASIC] Cl R to L in pl, cl L to R in pl, sd R, __ (W cl L to R in pl, cl R to L in pl, sd L, __);
3 **QQS** [ALTERNATIVE BASIC] Cl L to R in pl, cl R to L in pl, sd L, __ (W cl R to L in pl, cl L to R in pl, sd R, __);
4 **QQS** [ALTERNATIVE BASIC] Cl R to L in pl, cl L to R in pl, sd R, __ (W cl L to R in pl, cl L to R in pl, sd R, __);

5-8 **NY; AIDA; HIP RK 3; SLOWLY STP BK to AIDA LINE;**

5 **QQS** [NY] LOP / WALL ck fwd L RLOD, rec bk R, sd L, __ (W LOP fc COH ck fwd R RLOD, rec bk L, sd R, __);
6 **QQS** [AIDA] OP fwd R LOD, fwd L rf trn, bk R to AIDA LINE, __ (W OP fwd L LOD, fwd R lf trn, bk L AIDA LINE, __);
7 **QQS** [HIP RK 3] AIDA LINE fc RLOD rk fwd L, rk bk R, rk fwd L, __ (W AIDA LINE fc RLOD rk fwd R, rk bk L, rk fwd R, __);
8 **S__** [STP BK to AIDA LINE] Bk R to AIDA LINE slowly present rt arm, __, __, __ (W bk L to AIDA LINE slowly present lt arm, __, __, __);

PART A

1-4 **SWITCH-X to BFY; CRAB WK 3; REV UNDERARM TRN; UNDERARM TRN to CP;**

1 **QQS** [SWITCH-X] AIDA LINE bk & sd L, rec sd R, xLif RLOD to BFY / WALL, __ (W bk & sd R, rec sd L, xRif RLOD to BFY fc COH, __);
2 **QQS** [CRAB WK] BFY / WALL sd R, xLif, sd R RLOD, __ (W BFY fc COH sd L, xRif, sd L RLOD, __);
3 **QQS** [REV UNDERARM TRN] X-ck Lif lead W underarm trn, rec bk R, sd L, __ (W xRif lf underarm trn, fwd L LOD, sd R, __);
4 **QQS** [UNDERARM TRN] X-ck Rib lead W underarm trn, rec fwd L, sd R CP / WALL, __ (W xLif rf underarm trn, fwd R RLOD, sd L CP, __);

5-8 **1/2 BASIC & FAN;;; HKY STK;**

5 **QQS** [1/2 BASIC] CP fwd L, rec bk R, sd L, __ (W BFY bk R, rec fwd L, sd R, __);
6 **QQS** [FAN] Bk R, rec fwd L slight lf trn, sd R fc DW in FAN POS, __ (W fwd L lf trn, bk R, bk L fc RLOD in FAN POS, __);
7 **QQS** [HKY STK] FAN POS ck fwd L, rec bk R, cl L to R, __ (W FAN POS cl R to L, fwd L, fwd R RLOD, __);
8 **QQS** Ck bk R fc DRW, fwd L lead W underarm trn, fwd R LOFP / DRW, __ (W fwd L DRW, fwd R lf underarm trn, bk L LOFP fc DC, __);

9-12 **FWD BASIC; BK WK 6;;; FULL NAT TOP;**

9 **QQS** [FWD BASIC] LOFP / DRW ck fwd L, rec bk R, bk L LOD, __ (W LOFP ck bk R, rec fwd R, fwd L LOD, __);
10 **QQS** [BK WK 6] LOFP / RLOD bk R, bk L, bk R, __ (W fc LOD fwd L, fwd R, fwd L, __);
11 **QQS** Bk L, ck bk R, sd & fwd L to CP / RLOD, __ (W fwd R, fwd L, fwd R to CP fc LOD, __);
12 **QQS** [FULL NAT TOP] CP / RLOD rf cir rotation xRib, sd L, xRib fc WALL, __ (W CP rf cir rotation sd L, xRif, sd L fc COH, __);

13-16 **fin NAT TOP;;; OP OUT to FC; Lady PUSH OFF to HKY STK END;**

13 **QQS** Cont rf cir rotation sd L, xRib, sd L fc DC, __ (W cont rf cir rotation xRif, sd L, xRif fc DRW, __);
14 **QQS** Cont rf cir rotation xRib, sd L, cl R to L CP / WALL, __ (W cont rf cir rotation sd L, xRif, cl L to R CP fc COH, __);
15 **QQS** [OP OUT to FC] CP / WALL rf body rotation sd L release lt sd, rec R, cl L to R, __ (W CP rf op out bk R, rec L lf trn, sd R fc COH, __);
16 **QQS** [PUSH OFF to HKY STK END] Release ptr ck bk R, rec fwd L, fwd R LOFP / WALL, __
(W using rt hd to push off M's chest & trning lf fwd L WALL, fwd R lf trn, bk L LOFP fc COH, __);

