

Choreographer : Jos.Dierickx	MANUELA
Beverlosestwg. 14 B 2	Music: Erich Bachmann – Cd.: Girls,Girls, Girls Vol.2 – Track # 14
3583 – Paal - Belgium	Rhythm : Rumba
Phone: 0474/67.83.84	Phase : V
Email:	Footwork : Opposite, Except Where Noted.
Jos.Dierickx@telenet.be	Release date : Sept 2011
	SEQUENCE: INTRO ABC B(1-8) A END

INTRO

01- 02	Wait 2 Meas BLFY WALL	- Wait in Butterfly Wall, Lead Feet Free , - , - ;
03- 04	Spot Turn x2	- XLIFR trng ½ RF, rec R cont trng RF to fc ptr, sd L,- end LOP fcg WALL ;

PART A

01-	Basic to Natural	- Fwd L, rec R, fwd & sd L comm trn RF to fc RLOD,- (W bk R, rec L, comm trn
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03-04	Cuddle x 2	<p>- Shaping twd W & lowering jnd lead hnds leading W to open out sd L LOD w/L sd</p> <p>stretch, rec R, cl L, - w/R sd stretch leading W to fc ptr place L hnd on W's R shldr blade</p> <p><i>(W swiveling ½ RF sd R RLOD w/R sd stretch free arm to sd, rec L w/ L sd stretch, fwd R</i></p> <p><i>w/L sd stretch place R hnd on M's L shldr trng ½ LF to fc ptr, -) ;</i></p> <p>- Shaping twd W & releasing R hnd leading W to open out sd R w/R sd stretch, rec L, cl R</p> <p>w/L sd stretch leading W to fc ptr place R hnd on W's L shldr blade, - <i>(swiveling ½ LF sd L</i></p> <p><i>lod w/L sd stretch free arm to sd, rec R w/ R sd stretch, fwd R w/L sd stretch place L</i></p>
05-06	Cuddle/W Spiral To a Fan	<p>- Repeat Meas 3 Part A <i>(W swiveling ½ RF sd R RLOD w/R sd stretch free arm to sd, rec L</i></p> <p><i>w/ L sd stretch, fwd R, spiral 1/1 LF to LOD, -) ;</i></p> <p>- Bk R, rec L, sd R <i>(fwd L, fwd R trng ½ LF, bk L leaving R extended fwd no weight, -) end</i></p>
07-08	Modified Hokey Stick to Varsoviene	<p>- Fwd L, rec R, cl L, - <i>(W cl R, fwd L, fwd R, -) raising jnd lead hnds ;</i></p> <p>- Bk R chg W's R hnd to M's R hnd, rec L, cl R, - <i>(W fwd L trng ¼ LF fc Wall, sd R, rec L, -) to</i></p>
09-10	Sweetheart x 2	<p>- XLIF shaping twd ptr, rec R, sd L, - <i>(XRIB shaping twd ptr, rec L, sd R, -) ;</i></p> <p>- XRIF shaping twd ptr, rec L, sd R, - <i>(XLIB shaping twd ptr, rec R, sd L, -) end SHDW</i></p>
11	Sweetheart /W Trn to Fc	<p>- XLIF shaping twd ptr, rec R, join R-R hnds sd L trng W ½ RF, - <i>(XRIB shaping twd ptr, rec</i></p> <p><i>L, sd & fwd R swiveling RF ½ to fc ptr, -) to stacked hands ;</i></p>

12	Under Arm Trn w/ Head Loops	- Raising jnd R-R hands XRIB & join L hnds low, rec L bring R hnds down L hnds up, bringing L hnds over M's head sd R trng 1/4 LF and raising jnd RR hnds over W's head,- <i>(fwd L trng RF under jnd R-R hnds, fwd R cont RF trn, fwd L cont RF trn under jnd R-R</i>
13	Break Back to ½ OP	- Releasing all hands but leaving M's R & W's L arm on ptr's shdr cont LF (RF) trn to fc
14- 15	OP In & Out Runs	- Fwd R trng RF to fc ptr & RLOD, trng RF fwd L to fc LOD, fwd R,- <i>(fwd L, R, L,-)</i> to L-1/2 OP ; - Fwd L, R, L <i>(fwd R trng RF to fc ptr & RLOD, trng RF fwd L to fc LOD, fwd R)</i> to 1/2-OP
16	Fence Line & Handshake	- Lunge Thru R LOD w/ bent knee, rec L, sd R,- & Handshake;

