

MY WAY

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RECORD : Roper JH - 423 - A [Flip - Magic Is The Moonlight]

FOOTWORK : Opposite unless noted (Woman's footwork in parentheses)

Speed : 45 rpm

RHYTHM : Rumba Phase 5

SEQUENCE : Intro, A, A var'n, B, A(mod), B[mod]

INTRO

MEAS :

1 - 4 **WAIT ;; SLOW HIP RKS ; SLOW HIPS RKS W ROLL TRANS TO FAN ;**

1-2 In wrapped pos fcg WALL [W crosses R hnd over L hnd in frnt of bdy M standing slightly behind and to the left of the W M holding W's L hnd in his R hnd w/ his R arm bhd W's back W's R hnd and M's

L hnd are jnd in frnt] both have left ft free wait 2 meas ;;

SS 3 Sm stp sd L rolling wgt and hip to the left, - , roll wgt and hip to R, - ;

SS (QQS) 4 Roll wgt and hip to L, - , roll wgt and hip to R (W swl LF on R to fc LOD fwd L twd LOD in frnt of M stg LF roll keeping ld hnds jnd, cont LF roll sd and fwd R twd DLC, cont LF roll bk L to fc RLOD w/ R extended twd RLOD) in fan pos w/ ld hnds jnd, - ;

PART A

1 - 4 **ALEMANA ;; CUDDLES TWICE ;;**

1-2 In fan pos fcg WALL fwd L, rec R, cl L, - ; Bk R, rec L, sd R, - ;

(W cl R, fwd L, fwd R stg a RF swl to fc ptr, - ; Cont RF trn undr jnd ld hnds fwd L, cont RF trn fwd R, sd L to fc ptr and COH) in loose CP WALL, - ;

3 From CP giving W a slight L sd ld to open her out w/ slight R sd stretch sd L w/ L sd Stretch, rec R, cl L w/ R sd stretch plcg L hnd on W's R shldr blade ldg her to CP, - ;

(W w/ slight L sd stretch trng 1/2 RF bk R w/ R sd stretch free arm out to the sd, rec L w/

L sd stretch, fwd R w/ L sd stretch plcg R hnd on M's L shldr trng 1/2 LF blendg to CP fcg COH, - ;)

4 Repeat meas 3 of Part A stg w/ R (L) ft and reversing fig descriptions ;

5 - 8 **CHS TO HND SHK ;;;**

5-8 In loose CP WALL release all hnds fwd L trng RF 1/2, rec fwd R, fwd L (W bk R w/ no trn, rec L, fwd R), - ; Fwd R trng LF 1/2, rec fwd L, fwd R (W fwd L trng RF 1/2, rec fwd R, fwd L), - ; Fwd L, rec R, bk L (W fwd R trng LF 1/2, rec fwd L, fwd R), - ; Bk R, rec L, fwd R (W fwd L w/ no trn, rec R, bk L) and jn hnds in R (R) hndshk fcg the WALL, - ;

9 - 12 **FLIRT TO L SHDW WALL ;; SWEETHEART TWICE [TANDEM WALL] ;;**

9-10 In R (R) hndshk fwd L, rec R, sd L (W rk bk R, rec L trng LF, cont trng LF to R VARSOU sd R), - ; Bk R, rec L, sd R (W rk bk L, rec R, sd L moving in frnt of M to L VARSOU) releasing all hnds and endg in L SHDW fcg WALL, - ;

11 In L SHDW pos ck fwd L w/ right sd ld into contra ck like action, rec R straightening bdy, sd L (W bk R w/ left sd ld into contra ck like action, rec L straightening bdy, sd R) endg in R SHDW pos, - ;

12 In R SHDW pos ck fwd R w/ left sd ld into contra ck like action, rec L straightening bdy, sd R (W bk L w/ right sd ld into contra ck like action, rec R straightening bdy, sd L) endg in TANDEM WALL, - ;

13 - 16 **CUCA WITH ARMS TWICE ;; CHASE ENDG [LD HND] ;;**

13-14 In TANDEM fcg WALL W in frnt of M still w/ no hnds jnd stp sd L sweeping ld hnds CW (CCW) out up and arnd, rec R cont arm sweep, cl L bringing hnds down in frnt of face w/ palms fcg bk to stg pos, - ; Sd

R sweeping trl hnds CCW (CW) out up and arnd, rec L cont arm sweep, cl R bringing hnds down in frnt w/ palms fcg bk to stg pos, - ;

of face

15-16 Still in TANDEM WALL w/ no hnds jnd fwd L, rec R, bk L (W fwd R trng LF 1/2, fwd L, fwd R), - ; Bk R, rec L, fwd R (W fwd L w/ no trn, rec R, bk L) jng ld hnds in LOP WALL, - ;

PART A variation

1 - 2 **OP HIP TWST ; FAN ;**

1-2 Ck fwd L, rec R, cl L (W bk R, rec L, fwd R twd M w/ tension in her right arm which causes W to swl 1/4 RF on R on count of " and"), - ; Bk R, rec L, sd R (W fwd L twd LOD, trng LF step sd and bk R making 1/4 LF trn, bk L leaving R extended fwd w/ no wgt in fan pos fcg RLOD), - ;

3 - 4 **ALEMANA ;;**

fashion endg in V bk -to-bk pos fcg RLOD w/ ld hnds jnd and trl arms up and out, - ;