

Moonlight Becomes You

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Music: Reader's Digest "Stardust Moods" Track #15

Rhythm: Foxtrot

Phase: VI

Timing: SQQ or as noted in left margin

Footwork: Opposite, except where noted for woman in parentheses
2003

Release: July

Sequence: INTRO-A-B-C-Bridge-A-B-C-Bridge-ENDING

Suggested

Speed: same as disc

INTRODUCTION

1-4 WAIT; Man FWD/Lady ROLL OUT in 4; APT PT, HOLD; Lady ROLL in 4/ Man FWD, HOLD, & FWD to SCP/DLC;

1 In Skater Pos fcg diag LOD & Wall, both have R ft free, wait 1 meas;

QQQQ 2 {**fwd, w roll out 4**} fwd R release hnd hold, -, -, -; (start trng RF fwd R pivot ½, bk L pvt ½ RF, fwd R pvt ½ RF,

Cont trng sd & bk L to end fcg ptr;)

QQS 3 {**apt pt**} rec bk L, pt R to ptr, hold, - ;

QQQQ 4 {**w roll in 4, m fwd 2**} fwd R, start trng LF, -, fwd & sd L to DLC; (fwd L pvtg ½ LF, bk R pvt ½ LF, sd & fwd L,

cont trn to take ptr's ld hnd sd & fwd R;) to SCP/DLC

PART A

1-4 WEAVE 6;; RUNNING HOVER TO SCP; SLOW SD LOCK;

1 {**weave**} Fwd R, -, fwd L trng LF to CP, sd & bk R to BJO;

2 cont LF trn bk L, -, cont trn bk R to CP, sd fwd L in CBMP; DLW

Q&SQ 3 {**running hover**} Fwd R/sm fwd L to CP, fwd & sd R rising w/R sd stretch, -, fwd L; SCP/DLC

4 {**slo sd lk**} thru R, -, fwd & sd L to CP, lk R in bk of L; (fwd L, -, bk & sd R ahead of M to CP, lk L in frt of R;) DLC

5-8 TELESWIVEL; FEATHER; CURVING 3 STEP; BK TO THROWAWAY O/S;

QQQQ 5 {**teleswivel**} fwd L start LF trn, fwd & sd R w/ R sd stretch, bk L undr body, swivel LF; (bk R, bring L to R trng LF on R [heel trn] chg wgt to L, fwd R outsd of M, swivel RF;) SCP/DLW

6 {**feather**} fwd R, -, fwd & sd L to CBMP (bk & sd R to CBMP), fwd R; DLW

7 {**curving 3 step**} fwd L start LF trn, -, fwd R w/sharp LF trn, fwd L; CP/RLOD

QQS 8 {**throwaway o/s**} bk R start LF trn, sd & fwd L, rotate upper body LF & lower on L ft leaving R extd bk, -; (fwd L trng LF, sd & fwd R, bring L to pass R & extend bk while lowering on R w/head well L, -;)

9-12 LINK TO SCP; MANUV; SPIN TRN; BOX FIN;

9 {**link to scp**} start to rise on L while swivelg to fc W drw R to L, -, rec R in CP cont rise, sd & fwd L; to SCP/DLW

10 {**manuv**} fwd R diag across LOD in frnt of W, -, trng RF sd L in CP, cl R; CP/RLOD

11 {**spin trn**} rotate upper body RF bk L toeing in pivotg ½ RF, -, cont trn fwd R betw w's ft, sd & bk L; (start RF trn

fwd R betw M's ft pivotg ½ RF, -, bk L toe spin RF, fwd R;) CP/DLW

- 12 {**box fin**} bk R start trng LF, -, cont trn sd L, cl R; CP/DLC
13-16 TELESWIVEL; FEATHER; CURVING 3 STEP; BK TRN L, CHASSE SCP;
 13-15 repeat meas 5-7;;;
 SQ&Q 16 {**bk, chasse**} bk R trng LF to fc WALL, -, sd L/cl R, sd L; SCP/LOD

PART B

- 1-4 THRU SD BEH RONDE; CHK BK/Lady SWIVEL DEVELOP; FWD, FWD/LK, FWD;**
CHKD NATL SLIP;

- QQQQ 1 {**thru sd beh ronde**} thru R crossing in frt, sd L, XRIB of L XLIB), fwd & arnd L drwg an arc ccw (cw) no wgt chg;
 SS 2 {**chk bk, w swvl develop**} cross L in bk of R w/right sd stretch, -, chg sway w/left sd stretch, -; (XRIB of L
 L
 (SQQ) w/open head, -, swivel LF on R ft while bringing L thru to DRC drw L ft up to R knee, kick L straight out;)
 SQ&Q 3 {**fwd, fwd/lk, fwd**} fwd R, -, fwd L/lk RIB of L, fwd L; DLW
 QSQ 4 {**chkd natl slip**} fwd R, fwd L w/slight RF trn to highline, -, trng LF rec bk R w/slipping action; CP/DLC

