

MARIA LA O RUMBA

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RECORD; ROPER 129 FLIP OF "MERENGUE MAS"
RHYTHM; RUMBA RAL PHASE IV+1 <OPN HIP TWIST>
FOOTWORK; OPPOSITE UNLESS NOTED (WOMAN;S FOOTWORK IN PERENTHESES) time 227@45rpm
SPEED; 43rpm, OR FOR COMFORT
SEQUENCE; INTRO-A-B-C-A mod-END

INTRODUCTION

MEAS: **BOTH FACE WALL IN TANDEM POSN, BOTH WITH THE LEFT FOOT FREE, WAIT 2**
1-12 MEAS-;; CUCARACHA w/ARMS TWICE-;; <hnds on w's hips>SD WALK 6-;; FWD & BK
BASIC-;; <slide hnds to w's hnds> LEFT LARIAT 9(W IN 8) TO FC-;;; CUCARACHA w/ARMS;

1-2 WAIT-;;
3-4 push sd L, rec R, clo L-; <L arm cw out, up & down> push sd R, rec L, clo R-;
<R arm ccw out, up & down>
5-6 <with M's hnds on W's hips> sd L, clo R, sd L-; clo R, sd L, clo R-;
7-8 fwd L, rec R, bk L-; bk R, rec L, fwd R-;
9-11 <slide hnds from W's waist to her hnds, keeping them jnd throughout> M CUCARACHA
3 TIMES leading W to circle arnd MAN LF (W LF ARND M FWD L,R,L-; R,L,R-; L,R TO
FC)-;;;
12 <with arms>push sd R, rec L, clo R;

PART A

1-4 **BASIC-;; NEW YORKER-;; <TWICE**
1-2 FWD L, REC R, SD L-; BK R, REC L, SD R-;
3-4 thru L w/straight leg to L opn, rec R to fc, sd L-; thru R w/straight leg to opn/lod, rec L to fc, sd R;

5-8 **½ BASIC; AIDA; SWITCH RK; SPOT TURN;**
5-6 fwd L, rec R, sd L; thru R trng RF, sd & bk L trng to fc rev/lod, bk R to slight bk to bk posn-;
7-8 sd L trng to fc ptrn brng jnd hnds through, rec R, sd L-; xRif of L trng LF ½, rec L cont trn to
fc ptrn, sd R-;

9-12 **ALEMANA-;;<OPN.LOD> SLIDE THE DOOR TWICE-;;<TANDEM>**
9-10 fwd L, rec R, clo L (W bk R, rec L, sd R comm RF swivel); bk R, rec L, sd R trng to opn/ lod (W cont Rf trn undr jnd ld
hnds fwd L, cont trn fwd R, sd L to opn lod)-;
11-12 rk apt L, rec R, xLif of R man xing behnd W-; rk apt R, rec L, xRif of L M behnd W in tandem-;

13-16 **PROG WALK 3; SPOT TRN TO FC; SHLDER TO SHLDER TWICE-;;**
13-14 fwd L, fwd R, fwd L-; xRif of L trng LF, rec L to fc ptrn, sd R-;
15-16 in bfy posn rk fwd L to bfy/s/car posn, rec R to fc, sd L-; rk fwd R to bfy/bjo posn, rec L, sd R
blending to fc wall;

PART B

1-4

NY IN 4; NY; NY IN 4; NY;

- 1-2 thru L w/straight leg to L/opn posn, rec R to fc, sd L, clo R-; thru L w/straight leg to L opn posn, rec R to fc, sd L-;
3-4 thru R w/straight leg to opn lod, rec L to fc, sd R, clo L-; thru R w/straight leg to opn lod, rec L to fc, sd R-;

5-8

OPN HIP TWIST; FAN; HOCKEY STICK;;

- 5-6 chk fwd L, rec R, clo L to R (W bk R, rec L, fwd R toward M swiveling ¼ RF)-; bk R, rec L, sd R (W fwd L, sd & bk R trng LF ¼, bk L leaving R extended fwd no wgt)-;
7-8 fwd L, rec R, clo L (W clo R, fwd L, fwd R)-; bk R, rec L, fwd R follow Woman (W fwd L, fwd R trng LF to fc ptnr, sd & bk L)-;

