

Manhattan

CHOREO: AI & Carol Lillefield

E-mail: moondancers@starband.net

PO Box 64, Mooresville, IN 46158

MUSIC: Ella Fitzgerald Sings Rogers and Hart Songbook, Song: Manhattan
(Available iTunes or Napster for per track purchase)

SPEED: CD

FOOTWORK: Opposite, directions for man (lady as noted)

PHASE: V +1 (Telespin)

RELEASED: June 2004

RHYTHM: Foxtrot

SEQUENCE: **Intro-A-B-A-B[mod]**

INTRO

1 – 13 [LOP BOTH FCNG LOD - LEAD FEET FREE & POINTED TOWARD PTR] WAIT 1 MEAS ;
LADY ROLL ACROSS – M RK [2X] ; FWD OP HVR [TO DLW] ; M BK TCH (LADY ROLL
LF IN 4 TO BFLY) ; TRAVLNG X HVR [2X] ; ; FWD TO SLOW HVR & REC ; BK X
POINT [2X] ; BK TRAVLNG X HVR [2X] ; ; BK TO SLOW HVR & REC ; FWD X POINT
[2X] - [AS MUSIC SLOWS] FWD (W REV SPIN TO CP) ;

- 1 **[WAIT]** LOP both fcng LOD - lead hnds joined - lead foot free & pointed toward partner - wait 1 meas ;
- 2 **[LADY ROLL ACROSS – M RK 2X]** side L leading W to roll right face across in front of M ,-, rec R joining trailing hands M on inside ending in OP position both facing LOD but looking to DLW ,-, (W – turning right face fwd R ,-, continue turning side L crossing in front of M , continue turn side R to end on right side of M in OP position facing LOD reaching back to join trailing hands but looking to DLW turn is 1 full rotation ;)
- 3 **[FWD OP HVR]** Stepping toward DLW trailing W fwd L ,-, fwd R with hovering action , recover back L ; (W - Stepping toward DLW fwd L ,-, fwd R with hovering action & extending arm toward DLW, recover back L ;)
- 4 **[M BK TCH – LADY ROLL LF IN 4 TO BFLY]** Back R leading W to LF turn ,-, facing LOD tch L to R ending in BFLY facing LOD ,-, (W – back R beginning to turn left face , side L continuing turn , close R continuing turn , close L to end facing M in Bfly approximately 1 & ½ left face turn for W ,-,)
- 5-6 **[TRAVLNG X HVR 2X]** Fwd L lowering ,-, fwd R hovering & turning slightly left face , fwd L preparing to step outside partner to BFLY BJO toward DLC ; fwd R lowering outside partner ,-, fwd L hovering & turning right face , fwd R preparing to step outside partner to BFLY SCAR toward DLW ;
- 7 **[FWD TO SLOW HVR & REC]** Fwd L lowering outside partner ,-, fwd R with a hovering action [music will start to slow hear so there is time for the slow hover] , rec back L still in BFLY SCAR backing DRC ;
- 8 **[BK X POINT 2X]** Back R swiveling left face to BFLY BJO facing DLC but backing DRW & point left foot to the side ,-, back L swiveling right face to BFLY SCAR pointing right foot to the side facing DLW but backing DRC ,-,
- 9-10 **[BK TRAVLNG X HVR 2X]** Back R lowering ,-, back L hovering & turning left face , back R to BFLY BJO backing to DRW ; back L lowering ,-, back R hovering & turning right face , back L to BFLY SCAR backing to DRC ;
- 11 **[BK TO SLOW HVR & REC]** Back R lowering ,-, back L with a hovering action [music will start to slow here so there is time for the slow hover] , rec fwd R still in BFLY SCAR to DLW ;
- 12 **[FWD X POINT 2X – AS MUSIC SLOWS FWD (W REV SPIN)]** Fwd L swiveling left face to BFLY BJO facing DLC & pointing right foot to the side ,-, fwd R swiveling right face to BFLY SCAR facing DLW & pointing left foot to the side ,-, at this time the last note is held - fwd L leading W to reverse underarm turn – fwd R adjusting to face LOD in CP (W – towards the end of this measure the music note holds long enough to do back R beginning left face turn – small side step L and spinning approximately one full turn to face partner in CP)

