

# My Heart Is A Violin

Choreo: Desmond & Ruth Cunningham [des.ruth.cunningham@usa.net](mailto:des.ruth.cunningham@usa.net)

[www.diamonddounds.com](http://www.diamonddounds.com)

[05/ 01 to 10/ 15] 4600 Mackenzie St, Montreal, QC Canada H3W 1B1 (514) 345-9516

[11/ 01 to 04/ 15] 122 Vine St, Plant City, FL USA 33563 (813) 659-9449

Record: Roper 233-A

Rhythm: Argentine Tango RAL Phase IV  
left margin

**Timing:** as indicated in

Footwork: Opposite, except where noted for woman in parentheses  
rpm

**Suggested Speed:** 41

Sequence: INTRO, A, Bridge, B, A, Bridge, B, A(1-15), ENDING

Released: April 2004,

Revised: August 2005

## INTRODUCTION

### **1-4 WAIT; STEP TOG, TCH; SD CORTE & REC; TGO DRAW;**

- 1 In OP/DLW trl ft free, ld hnds jnd, wait 1 meas ;  
SS 2 {**tog, tch**} fwd R twd ptrn, -, tch L beside R, -; CP/DLW  
SS 3 {**sd corte, rec**} sd L w/flexed knee trng to RSCP, -, rec R, -; CP/DLW  
QQS 4 {**tgo drw**} fwd L, sd & fwd R, drw L to R w/no chg of wgt, -; CP/DLW

## PART A

### **1-4 WK 2 CURVING; REV TRN ½ ; BK 2; OP FIN;**

- SS 1 {**wk 2**} fwd L slightly across R comm LF trn, -, fwd & sd R curving LF, -; CP/DLC  
QQS 2 {**rev trn ½**} fwd L trn LF, sd & bk R cont trn, bk L, -; (bk R comm. LF trn bringing L besd R w/no wgt, heel trn LF on R & chg wgt to L, fwd R, -;) CP/RLOD  
SS 3 {**bk 2**} Bk R, - bk L, -; CP/RLOD  
QQS 4 {**op fin**} bk R trng LF, sd & fwd L, fwd R outsd ptrn in CBMP, -; BJO/DLW

### **5-8 WK 2 CKG; OUTSD SWIVEL & THRU; PROM SWAY & O/SWAY; REC to**

#### **FC &**

#### **TCH;**

- SS 5 {**wk 2**} repeat meas 1 staying in bjo pos; end fcg LOD  
QQS 6 {**outsd swivel, thru**} bk L, XRIF of L w/no wgt rotating upper body RF trng to SCP, thru R, -; (W fwd R, swivel RF on ball of R, thru L, -;) SCP/LOD  
SS 7 {**prom sway, o/s**} Fwd & sd L w/relaxed knee looking over jnd ld hnds, -, stretch left sd, -; (W fwd & sd R w/relaxed knee looking over jnd ld hnds, -, stretch right sd & look left, -;) trl legs

extd twd RLOD

- SS 8 {**rec to fc & tch**} rec R trng to fc wall, -, drw L to R w/no wgt, -; (rec L to fc ptr, -, drw R to L, -;) CP/WALL

### **9-12 TGO DRAW; SD CORTE & REC to SCP; CRISS CROSS;**

- 9 Repeat meas 4 INTRO; CP/WALL  
SS 10 Repeat meas 3 INTRO; but end trng to SCP/LOD  
SS 11 {**criss cross**} sd & fwd L, -, thru R swiveling to fc RLOD in RSCP, -;  
QQS 12 thru L, sd R to CP, drw L, -; CP/WALL

### **13-16 WHISK; ROCK 3; WK & FC; TGO DRAW;**

QQS 13 {whisk} fwd L, fwd & sd R, XLIB of R, -; SCP/LOD  
 QQS 14 {rk 3} Rk fwd R, rec bk L, rk fwd R, -;  
 SS 15 {wk & fc} fwd L, -, fwd R trng to fc ptr, -; CP/WALL  
 QQS 16 Repeat meas 4, INTRO; CP/WALL