9-12

FWD BASIC; UNDERARM TURN; HAND TO HAND;;<TWICE>

- 9-10 fwd L, rec R, bk L-; bk R, rec L, sd R (W xLif undr jnd ld hnds trng ½ RF, rec R cont RF trn to fc ptnr, sd L)-;
11-12 behnd L to sd by sd Fc lod, rec R to fc ptnr, sd L-;
behnd R to sd by sd fc rev/lod, rec L to fc ptnr, sd R-;

13-16

CRAB WALKS;; FENCELINE; SPOT TURN;

- 13-14 to rev xLif of R, sd R, x Lif of R-; sd R, xLif of R, sd R-;
15-16 x lunge thru L w/bent knee looking to r/lod, rec R to fc ptnr, sd L-; xRif of L trng ½ LF, rec L cont trn to fc ptnr, sd R-;

PART C

1-4

CHASE – PEEK- A- BOO;;;:

- 1-2 fwd L trng ½ RF, rec R, clo L (W bk R, rec L, clo R)-; sd R look ovr L shldr, rec L. clo R (W sd L, rec R, clo L)-; sd L look ove R shldr, rec R, clo L (W sd R, rec L, clo R)-; fwd R trng LF ½, rec L, clo R (W fwd L, rec R, clo L)-;

5-8

OPEN BREAK; WHIP; ALEMANA;;<CLO/POSN>

- 5-6 apt L to L/opn posn ext free arm up with palm out, rec R lower free arm, sd L;
bk R trng ¼ LF, rec fwd L cont trn ¼, sd R (W fwd L outsd ptnr on his L sd, fwd R trng ½ LF, sd L)-;
7-8 fwd L, rec R, clo L leading W to trn RF (W bk R, rec L, sd R comm RF swivel)-; bk R, rec L, sd R to cp/w (W cont RF trn undr jnd lead hnds fwd L, cont RF trn fwd R, sd L to cp/w)-;

9-12

CROSS BODY;; BASIC;;

- 9-10 fwd L, rec R, sd L trng LF[foot trnd about ¼ trn body trnd about 1/8 trn] (W bk R, rec L, fwd fwd R toward M stay on R sd end in L-shaped posn)-; bk R cont LF trn, sm fwd L, sd & fwd R (W fwd L comm to trn L, fwd R trng ½ LF end with R foot bk, sd & bk L)-;
11-12 fwd L, rec R, sd L; bk R, rec L, sd R;

13-16

SERPIENTE;; FENCELINE; SPOT TURN;

- 13-14 staying in bfy/posn thru L, sd R, xLib of R- flair R cw; x Rib of L, sd L, thru R- flair L cw;
15-16 x lunge thru L w/bent knee looking to r/lod, rec R to fc ptnr, sd L; xRif of L trng ½ LF, rec L cont trn to fc ptnr, sd R;

PART A MODIFIED

1-13

REPEAT MEAS 1-13 PART A;:::::::::::

14-16

SPOT TRN (W X-LUNGE IN 4 FC WALL)-; FWD & BK BASIC;;<SAME FOOTWORK>

- 14 xRif of L trng ½ LF, rec L cont trn to fc wall, sd R (W x Lif of R trng ¼ RFw/luge action, rec R cont RF trn ½ to fc coh, fwd & sd L w/lunge action trng ½ to fc wall, rec R)-;
15-16 <both left ft free fwd L, rec R, bk L; bk R, rec L, fwd R;

END

1-4

CUCARACHA W/ARMS;;<TWICE> SLO SD LUNGE & HOLD; TWIST;<M/LF-W/RF>

- 1-2 REPEAT MEAS 3-4 OF INTRO;;
3-4 SLOWLY step sd L bending L knee w/arms out to sd & hold; twist upper body to look at Ptnr; <M twist LF-W twist RF> NOTE- W MAY CARESS M'S R CHEEK WITH HER RT HAND IF SHE WISHES