

MACHINE GUN CHA

Choreo: Mary Trankel & Don Gilder, 5306 Talisman Ct, Missoula MT 59803
(406) 251-2127 **e-mail:** ddg@trankel-gilder.com **Web site:** <http://www.trankel-gilder.com>
Music: Machine Gun Download from walmart.com or other online music store, or contact choreographers
Artist: The Commodores **Album:** Anthology - Track #1
Phase: III **Footwork:** Opposite, directions for man except as noted (W's in parentheses)
Rhythm: Cha **Release Date:** January, 2006
Sequence: Intro -A-B-A-C-D-C-END
Suggested Speed: As on download (no adjustment to original source)

MEAS

INTRO

1-9 [BFLY WALL M'S L LADY'S R FT FREE] WAIT 2 MEAS:: NEW YORKER TWICE:: SHOULDER TO SHOULDER TWICE;; HAND TO HAND TWICE;; 2 SIDE CLOSES;

- 1-2 In BFLY pos wait 2 Meas;;
- 3-4 Step thru L twd RLOD with straight leg trng to side by side pos, rec R to fc ptr, sd L/cl R/ sd L to BFLY;
Step thru R twd LOD with straight leg trng to side by side pos, rec L to fc ptr, sd R/cl L/ sd R to BFLY;
- 5-6 Fwd L to BFLY SDCAR, rec R to fc ptr, sd L/cl R/ sd L; Fwd R to BFLY BJO, rec L to fc ptr, sd R/cl L/ sd R;
- 7-8 Behind L trng to sd by sd, rec R to fc ptr, sd L/cl R/ sd L; bhd R trng to sd by sd, rec L to fc ptr,
sd R/cl L/ sd R;
- 9 Sd L, cl R, sd L, cl R;

PART A

1-8 CHASE;;; ½ BASIC; WHIP; ½ BASIC; WHIP;

- 1-2 Fwd L trng RF ½, rec fwd R to COH, fwd L/cl R/ fwd L; fwd R trng LF ½, rec fwd L, fwd R/cl L/ fwd R;
- 3-4 Fwd L, rec R, bk L/cl R/ bk L; bk R, rec L, fwd R/ cl L/ fwd R to BFLY;
- 5-6 Fwd L, rec R, sd L/cl R/ sd L; bk R trng ¼ LF, rec L cont trng LF ¼ to fc COH, sd R/cl L/ sd R;
- 7-8 Fwd L, rec R, sd L/cl R/ sd L; bk R trng ¼ LF, rec L cont trng LF ¼ to fc WALL, sd R/cl L/ sd R;

PART B

1-9 BASIC:: NEW YORKER TWICE:: SHOULDER TO SHOULDER TWICE:: HAND TO HAND TWICE:: 2 SIDE CLOSES;

- 1-2 In BFLY fwd L, rec R, sd L/cl R/ sd L; bk R, rec L, sd R/ cl L/ sd R;
- 3-4 Step thru L twd RLOD with straight leg trng to side by side pos, rec R to fc ptr, sd L/cl R/ sd L to BFLY;
Step thru R twd LOD with straight leg trng to side by side pos, rec L to fc ptr, sd R/cl L/ sd R to BFLY;
- 5-6 Fwd L to BFLY SDCAR, rec R to fc ptr, sd L/cl R/ sd L; Fwd R to BFLY BJO, rec L to fc ptr, sd R/cl L/ sd R;
- 7-8 Behind L trng to sd by sd, rec R to fc ptr, sd L/cl R/ sd L; bhd R trng to sd by sd, rec L to fc ptr,
sd R/cl L/ sd R;
- 9 Sd L, cl R, sd L, cl R;

PART C

1-9 BASIC:: NEW YORKER TWICE:: 2 SIDE CLOSES; CHASE;;;

