

Choreographer : Jos.Dierickx	MANUELA
Beverlosestwg. 14 B 2	Music: Erich Bachmann – Cd.: Girls,Girls, Girls Vol.2 – Track # 14 Available by Choreographer.
3583 – Paal - Belgium	Rhythm : Rumba
Phone: 0474/67.83.84	Phase : V
Email:	Footwork : Opposite, Except Where Noted.
Jos.Dierickx@telenet.be	Release date : Sept 2011
	SEQUENCE: INTRO ABC B(1-8) A END

INTRO

01-02	Wait 2 Meas BLFY WALL	- Wait in Butterfly Wall, Lead Feet Free , - , - ; - Wait , - , - , - ;
03-04	Spot Turn x2	- XLIFR trng ½ RF, rec R cont trng RF to fc ptr, sd L,- end LOP fcg WALL ; - XRIFL trng ½ LF, rec L cont trng LF to fc ptr, sd R,- end LOP fcg WALL ;

PART A

01-	Basic to Natural Top	- Fwd L, rec R, fwd & sd L comm trn RF to fc RLOD,- (W bk R, rec L, comm trn RF XRIFL
03-04	Cuddle x 2	- Shaping twd W & lowering jnd lead hnds leading W to open out sd L LOD w/L sd stretch, rec R, cl L,- w/R sd stretch leading W to fc ptr place L hnd on W's R shldr blade <i>(W swiveling ½ RF sd R RLOD w/R sd stretch free arm to sd, rec L w/L sd stretch, fwd R w/L sd stretch place R hnd on M's L shldr trng ½ LF to fc ptr,-) ;</i> - Shaping twd W & releasing R hnd leading W to open out sd R w/R sd stretch, rec L, cl R w/L sd stretch leading W to fc ptr place R hnd on W's L shldr blade,- <i>(swiveling ½ LF sd L lod w/L sd stretch free arm to sd, rec R w/R sd stretch, fwd R w/L sd stretch place L hnd on M's R shldr trng ½ RF to fc ptr,-) ;</i>

05-06	Cuddle/W Spiral To a Fan	- Repeat Meas 3 Part A (<i>W swiveling ½ RF sd R RLOD w/R sd stretch free arm to sd, rec L</i> <i>w/ L sd stretch, fwd R, spiral 1/1 LF to LOD,-</i>); - Bk R, rec L, sd R (<i>fwd L, fwd R trng ½ LF, bk L leaving R extended fwd no weight,-</i>) end FAN POS M fcg WALL ;
07-08	Modified Hokey Stick to Varsoviene	- Fwd L, rec R, cl L,- (<i>W cl R, fwd L, fwd R,-</i>) raising jnd lead hnds ; - Bk R chg W's R hnd to M's R hnd, rec L, cl R,- (<i>W fwd L trng ¼ LF fc Wall, sd R, rec L,-</i>) to Vars Wall ;
09-10	Sweetheart x 2	- XLIF shaping twd ptr, rec R, sd L,- (<i>XRIB shaping twd ptr, rec L, sd R,-</i>) ; - XRIF shaping twd ptr, rec L, sd R,- (<i>XLIB shaping twd ptr, rec R, sd L,-</i>) end SHDW WALL no hnds jnd ;
11	Sweetheart /W Trn to Fc & Stacked hnds	- XLIF shaping twd ptr, rec R, join R-R hnds sd L trng W ½ RF,- (<i>XRIB shaping twd ptr, rec L, sd & fwd R swiveling RF ½ to fc ptr,-</i>) to stacked hands ;
12	Under Arm Trn w/ Head Loops	- Raising jnd R-R hands XRIB & join L hnds low, rec L bring R hnds down L hnds up, bringing L hnds over M's head sd R trng 1/4 LF and raising jnd RR hnds over W's head,- <i>(fwd L trng RF under jnd R-R hnds, fwd R cont RF trn, fwd L cont RF trn under jnd R-R hnds,-)</i> ;
13	Break Back to ½ OP	- Releasing all hands but leaving M's R & W's L arm on ptr's shdr cont LF (RF) trn to fc LOD bk L, lowering arms to ptr's bk rec R, fwd L,- to ½-OP ;
14-15	OP In & Out Runs	- Fwd R trng RF to fc ptr & RLOD, trng RF fwd L to fc LOD, fwd R,- (<i>fwd L, R, L,-</i>) to L-1/2 OP ; - Fwd L, R, L (<i>fwd R trng RF to fc ptr & RLOD, trng RF fwd L to fc LOD, fwd R</i>) to 1/2-OP LOD ;
16	Fence Line & Handshake	- Lunge Thru R LOD w/ bent knee, rec L, sd R,- & Handshake;