**BRIDGE**

**1**  
 QQS 1 **SD, CLOSE, & TAP SCP;**  
 {sd, cl, tap} sd L, cl R, trn to scp tch insd of L toe fwd, -; SCP/LOD

**PART B**

**1-4** **WK & PU DLC; OP TELEMARK to BFLY; SLOW LUNGE THRU, REC FC; SD CL SD;**

SS 1 {wk, pu} sd & fwd L, -, sm fwd R folding ptr in frnt, -; (fwd R, -, fwd L trng LF in frt of man, -);  
 CP/DLC  
 QQS 2 {telemark} Fwd L comm. LF trn, sd R cont trn to SCP, sd & fwd L to BFLY, -; (W bk R comm. LF trn  
 bringing L  
 To R w/no wgt, heel trn LF on R & chg wgt to L, sd & fwd R, -;) blending to BFLY/WALL  
 SS 3 {lunge thru & rec} Thru R w/lunge action, -, rec L trng to fc ptr & wall, -; BFLY/WALL  
 QQS 4 {sd cl sd} sd R, cl L, sd R, -; BFLY/WALL

**5-8** **TO REV LUNGE THRU, REC; SD CL SD; THRU TO SERPIENTE;;**

SS 5 {lunge thru, rec} Thru L w/lunge action, -, rec R trng to fc ptr & wall, -; BFLY/WALL  
 QQS 6 {sd cl sd} sd L, cl R, sd L, -; BFLY/WALL  
 QQQQ 7 {thru to serpiente} thru R to loose CP, sd L, XRIB of L, fan L ccw; (W thru L, sd R, XLIB of R, fan  
 R cw;)  
 QQQQ 8 XLIB of R, sd R, thru L, fan R ccw; (W XRIB of L, sd L, thru R, fan L cw;)

**PART B CONT'D**

**9-12** **THRU to LEFT WHISK; QK UNWIND 4 to LOD; FWD, R LUNGE; LEG CRAWL & REC;**

QQS 9 {thru to left whisk} thru R, sd L, XRIB of L, -; SCP/RLOD  
 QQQQ 10 {unwind in 4} with wgt on heel of L & ball of R swivel RF, , ,; (W trng RF fwd arnd ptr R, L, R, L;)  
 CP/LOD  
 SS 11 {fwd r lunge} fwd L, -, sd & fwd R w/lunging action on soft knee keeping upper body erect, -;  
 SS 12 {leg crawl} rec L keeping R leg extd, -, sm bk R w/slight slipping LF action, -; (W rec R lift L leg up  
 along m's  
 outer R leg, -, bring leg down and small fwd L to CP -;) CP/DLC

**13-16** **REV TRN CL FIN;;SD CORTE & REC; TGO DRAW;**

QQS 13 {rev trn} repeat meas 2, PART A;  
 QQS 14 {cl fin} bk R trng LF, cont trng sd & fwd L, cl R, -; (W fwd L trng LF, cont trng sd & bk R, cl L, -;)  
 CP/DLW  
 15-16 repeat meas 3-4, INTRO;;

**END**

**1** **FWD TO R LUNGE;**

SS 1 {fwd, r lunge} Repeat meas 11, PART B;

## Quick Cues

[OP FCG/DLW, lead hands jnd, trail ft free] WAIT 1 ;

**STEP TOG to CP, TCH; SD CORTE & REC; TGO DRW;**

**A**

**WK 2 CURVING; REV TRN ½ ; BK 2; OP FIN ;**

**In BJO WK 2 CHKG to; OUTSD SWIVEL & THRU;**

**PROM SWAY & O/S; REC to FC & TCH;**

**TGO DRW; SD CORTE & REC to SCP; CRISS CROSS;;**

**WHISK; ROCK 3; WK, FC WALL; TGO DRAW;**

**Brg**

**SD, CLOSE, & TAP SCP;**

**B**

**WK & PU to LC; OP TELEMAR BFLY/WALL;**

**LUNGE THRU SLOW & REC; SD CL SD;**

**to Rev LUNGE THRU & REC; SD CL SD;**

**THRU SERPIENTE ;; THRU to Left WHISK; QK UNWIND 4 to LOD;**

**FWD & R LUNGE; LEG CRAWL & REC;**

**REV TRN, CL FIN;; SD CORTE & REC; TGO DRW;**

**REPEAT: A – Bridge - B**

**A(1-15) to END**

**WK 2 curving; REV TRN ½ ; BK 2; OP FIN ;**

**In BJO WK 2; OUTSD SWIVEL & THRU;**

**PROM SWAY & O/S; REC to FC & TCH;**

**TGO DRW; SD CORTE & REC to SCP; CRISS CROSS;;**

**WHISK; ROCK 3; WK & FC; FWD to R LUNGE;**