

LONELY_-_SIDE_BY_SIDE

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Sequence: Intro-A-B-C-B(1-13)-Ending Rhythm: Foxtrot-Jive

INTRO

1-4 WAIT; WAIT; FWD, -, FWD_HOVER, REC; BACK, -, SIDE, D2W CP/DW ;

1-2 S4nding on lead feet in OP both fcg DC with t2iling feet ex-

tended bk twd DRW wait 2 meas;;

3-4 Step fwd on R twd DC,-,fwd L with hovering action,rec bk on R;

Step bk on L,-,fc ptr and step sd on R,d2w L to R to CP/DW;

PART A

1-4 HOVER_TELE-RK; .TU2L_HOVER_AND L, WAY; SLIP_PIVOT_TO_BJO; .TU2L

TURN;

1-2 (Hover Tele-rk)Fwd L,-,sd & fwd R with hovering action trng RF,

fwd L on toes(W bk R,-,sd & bk L with hovering action trng RF,fwd

R on toes)to SCP/DW; (.t Hover And ll)Fwd R with slight body trn

to R,-,fwd L on toes trng to R with slow rise,rec bk on R(W fwd

L,-,fwd R on toes between M's feet trng RF with slow rise,rec bk

on L)to SCP/DRW;

3-4 (Slip Piv to Bjo)Bk L,-,bk R trng LF and keeping L leg extended,

fwd L(W bk R s4rting a LF pivot on ball of ft with thighs locked

and L leg extended,-,fwd L cont LF trn,bk R)to Bjo/DW; (.t Trn)

Fwd R s4rting RF trn,-,sd twd DW on L,bk R(W bk L s4rting RF

trn,-,close R to L for heel trn cont trng RF,fwd L)to CP/RLOD;

5-8 IMPETUS_TO_SCP; PROME.DE_WEAVE;; D2G_HESI4TION;

5-6 (Imp to SCP)Bk L s4rt RF heel trn,-,chg wgt to R cont RF trn,
 fwd L(W fwd R pivoting RF,-,sd & fwd L around M cont pivot and
 brush R to L,fwd R)to SCP/DC; (Prom Weave)Fwd R,-,fwd L s4rt LF
 trn,sd & bk R to fc DRC(W fwd L,-,fwd R s4rt LF trn,sd & fwd L
 to fc DW);

7-8 (Cont Prom Weave)Bk L cont trn,bk R cont trn,sd & fwd L,fwd R(W
 fwd R cont trn,fwd L cont trn,sd & bk R,bk L) to cont2 Bjo/DW;
 (D2g Hesi)Fwd L blending to CP s4rting LF trn,-,sd R cont LF
 trn,d2w L to R(W bk R s4rting LF trn,-,sd L cont LF trn,d2w R
 to L)to cont2 Bjo/DRC;

9-12 IMPETUS_TO_SCP; LILT_TO_A_C IR; REC_and _BACK_HOVER; FEATHER;

9-10 (Imp to SCP)Bk L s4rt RF heel trn,-,chg wgt to R cont RF trn,fwd
 L(W fwd R outside ptr pivoting RF,-,sd & fwd L around M cont
 pivot and brush R to L,fwd R)to SCP/DC; (Lilt to a C ir)In SCP
 step thru on R,cl L on toes,c ir thru on R(W thru on L,cl R on
 toes,c ir thru on L),-;

11-12 Rec in SCP on L,-,step bk on R in SCP in hovering action,rec L(W
 rec in SCP on R,-,step bk on L in SCP in hovering action,rec R)to
 SCP/DC; (Feather)Fwd R,-,fwd L,fwd R(W fwd L trng LF,-,sd & bk
 R,bk L)to cont2 Bjo/DC;

13-16 REVERSE_TURN;; TOP_SPIN_TO_RLOD; TOP_SPIN_TO_LOD;

13-14 (Rev Trn)Fwd L to CP s4rting LF trn,-,sd R cont trn,bk L(W bk R
 to CP s4rting LF trn,-,cl L to R for heel trn,fwd R)to CP/RLOD;
 Bk R cont LF trn,-,sd & fwd L,fwd R(W fwd L cont LF trn,-,sd R,
 bk L)to cont2 Bjo/DW;