PART B

1-4 **ALEMANA to LARIAT;;;**

1 **QQS** [ALEMANA] LOFP / WALL ck fwd L, rec bk R, cl L to R, __ (W ck bk R, rec fwd L, fwd R to M's lt sd, __);
2 **QQS** Ck bk R lead W underarm trn, rec fwd L, cl R to L, __ (W fwd L rf underarm trn, fwd R to WALL, rf trn fwd L COH to M's rt sd, __);
3 **QQS** [LARIAT] Sd L, rec R, cl L to R, __ (W cir rf around & beh M fwd R, fwd L, fwd R to M's lt sd fc WALL, __);
4 **QQS** Sd R, rec L, sd R LOFP fc WALL, __ (W cont rf cir around M fwd L, fwd R, sd L LOFP fc COH, __);

5-8 **NY 4; NY; SPT TRN; HD to HD to BFY;**

5 **QQQQ** [NY 4] LOFP ck fwd L RLOD, rec bk R, ck sd L, rec sd R LOFP (W ck fwd R RLOD, rec bk L, ck sd R, rec sd L LOFP);
6 **QQS** [NY] Ck fwd L RLOD, rec bk R, sd L BFY / WALL, __ (W ck fwd R RLOD, rec bk L, sd R BFY fc COH, __);
7 **QQS** [SPT TRN] Fwd R LOD lf trn, fwd L RLOD, sd R BFY / WALL, __ (W fwd L LOD rf trn, fwd R RLOD, sd L BFY fc COH, __);
8 **QQS** [HD to HD] Lf trn bk L OP / LOD, rec fwd R rf trn, sd L BFY / WALL, __ (W rf trn bk R OP / LOD, rec fwd L lf trn, sd R BFY fc COH, __);

“MI VIDA” Cont.

PART B Cont.

- 9-12 **SERPIENTE;; NY; SPT TRN;**
9 QQS [SERPIENTE] BFY / WALL xRif, sd L, xRib, ronde L ccw (W BFY xLif, sd R, xLif, ronde R cw);
10 QQS XLib, sd R, xLif, ronde R ccw (W xRib, sd L, xRif, ronde L cw);
11 QQS [NY] Ck fwd R LOD, rec bk L, sd R, ___ (W ck fwd L LOD, rec bk R, sd L, ___);
12 QQS [SPT TRN] Fwd L RLOD, rf trn fwd R LOD, sd L BFY / WALL, ___ (W fwd R RLOD, lf trn fwd L LOD, sd R BFY fc COH, ___);
- 13-17 **OP CRAB WKS to BFY;; FENCE LINE 4; FENCE LINE; SLO HIP RK 2 to CP;**
13 QQS [OP CRAB WKS] BFY release ld hds fwd R, sd L tch lead hds, release lead hds fwd R, ___ (W BFY fwd L, sd R, fwd L, ___);
14 QQS Sd L, fwd R, sd L blend BFY, ___ (W sd R, fwd L, sd R blend BFY, ___);
15 QQQQ [FENCE LINE 4] BFY / WALL x-ck R LOD, rec bk L, ck sd R, rec sd L (W BFY x-ck L LOD, rec bk R, ck sd L, rec sd R);
16 QQS [FENCE LINE] X-ck R LOD, rec bk L, sd R, ___ (W x-ck L LOD, rec bk R, sd L, ___);
17 SS [SLO HIP RK 2] Rk sd L, __, rk sd R blend CP / WALL, ___ (W rk sd R, __, rk sd L blend CP fc COH, ___);