PART B

01- 02	Trade Places x 2	- Rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R) joining L hnds,-; - With L hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to Trn LF to fc ptr & WALL stepping sd & bk R (W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L)
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03-04	Trade Places w/ Inside Under Arm Turn W OUT TO FC	- Rk apt L, rec R comm to pass R shldr while trng ¼ LF and keeping R hnds jnd, cont to Trn LF but slightly less than in meas 13 stepping sd L twd COH (W rk apt R, rec L, fwd R fwd COH spiralling 7/8 LF undr jnd R hnds to end almost fcg COH),-; - Trng bdy RF to fc COH stp fwd twd COH R,L,R (W fwd COH L, fwd R trng ½ LF to fc
05-06	OP Hip Twist to Fcg Fan RLOD	- Fwd L, rec R, cl L lead W to swivel 1/4 RF,- (W bk R, rec L, fwd R/trn 1/4 RF) ; - Bk R, rec L trng LF to prtn, cl R (W fwd L, fwd R trng ½ LF, bk L leaving R extended fwd
07-08	OP Hip Twist to	- Repeat Meas 05 Part B ; - Repeat Meas 03 Part B to WALL ;
09	Fence Line	- Lunge Thru L LOD w/ bent knee, rec R, sd L,- ;
10-11	Thru Serpiente	- Thru LOD R, sd LOD L, XRIBL (both XIB), fan L CCW (W CW) ;
12	Aida	- Thru R, sd L to fc ptr, trng RF bk R to aida line looking RLOD,-;
13	Switch Rock	- Trng LF (W RF) sd L fc ptr, rec rk R, rk sd L,-;
14	Under Arm Turn	- Bk R, rec L, sd R (W XLIFR und jnd ld hds trng RF, rec R trng RF to fc ptr, sd L),-;
15-16	New Yorker x 2	- Thru L to LOP/RLOD, rec R to face ptr, sd L to BFLY/WALL, -;

PART C

01-02	BLFY Alemana to W's Tamara	- In BFLY pos Fwd L, rec R, cl L raise jnd hnds leading W to trn RF,- (W <i>bk R, rec L, sd R</i> <i>commence RF swivel,-</i>) ; - Both hands Bk R, rec L, cl R leading W to M's R sd, (W <i>Fwd L RF trn under jnd lead hnds,</i>
03	Wheel 3	- Tamara wheel CW fwd L, R, L,- ;
04	Wheel/ Wrap W to	- Cont CW fwd R, L, R across W (W comm LF trn fwd L, cont LF trn sd & Bk R, cont Lf trn fwd & sd L,- to wrap pos RLOD, M on the L sd W) ,-;
05	Wheel 3	- Repeat Meas 3 Part C ;
06	W Trn Out to Fc & Wall	- Fwd R, rec L, sd R,-(W Fwd L comm trng LF, cont LF trn sd & bk R, sd L fc prtn,-) to Wall ;
07	Reverse Under Arm Turn	- XRIFL (W fwd R trng LF undr ld hnds), rec R (W cont trn fwd L to fc M), sd L, -;
08	Hip Rock 3	- Keep heads lowered move through hips rk sd R, rk sd L, rk sd R,- ;
09	Aida	- Thru L, sd R to fc ptr, trng LF bk L to aida line looking LOD,-;
10	Rock 3 to Fc	- Rk fwd R, rk bk L, rk fwd R, swivel RF to Fc prtn ;
11-12	Fence Line x 2	- Repeat Meas 9 Part B ;
13	½ Basic to Bjo	- Fwd L, rec R, sd & fwd L bringing W to BJO,- (<i>bk R, fwd L, fwd R,-</i>) end BJO ;

14-15	Tornillo Wheel 6	- Circling CW around W fwd R, fwd L, fwd R,- (<i>raise L ft to R R knee look well to L stay on</i>) <i>R toe, -, -, -);</i>
16	Cucaracha & Handshake	- sd R, rec L, cl R to L,- & Handshake ;

ENDING

01-02	Spot Turn x 2	- Repeat Meas 3 Part INTRO ;
03	New Yorker	- Repeat Meas 15 Part B ;
04	Aida & Hold	- Repeat Meas 12 B & Hold ;