15-16 (Top Spin to RLOD)S4rt a LF trn on R(the , st step of Rev Trn)

& step bk on L trng LF,bk R cont LF trn,sd & fwd L,fwd R(W s4rt

a LF trn on L(the , st step of Rev Trn)fwd R trng LF,fwd L cont

LF trn,sd & bk R,bk L)to cont2 Bjo/DRC and check action; (Top

Spin to LOD)Repeat action of meas 15 ending cont2 Bjo/DW;

PART B

1-4 REVERSE_WAVE;; SPIN_TURN; FEATHER_FINISH;

1-2 (Rev Wave)Fwd L twd DW s4rting LF trn,-,sd R cont trn,bk L ((W

bk R,-,cl L to R for heel trn,fwd R)to CP/COH; Bk R,-,bk L,bk R

(W fwd L,-,fwd R,fwd L)curving LF to end CP/RLOD;

LONELY_-_SIDE_BY_SIDE

Page 2

3-4 (Spin Trn)Bk L pivoting RF,-,fwd R rising on ball of ft L leg

extended bk & sd,rec on L(W fwd R pivoting RF,-,bk L brushing R

to L,fwd R)to CP/DW; (Feather Fin)Bk R trng LF,-,sd & fwd L,fwd

R outside W(W fwd L trng LF,-,sd & bk R,bk L)to cont2 Bjo/DC;

5-8 REVERSE_TURN_BK_CHECK_AND_WEAVE;;; C_NGE_OF_DIRECTION;

5-6 (Rev Trn Bk Ck & Weave)Fwd L s4rting LF trn,-,sd R cont trn,bk L

(W bk R s4rting LF trn,-,cl L to R for heel trn,fwd R)CP/RLOD;

Ck bk on R,-,rec fwd L s4rting LF trn,sd & bk R still trng(W ck

fwd on L,-,rec bk R s4rting LF trn,sd & fwd L still trng);

7-8 (Cont Ck & Weave)Bk L to cont2 Bjo,bk R cont LF trn,sd & fwd L

still trng LF,fwd R(W fwd R to cont2 Bjo,fwd L cont LF trn,sd &

bk R still trng LF,bk L)to cont2 Bjo/DW; (Chg of Dir)Fwd L DW

s4rting to trn LF and blending to CP,-,fwd R DW R shoulder lead-

ing and cont trng LF,d2w L to R(W bk R DW s4rting to trn LF,-,

bk L DW L shoulder leading and cont trng LF,d2w R to L)to CP/DC;

9-12 TELE-RK_TO_SCP; IN_AND_OUT_RUNS;; FEATHER_CHECK;

9-10 (Tel to SCP)Fwd L,-,fwd R trng LF,fwd L(W bk R,-,cl L to R for

heel trn,step fwd R)to SCP/DW; (In & Out Runs)Fwd R s4rting RF

trn,-,sd & bk DW on L to CP,bk R(W fwd L,-,fwd R bet M's ft,fwd

L)to cont2 Bjo/RL0D;

11-12 (Cont In & Out Runs)Bk L trng RF,-,sd & fwd R bet W's ft cont RF

trn,fwd L(W fwd R s4rting RF trn,-,fwd & sd L cont trn,fwd R)to

SCP/LOD; (Feather Ck)Fwd R,-,fwd L,fwd R(W fwd L trng LF,-,sd &

bk R,bk L)to cont2 Bjo/LOD and check action;

13-16 , DY_OUTSIDE_SWIVEL, THRU_SWIVEL; THREE_STEP; .TU2L_WEAVE;;

13-14 M step bk twd RL0D on L leaving R ft extended,-,rec on R,-(W step

fwd twd RL0D on R outside of M,swivel RF on ball of R ft ending

SCP/LOD,step fwd twd LOD on L,swivel LF on ball of L ft)to Bjo/

LOD; (Three Step)Fwd L,-,fwd R,fwd L(W bk R,-,bk L,bk R)to CP;

15-16 (.t Weave)Fwd R,-,fwd L trng RF,sd & bk R(W bk L,-,heel trn,fwd

L); Bk L to cont2 Bjo,bk R to CP s4rting LF trn,sd & fwd L trng

LF,fwd R(W fwd R to cont2 Bjo,fwd L to CP s4rting LF trn,sd &

bk R trng LF,bk L)to cont2 Bjo/DW;

