

MAN, I FEEL LIKE A JIVE

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RECORD: Mercury-172-123 "Man, I Feel Like a Woman" **ARTIST:** Shania Twain **FLIP:** "Come on Over"
FOOTWORK: Opposite unless indicated **RHYTHM:** Jive **PHASE:** IV+2 (mooch/flicks into breaks)
SEQUENCE: INTRO, A, BRIDGE, A, B, BRIDGE 2x, A MOD, B, C, B, END

INTRODUCTION

1-6 OVERTURN THROWAWAY POS - WAIT; W TURN; CHICKEN WALKS - 2 SLOWS; 4 QUICKS; LINK RK ~ RK, REC;;

1-6 in overturn throwaway pos both fcg LOD ld hnds jnd ld ft free wait; W trn to fc M & hold/M hold; {chicken walks} bk L,-, R,-; bk L, R, L, R; {link rock ~ rk, rec} rk apt L, rec R, chasse fwd L/R, L trng 1/4 RF to fc wall & leading W fwd; chasse sd R/L, R to CP/WALL, rk bk to Scp L, rec R;

PART A

1-6 CHASSE L & R; MOD FALLAWAY THROWAWAY [1st & 3rd times to fc WALL, 2nd time to fc COH] ~ CROSS CHECK, REC CHASSE 2X ~ CHANGE L TO R;:::

1-6 {chasse L & R} chasse sd L/R, L, chasse sd R/L, R; {mod fallaway throwaway} rk bk L, rec R, chasse fwd L/R, L trng LF; chasse sd R/L, R trng RF to end LOP both fc WALL [2nd time Part A this is danced both fc COH] (W chasse sd R/L, R trng 1/2 RF, chasse sd L/R, L), {X check, rec, chasse} release hnds XLIF of R, rec R; sd chasse L/R, L, XRIF of L [M's Rhnd on W's bk], rec L; sd chasse R/L, R, trng LF to LOP-fcg LOD [2nd time Part A this is danced to LOP-fcg RLOD] {change L to R} rk apt L, rec R; chasse sd L/R, L trng 1/4 RF lead W to trn LF under raised lead arms, chasse sd R/L, R end LOP fcg WALL; [2nd time Part A this is danced to LOP-fcg COH]

7-8 CHANGE HANDS BEHIND THE BACK ~ RK, REC;;

7-8 {change hnds X bk ~ rk, rec} rk apt L, rec R, chasse fwd L/R, L trng 1/4 to L; chasse sd & bk R/L, R trng 1/4 to the L, [M changes W's R hnd to his R hnd on the 1st triple and back to his L hnd on 2nd triple - this is done behind his back, W uses R hnd throughout] to end LOP-fcg COH [2nd time Part A this is danced to end LOP-fcg wall] rk apt L, rec R to dbl hh;

BRIDGE

1-2 HIP ROCK - 2 SLOWS; 2 QUICKS & HOLD;

1-2 low dbl hh rk L,-, R,-; L, R, hold, -; (in the hold you can go "more into the hip" if you want)

REPEAT PART A (USING THE OPPOSITE FACING DIRECTIONS)

PART B

1-4 SPANISH ARMS 2x ~ BASIC;:::

{Spanish Arms 2x} [whole figure dbl hh] {"rk, rec" from Part A} in dbl hh trng RF chasse dia fwd L/R, L raise L arm wrap W into M's arms, chasse fwd R/L, R unwrap W & cont RF wheel to fc COH; rk apt L, rec R, trng RF chasse dia fwd L/R, L raise L arm wrap W into M's arms chasse fwd R/L, R unwrap W & cont RF wheel to end fcg WALL, {basic} rk apt L, rec R to CP; sd chasse L/R, L, R/L, R;

5-9 MOOCH;:::

{mooch} rk bk L to Scp, rec R, kick L fwd, cl L; kick R fwd, cl R, rk bk L, rec R; chasse L/R, L trng RF to end Left 1/2 OP/RLOD, rk bk R, rec L; kick R fwd, cl R, kick L fwd, cl L; rk bk R, rec L, chasse R/L, R trng LF to end SCP/LOD;

10-16 DOUBLE ROCK; RT FALLAWAY; MOOCH;:::

{dbl rk} rk bk L, rec R, rk bk L, rec R; {RT fallaway} trn to fc & chasse side L/R, L trng RF 1/4, chasse side R/L, R trng RF 1/4 to end in Scp/RLOD; {mooch} rk bk L to Scp, rec R, kick L fwd, cl L; kick R fwd, cl R, rk bk L, rec R; chasse L/R, L trng RF to end Left 1/2 OP/LOD, rk bk R, rec L; kick R fwd, cl R, kick L fwd, cl L; rk bk R, rec L, chasse R/L, R trng LF to end SCP/RLOD;

