

# MY GIRL

Choreographer: Hank & Judy Scherrer 560 Main St. Herculaneum, Mo. 63048

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Record: **MY GIRL** Collectables 450, The Temptations

Footwork: Opposite unless noted

Speed: 46 rpm

Rhythm: **Slo Two Step** Phase: **IV+1 (Triple Traveler)**

Time: 2:53

Sequence: **INTRO - A - B - C - B - D - C - B - END**

Date: 1 - 94

## INTRO

In shadow position facing wall, weight on M's R(W's L) foot, W slightly to M's L side, L hands on L hips. Look at partner after 3rd beat, finger snaps after beat 6, 9, 12.

### 1 - 2 **WAIT 12 BEATS.... SHADOW CROSS LUNGES::**

Sd L to LOD,-, rec R, XLif of R (Sd R RLOD,-, rec L, XRif of L); Sd R to RLOD,-, rec L, XRif of L (Sd L LOD,-, rec R, XLif of R);

## A

### 1 - 4 **OPEN BASICS:: SIDE BASICS::**

Sd L opening to ½ open to RLOD,-, bk R, rec L to fc (Sd R,-, rec L trng ½ LF to fc, cl R); Sd R opening to ½ open to LOD,-, bk L, rec R to fc; Blend CP sd L,-, XRIB of L, rec L; Sd R,-, XLIB of R begin opening body away from partner, rec R (rec L to cut in front of M DLC);

### 5 - 8 **L TURN INSIDE ROLL:: L TURN INSIDE ROLL::**

Fwd L trn ½ LF to fc COH,-, sd R, XLif of R twd LOD (bk R across M trn ½ LF to fc M,-, sd L trn LF under lead hands, cont trn LF to fc partner sd R); Sd R,-, XLib of R, rec R; Fwd R trn ½ LF to fc WALL,-, sd R, XLif of R twd RLOD (bk R across M trn ½ LF to fc M,-, sd L trn LF under lead hands, cont trn LF to fc partner sd R);

## B

### 1 - 4 **SIDE BASICS:: R TURN OUTSIDE ROLL to MAN UNDER to face REVERSE::**

Sd L,-, XRib of L, rec L; Sd R,-, XLib of R begin opening body away from partner, rec R with cut; XIF of W bk L fc RLOD,-, sd R trng RF to fc COH leading W under joined lead hands, XLif of R (fwd R to LOD start RF twirl under joined lead hands,-, twirl L, R to fc WALL); Fwd R to LOD under joined M's R & W L hands,-, fwd L trn RF ½ to ROD bk R to LOD (fwd L LOD,-, fwd R, fwd L to low hand hold);

### 5 - 8 **2 BK TRAVELING CROSS CHASSES to face WALL:: UNDERARM TURN BASIC ENDING::**

Sd & bk L,-, bk & sd R, XLif of R(fwd R,-, sd & fwd L, XRif of L); Sd & bk R start LF trn,-, bk & sd L to fc WALL, XRif of L (fwd L,-, Sd & fwd R, XLif of R); Sd L,-, XRib of R, rec L(sd R,-, XLIF of R trng RF under lead hands, rec sd R to fc partner & COH); Sd R,-, XLIB of R, rec R;

M rec with cut 1st time thru B

## C

### 1 - 4 **SWITCHES:: FORWARD 3; FORWARD and FACE:**

XIF of W sd L trn RF to ½ open,-, fwd R, fwd L (fwd R,-, fwd L, fwd R); Fwd R,-, fwd L, fwd R to ½ open LOD (XIF of M sd L trn RF to ½ open,-, fwd R fwd L); Cont LOD fwd L,-, fwd R, fwd L; Fwd R,-, fwd L to fc partner and WALL, XRif of L; release partner no hands

### 5 - 8 **LUNGE BASICS:: OPEN BASICS::**

Sd L,-, rec R, XLif of R; Sd R,-, rec L, XRif of L; Sd L trng to ½ open RLOD,-, bk R, rec L to fc; Sd R trng to ½ open Lod,-, bk L, rec R to fc;

## D

### 1 - 4 **CIRCLE AWAY 3 and TOGETHER 3:: LUNGE BASICS::**

Trng LF fwd L to COH,-, fwd R, fwd L (W RF); Fcg fwd R to WALL,-, fwd L, fwd R; No hands sd L,-, rec R, XLif of R; Sd R,-, rec L, XRif of L (W rec L with diagonal cut); blend CP Wall

**5 - 8** **TRIPLE TRAVELER;;;;**  
Fwd L trn LF ½ to fc COH,-, sd & fwd R, fwd XLif of R to LOD(Xif of M bk R trn ½ LF,-, sd L trn LF under lead hands, cont trn to fc partner & WALL R); Fwd R spiral LF under joined hands(fwd L to LOD),-, joined hands in front fwd L, Fwd R; Fwd L bringing hands down between partners(W start RF twirl),-, sd R to fc COH, XLif of R (twirl RF under lead hands L, R to fc partner and WALL); Sd R,-, XLif of R begin opening body away from partner, rec R ( W rec L with diagonal cut across M);

**9 - 12** **TRIPLE TRAVELER to RLOD;;;;**  
Repeat 5 - 7 to RLOD and WALL;;; Sd R,-, XLif of R, recR with diagonal cut across W;

**END**

**1 - 4** **OPEN BASICS;; SIDE BASICS to SHADOW;;**  
Sd L trng to ½ open RLOD,-, bk R, rec L to fc; Sd R trng to ½ open Lod,-, bk L, rec R to fc; Blend CP Sd L,-, XRif of L , rec L; Sd R,-, XLif of R, rec R (sd L trn ½ LF fc WALL,-, sd R, Cl L); to shadow Wall

**5 - 6** **SHADOW CROSS LUNGE; SIDE LUNGE and HOLD;**  
\*\* Sd L LOD,-, rec R, XLIF of R (sd R RLOD,-, rec L, XRIF of L); Sd R,-, Hold Look at W(sd L,-, Hold Look at M): \*\* Adjust length of footwork in meas 5 to make meas 6 end in starting position.

**MY GIRL  
QUICK CUES**

**SEQUENCE INTRO - A - B - C - B - D - C - B - END**

In shadow position facing wall, weight on M's R(W's L) foot, W slightly to M's L side, L hands on L hips. Look at partner after 3rd beat, finger snaps after beat 6, 9, 12.

**INTRO** WAIT 12 BEATS.... SHADOW CROSS LUNGES;;

**A** OPEN BASICS;; SIDE BASICS;;  
L TURN INSIDE ROLL;; L TURN INSIDE ROLL;;

**B** SIDE BASICS;; R TURN OUTSIDE ROLL to MAN UNDER to face REVERSE;;  
2 BK TRAVELING CROSS CHASSES to face WALL;; UNDERARM TURN BASIC ENDING;;

**C** SWITCHES;; FORWARD 3; FORWARD and FACE; release partner no hands  
LUNGE BASICS;; OPEN BASICS;;

Repeat B

**D** CIRCLE AWAY 3 and TOGETHER 3;; LUNGE BASICS;; blend CP  
TRIPLE TRAVELER;;;;  
TRIPLE TRAVELER to RLOD;;;;

Repeat C

Repeat B

**END** OPEN BASICS;; SIDE BASICS to SHADOW;;  
SHADOW CROSS LUNGE; SIDE LUNGE and HOLD;

\*\* Adjust length of footwork in meas 5 to make meas 6 end in starting position.