Page 1 of 2

“Moonlight Becomes You” Page 2 of 2

- 5-8 DBL TELEMARK;; CHAIR & SLIP to LOD; CHG OF DIR [LC];**

- 5 {**dbl telemark**} fwd L trng LF, -, cont trn fwd & sd R (heel trn), fwd L; to SCP/LOD
 QQQQ 6 Thru R trng LF (thru L w/sharp LF trn to CP), cont trn fwd L, cont trn fwd & sd R (bk L toe trn), fwd L; SCP/DLW
 7 {**chair & slip**} chk thru R w/lunge action, -, rec L no rise, w/LF trn slip R beh L; CP/LOD
 SS 8 {**chg of dir**} fwd L, -, fwd R w/slight LF trn, drw L to R; CP/DLC

PART C

- 1-4 REV TRN;; 3 STEP; FWD TIPPLE CHASSE TO;**

- 1 {**rev trn**} Fwd L start trng LF, -, cont trn sd R, bk L; CP/RLOD
 2 Bk R cont LF trn, -, sd & fwd L DLW, fwd R to CBMP; DLW
 3 {**3 step**} Fwd L blending to CP, -, fwd R, fwd L;
 SQ&Q 4 {**fwd tippie chasse**} start trng RF fwd R, -, cont trn sd L/cl R w/slight left sway twd LOD, cont trn drop sway sd &
 bk L; CP/RLOD

- 5-8 TRNG LOCK [BJO]; OP NATL; OP IMPETUS; RUNNING OP NATL;**

- Q&SQ 5 {**trng lk**} bk R w/R sd ld/lk L in frt of R, , bk & sd R trng LF, -, sd & fwd L to CBMP, -; DLW
 6 {**op natl**} start upper body RF trn fwd R, -, sd L across LOD (heel trn), cont trn bk R to CBMP, -;
 7 {**impetus**} start upper body RF trn bk L, -, cont trn cl R to L [heel trn] (sd & fwd L arnd man), fwd L;
 SCP/DLW
 SQ&Q 8 {**running op natl**} thru R in CBMP start RF trn, -, sd & bk L/bk R w/R sd lead, w/R sd stretch bk L outsd ptr in
 CBMP; DRC

BRIDGE

1-4 HINGE; HOVER TRANS TO SCP; CURVED FEATHER CHKG TO; BK TRNG

WHISK;

- SS 1 {hinge} bk R start trng LF, -, cont trng sd & fwd L w/Lsd stretch swiveling & lowering on L, -; (fwd L start trng
(SQQ) LF, -, cont trng sd R w/R sd stretch swiveling LF, cross L in bk of R, lower on L leaving R extd fwd & head to left;
- 2 {hover trans scp} start rising & swivelling RF (rec R rise trn to fc ptr in CP), -, rec R cont rise, fwd L;
- SCP/LOD 3 {curved feather} fwd R in CBMP start RF trn, -, cont trn sd & fwd L w/R sd stretch, cont trn fwd R outsd ptr;
- (fwd L in CBMP start RF trn, -, cont trn sd & bk R, cont upper body trn bk L;) CBMP/RLOD
- 4 {bk trng whisk} start RF trn bk L, -, cont trn sd & fwd R w/R sd stretch, cross L in bk of R; (fwd R trng RF, -, cont trn fwd L, cont RF trn cross R beh L; SCP/DLC

REPEAT A, B, C, BRIDGE

END

1-6 WEAVE 6 TO SCP;; FEATHER; FWD 3 TO SCP; THRU TO PROM SWAY; CHG SWAY;

- 1 {weave to scp} repeat meas 1-2, PART A;; except on last step – fwd L w/R sd stretch trng ptr to SCP/DLW
- 3 repeat meas 6, PART A;
- 4 {fwd 3 to scp} fwd L blend to CP, -, fwd R start trng to SCP, fwd L; SCP/LOD
- SS 5 {thru to prom sway} thru R, -, sd & fwd L stretching body upward to look over jnd ld hnds, - ;
- SS 6 {chg sway} Start rotating LF & chg to L sd stretch, -, cont rotating, -; (start swivelling LF on ball of R ft while body rotates LF, -, cont rotation keeping head directly over body so all are trng together, -;)