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PART A

- 1-16** 3 STP ; NAT WEAVE ; ; WSK ; FTHR ; DBL REV ; TELESPN [TO CP] ; ; BK CURVNG 3 STP & [CK] ; HVR TELEMK ; NAT HVR X ; ; OP TELEMK ; OP NAT ; OTSD SPN [OVRTRND - DLC] ; FTHR ;
- 1** **[3 STP]** Fwd L ,-, fwd R with right side stretch & a little contra action , fwd L ; [2nd time thru M will blend to CP on the first step from BJO]
- 2-3** **[NAT WEAVE]** Fwd R commence to turn right face ,-, side L with left side stretch to face DRW , with right side lead back R DLC ; with right side stretch back L in BJO , back R turning body left face to CP , with left side stretch side and forward L , fwd R outside partner in BJO to DLW ; (W- back L commence to turn right face ,-, close R to left for heel turn , with left side lead forward L ; with left side stretch fwd R in BJO outside partner , fwd L commence to turn left face , with right side stretch side R turning left face , with right side stretch back L to BJO ;)
- 4** **[WSK]** Fwd L blending to CP ,-, side R , XLIBR to a tight SCP fcng DLC ;
- 5** **[FTHR]** Thru R in SCP ,-, fwd L leading W to turn left face , fwd R in BJO ;
- 6** **[DBL REV]** Fwd L blending to CP commence to turn left face ,-, fwd & side R to face RLOD / commence left face spin bringing left foot under body beside right with no weight flexed knees , continue left face spin to finish the 5/8 turn to face DLC in CP ; (W - Back R commence to turn left face ,-, L foot closes to right heel turn turning 1/2 left face between steps 1 and 2 / side and slightly back R continuing left face turn, cross left in front of right ;)
- 7-8** **[TELESPN]** Fwd L commencing left face turn [with a right side stretch] ,-, fwd & side R continuing left face turn [continue right side stretch] , side & back L with partial weight keeping left side in toward woman [with right side stretch] / with partial weight commence left face body turn ; taking full weight on L spin left face [no sway] , side R continue left face turn [no sway], back L to end facing RLOD in CP, -; (W - Back R commencing left face turn ,-, bring L to right starting a heel turn and gradually change weight to left continuing left face turn , fwd R continuing left face turn / keeping right side in toward the man forward L ; fwd R commence left face toe spin , continue toe spin close L , fwd R ,;-)
- 9** **[BK CURVNG 3 STP]** Back R commence to turn left face ,-, back L passing well under body with left side stretch continuing left face turn , with left side stretch back R with weight on the ball of the right foot ending CP DLW ;
- 10** **[HVR TELEMK]** Fwd L ,-, fwd & slightly side R with right side stretch & leading W to SCP DLW , thru L ; (W – back R ,-, back & slightly side L turning right face to SCP LOD , thru R ;)
- 11-12** **[NAT HVR X]** Fwd R & commence right face turn ,-, side L with left side stretch continuing right face turn , fwd R to DLW ; with right side stretch fwd L outside partner in SCAR , recover R with slight left side lead , side & fwd L across partner , with left side stretch forward right outside partner to BJO DLC ; (W - back L commence right face turn ,-, R foot closes to left heel turn with a right side stretch turning right face , fwd & side L to CP ; with left side stretch back R in SCAR , recover L with slight right side lead , side & back R , with right side stretch back L in BJO ;)
- 13** **[OP TELEMK]** Fwd L blending to CP & commencing left face turn ,-, continuing left face turn fwd & side R with right side stretch , continue turn leading W to SCP DLW fwd L ; (W – back R commencing left face turn ,-, bring L to right starting a heel turn & gradually change weight to left continuing left face turn , fwd R to SCP DLW ;)
- 14** **[OP NAT]** Thru R ,-, fwd & side L across partner with left side stretch , back R to DLW in BJO ; (W – thru L ,-, small step fwd R , fwd L to DLW ;)
- 15** **[OTSD SPN OVRTRND]** Commence right face body turn with right side lead close L ,-, fwd R around partner heel to toe continue to turn right face , side & back L to face partner & RLOD the overturn happens here pivoting sharpley right face to end in CP DLC ; (W - Commence right face body turn with left side lead staying well into the man's right arm R foot forward in CBMP outside partner heel toe ,-, L foot closes to right pivot on toes “ Toe Spin “ of both feet , continue to turn right face forward R between man's feet to end in CP facing LOD & pivot sharpley right face ;)
- 16** **[FEATHER]** Forward R between W's feet ,-, fwd L preparing to step outside partner , fwd R outside partner to contra BJO DLC ;