PART C

1-4 AND L, WAY_ROCK - C NGE_RIGHT_TO_LEFT - SPANISH_ARMS

1-2 (And ll Rk)Blend to CP/Wall and chasse L/R,L,R/L,R; Blend to SCP &

rk bk L,rec R(Chg R to L)sd L/R,L(W rk bk on R,rec L,sd R/L,R);

3-4 (Cont Chg R to L)Sd R/L,R to fc LOD,rk apt L,rec R(W trn under RF

L/R,L,rk apt R,rec L)to Bfly/M fcg LOD; (Span Arms)Fwd L/R,L trng

1/4 RF,fwd R/L,R trng 1/4 RF(W fwd R/L,R trng 1/4 LF to momen

w2pped pos fcg Wall,sd L/R,L trng 3/4 RF)to Bfly/M fcg RLOD;

5-8 SPANISH_ARMS - CHICKEN_WALKS 2_Slows_and_4_uick s

5-6 (Span Arms)In Bfly/RLOD rk apt L,rec R fwd L/R,L trng 1/4 RF(W rk

apt R,rec L,fwd R/L,R trng 1/4 LF)to momen w2pped pos fcg COH;

Fwd R/L,R trng 1/4 RF to Bfly/LOD,rk apt L,rec R(W sd L/R,L trng

3/4 RF to Bfly/M fcg LOD,rk apt R,rec L);

7-8 (Chicken Walks)With lead nds jnd & bking down RLOD M steps bk

L,-,R(W swivels fwd R,-,L),-; M steps bk 4 steps L,R,L,R(W fwd

swivel 4 steps R,L,R,L);

9-12 THROWAWAY_TO_RLOD - C NGE_LEFT_TO_RIGHT - WINDMILL

9-10 (Throw to Rev)M in p, ce L/R,L, R/L,R trng 1/2 LF(W chasse fwd

R/L,R pickup on , st step and chasse bk L/R,L)to end Left Open

Fcg Pos M fcg RLOD; (Chg L to R)Rk bk L,rec R,chasse sd L/R,L(W

rk bk R,rec L,fwd R/L,R trng LF und jnd lead nds);

11-12 (Cont Chg L to R)Sd R/L,R,rk apt L,rec R(W sd L/R,L,rk apt R,rec

L)to Bfly/COH; (Windmill) In p, ce L/R,L trng 1/4 LF,sd R/L,R

trng 1/4 LF(W sd R/L,R trng 1/4 LF,in p, ce L/R,L trng 1/4 LF)to

Bfly/Wall;

LONELY_-_SIDE_BY_SIDE

Page 3

13-16 STOP_AND_GO - JIVE_WALKS - FWD, PICKUP

13-14 (Stop & Go)Rk bk L,rec R,in p, ce L/R,L(W rk bk R,rec L,in p, ce

R/L,R trng 1/2 LF und jnd lead nds to end on M's R sd); Rk fwd

R,rec L,in p, ce R/L,R(W rk bk L,rec R,in p, ce L/R,L trng 1/2 RF

und jnd lead nds)to Left Open Fcg Pos M fcg Wall;

15-16 Rk apt L,rec R(Jive Walks)Fwd L/R,L(W rk apt R,rec L,fwd R/L,R);

(Cont Jive Walks)Fwd R/L,R,fwd L,fwd R(W fwd L/R,L,fwd R,fwd L

pickup to CP/DW);

ENDING

1-3 REVERSE_TURN;; FWD, -, RIGHT_LUNGE, -;

1-2 Repeat action of meas 13-14 of Part A;;

3 Step fwd on L to CP,-,flex L knee and lunge sd & slightly fwd

onto R(W step bk on R to CP,-,flex R knee and lunge sd & slightly

bk onto L),-; r.. Any entry containing "pqr"

.. All nonb, nk entries

?and Any 4 letter word ending with "and" ("band", "nd", etc.)

<10 Any number less than 10

>99 Any number greater than 99

=33 The number 33

=1..5 Any number

1

>99 Any number greater than 99

=33 The number 33

=1..5 A