17-20 1/2 **CHANGE R TO L [HANDSHAKE/RLOD] TRIPLE WHEEL TO FC WALL;;;;; RK, REC,**
{change R to L to R-hndshake RLOD} rk bk L, rec R, sd chasse L/R, L trng 1/4 LF lead W to trn RF
under jnd hnds; chasse sd R/L, R lead W to complete trn end R-hndshake-fcg RLOD, {triple wheel} rk
apt L, rec R; wheel RF sd L/cl R, sd L trng twd ptr & tch her bk with M's L hand, cont RF wheel sd
R/cl L, sd R trng away frm ptr (W tch M's bk with L hnd); cont RF wheel sd L/cl R, sd L trng twd ptr
& tch her bk with M's L hand, chasse in place R/L, R lead W to spin RF end LOP-fcg WALL; {rk, rec}
rk apt L, rec R,

REPEAT BRIDGE 2X

PART A MODIFIED

1-6 **CHASSE L & R; MODIFIED FALLAWAY THROWAWAY ~ CROSS CHECK, REC**
CHASSE 2X CHANGE L TO R;;;;;

1-6 repeat measures 1-6 as in Part A

7-8 **SHOULDER SHOVE ~ RK, REC;;**

7-8 {shoulder shove ~ rk, rec} rk apt L, rec R trng RF, sd chasse tog L/R, L tch L shldr to W's R shldr; sd
chasse apt R/L, R trng LF to fc, rk apt L, rec R to dbl hh;

REPEAT PART B

PART C

1-6 **AMERICAN SPIN; LINDY CATCH;; BASIC ~ PRETZEL TURN;;;**

{American Spin} {"rk, rec" from Part B}chasse in place L/R,L bracing the W against hand to spin her R
face, (W chasse fwd R/L,R, spin RF on last step) chasse sd R/L, R; {Lindy catch} rk apt L, rec R, to
LOP fwd L/R, L moving RF around W catch her at waist with R hnd release L hnd (W fwd R/L,R) both
fcg COH M beh W his R arm arnd her waist; fwd R, L cont arnd W (W bk L,R still fcg COH), fwd R/L,
R (W bk L/R,L) to LOP fcg ptr & wall; {basic} rk apt L, rec R, chasse sd L/R, L to CP/WALL; chasse
sd R/L, R, {pretzel turn} rk bk L to Scp, rec R; chasse sd & fwd L/R, L trng 1/2 RF keep M's L & W's R
hnds jnd, chasse sd & fwd R/L, R trng 1/4 RF (end sd by sd M's L & W's R hnds jnd behind backs);

7-9 **DBL ROCK; UNWRAP TO FACE; DBL ROCK APART;**

{dbl rk} rk fwd L, rec R, rk fwd L, rec R; {unwrap the pretzel} twd RLOD chasse sd & fwd L/R, L trng
1/2 LF, chasse sd & fwd R/L, R trng LF to fc ptr & wall; {dbl rk apt} rk apt L, rec R, rk apt L, rec R;

REPEAT PART B

END

1-5 **MERENGUE 2X; HIP ROCKS - 2 SLOWS; 2 QUICKS & HOLD; HIP ROCKS - 2 SLOWS; 2**
QUICKS & HOLD;

{merengue 2x} sd L, cl R, sd L, cl R; {hip rocks - 2x} repeate Bridge 2x;;;;;

6-11 **CHASSE L & R; FLICKS INTO BREAKS;;;;;**

{chasse L & R} tog chasse L/R, L to CP/WALL, sd chasse R/L, R; {flicks into breaks} rk bk L to
Scp/LOD, rec R, pt L fwd, step L; pt R fwd, step R, pt L fwd, step L; kick R thru twd LOD, trn to fc &
step sd R, kick L thru twd RLOD, trn to fc & step sd L; kick R thru twd LOD, trn to fc & step sd R, kick
L thru twd RLOD, trn to fc & step sd L; step thru R to LOD on,- , [ball/change] rec bk L/rec R;

12-14 1/2 **THROWAWAY; CHICKEN WALKS - 2 SLOWS; 4 QUICKS; JUMP APT & HOLD,,**

{throwaway} chasse fwd L/R, L trng LF to fc LOD, chasse sd R/L, R end LOP-FCG/LOD (W PU triple -
sd & bk triple); {chicken walks} bk L,-, R,-; bk L, R, L, R; {jump apt & hold} jump apt L feet spread
about shoulder width hnds on hips & look proudly at each other,,