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PART B

- 1 - 16** CLSD TELEMK ; QK HVR TELEMK [TO ½ OP] ; OP IN & OUT RUNS (LAST MEAS lady in 4 TO shdw) [rt foot] ; ; shdw front vn 4 ; TRAVLNG shdw hvr's [2x] ; ; fwd fwd lk fwd ; FWD sd bhnd [LOOSEN UP] ; solo roll 3 ; 2 SOLO x pt'S W/ ARMS [2x] ; ; fwd [TO SHDW] hvr rec ; bk bk lk bk ; bk & bk (to lady develop) ; FTHR [m TRaNs] ;
- 1** **[CLSD TELEMK]** Fwd L blending to CP & commencing left face turn ,-, continuing left face turn fwd & side R with right side stretch , continue turn fwd L to DLW preparing to step outside partner in BJO ; (W – back R commencing left face turn ,-, bring L to right starting a heel turn & gradually change weight to left continuing left face turn , side & back R to DLW ;)
- 2** **[QK HVR TELEMK TO ½ OP]** Fwd R outside partner in BJO , fwd L blending to CP , fwd & side R leading W to SCP DLW , fwd L to ½ OP position DLW ;
- 3-4** **[OP IN & OUT RUN'S W IN 4 TO SHDW]** Fwd R commencing right face turn ,-, fwd L across partner completing turn to face LOD , fwd R in ½ LOP Position ; small step fwd L leading W across in front ,-, fwd R between W's feet , fwd L to shadow facing LOD ; (W fwd L ,-, fwd R between M's feet , fwd L to ½ LOP facing LOD ; fwd R commencing right face turn , fwd L across partner completing turn to face LOD , fwd R , fwd L to shadow position facing LOD ;)
- 5** **[SHDW FRONT VINE 4]** In shadow position fwd R , fwd & side L both facing WALL still in shadow , XRIBL , turning to face LOD side & fwd L still in shadow position ; (W same footwork as M)
- 6-7** **[TRAVLNG SHDW HVRS]** [These figures travel more down LOD than at strick diagonals] Fwd R to LOD ,-, fwd & side L with a hovering action turning right face slightly towards DLW but mostly LOD , fwd R ; fwd L ,-, fwd & side R with a hovering action turning left face slightly towards DLC but mostly LOD , fwd L still in shadow ; (W's footwork same as M)
- 8** **[FWD FWD LK FWD]** Working at the slight angle to DLC in shadow position fwd R ,-, fwd L / lock RIBL , fwd L still in shadow ; (W's footwork same as M)
- 9** **[FWD SD BHND LOOSEN UP]** Working at the slight angle to DLC in shadow position fwd R ,-, fwd & side L facing Wall beginning to get a little distance from partner , XRIBL in a loose shadow position facing WALL with only lead hand's joined ; (W's footwork same as M)
- 10** **[SOLO ROLL 3]** Side & fwd L to face LOD releasing lead hand's beginning left face turn ,-, continue left face turn fwd & side R small step towards LOD spinning left face on right foot to LOD [small step important to keep from getting in front of W , fwd L to LOD side by side W to M's right & slightly in front of the M ; (W's footwork same as M)
- 11-12** **[2 SOLO X POINTS w/ARMS]** Working at a slight angle to DLC cross R in front of left as right arm extends fwd and to the right in a clockwise circular motion and at the end of the slow bring right hand close to right side ,-, bringing L foot extending to the side & toe pointed to COH while the right hand extends up and slightly out to right side extending the line of the left leg thru the body and up thru the right arm , hold ; working at a slight angle to DLW cross L in front of right as left arm extends fwd and to the left in a counter clockwise circular motion and at the end of the slow bring left hand close to left side ,-, bringing R foot extending to the side & toe pointed to WALL while the left hand extends up and slightly out to the left side extending the line of the right leg thru the body and up thru the left arm , hold ; (W's footwork and armwork same as M)
- 13** **[FWD TO SHDW HVR REC]** Fwd R to LOD beginning to blend to shadow [important not to let the lady get behind the man] ,-, fwd L to shadow with a hovering action , recover R backing to RLOD ; (W's footwork same as M)
- 14** **[BK BK LK BK]** In shadow position back L ,-, back R / lock L in front of right with right side stretch & slight body rotation to the right , back R still in shadow facing LOD but backing RLOD ;
- 15** **[BK & BK LADY DEVELOP]** Back L ,-, back R , look at W while she does a developpe & shap to the right to give lady room to extend ; (W back L ,-, back R shaping to the right looking to DRW , lift left knee up while leaving toe pointed down & extend left foot up straightening leg with small left side stretch ;)
- 16** **[FTHR M TRANS]** Still in shadow fwd L to LOD releasing W ,-, fwd R outside partner to BJO LOD ,-, (W – fwd L ,-, fwd & side R turning left face , back L in BJO facing RLOD but backing LOD ;)

