

MI BUEN AMOR

COMPOSER: Rey & Sherry Garza, 1655 Monte Vista Dr., Vista, Ca. 92084-7121 (760) 458-6418
Reycuer@reygarza.com Web: www.reygarza.com

MUSIC: Mi Buen Amor by Gloria Estefan, Download from Amazon.com or CD: Amor Y Suerte Track #7

FOOTWORK: Opposite (Woman in parenthesis)

RHYTHM: Roundalab Phase III Rumba

SEQUENCE: Intro-A-ABC-AB-End

Released 6/25/09

INTRO

1-6 V POS MAN FCG DC/LADY DW WAIT; TURN TO FACE TO BFLY/WALL; THRU SERPIENTE;; FENCE LINE TWICE;; SPOT TURN TWICE;;

V position trailing feet free lead hands extended up and out wait; Step tog R,-, blend to bfly wall,-; Thru L twd rld, sd R, behind L, fan R clockwise (W counter clockwise); Behind R, sd L, thru R, fan L clockwise (W counter clockwise); Cross L with bent knee, rec R, sd L,-; Cross R with bent knee, rec L, sd R,-; Cross L in front of R commence RF trn as Man lead Woman to trn LF, rec R complete RF trn to fc, sd L,-; Cross L in front of R commence RF trn as Man lead Woman to trn LF, rec R complete RF trn to fc, sd L,-;

PART A

1-6 CHASE;;; CRAB WALKS;;

Fwd L start a ½ RF trn, rec R complete ½ RF trn, fwd L, -(W bk R, rec L, fwd R,-); Fwd R start a ½ LF trn, rec L complete ½ LF trn, fwd R, -(W fwd L start a ½ RF trn, rec R complete ½ RF trn, fwd L, -); Fwd L, rec R, bk L, -(W R start a ½ LF trn, rec L complete ½ LF trn, fwd R, -); Bk R, rec L, sd,-; Cross L in front of R, sd R, cross L in front of R, ; Sd R, cross L in front of R, sd R,-;

7-10 SPOT TURN MAN ½ TO FC COH; PEEK A BOO CUCARACHAS;; MAN TRN TO FACE;

Cross L in front of R commence ½ RF trn as Man lead Woman to do a full trn LF, rec R complete ½ RF trn to fc COH, cl L (W cl R),-; Sd R look left a ptr (W look R), rec L, cl R, -; Sd L look R a ptr (W look L), rec R, cl L, -; Fwd R start a ½ LF trn, rec L complete ½ LF trn, cl R, -(W fwd L, rec R, cl L, -);

11-16 HALF BASIC; UNDERARM TURN TO LARIAT;;; SHOULDER TO SHOULDER TWICE;;

Fwd L, rec R, sd L, -; Bk R, rec L, cl R, -(W cross L in front of R under joined lead hands start ½ RF trn, rec R complete trn, sd & fwd L, -); Step in place L, R, L, -; R, L, R,- (W circle around R sd of M clockwise with joined lead hands fwd R, fwd L, fwd R, -; Fwd L, fwd R, fwd & sd L to fc M,-); Bfly/wall fwd L (W bk R) to bfly sdc, rec R to fc, sd L,-; Bfly/wall fwd R (W bk L) to bfly bjo, rec L to fc, sd R,-;

PART B

1-8 MODIFIED DOUBLE PEEK A BOO CHASE WITH SIDE WALKS;;;;

(MAN TRN; SIDE WALK; BOTH 1/2; SIDE WALK; BOTH TRN 1/2; SIDE WALK; MAN TRN LADY FENCE LINE; CUCARACHA;)

Fwd L start a ½ RF trn, rec R complete trn fc COH, cl L,- (W bk R, rec L, cl, -); Sd R extend arms to sd looking L (W looking R) at ptr cl L, sd R,-; Fwd L start a ½ RF trn, rec R complete trn fc wall, cl L,- (W fwd R start ½ LF, rec L complete trn to fc wall, cl R,-); Sd R extend arms to sd looking L (W looking R) at ptr cl L, sd R,-; Fwd L start a ½ RF trn, rec R complete trn fc COH, cl L,- (W fwd R start ½ L trn, rec L complete to fc coh, cl R,-); Sd R extend arms to sd looking L (W looking R) at ptr cl L, sd R,-; Fwd L start a ½ RF trn, rec R complete trn fc wall, cl L,- (W cross R with bent knee, rec L, cl R,-); Sd R, rec L, cl R,-;

PART C

1-6 OPEN BREAK; THRU SERPIENTE;; OP PROGRESSIVE WALK 6;; CHASE UNDERARM TURN;

Rock apart strongly on L to left open fcg pos while extending free arm to sd, rec R, sd L,-; Thru R twd lod, sd L, behind R, fan L counterclockwise (W clockwise); Behind L, sd R, thru L, fan R counterclockwise op up lod (W clockwise); Fwd R, fwd L, fwd R,-; Fwd L, fwd R, fwd L, -; Fwd R leading Woman to an underarm trn under trailing hands, rec L fc wall, fwd R to fc drc,-(Woman fwd L start a ½ RF under trailing hands rec R complete trn, fwd L to drc,-);

Page 2 of MI BUEN AMOR continue Part C

7-10 CHASE REV/UNDERARM TURN; FWD BASIC; SLIDING DOOR; ROCK APART REC FWD;

Fwd L leading Woman to a rev underarm trn under trailing hands, rec R fc wall, fwd L to fc dc,- (Woman fwd

R start a ½ LF under trailing hands rec L complete trn, fwd R to dc,-); Fwd R, rec L, cl R,-; Rock apart L, rec R releasing hands, cross L in front R changing sides behind Woman still fcg same direction as the woman crosses in front of man,-; Join lead hands rock apt R, rec L, fwd R,-;

11-16 CHASE REV/UNDERARM TURN; CHASE UNDERARM TURN; CHASE REV/UNDERARM TURN TO FC; WHIP; FULL BASIC;;

Fwd L lod leading Woman to a rev underarm trn under lead hands, rec R fc coh, fwd L to fc drc,- (Woman fwd

R start a ½ LF under lead hands rec L complete trn, fwd L to drc,-); Fwd R leading Woman to an underarm

trn under lead hands, rec L fc coh, fwd R to fc dc,-(Woman fwd L start a ½ RF under lead hands rec R complete trn, fwd R to dc,-); Fwd L leading Woman to a rev underarm trn under lead hands, rec R fc coh, sd L to fc coh,-(Woman fwd R start a ¾ LF under lead hands rec L complete trn to fc wall, sd L to lod,-);

Bk R commence ¼ LF trn, rec fwd L trng ¼ to complete turn fc wall, sd R,-(W fwd L outsd M to his L sd fwd R commence ½ LF trn, sd L,-); Fwd L, rec R, sd L,-; Bk R, rec L, sd R,-;

END

1-6 THRU SERPIENTE;; FENCE LINE; CRAB WALK 3 CP WALL; TWO SIDE CLOSES; SIDE CORTE WITH OPTIONAL LEG CRAWL;

Repeat meas 3 thru 5 of intro;;; Cross R in front of L, sd L, cross R in front of L blend to cp/wall; Sd L, cl R, sd L, cl R; Sd L w L sd stretch leaving R leg extended,,,- (W sd R with R sd stretch, draw L leg up M's R leg,,,);