PART C

- 1-4 **BASIC to X-BODY;; BASIC to X-BODY;;**
1 QQS [BASIC TO X-BODY] CP / WALL fwd L, rec bk R, lf trn sd L fc LOD, ___ (W CP fc COH bk R, rec fwd L, fwd R, ___);
2 QQS Bk R, rec fwd L lf trn, sd R CP / COH, ___ (W fwd R, fwd L lf trn, sd R CP fc WALL, ___);
3 QQS [BASIC TO X-BODY] CP / COH fwd L, rec bk R, lf trn sd L fc RLOD, ___ (W CP fc WALL bk R, rec fwd L, fwd R, ___);
4 QQS Bk R, rec fwd L lf trn, sd R CP / WALL, ___ (W fwd R, fwd L lf trn, sd R CP fc COH, ___);
- 5-8 **BRK BK to 1/2 OP; OP IN & OUT RUNS;; THRU, SD, CL to BFY;**
5 QQS [BRK BK to 1/2 OP] CP / WALL lf trn bk L 1/2 OP / LOD, rec fwd R, fwd L, ___ (W CP rf trn bk R 1/2 OP / LOD, rec fwd L, fwd R, ___);
6 QQS [OP IN & OUT RUNS] 1/2 OP fwd R DW, fwd L rf trn, fwd R 1/2 LOP / LOD, ___ (W 1/2 OP fwd L, fwd R, fwd L 1/2 LOP / LOD, ___);
7 QQS 1/2 LOP fwd L, fwd R, fwd L 1/2 OP / LOD, ___ (W 1/2 LOP fwd R DW, fwd L rf trn, fwd R 1/2 OP / LOD, ___);
8 QQS [THRU, SD, CL] 1/2 OP / LOD fwd R, sd L, cl R to L BFY / WALL, ___ (W 1/2 OP / LOD fwd L, sd R, cl L to R BFY fc COH, ___);

PART A MOD

- 1-4 **CRAB WKS to RLOD;; REV UNDERARM TRN; UNDERARM TRN to CP;**
1 QQS [CRAB WKS to RLOD] BFY / WALL xLif to RLOD, sd R, xLif, ___ (W BFY fc COH xRif to RLOD, sd L, xRif, ___);
2 QQS Sd R, xLif, sd R, ___ (W sd L, xRif, sd L, ___);
- 5-8 **1/2 BASIC & FAN;; HKY STK;**
9-12 **FWD BASIC; BK WK 6;; FULL NAT TOP;**
13-16 **fin NAT TOP;; OP OUT TO FC; Lady PUSH OFF to HKY STK END;**

PART B

- 1-4 **ALEMANA to LARIAT;;;**
5-8 **NY 4; NY; SPT TRN; HD to HD to BFY;**
9-12 **SERPIENTE;; NY; SPT TRN;**
13-17 **OP CRAB WKS to BFY;; FENCE LINE 4; FENCE LINE; SLO HIP RK 2 to CP;**

PART C

- 1-4 **BASIC to X-BODY;; BASIC to X-BODY;;**
5-8 **BRK BK to 1/2 OP; OP IN & OUT RUNS;; THRU, SD, CL to OP FCing;**

END

- 1-4 **4 ALTERNATIVE BASICS;;;**
3 QQS [ALTERNATIVE BASIC] OP FCing no hds cl L to R in pl, cl R to L in pl, sd L, ___ (W OP FCing cl R to L in pl, cl L to R in pl, sd R, ___);
2 QQS [ALTERNATIVE BASIC] Cl R to L in pl, cl L to R in pl, sd R, ___ (W cl L to R in pl, cl R to L in pl, sd L, ___);
3 QQS [ALTERNATIVE BASIC] Cl L to R in pl, cl R to L in pl, sd L, ___ (W cl R to L in pl, cl L to R in pl, sd R, ___);
4 QQS [ALTERNATIVE BASIC] Cl R to L in pl, cl L to R in pl, sd R, ___ (W cl L to R in pl, cl L to R in pl, sd R, ___);
- 5-8 **NY; AIDA; HIP RK 3; SLOWLY STP BK to AIDA LINE;**
5 QQS [NY] LOP / WALL ck fwd L RLOD, rec bk R, sd L, ___ (W LOP fc COH ck fwd R RLOD, rec bk L, sd R, ___);
6 QQS [AIDA] OP fwd R LOD, fwd L rf trn, bk R to AIDA LINE, ___ (W OP fwd L LOD, fwd R lf trn, bk L AIDA LINE, ___);
7 QQS [HIP RK 3] AIDA LINE fc RLOD rk fwd L, rk bk R, rk fwd L, ___ (W AIDA LINE fc RLOD rk fwd R, rk bk L, rk fwd R, ___);
8 S___ [STP BK to AIDA LINE] Bk R to AIDA LINE slowly present rt arm, __, __, __ (W bk L to AIDA LINE slowly present lt arm, __, __, __);