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PART A

1-16 3 STP ; NAT WEAVE ; ; WSK ; FTHR ; DBL REV ; TELESPN [TO CP] ; ; BK CURVNG 3 STP & [CK] ; HVR TELEMK ; NAT HVR X ; ; OP TELEMK ; OP NAT ; OTSD SPN [OVRTRND - DLC] ; FTHR ;

1 [3 STP] fwd L blending to CP ,-, fwd R with right side stretch & a little contra action , fwd L ;

2-16 [SAME AS PART "A" ABOVE]

PART B [MOD]

1 - 16 CLSD TELEMK ; QK HVR TELEMK [TO ½ OP] ; OP IN & OUT RUNS (LAST MEAS LADY IN 4 TO SHDW) [RT FOOT] ; ; SHDW FRONT VN 4 ; TRAVLNG SHDW HVR'S [2X] ; ; FWD FWD LK FWD ; FWD SD BHND [LOOSEN UP] ; SOLO ROLL 3 ; 2 SOLO X PT W/ ARMS [2X] ; ; FWD [TO SHDW] HVR REC ; BK BK LK BK ; BK & BK (TO LADY DEVELOP) ; FWD 2 QK [FC WALL] & QK LEFT LUNGE ;

1 – 15 [SAME AS PART B ABOVE]

16 [FWD 2 QK FC WALL & LEFT LUNGE] Fwd L , fwd R releasing partner starting right face turn , fwd & side L sharpley flexing into left knee [M needs to take a larger step so that when both partners face WALL M will be slightly to the left of the W , (W's footwork same as M)]

Manhattan (Quick Cues)

INTRO

[LOP BOTH FCNG LOD - LEAD FEET FREE & POINTED TOWARD PTR]

WAIT 1 MEAS ; LADY ROLL ACROSS – M RK [2X] ;

FWD OP HVR [TO WALL] ; M BK TCH (LADY ROLL LF IN 4 TO BFLY) ;

TRAVLNG X HVR [2X] ; ; FWD TO SLOW HVR & REC ; BK CROSS PT'S [2X] ;

BK TRAVLNG X HVR [2X] ; ; BK TO SLOW HVR & REC ;

FWD CROSS PT'S [2X] AS MUSIC SLOWS FWD & REV TWRL IN 2 [CP] ;

A: 16

3 STP ; NAT WEAVE ; ; WSK ; FTHR ; DBL REV ; TELESPN ; ;

BK CURVNG 3 STP & [CK] ; HVR TELEMK ; NAT HVR X ; ; OP TELEMK ;

OP NAT ; OTSD SPN [OVRTRND - DLC] ; FTHR ;

B: 16

CLSD TELEMK ; QK HVR TELEMK [TO ½ OP] ;

OP IN & OUT RUN'S (LAST MEAS LADY IN 4 TO SHDW) [RT FOOT] ; ;

SHDW FRONT VN 4 ; TRAVLNG SHDW HVR'S [2X] ; ; FWD FWD LK FWD ;

THRU SD BHND [LOOSEN UP] ; SOLO ROLL 3 ;

SLOW SOLO X PT'S W/ ARM'S [2X] ; ; FWD [TO SHDW] HVR REC ;

BK BK LK BK ; BK & BK (LADY DEVELOP) ; FTHR [M TRANS] ;

A: 16

3 STP ; NAT WEAVE ; ; WSK ; FTHR ; DBL REV ; TELESPN ; ;

BK CURVNG 3 STP [& CK] ; HVR TELEMK ; NAT HVR X ; ; OP TELEMK ;

OP NAT ; OTSD SPN [OVRTRND - DLC] ; FTHR ;

B: 16

CLSD TELEMK ; QK HVR TELEMK [TO ½ OP] ;

OP IN & OUT RUN'S (LAST MEAS LADY SYNC TO SHDW) [RT FOOT] ; ;

SHDW FRONT VN 4 ; TRAVLNG SHDW HVR'S [2X] ; ; FWD FWD LK FWD ;

THRU SD BHND [LOOSEN UP] ; SOLO ROLL 3 ;

SLOW SOLO X PT'S W/ ARM'S [2X] ; ; FWD [TO SHDW] HVR REC ;

BK BK LK BK ; BK & BK (LADY DEVELOP) ;

2 QK FWD [FC WALL] & QK LF LUNGE ;