- 1-2 In BFLY fwd L, rec R, sd L/cl R/ sd L; bk R, rec L, sd R/ cl L/ sd R;
- 3-4 Step thru L twd RLOD with straight leg trng to side by side pos, rec R to fc ptr, sd L/cl R/ sd L to BFLY;
Step thru R twd LOD with straight leg trng to side by side pos, rec L to fc ptr, sd R/cl L/ sd R to BFLY;
- 5 Sd L, cl R, sd L, cl R;
- 6-7 Fwd L trng RF ½, rec fwd R to COH, fwd L/cl R/ fwd L; fwd R trng LF ½, rec fwd L, fwd R/cl L/ fwd R;
- 8-9 Fwd L, rec R, bk L/cl R/ bk L; bk R, rec L, fwd R/ cl L/ fwd R to BFLY;

PART D**1-16 BFLY VINE 8;; SLOW POINT SIDE,, BHD SIDE THRU (4 TIMES);;; TRAVELING DOOR; TRAVELING DOOR TO OP LOD; WALK TWICE;; FWD & BACK BASICS;; SLIDE THE DOOR TWICE;; CIR AWAY & TOG CHA::**

- 1-2 In Bfly Sd L, XRIB, sd L, XRIF; sd L, XRIB, sd L, XRIF;
 3-4 Slow pt L (W R) to sd twd LOD,, XLIB (W XRIB) of R/sd R/ XLIF of R;
 Slow pt R (W L) to sd twd RLOD,, XRIB (WXLIB) of L/sd L/ XRIF of L;
 5-6 Repeat Meas 3 & 4 of part D;;
 7-8 Rk sd L, rec R, XLIF/sd R/ XLIF; rk sd R, rec L, XRIF/sd L/ XRIF blndg to OP LOD;
 9-10 Fwd L, fwd R, fwd L/cl R/ fwd L; fwd R, fwd L, fwd R/cl L/ fwd R;
 11-12 Fwd L, rec R, bk L/cl R/ bk L; bk R, rec L, fwd R/cl L/ fwd R;
 13-14 Rk apt L, rec R, XLIF/sd R/ XLIF; rk apt R, rec L, XRIF/sd L/ XRIF;
 15-16 Releasing hnds start LF circular pattern fwd L trng twd COH (W RF circular pattern fwd R twd WALL),
 Fwd R, fwd L/cl R/ fwd L; Fwd R cont LF trn twd ptr & Wall (W cont RF trn twd ptr & COH fwd L),
 Fwd L, fwd R/cl L/ fwd R;

ENDING**1-5 CHASE PEEK-A-BOO;;; APT PT;**

- 1-2 Fwd L trn ½ RF, rec fwd R, fwd L/cl R/fwd L; sd R look over L shoulder, rec L, cl R/in place L/ R;
 3-4 Sd L look over R shoulder, rec R, cl L/in place R/ L; fwd R trn ½ LF, rec fwd L, fwd R/cl L/ fwd R to BFLY;
 5 Apt L,-, pt R twd ptr, -;

MACHINE GUN CHA

Phase: *III* **Rhythm:** *Cha Cha*
Choreographer: *Don Gilder & Mary Trankel* **RPM:** *as on CD*

- INTRO: [BFLY/WALL]: WAIT; WAIT; new yorker (2x);;
 shldr-to-shldr (2x);; hnd-to-hnd (2x);; 2 sd cl;
 PART A: Chase;;; ½ basic; whip (fc COH); ½ basic; whip (fc WALL);
 PART B: Full basic;; new yorker (2x);; shldr-to-shldr (2x);;
 hnd-to-hnd (2x);; 2 sd cl;
 PART A: Chase;;; ½ basic; whip (fc COH); ½ basic; whip (fc WALL);
 PART C: Full basic;; new yorker (2x);; 2 sd cl; chase (BFLY);;;
 PART D: Slo vn 8;; pt sd,, bhd sd thru (4x);;; travlg door (2x) (OP/LOD);;
 walk & cha (2x);; fwd basic; bk basic; sldg door (2x);;
 circle cha away & tog (BFLY);;
 PART C: Full basic;; new yorker (2x);; 2 sd cl; chase;;;
 ENDING: Chase peek-a-boo;;; apt pt;