01-02	Trade Places x 2	<p>- Rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd R hnds, cont to trn RF to fc ptr &</p> <p>COH stepping sd & bk L (W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd</p> <p>R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R) joining L hnds,-;</p> <p>- With L hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to</p> <p>Trn LF to fc ptr & WALL stepping sd & bk R (W rk apt L, rec R trng ¼ RF to fc</p> <p>RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L)</p> <p>joining R hnds,- ;</p>
03-04	Trade Places w/ Inside Under Arm Turn W OUT TO FC	<p>- Rk apt L, rec R comm to pass R shldr while trng ¼ LF and keeping R hnds jnd, cont to</p> <p>Trn LF but slightly less than in meas 13 stepping sd L twd COH (W rk apt R, rec L, fwd R</p> <p>fwd COH spiralling 7/8 LF undr jnd R hnds to end almost fcg COH),-;</p> <p>- Trng bdy RF to fc COH stp fwd twd COH R,L,R (W fwd COH L, fwd R trng ½ LF to fc</p> <p>WALL, sd & bk L) joining ld hnds to LOP FCG POS COH,-;</p>
05-06	OP Hip Twist to Fcg Fan RLOD	<p>- Fwd L, rec R, cl L lead W to swivel 1/4 RF,- (W bk R, rec L, fwd R/trn 1/4 RF) ;</p> <p>- Bk R, rec L trng LF to prtn, cl R (W fwd L, fwd R trng ½ LF, bk L leaving R extended fwd</p> <p><i>no weight</i>,-) end FAN POS M fcg RLOD ;</p>
07-08	OP Hip Twist to Fcg Fan WALL	<p>- Repeat Meas 05 Part B ;</p> <p>- Repeat Meas 03 Part B to WALL ;</p>
09	Fence Line	<p>- Lunge Thru L LOD w/ bent knee, rec R, sd L,- ;</p>
10-11	Thru Serpiente	<p>-Thru LOD R, sd LOD L, XRIBL (both XIB), fan L CCW (W CW) ;</p> <p>- XLIBR(both XIB), sd RLOD R, thru RLOD L, fan R CCW(W CW);</p>
12	Aida	<p>- Thru R, sd L to fc ptr, trng RF bk R to aida line looking RLOD,-;</p>
13	Switch Rock	<p>- Trng LF (W RF) sd L fc ptr, rec rk R, rk sd L,-;</p>
14	Under Arm Turn	<p>- Bk R, rec L, sd R (W XLIFR und jnd ld hds trng RF, rec R trng RF to fc ptr, sd L),-;</p>

15-16	New Yorker x 2	- Thru L to LOP/RL0D, rec R to face ptr, sd L to BFLY/WALL, -; - Thru R to OP/LOD, rec L to face ptr, sd R to BFLY/WALL,-;
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PART C

01-02	BLFY Alemana to W's Tamara	- In BFLY pos Fwd L, rec R, cl L raise jnd hnds leading W to trn RF,- (W bk R, rec L, sd R commence RF swivel,-) ; - Both hands Bk R, rec L, cl R leading W to M's R sd, (W Fwd L RF trn under jnd lead hnds, cont RF trn fwd R, sd L, -) ending in Woman's Tamara ;
03	Wheel 3	- Tamara wheel CW fwd L, R, L,- ;
04	Wheel/ Wrap W to RL0D	- Cont CW fwd R, L, R across W (W comm LF trn fwd L, cont LF trn sd & Bk R, cont Lf trn fwd & sd L,- to wrap pos RL0D, M on the L sd W) ,-;
05	Wheel 3	- Repeat Meas 3 Part C ;
06	W Trn Out to Fc & Wall	- Fwd R, rec L, sd R,-(W Fwd L comm trng LF, cont LF trn sd & bk R, sd L fc prtn,-) to Wall ;
07	Reverse Under Arm Turn	- XRIFL (W fwd R trng LF undr ld hnds), rec R (W cont trn fwd L to fc M), sd L, -;
08	Hip Rock 3	- Keep heads lowered move through hips rk sd R, rk sd L, rk sd R,- ;
09	Aida	- Thru L, sd R to fc ptr, trng LF bk L to aida line looking LOD,-;
10	Rock 3 to Fc	- Rk fwd R, rk bk L, rk fwd R, swivel RF to Fc prtn ;
11-12	Fence Line x 2	- Repeat Meas 9 Part B ; - Repeat Meas 16 Part A ;
13	½ Basic to Bjo	- Fwd L, rec R, sd & fwd L bringing W to BJO,- (bk R, fwd L, fwd R,-) end BJO ;

CONT PART C

14-15	Tornillo Wheel 6	- Circling CW around W fwd R, fwd L, fwd R,- (<i>raise L ft to R R knee look well to L stay on</i> <i>R toe,-,-,-</i>); - Cont CW circle fwd L, R, L,- (<i>cont staying on R toe,-,-,</i>) end fc prtn & Wall ;
16	Cucaracha & Handshake	- sd R, rec L, cl R to L,- & Handshake ;

ENDING

01-02	Spot Turn x 2	- Repeat Meas 3 Part INTRO ; - Repeat Meas 4 Part INTRO ;
03	New Yorker	- Repeat Meas 15 Part B ;
04	Aida & Hold	- Repeat Meas 12 B & Hold ;